

### **2024 SWIMMING STATE CHAMPIONSHIPS**

February 16-17, 2024
Tualatin Hills Aquatic Center
15707 SW Walker Road, Beaverton, OR 97006



### ADMINISTRATIVE INFORMATION

Additional information available on the OSAA website, www.osaa.org/activities

- EMERGENCY PLAN: In the event of an emergency, natural disaster, fire, war, etc. that forces postponement or cancellation of an OSAA State Championship event, information will be posted to the home page of the OSAA website (<u>www.osaa.org</u>) and distributed to statewide media outlets.
- 2. OSAA LIVE MOBILE APP: www.osaa.org/app



The OSAA Live mobile app allows you to:

- Access OSAA Championship game information purchase tickets, shop official merchandise, and access championship programs.
- Follow your favorite teams
- Get updated schedules, scores, and rankings

Download the OSAA Live mobile app using the QR code above or find it in the App Store or in Google Play by searching for "OSAA Live".

- A. **ADMISSION:** Student is any child aged 5 & up through a senior in high school.
- B. Ticket Prices per SESSION Adults \$12 Students \$6
- C. Ticket good for ONE session only.
- D. Pre-purchase digital tickets through <u>HomeTown Ticketing</u> on the OSAA website, <u>www.osaa.org/shop/tickets</u>, <u>through the</u>
  OSAA Live Mobile App, or www.osaa.org/app. NO ADDITIONAL FEES!
  - Note: Swimming Finals tickets will be offered online again this year. Tickets are non-refundable so if you purchase Finals tickets and your swimmer does not qualify for the finals you will not be able to refund them. Please wait until your swimmer qualifies for the Finals before purchasing.
- E. **Finals Site**: Preliminary and finals tickets are sold as general admission tickets and will not have a seat number. All tickets, all classifications, all sessions are sold on a first come, first serve basis.
  - 1) Ticket booths and gates open

a) 6A Friday, 8am Saturday, 7:15am
b) 4A/3A/2A/1A Friday, 12:45pm Saturday, 12:15pm
c) 5A Friday, 5:30pm Saturday, 5:30pm

Times may adjust slightly as final schedules are developed.

4. EXPENSES: www.osaa.org/docs/forms/reimbursementformula.pdf

Team expenses will be paid by check at the conclusion of the fall sports season according to the 2023-24 Reimbursement Formula.

- 5. LODGING AND VISITOR INFORMATION: Schools are to make their own arrangements for lodging.
  - A. Headquarter Hotel Courtyard by Marriott Hillsboro: www.marriott.com/pdxhs

The Courtyard Marriott Hillsboro is the OSAA Headquarters Hotel for Swimming. Contact Paige Carlson at 971.297.0656.

B. Visitor Information: www.visitwashingtoncountyoregon.com

Visit the Washington County Visitors Association online or call them at 503.644.5555 for more information about dining, shopping, lodging and more while in Washington County.

### 6. PARKING:

A. <u>Team vans, buses, motor homes, oversize vehicles and vehicles with trailers</u>: Park in the THPRD North 'D' Parking Lot. Directions: Take 158<sup>th</sup> North to Blueridge Drive and turn right, go two blocks and turn right just past YMCA Child Care. NOTE: The "A" lot at the H.M. Terpenning Sports Complex is for loading and unloading only.

### NO BUS PARKING – even small buses, can be parked in the main lots.

1) **Spectator Parking**: Ample parking is available in sections A, B, and C of the complex parking lots.

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- 2) Oversize / overflow parking is in section D, which is located on Blueridge Dr., north of the aquatic center next to the skate park.
- 3) Additional overflow parking on Saturday, February 17 is available at the Cornell Oaks Business Park located north of the complex, off Blueridge Drive.
- 4) Improperly parked vehicles are subject to towing, at the owner's expense. Please avoid parking in the Fred Meyer parking lot.
- 5) Parking patrols will be in service during the championships. Thanks for your cooperation.
- RULE 3 CONTESTS SPORTSMANSHIP CROWD CONTROL (OSAA Handbook, Rules)

### **COACH / TEAM INFORMATION**

Additional information available on the OSAA website, www.osaa.org/activities

### **PRE-STATE CHAMPIONSHIPS:**

 QUALIFICATION FOR STATE CHAMPIONSHIPS: (Excerpt 2023-24 OSAA Swimming Plan) A contestant for the State Championships shall qualify through the proper District Meet.

### A. <u>6A</u>:

- 1) **Automatic Qualifiers**: First place winner in each individual and relay event at each District Meet automatically qualifies for the OSAA's State Championships.
- 2) Consolation finalists and championship finalists in individual and relay events at each District Meet who meet the qualifying standard (9<sup>th</sup> place average of last three State Meets with the standard never to be easier than the previous year) automatically qualify. Any remaining open lanes will be filled by the next fastest times from District Meet finals, up to a total of 18 participants.
- 3) Cutoff Date: The automatic qualifiers must be determined by 8pm on Saturday, February 10.

