

Understanding the Petition to Raise Minimum Weight Class

Oregon Wrestling Weight Monitoring Program

This document is intended to help coaches understand how and when to use the Petition to Raise Minimum Weight Class. A coach would file the petition for only two reasons:

- 1) either his wrestler is required by the regulation or
- 2) the wrestler has chosen to move their minimum weight class up.

Both situations are explained below:

Situation 1: The regulation requires the wrestler to re-certify at a higher weight class

Part VI (A) (3c) – Oregon Wrestling Weight Monitoring Program Regulation states:

"If a wrestler's weigh-in does not qualify the wrestler for the highest eligible weight class listed on his/her season long weight loss plan for that given week, and he/she participates, the wrestler's lowest eligible weight class for the season shall be immediately re-certified up one weight class. In these cases, prior to any future competition each member school is responsible to manually raise the wrestler's lowest eligible weight class within the schools TrackWrestling OPC account."

Example: On Week 7 of the wrestlers season long weight loss plan the eligible weight classes listed are 138 and 145 lbs. At the time of weigh-in the wrestler qualifies at 146 lbs – no allowances of any type in effect. The wrestler chooses to participate at the 152 lbs weight class that day.

Since the wrestler failed to qualify at one of the two eligible weight classes listed on his season long weight loss plan for that week but made the decision to participate anyway – Part VI (A)(3c) would apply and the wrestler would have to re-certify their lowest eligible weight class for the season up one weight class.

In order to avoid potential violation or limit your wrestler's participation opportunities the school has the responsibility to manually raise the wrestler's minimum weight class by one weight class prior to any future competition.

Situation 2: The wrestler makes a choice to raise their minimum wrestling weight class

In some situations a wrestler may want to raise their lowest eligible weight class because they know they will never participate within this weight class. Since eligible weight classes listed for each week are directly tied to the lowest eligible weight class for the season – changing this weight class allows the wrestler more flexibility during the following weeks to compete at higher weight classes.

Example: A wrestler is assessed and his minimum wrestling weight is calculated as 136.9 lbs. The season long weight loss plan will allow him to participate at the 138 lb weight class for the first time during Week 6 of his plan.

The wrestler and his coach both plan on the wrestler participating at the 152 lbs weight class or above for the entire season. The wrestler does not require eligibility at the 138 lbs weight class. By recertifying the wrestler's lowest minimum weight class to 152 lbs prior to Week 6 the wrestler will now have more flexibility to participate at higher weight classes from that point forward.

This option should be used if the wrestler and the coach know that the lowest eligible weight class for the season will definitely be higher than the weight class allowed on the wrestler's season long weight loss plan. Once the petition is filed and acted upon you will not have the option to return to the original lowest eligible weight class.