

EMERGENCY ACTION PLAN



Administrators, Coaches, and Athletic Trainers,

We would like to officially welcome the spring season coaches to the year-long Emergency Action Plan Campaign. This campaign is the joint effort of the Oregon School Activities Association (OSAA), the Oregon Athletic Coaches Association (OACA), the Oregon Athletic Directors Association (OADA), and the Oregon Athletic Trainers' Society (OATS).

This year the focus is on the ACTION in our Emergency Action Plans. With this campaign you will see information sent out on how to implement your Emergency Action Plans during practice to ensure that everyone knows what to do in the event of an emergency. There are quick drills to run at practice, information on emergency equipment and supplies, training for coaches and athletes, and reminders to practice with your teams. Please take a moment to familiarize yourself with the resources and previous articles on the [OSAA Emergency Action Page](#).

Those of us working in athletics know the importance of preparation. We spend hours developing practice and game plans. We work tirelessly to perfect performance, all in an effort to help our students excel in their sport or activity and in life. This pursuit of perfection takes time and commitment from all involved – but it doesn't end with competitions.

As we begin a new season working with a new group of kids, the first step should be for each program to establish their [Student Response Team](#). You can refer to our [second article](#) for more details on what that worksheet entails. Just as we prepare for athletic competitions, we need to commit the time and energy to prepare for athletic related emergencies. We have also created an [Event Staff Worksheet](#) for emergency response at contests.

Once you have developed your Student and Event Response Teams, we have developed a set of drills that you can [find here](#) to help you practice your emergency response.

Oregon Emergency Action Day!

March 5, 2024

Join us on **TOMORROW, Tuesday, March 5th**, for the Spring Oregon Emergency Action Day! We are inviting all member schools to participate in a state-wide Emergency Action Plan Day. The idea is for all schools to take time at practice to execute their Emergency Action Plan in a drill. You can develop your own drills or [use these](#) to practice no matter where you are; on the track, at the field, or on the course.

We know some teams may not be able to participate on the 5th, so we ask that you pick an alternate time that week to put your plan to the test.

And don't forget to share it on social media! We would love to see photos and videos from our schools as they practice their plans. Tag us in your posts **@osaasports** and use **#OregonActionDay** to share!



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