### **6A SWIMMING QUALIFYING STANDARDS**

<u>GIRLS</u>	<b>Event</b>	<u>Auto</u>	<u>Manual</u>	<u>BOYS</u>	<b>Event</b>	<u>Auto</u>	<u>Manual</u>
200 Medley Relay	1	1:53.27	1:53.2	200 Medley Relay	2	1:41.18	1:41.1
200 Freestyle	3	1:57.24	1:57.2	200 Freestyle	4	1:46.89	1:46.8
200 Ind. Medley	5	2:10.55	2:10.5	200 Ind. Medley	6	1:58.75	1:58.7
50 Freestyle	7	0:24.80	0:24.8	50 Freestyle	8	0:21.93	0:21.9
100 Butterfly	9	0:59.32	0:59.3	100 Butterfly	10	0:53.08	0:53.0
100 Freestyle	11	0:53.85	0:53.8	100 Freestyle	12	0:48.18	0:48.1
500 Freestyle	13	5:17.07	5:17.0	500 Freestyle	14	4:51.98	4:51.9
200 Free Relay	15	1:42.45	1:42.4	200 Free Relay	16	1:31.38	1:31.3
100 Backstroke	17	0:58.45	0:58.4	100 Backstroke	18	0:54.52	0:54.5
100 Breaststroke	19	1:06.96	1:06.9	100 Breaststroke	20	1:00.73	1:00.7
400 Free Relay	21	3:43.56	3:43.5	400 Free Relay	22	3:19.19	3:19.1

Ties -- Districts shall settle any ties for first place in all events unless the qualifying standard is met.

### B. <u>**5A**</u>:

- 1) **Automatic Qualifiers**: First place winner in each individual and relay event at each District Meet automatically qualifies for the OSAA's State Championships.
- 2) Any remaining open lanes will be filled by the next fastest time from District Meet Finals, up to a total of 12 participants. District shall settle any ties for first place.
- 3) Cutoff Date: The automatic qualifiers must be determined by 8pm on Saturday, February 10.

### C. 4A/3A/2A/1A:

- 1) <u>Automatic Qualifiers</u>: First place winner in each individual and relay event at each District Meet automatically qualifies for the OSAA's State Championships.
- 2) Any remaining open lanes will be filled by the next fastest time from District Meet Finals, up to a total of 12 participants. District shall settle any ties for first place.
- 3) Cutoff Date: The automatic qualifiers must be determined by 8pm on Saturday, February 10.

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### D. Para-Athletes:

### (Para-Athlete Disability Certificate)

The top nine times statewide from the different Districts Meets combined in the 50-yard freestyle, 100-yard freestyle and 100-yard backstroke automatically qualifies regardless of gender or disability if they meet the qualifying standard times. A Para-Athlete Disability Certificate must be provided to the OSAA prior to competing in the district meet. If more than nine students compete in district meets, the OSAA will explore splitting out the events by gender (creating 50-yard freestyle boys,-50-yard freestyle for girls, 100-yard freestyle for boys and 100-yard backstroke for girls).

- 1) The para-athlete divisions will include wheelchair participants and ambulatory participants. Definitions of athletes eligible to compete in this division are as follows:
  - a) Wheelchair: All athletes with permanent physical disability on file with the school. All athletes in grades 9-12 must meet OSAA eligibility requirements.
  - b) Ambulatory: All athletes shall have a permanent orthopedic, neuromuscular or other physical disability. This would include Visually Impaired, Cerebral Palsy, Dwarf and Amputees. Permanent orthopedic impairment shall be verified by a licensed physician and maintained on permanent file at the school. All athletes in grades 9-12 must meet OSAA eligibility requirements.
- 2) It is an expectation that those para-athletes who wish to attempt to qualify are participating in these events during the regular season and that they establish a qualifying time at the league/conference/district qualifying meet. The qualifying time established at the league/conference/district meet will be used to seed as many heats as necessary to accommodate the qualifying field for both events at the State Championships.
- 3) To facilitate training and competition for para-athletes it is recommended that all leagues/conferences/districts should include a para-athlete 50-yard freestyle, 100-yard freestyle and 100-yard backstroke in your event schedules this year. Prior to an event the host school should verify with their invited teams whether or not they have para-athletes who would like to participate in one or both of these events.
- 4) Cutoff Date: The automatic qualifiers must be determined by 8pm on Saturday, February 10.

### PARA-ATHLETES SWIMMING QUALIFYING STANDARDS

<u>GIRLS</u>	<u>Event</u>	<u>Auto</u>	<u>Manual</u>	<u>BOYS</u>	<u>Event</u>	<u>Auto</u>	Manual
50 Freestyle		1:45	1:45	50 Freestyle		1:30	1:30
100 Freestyle		3:00	3:00	100 Freestyle		2:30	2:30
100 Backstroke		3:15	3:15	100 Backstroke		2:45	2:45

### 2. PRE-STATE CHAMPIONSHIP POSTINGS

- A. The state championship meet will be seeded at the OSAA office on Sunday, February 11 and all entries will be posted on the website by 6pm.
  - 1) District Meet Directors AND coaches of qualifying swimmers are responsible for checking the accuracy of the entry information, including correct spelling.
  - 2) Check all entries for correct spelling of participant's name, year in school, school name, etc., as this information will appear the same way on the heat sheets unless corrected.
- B. Follow these instructions to check your district's / school's entry information:
  - 1) Access the OSAA website, www.osaa.org/swimming
  - 2) Go to "Qualifiers by Event" and click on your classification.
- **3.** <u>CORRECTIONS ONLY</u>: (spelling, grade, school, etc.) Corrections are submitted via the online substitution/change form, <u>www.osaa.org/forms/substitution/sw</u>.
- **4.** <u>STATE CHAMPIONSHIPS INDIVIDUAL SPORT SUBSTITUTIONS</u> (OSAA Handbook, Executive Board Policies) (Revised Winter 2015)
  - A. The following shall be the policy for substitutions in individual sport State Championship events. All individuals who are substitutes for individual qualifiers must have participated in a District or Special District Meet.

