



RISE Workshop Handout: Perspective Taking
February 10, 2021 from 2:00 to 3:00pm PT, Zoom

RISE hosted an interactive 60-minute workshop for Oregon School Activities Association athletics directors and other stakeholders.

Over the course of the workshop attendees:

- Built awareness of the ways in which RISE and its partners are using sports as a vehicle to eliminate racial discrimination, champion social justice and improve race relations.
- Participated in a RISE Perspective Taking module designed to bring awareness to different viewpoints and explore perspective taking as a valuable tool for building empathy and understanding. Additionally, attendees were challenged to consider the conscious and unconscious biases we all hold.
- Became familiar with tools and resources available to increase understanding of racial equity and build cultural competence.
- Engaged in a closing Q&A period with RISE facilitators.

RISE resources related to the session topic of Perspective Taking include:

- [RISE resources page](#): see Perspective Taking video
- [Racial Stereotypes & Athletic Ability Activity](#)
- [Gender Bias Infographic 1](#); [Gender Bias Infographic 2](#)

Additional resources are available on the [RISE website](#), including curriculum to use with athletes, coaches and staff.

- [Understanding our Identities](#) (activity facilitated November 18, 2020 with OSAA)
- [Diversity Concepts](#)
- [Inclusion, Exclusion & Racism](#)

Finally, RISE's [Digital Learning Series](#) provides videos, articles and activities on several topics including equality vs. equity, privilege, sports as a vehicle for change and empathy.

About RISE

RISE a national nonprofit that educates and empowers the sports community to eliminate racial discrimination, champion social justice and improve race relations. Through partnerships and programs, RISE inspires leaders in sports to create positive change on matters of race and equality.

Visit www.RISEtoWIN.org to learn more.

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