

2026 OSAA/OnPoint Community Credit Union Track and Field State Championships

Presented by NIKE

Starting Heights and Increments



**6A Boys High Jump**

Start at 1.89m; 3 cm increments thereafter

**6A Boys Pole Vault**

Start at 3.81 m, 15 cm increments to 4.26 m; 7 cm increments thereafter

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**6A Girls High Jump**

Start at 1.52 m, 5 cm increments to 1.57 m; 3 cm increments thereafter

**6A Girls Pole Vault**

Start at 2.75 m; 15 cm increments to 3.80 m; 7 cm increments thereafter

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**5A Boys High Jump**

Start at 1.81 m, 5 cm increments to 1.86 m; 3 cm increments thereafter

**5A Boys Pole Vault**

Start at 3.83 m; 15 cm increments to 4.13 m; 7 cm increments thereafter

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**5A Girls High Jump**

Start at 1.48 m, 5 cm increments to 1.58 m, 3 cm increments thereafter

**5A Girls Pole Vault**

Start at 3.02 m; 7 cm increments thereafter

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**4A Boys High Jump**

Start at 1.79 m, 5 cm increments to 1.84 m; 3 cm increments thereafter

**4A Boys Pole Vault**

Start at 3.57 m; 15 cm increments to 4.02 m; 7 cm increments thereafter

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**4A Girls High Jump**

Start at 1.48 m, 5 cm increments to 1.53 m; 3 cm increments thereafter

**4A Girls Pole Vault**

Start at 2.59 m; 15 cm increments to 2.89 m; 7 cm increments thereafter

**3A Boys High Jump**

Start at 1.77 m, 5 cm increments to 1.87 m; 3 cm increments thereafter

**3A Boys Pole Vault**

Start at 3.57 m; 15 cm increments to 4.17 m; 7 cm increments thereafter

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**3A Girls High Jump**

Start at 1.42 m, 5 cm increments to 1.52 m; 3 cm increments thereafter

**3A Girls Pole Vault**

Start at 2.42 m; 15 cm increments to 3.17 m; 7 cm increments thereafter

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**2A Boys High Jump**

Start at 1.77 m, 5 cm increments to 1.87 m; 3 cm increments thereafter

**2A Boys Pole Vault**

Start at 3.30 m; 15 cm increments to 4.05m;7 cm increments thereafter

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**2A Girls High Jump**

Start at 1.42m; 5 cm increments rto 1.52; 3 cm increments thereafter

**2A Girls Pole Vault**

Start at 2.37 m; 15 cm increments to 2.52 m; 7 cm increments thereafter

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**1A Boys High Jump**

Start at 1.73 m; 3 cm increments thereafter

**1A Boys Pole Vault**

Start at 3.05 m; 15 cm increments to 3.65 m; 7 cm increments thereafter

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**1A Girls High Jump**

Start at 1.42 m; 5 cm increments to 1.47 m; 3 cm increments thereafter

**1A Girls Pole Vault**

Start at 2.46 m; 15 cm increments to 3.06 m; 7 cm increments thereafter