### B. **Swimming**

- 1) **Multiple Event Qualifiers and Relays**. This deadline is for a participant withdrawing from the championship in one event but remaining in others and for submission of up to *eight* names for a relay team.
  - a) <u>Multiple Event Qualifiers</u>: Except as indicated below, participants who qualify in more than one event shall participate in all the events for which they qualify from preliminaries to finals.

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- (1) If a District Meet Director notifies the OSAA of a change prior to 4pm on the Monday (*February 12, 2024*) preceding the state championship, an individual may drop from one or more events in which they are qualified. The next place winner at the District Meet in the respective event or events is eligible as a substitute if replacing the district champion. If not, the individual(s) with the next best time will be the replacement(s).
- (2) If the OSAA has not been notified of a change prior to 4pm on the Monday (*February 12, 2024*) preceding the state championship, the participant who has qualified in multiple events must compete in all qualified events or they shall be scratched from all events in which the participant has qualified.
- b) Relay Event Entries: Qualifying teams may enter the names of up to eight individuals in relay events.
  - (1) Qualifying relay teams failing to enter eight individuals may not add individuals to the state championship meet after the established Monday deadline.
  - (2) Any four of the listed individuals may compete and it shall count as an event only for the four who compete. It is not necessary to use the same four swimmers in the finals that participated in the preliminaries, but any substitution must already be entered into the meet.
- 2) **Single or Multiple Event Qualifiers Dropping All Events or Substitutions only on Relays.** This deadline is for a participant dropping out of the state championship and being replaced by another participant or participants.
  - a) If a District Meet Director notifies the OSAA by 4pm two business days prior to the first day of the state championship *(February 14, 2024)* that a single event or multiple event qualifier is dropping all events, a substitution or substitutions may be made.
  - b) The next place winner at the District Meet in the respective event or events is eligible as a substitute if replacing the district champion. If not, the individual(s) with the next best time will be the replacement(s).
- **5.** <u>WITHDRAWAL FROM STATE CHAMPIONSHIPS</u> (OSAA Handbook, Executive Board Policies)

(Revised Fall 2008):

By entering participants in a state championship meet, contest or tournament, each member school certifies that, barring injury, illness or unforeseen events, or a withdrawal to avoid violating the religious convictions of team members, the team or individuals representing the school will participate in every game or competition, that is part of that championship event, until the final conclusion of the meet, contest or championship. Any withdrawal or intentional forfeiture for reasons other than those specified shall be considered a sportsmanship violation and shall be subject to reprimand and/or other penalties as determined by the Executive Board. See Executive Board Policies, "Withdrawal During a Competition" for more information.

### **CHAMPIONSHIP SITE INFORMATION:**

### 1. PACKET PICK-UP / MEET ENTRY:

- A. Packet Pick-Up: Packets must be obtained by coaches in the undercover, outdoor area as teams line up to enter the facility at the THPRD Swim Center. Packets must be obtained 15 minutes before the time teams will enter for each classification. Packets can be obtained in the Lobby of the Tualatin Hills Aquatic Center. Each school will only have one packet. Each packet will contain:
  - 1) One participant pass for each individual participant that must be punched for admission.
  - 2) Coaches Passes: The total number of participants determines the number of coaches passes. MAXIMUM OF THREE PASSES PER SCHOOL.
    - a) One coach's pass for schools with 1 3 participants OR
    - b) Two coaches' passes for schools with 4 7 participants OR
    - c) Three coaches' passes for schools with 8 or more participants.
  - 3) Daily heats available online only. <a href="https://www.osaa.org/activities/bsw/results">www.osaa.org/activities/bsw/results</a>
  - 4) Programs available online only. <a href="https://www.osaa.org/programs">www.osaa.org/programs</a>
  - 5) Additional State Championship Information.
- B. **Entrance**: The entrance is at the northeast corner of the aquatic center.

### 2. SEATING:

- A. Participants: Will be assigned by school on the East and North bleachers on the deck
- B. <u>Spectators</u>: Spectators will only be allowed in the upper section of the seating area, **except for a small section for spectators on the deck on a first come first serve basis**.

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- **3. HOSPITALITY**: No coach's hospitality will be provided. Jugs of water to refill water bottles will be available in the coach's viewing area.
- LOCKERS: No lockers will be available.
- **5. RESTRICTED AREAS**: It is requested that participants and their coaches remain in designated areas and assigned seating when not competing. Athletes and coaches of schools not competing are requested to stay out of the competitive area.
- **6. FOOD**: Only water bottles are allowed. No food or other beverages besides water allowed.
- 7. **CONCESSIONS**: **No** concessions will be available.

### 8. SCRATCHES AND DECLARED FALSE STARTS:

Scratches for the session are due no later than one hour prior to the start. After this time, an athlete may withdraw from the event without penalty by doing a Declared False Start. This shall be done with the referee (or deck referee) prior to the first heat of the event. Both a scratch and a DFS still count as an entry for the competitor.

