



## **NFHS VOLLEYBALL UNIFORM RULES** **(2022-23)**

### **RULE 4-2-1:**

**ART. 1 . . .** All uniforms shall adhere to the following:

- a. Uniform tops [with the exception of the libero (4-2-2)] shall be like-colored and uniform bottoms shall be like-colored;
- b. Uniforms shall be worn as the manufacturer intended;
- c. Uniforms shall be free of hard and unyielding items (buttons, zippers, snaps, fasteners, etc.);
- d. A single, visible manufacturer's logo and/or single school name or insignia no more than 2½ inches are permitted on each visible undergarment;
- e. The school's name, nickname, logo, mascot and/or team member's name are permitted on the uniform top and/or bottom;
- f. A single partial/whole manufacturer's logo/trademark/reference, no more than 2½ square inches with no dimension more than 2½ inches, is permitted on each piece of the uniform provided placement does not interfere with the visibility of the player's number. **Manufacturer's logo/trademark/reference restrictions do not apply to waistbands on uniform bottoms;**
- g. One American flag, not to exceed 2 inches by 3 inches, may be worn or occupy space on each item of uniform apparel. By state association adoption, to allow for special occasions, commemorative or memorial patches, not to exceed 4 square inches, may be worn on the uniform without compromising its integrity.
- h. Uniform top:
  1. Bare-midriff tops are not allowed.
  2. The uniform top shall hang below or be tucked into the waistband of the uniform bottom when the player is standing upright.
  3. Any visible garment (t-shirt, body suits and other similar garments) worn underneath the uniform top shall be unadorned and of a single, solid color that is similar in color to the predominant color of the uniform top.
- i. Like-colored uniform bottom:
  1. Multiple styles of uniform bottoms may be worn by teammates and may include: shorts, spandex, pants or skirts.
  2. A visible undergarment may be worn under the uniform bottom. It shall be unadorned and of a single, solid color similar to the predominant color of the uniform bottom and may extend below the uniform bottom.

**ART. 2 . . .** The libero uniform top must clearly contrast from the predominant color(s) of the team uniform top, excluding trim. The libero's uniform top cannot be made solely of the same predominant color(s) of the team's uniform top, even if the like color(s) are placed differently on the uniform top. Numbers shall meet all specifications in Rule 4-2-4.

**ART. 3 . . .** Each player, including the libero, shall be identified by a number on the uniform top which is not a duplicate of a teammate's number.

**ART. 4 . . .** The number shall be:

- a. Permanent and clearly visible;
- b. Not more than two digits (0-99);
- c. A plain, Arabic numeral of a solid color, where either the body of the number (measuring not less than  $\frac{3}{4}$  inch in width at its narrowest point) or the surrounding solid color(s) of trim (a contrasting border not to exceed  $\frac{1}{2}$  inch in width at its widest point) is a color that is in sharp contrast to the color of the uniform top. A shadow on part of the number not to exceed  $\frac{1}{2}$  inch at its widest point is permitted but shall not be used to make the number clearly visible regardless of color. Beginning July 1, 2023, the body of the number must clearly contrast from the body of the uniform regardless of trim;
- d. Located on the upper front and back of the uniform top;
- e. At least 4 inches tall on the front of the top and at least 6 inches tall on the back of the top;
- f. Placed so the top of the number on the front of the uniform is no more than 5 inches down from the shoulder seam; or placed so the number is centered no more than 5 inches below the bottom edge of any neckline ribbing, placket or seams on the uniform top.

**ART. 5 . . .** If a visible number is worn on the uniform bottom, it shall be the same number as on the uniform top.

**ART. 6 . . .** Appropriate playing shoes shall be worn.

**ART. 7 . . .** Removal of any part of the uniform, top or bottom, while in the playing area is unsporting conduct (yellow card for first offense or red card for subsequent offense) and shall be assessed to the coach.

**PENALTIES:**

1. When a player wearing an illegal uniform attempts to enter the set, unnecessary delay (administrative yellow card for the first offense or administrative red card for subsequent offense in that set) shall be assessed to the team. The player shall not enter the set until the illegal uniform is replaced or made legal.
2. When a player wearing an illegal uniform is discovered in the set, unnecessary delay (administrative yellow card for the first offense or administrative red card for subsequent offense in that set) shall be assessed to the team. The player must be removed until the uniform is replaced or immediately made legal. Following the administration of unnecessary delay, if the team has a time-out remaining, the player may remain in the set provided the illegal uniform is replaced or made legal during the time-out period.
3. When a team cannot begin the match with six players wearing legal uniforms, a loss of rally/point shall be rewarded to the opponent at the beginning of the match, and the state association shall be notified to determine further action or penalty, as deemed necessary.