### 9. RELAY ENTRY TIMELINE:

- A. Schools shall submit up to eight names for relays with their initial entry into the district meet.
- B. A relay slip with the names of the four athletes scheduled to compete shall be submitted to the designated meet personnel for each relay no later than the following deadlines:
  - 1) Medley Relay 45 minutes prior to the start of competition
  - 2) 200 Free Relay at the start of the girls 100 Butterfly
  - 3) 400 Free Relay at the start of the boys 500 Freestyle
- C. There shall be no changes in the four athletes once the deadline has passed (order may be changed) except as permitted in NFHS Rule 3.2.2 (...illness or injury certified by a physician or the referee forces a competitor to withdraw).
- D. The first swimmer of a relay team, once called to the starting platform by the referee, shall not change his/her swimming order in the relay event with any teammate (NFHS Rule 8.3.4).
- **10. WATER ENTRY**: Participants are not to enter water prior to competition without the approval of the meet referee or his/her appointee.

### 11. WARM-UP AND SAFETY PROCEDURES:

### A. General Warm-up:

- 1) <u>NO DIVING OR BACKSTROKE STARTS</u> allowed from the blocks or edge of pool. Swimmers shall enter the pool feet first in a cautious manner.
- 2) No sprinting allowed during this general warm-up session.
- 3) All lanes are to be used for general warm-up.

### B. Specific Warm-up:

- 1) Sprint Lanes Sprint lanes for diving from the blocks or for backstroke starts in specified lanes at designated times.
- 2) General Warm-up Lanes NO DIVING OR BACKSTROKE STARTS. Circle swim only.
- **12.** MARSHALS: Marshals will be assigned throughout the meet. They will be responsible to report to and receive instructions from the meet referee. They shall have the authority to remove from the pool, for the remainder of the warm-up session, any swimmer who is in violation of safety guidelines or warm-up procedures. Violations may result in disqualification.

### 13. MISCELLANEOUS:

- A. Use of hand paddles and other training devices during warm-ups is prohibited.
- B. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step on the block if there is a backstroker waiting to start.
- C. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time.
- D. Warm-up procedures shall be enforced for any breaks scheduled during the meet.
- **14. BIOGRAPHY FORMS**: Bio Forms for championship finalists (top six for 5A and 4A/3A/2A/1A, and top nine for 6A) are to be completed and deposited in the box near the starting area at the conclusion of prelims.
- **15. LAP COUNTERS**: Only official counters (one per lane) must remain within designated lanes when providing lap count. Lap counters will be provided and are not to be removed from assigned lanes.
- **16. SPIRIT SIGNS, BANNERS, BALLOONS, GLASS CONTAINERS, AND NOISEMAKERS**: OSAA Board policy prohibits these items at all championship events.

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- 17. TOWELS: Participants are to furnish their own towels.
- 18. WATER BOTTLES: Water coolers will be provided on deck. Teams are to provide their own water bottles.
- 19. <u>WARM-UP/WARM-DOWN AREA</u>: *The North end of the pool* will be available for warm-up and warm-down. Times are specified for warm-up in this packet.
- 20. SHAVING AND USE OF BODY OILS PROHIBITED AT THE FACILITY: It is required that swimmers "shave" prior to coming to the facility. To take precaution against the possible risk of blood borne pathogens, it is recommended that swimmers NOT SHARE the use of razors. Use of body oils is prohibited to maintain the clarity of water and to help prevent burning of eyes when swimming.
- 21. <u>UNIFORMS/ATTIRE</u>: NFHS Rules of Swimming apply Rule 3, Section 3.
- **22. ANNOUNCEMENTS AND PARADE**: Names of contestants will be announced proceeding their event(s). Heats (except relays) will parade to the blocks and will be introduced prior to the start of the event.
- 23. <u>SERVICE ANIMALS</u>: Trained guide dogs and service animals assisting guests are welcome at OSAA State Championships. All other animals are prohibited. All service animals must remain on a leash or in a harness, and be in full control of the handler, at all times. Handlers are responsible for any damage or injuries caused by their animals, must properly dispose of waste in appropriate containers and must take appropriate precautions to prevent property damage or injury.
- 24. <u>LOST AND FOUND</u>: Players should not leave clothing or valuables in playing area. THPRD is not responsible for any lost or stolen items. During the event, Lost & Found will be at the OSAA Event Office or other location designated by the host facility / OSAA Staff. Beginning the first business day after the event, please contact THPRD at 503.629.6331 to claim any missing items.
- **25. AWARDS**: Trophies will be presented at the conclusion of the last event. Individual medals will be presented throughout the finals following each race.
  - A. <u>Trophies</u>: Champion through fourth place trophies will be presented to the top teams in each classification. Para-athlete events will be scored and included in the team total for the represented schools. *See Para-Athlete Scoring and Team Points Memo*.
  - B. Medals: Individual medals will be presented to the top six finishers in each event (5A and 4A/3A/2A/1A) and top nine finishers in 6A.
  - C. <u>Moda Health Athlete of the Meet</u>: The top scoring male and female swimmer in each classification will be recognized as that classification's Moda Health Athlete of the Meet. Points are based on the NISCA Power Point table (<u>Boys Girls</u>) and are awarded for individual events only. In the event of a tie, the award will go to the swimmer whose team placed highest overall. The winners will be announced over the PA and will receive a commemorative coin from Moda Health and a scholarship application during the award ceremony. If not handed out, it will be mailed to the school athletic director the week following the championship.
- 26. STATE CHAMPIONSHIP RESULTS: www.osaa.org/activities

LIVE results will be posted following each preliminary and finals event, including team standings. Please instruct your fans and local media to go there for results.

### SOUVENIR INFORMATION

Additional information is available on the OSAA website, www.osaa.org/shop

- 1. STATE CHAMPIONSHIPS MERCHANDISE: www.osaastore.com
  - A. Pre-Order: osaa.rushteamapparel.com/osaa/pre-orders

RushTeamApparel, exclusive merchandise partner of the OSAA, offers pre-orders. *The pre-order window begins on Friday, February 9 at 12am and ends Tuesday, February 13 at 12pm.* Select garments are available for pre-order: sweatshirts, t-shirts, long sleeve t-shirts, sweatpants, patches, pins, beanies and various Nike products. Merchandise will be available for pick up at the RushTeamApparel booth throughout the event.

- B. <u>Championship Site</u>: RushTeamApparel will be onsite at the OSAA state championship with a wide variety of souvenir merchandise. Stop by the merchandise booth to purchase t-shirts, sweatshirts, letterman patches, sweatpants, hats and much more. RushTeamApparel also offers a wide variety of customization options including school name, student-athlete name, event decals and more!
- C. <u>Official Letterman Patches</u>: Get your official OSAA State Championship letterman patch onsite or by ordering online. Forget to get one last year? You can order an official letterman patch for any year going back to 2014-2015 in any OSAA activity by ordering online.
- D. <u>RushTeamApparel Contact Information</u>: RushTeamApparel is the exclusive merchandise partner of the OSAA. For more information, contact RushTeamApparel at 1.253.858.5288 or via email at <u>orders@rushteamapparel.com</u>.

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### 2. NORTHWEST SPORTS PHOTOGRAPHY (NSP): 4nsp.com/PhotosAction.aspx

- A. <u>Action and Awards Photos</u>: NSP will shoot action photos during all races. Awards photos will be taken during each trophy presentation. All action and award photos will be available online for purchase by Monday evening following the event.
- B. <u>Team Photos</u>: NSP will have a photographer available to shoot team photos on Saturday. All team photos will be available online for purchase by Monday evening following the event.
- C. <u>NSP Contact Information</u>: NSP is the official photographer of the OSAA. For more information, contact NSP at 800.446.5758 or via email at <u>customerservice@4nsp.com</u>.

### 3. NFHS NETWORK: www.nfhsnetwork.com/associations/osaa

The NFHS Network will stream video of all events. Subscriptions are \$11.99 for a monthly pass and \$79.99 for an annual pass. Events are archived for on demand viewing. Purchase digital copies at the link above.

### 4. OSAA DIGITAL CHAMPIONSHIP PROGRAMS: www.osaa.org/programs



The Official Swimming State Championship program includes state championship schedule, entries, rosters, records, and a color map of all OSAA member schools.

Programs available on the OSAA Live mobile app and online. Download the *OSAA Live* mobile app from the App Store or Google Play by searching for "OSAA Live".

### 5. MINI REPLICA TROPHIES: www.osaa.org/shop#trophies

- A. <u>Mini Replica Trophies</u>: The OSAA is proud to be able to offer mini replicas of the trophies presented at the OSAA State Championships. Mini replica trophies are 8" tall x 10" wide x 5" deep and make a great gift for coaches, students, parents, etc. Mini replicas can be produced for teams and individuals for any year in any OSAA activity. Each mini replica trophy is \$70 and that includes a personalized nameplate, shipping & handling. Order mini replica trophies online.
- B. <u>Crown Trophy Contact Information</u>: Crown Trophy manages the mini replica trophy program. For more information, contact Crown Trophy at 503.626.1125 or via email at <a href="mailto:awardpro@crowntrophy41.com">awardpro@crowntrophy41.com</a>.

### The OSAA is Proud to Partner with the following organizations:

### 1. Abby's Legendary Pizza: abbys.com

With our large, open seating, Abby's is a winning choice for teams traveling throughout Oregon and central Washington. **Print out and bring this document in with your team of five or more athletes and we'll take 20% off your total order of food and drinks.** Dine-in only, please. Excludes any other discount or promotion. Participating locations. For a complete list of our locations nearest your next game, visit our website. Call ahead and we'll have your order ready!

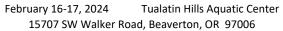
### 2. <u>Settlemier's Letterman Jackets</u>: <u>SettlemiersJackets.com</u>

Since 1990 Settlemier's Jackets has been making the finest Letterman Jackets for the Oregon high school community. For three generations this family business has been building varsity jackets using local materials and local labor, crafting high-quality jackets to tell the story of the Oregon athletes, activists and artists who have worked so hard to earn them. Settlemier's believes that *your* best deserves *the* best, without compromise. So look out for the Settlemier's Jackets booth next time you are at a championship event, or visit the website link above to rep your Oregon High School with the local pride that comes from owning a custom-made Settlemier's jacket!

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### **2024 SWIMMING STATE CHAMPIONSHIPS**





### **2024 OSAA TIME STANDARDS**

#	Event Name	6A Qualifying Standard - AUTO	6A Qualifying Standard - MANUAL	All American Automatic	All American Consideration	4A/3A/2A/1A State Record	5A State Record	6A State Record	OSAA State Record	NISCA National Record
1	Girls 200 Medley Relay	01:53.27	01:53.2	01:44.27	01:46.16	01:47.23	01:46.07	01:44.23	01:44.23	01:36.98
2	Boys 200 Medley Relay	01:41.18	01.41.1	01:32.76	01:34.41	01:38.04	01:37.50	01:33.38	01:33.38	01:26.88
3	Girls 200 Freestyle	01:57.24	01:57.5	01:48.74	01:50.65	01:50.29	01:47.15	01:48.41	01:47.15	01:42.81
4	Boys 200 Freestyle	01:46.89	01:46.8	01:38.67	01:40.06	01:41.71	01:39.14	01:37.27	01:37.27	01:32.85
5	Girls 200 Ind. Medley	02:10.55	02:10.5	02:01.46	02:04.01	02:04.93	02:00.45	01:58.95	01:58.95	01:53.38
6	Boys 200 Ind. Medley	01:58.75	01:58.7	01:49.50	01:51.52	01:50.43	01:49.60	01:46.91	01:46.91	01:41.39
7	Girls 50 Freestyle	00:24.80	00:24.8	00:23.08	00:23.50	00:23.09	00:22.96	00:22.30	00:22.30	00:21.59
8	Boys 50 Freestyle	00:21.93	00:21.9	00:20.43	00:20.85	00:20.48	00:20.18	00:20.32	00:20.18	00:19.20
9	Girls 100 Butterfly	00:59.32	00:59.3	00:54.38	00:55.48	00:54.03	00:55.53	00:53.13	00:53.13	00:49.24
10	Boys 100 Butterfly	00:53.08	00:53.0	00:48.57	00:49.69	00:49.52	00:47.63	00:47.90	00:47.63	00:44.97
11	Girls 100 Freestyle	00:53.85	00:53.8	00:50.15	00:51.10	00:49.81	00:49.26	00:49.00	00:49.26	00:46.98
12	Boys 100 Freestyle	00:48.18	00:48.1	00:44.83	00:45.64	00:45.24	00:45.57	00:43.70	00:43.70	00:42.34
13	Girls 500 Freestyle	05:17.07	05:17.0	04:53.06	04:58.20	04:58.58	04:54.37	04:52.91	04:47.34	04:34.78
14	Boys 500 Freestyle	04:51.98	04:51.9	04:29.39	04:33.16	04:34.51	04:26.52	04:25.02	04:25.02	04:12.87
15	Girls 200 Freestyle Relay	01:42.45	01:42.4	01:35.36	01:37.15	01:39.65	01:36.06	01:34.54	01:34.54	01:29.61
16	Boys 200 Freestyle Relay	01:31.38	01:31.3	01:24.34	01:25.75	01:29.01	01:28.23	01:25.00	01:25.00	01:19.27
17	Girls 100 Backstroke	00:58.45	00:58.4	00:54.73	00:55.91	00:56.49	00:54.91	00:53.71	00:53.71	00:49.61
18	Boys 100 Backstroke	00:54.52	00:54.5	00:49.07	00:50.18	00:51.09	00:47.45	00:48.28	00:47.45	00:45.08
	Girls 100 Breaststroke	01:06.96	01:06.9	01:02.59	01:03.78	01:02.60	01:02.51	00:58.35	00:58.35	00:58.35
20	Boys 100 Breaststroke	01:00.73	01:00.7	00:55.44	00:56.68	00:58.50	00:56.22	00:55.40	00:55.40	00:51.62
	Girls 400 Freestyle Relay	03:43.56	03:43.5	03:27.68	03:31.16	03:36.55	03:28.29	03:24.98	03:24.98	03:14.80
22	Boys 400 Freestyle Relay	03:19.19	03:19.1	03:05.74	03:08.40	03:15.49	03:13.05	03:07.67	03:07.67	02:53.81

G:\Swimming\Forms\swtimestandards.xls 1/19/2024



### **2024 SWIMMING STATE CHAMPIONSHIPS**

February 16-17, 2024 Tualatin Hills Aquatic Center 15707 SW Walker Road, Beaverton, OR 97006



# <u>PRELIMINARIES –</u> <u>Friday, February 16</u>

6A – 2 heats of 9; 5A & 4A/3A/2A/1A – 2 heats of 6

6A	Tickets go on sale and doors open at 8:00am
Assigned Officials Meeting	7:15am
Competition Tank Warm-Up	7:30am – 8:45am
Officials Meeting	7:45am
Clear Pool	8:45am
Preliminaries	9am – 11:15am
Clear Building	11:30am
4A/3A/2A/1A	Tickets go on sale and doors open at 12:45pm
Assigned Officials Meeting	Noon
Competition Tank Warm-Up	12:15pm – 1:30pm
Officials Meeting	12:30pm
Clear Pool	1:30pm
Preliminaries	1:45pm – 4pm
Clear Building	4:15pm
5A	Tickets go on sale and doors open at 5:30pm
Assigned Officials Meeting	4:45pm
Competition Tank Warm-Up	5pm – 6:15pm
Officials Meeting	5:15pm
Clear Pool	6:15pm
Preliminaries	6:30pm – 8:45pm
Clear Building	9pm

# <u>FINALS –</u> <u>Saturday, February 17</u>

6A – 1 heat of 9; 5A & 4A/3A/2A/1A – 1 heat of 6

Para-Athletes will compete in 6A Finals

15-minute break following Para-Athlete 50-Yd Freestyle

5-minute break following Para-Athlete 100-Yd Freestyle

**Additional Breaks for Awards** 

6A	Tickets go on sale and doors open at 7:15am
Competition Tank Warm-Up	7am – 8am
Officials Meeting	7:15am
Clear Pool	8am
Parade of Officials	8:10am
Championship Finals	8:15am – 11:15am
Clear Building	11:30am
4A/3A/2A/1A	Tickets go on sale and doors open at 12:15pm
Competition Tank Warm-Up	Noon – 1pm
Officials Meeting	12:15pm
Clear Pool	1pm
Parade of Officials	1:10pm
Championship Finals	1:15pm – 4:30pm
Clear Building	4:45pm
5A	Tickets go on sale and doors open at 5:30pm
Competition Tank Warm-Up	5:15pm – 6:15pm
Officials Meeting	5:30pm
Clear Pool	6:15pm
Parade of Officials	6:25pm
Championship Finals	6:30pm – 9:30pm
Clear Building	9:45pm



# OSAA / OnPoint Community Credit Union 2024 SWIMMING STATE CHAMPIONSHIPS



February 16-17, 2024 Tualatin Hills Aquatic Center 15707 SW Walker Road, Beaverton, OR 97006

# **EVENT SCHEDULE**

# Preliminaries – Friday, February 16

		6A		4A	/3A/2A/	<b>1</b> A		5A	
Event (#)	Heats	Girls	Boys	Heats	Girls	Boys	Heats	Girls	Boys
200 Medley Relay <i>(1-2)</i>	2	9am	9:06am	2	1:45pm	1:51pm	2	6:30pm	6:36pm
200 Freestyle <i>(3-4)</i>	2	9:12am	9:17am	2	1:57pm	2:02pm	2	6:42pm	6:47pm
200 Individual Medley (5-6)	2	9:22am	9:28am	2	2:07pm	2:13pm	2	6:52pm	6:58pm
50 Freestyle <i>(7-8)</i>	2	9:34am	9:36am	2	2:19pm	2:21pm	2	7:04pm	7:06pm
15 Minute Break									
100 Butterfly <i>(9-10)</i>	2	9:51am	9:54am	2	2:38pm	2:41pm	2	7:23pm	7:26pm
100 Freestyle (11-12)	2	9:57am	10am	2	2:44pm	2:47pm	2	7:29pm	7:32pm
500 Freestyle (13-14)	2	10:05am	10:19am	2	2:50pm	3:04pm	2	7:35pm	7:49pm
5 Minute Break									
200 Freestyle Relay (15-16)	2	10:36am	10:41am	2	3:21pm	3:26pm	2	8:06pm	8:11pm
100 Backstroke (17-18)	2	10:45am	10:49am	2	3:30pm	3:34pm	2	8:15pm	8:19pm
100 Breaststroke (19-20)	2	10:53am	10:58am	2	3:38pm	3:42pm	2	8:23pm	8:27pm
400 Freestyle Relay (21-22)	2	11:01am	11:11am	2	3:45pm	3:55pm	2	8:30pm	8:40pm



### **2024 SWIMMING STATE CHAMPIONSHIPS**

February 16-17, 2024 Tualatin Hills Aquatic Center 15707 SW Walker Road, Beaverton, OR 97006



### **EVENT SCHEDULE**

Finals – Saturday, February 17

		6A	aturuay, i		-/ -A/3A/2A	/1A		5A	
Event (#)	Heats	Girls	Boys	Heat s	Girls	Boys	Hea ts	Girls	Boys
200 Medley Relay <i>(1-2)</i>	1	8:15am	8:20am	1	1:15pm	1:23pm	1	6:30pm	6:35pm
200 Freestyle <i>(3-4)</i>	1	8:24am	8:29am	1	1:27pm	1:32pm	1	6:39pm	6:44pm
Awards Events 1, 2									
200 Individual Medley (5-6)	1	8:40am	8:45am	1	1:43pm	1:50pm	1	6:55pm	7:00pm
50 Freestyle <i>(7-8)</i>	1	8:50am	8:53am	1	1:55pm	1:59pm	1	7:05pm	7:08pm
Para-Athlete 50 Freestyle (108)	1	Girls & Boys	8:55am						
Awards Events 3, 4, 5, 6									
15 Minute Break									
100 Butterfly (9-10)	1	9:20am	9:23am	1	2:28pm	2:33pm	1	7:27pm	7:31pm
100 Freestyle <i>(11-12)</i>	1	9:27am	9:30am	1	2:37pm	2:41pm	1	7:35pm	7:38pm
Para-Athlete 100 Freestyle (112)	1	Girls & Boys	9:34am						
Awards Events 7, 8, 9, 10									
500 Freestyle <i>(13-14)</i>	1	9:46am	9:54am	1	2:57pm	3:06pm	1	7:52pm	8:00pm
200 Freestyle Relay <i>(15-16)</i>	1	10:01am	10:05am	1	3:14pm	3:19pm	1	8:09pm	8:16pm
Awards Events 108, 112, 11, 12, 13, 14									
100 Backstroke (17-18)	1	10:19am	10:23am	1	3:30pm	3:34pm	1	8:31pm	8:34pm
Para-Athlete 100 Backstroke (118)	1	Girls & Boys	10:26am						
5 Minute Break									
100 Breaststroke (19-20)	1	10:34am	10:38am	1	3:43pm	3:47pm	1	8:43pm	8:47pm
Awards Events 15, 16, 17, 18									
400 Freestyle Relay (21-22)	1	10:57am	11:03am	1	4:02pm	4:08pm	1	9:05pm	9:11pm
Awards Events 118, 19, 20, 21, 22 Team Awards									



### **2024 SWIMMING STATE CHAMPIONSHIPS**

February 16-17, 2024 Tualatin Hills Aquatic Center 15707 SW Walker Road, Beaverton, OR 97006



# **SCORING / PLACES AND POINTS**

### **Individual Events**

6A									
9 Places	1st	2nd	3rd	4th	5th	6th	7th	8th	9th
Points	10	8	7	6	5	4	3	2	1

5A						
6 Places	1st	2nd	3rd	4th	5th	6th
Points	7	5	4	3	2	1

4A/3A/2A/1A						
6 Places	1st	2nd	3rd	4th	5th	6th
Points	7	5	4	3	2	1

# Relays

6A									
9 Places	1st	2nd	3rd	4th	5th	6th	7th	8th	9th
Points	20	16	14	12	10	8	6	4	2

5A						
6 Places	1st	2nd	3rd	4th	5th	6th
Points	14	10	8	6	4	2

4A/3A/2A/1A						
6 Places	1st	2nd	3rd	4th	5th	6th
Points	14	10	8	6	4	2



### 2024 SWIMMING STATE CHAMPIONSHIPS



February 16-17, 2024 Tualatin Hills Aquatic Center 15707 SW Walker Road, Beaverton, OR 97006

## **SCORING / PLACES AND POINTS - PARA-ATHLETE**

Team points will be allocated back to the represented school to be added to their overall team point structure for the girls and the boys. If there is only a single race for an event and the genders are mixed, the points earned by that gender in order of finish for that race will be calculated. For instance, if there are three girls swimming and two boys swimming and the order of finish was girl in first, boy in second, and girl in third; points would be awarded by order of finish with the girl earning first place points and the boy earning second place points, etc.

If the points earned from a para-athlete move a team into trophy consideration and those points overtook another school, dual trophies will be presented for that position.

### Example:

1<sup>st</sup> Team A: 80 points (not including para-athlete)

2<sup>nd</sup> Team B: 70 points (not including para-athlete)

3<sup>rd</sup> Team C: 60 points (not including para-athlete)

4<sup>th</sup> Team D: 50 points (not including para-athlete)

5<sup>th</sup> Team E: 48 points (not including para-athlete)

Team's A, B, C and D do not have any para-athletes that qualified. Team E had one para-athlete qualify that scores three team points in an event. Including those points would put Team E in 4<sup>th</sup> place with 51 points. Team D and E would both receive 4<sup>th</sup> place state trophies. If a school is already in trophy position and the para-athlete points move a school up (i.e. 3<sup>rd</sup> to 2<sup>nd</sup>) a school will receive both trophies.

### Excerpt from 2023-24 NFHS Swimming Rules, Rule 7-1, Article 3

Art.3 . . . In all multi team meet scoring, points are awarded for places as follows:

### a. Individual Events

Places	1st	2nd	3rd	4th	5th	6th	7th	8th	9th
1	2								
2	3	1							
3	4	2	1						
4	5	3	2	1					
5	6	4	3	2	1				
6	7	5	4	3	2	1			
7	8	6	5	4	3	2	1		
8	9	7	6	5	4	3	2	1	
9	10	8	7	6	5	4	3	2	1



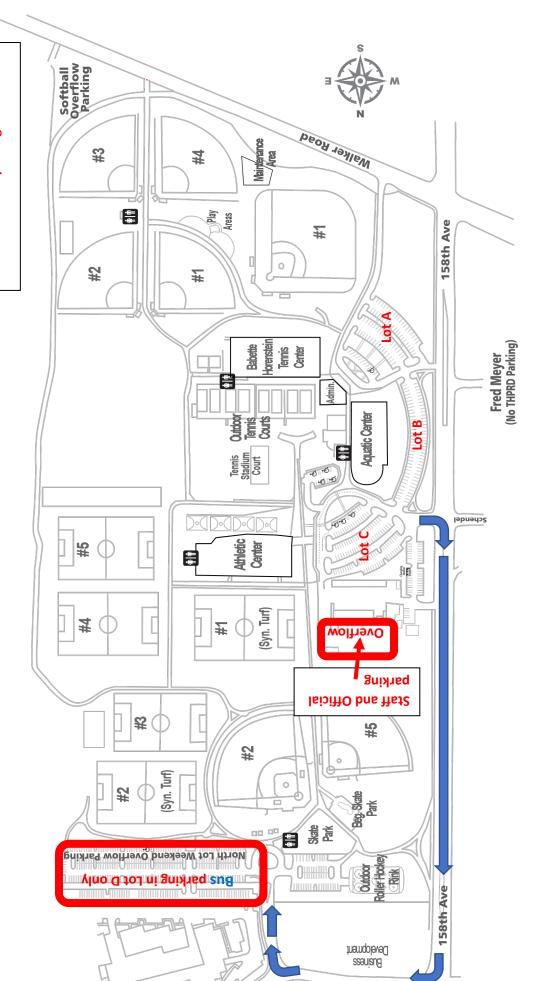
# HowardM. Terpenning Recreation

15707 SW Walker Road, Beaverton, OR 97006 TualatinHillsPark&RecreationDistrict•www.thprd.org

Bus parking in Lot D only

Event Parking in Lots A, B and C

Staff and Official parking in overflow



# AQUATIC CENTER AQUATIC CENTER (50M POOL) 15707 SW walker Rd Beaverton, OR 97006

