



## Oregon School Activities Association

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### SPORTS MEDICINE ADVISORY COMMITTEE

Wednesday, April 3, 2024 | 6:30pm | The Ram - Salem

### MINUTES

1. Welcome and Introductions
2. Committee Roster – Review and Update

*Attending – Mick Koester, Mark Boren, Jim Chesnutt, Marlee Hansen, Erin Cramer, Sam Johnson, Shelly Jones, David Sarmiento (Zoom), Rob Younger, Chris Knudsen, Scott Gragg, Peter Weber, Kelly Foster.*

3. Review minutes of November 7, 2023, meeting
4. Old Business

- a. Emergency Action Planning (EAP) Campaign (*attachment*)

*Kelly Foster presented the latest iteration of the current campaign and provided materials from communication to schools, including the Spring Emergency Action Day. This collaborative effort is a priority for OSAA, OACA, and OADA this year in working with OATS. The committee shared ideas for exploring ways to support the relationship between schools and local EMS. The committee also recommended creating a way to evaluate an EAP following a catastrophic event.*

- b. TBI & Youth Awareness Campaign Workgroup Update

*Oregon Department of Education will be making updates to their Return to Learn Form per guidance from HB 4140 Temporary Accommodations. The group reviewing the form will be meeting again in May to review. Sam Johnson to keep the SMAC updated on the group's progress.*

- c. Mental Health Education Resources

*The committee discussed resources to share with schools. One recommendation is QPR training for out of building coaches, a training focused on suicide prevention. They would also like to explore creating a mental health resource for after school activities and sports. The be nice program was also discussed as a potential resource for schools and coaches, especially off-campus coaches.*

- d. Heat Index Board Policy (*attachment*)

*A SMAC subcommittee continues to review the current policy, including adding verbiage regarding the use of Wet Bulb Globe Thermometers and language addressing heat variations between natural grass and turf fields. The group will also explore creating recommendations for the use of a WBGT.*

5. New Business

- a. COVID and Cardiac Evaluation (*attachment*)

*The committee recommends that the OSAA retire the previous guidance and defer to the child's primary care physician. OSAA staff will update the website accordingly.*

b. Oregon Athletic Coaches Association

1. Coaches vs Overdoses & HIDTA

*The OACA presented this initiative and introduced Drug Take Back Day / Fentanyl Awareness Day to be launched this spring.*

2. 6A-6 Special District 1 – Football Request

*The OACA presented a request from 6A football coaches to allow for additional quarters for swing players. There was discussion but the request was not supported.*

c. NFHS SMAC Update

*The NFHS recently announced their new SMAC chair, Dr. Alex Diamond from Tennessee. He replaces Dr. Greg Elkins who passed away in April 2024.*

6. Committee Member Topics / Discussion

*Dr. Koester to attend and report on the Oregon Health Plan (OHP) Wildfire and Smoke meeting at Oregon State University. The group discussed putting together a Pre-Event Medical Timeout policy for use by schools.*

7. Spring State Championships Coverage

Track & Field	Thur.-Sat., May 16-18	Hayward Field, Eugene
Tennis	Thur.-Sat., May 23-25	Beaverton, Corvallis
Softball	Fri.-Sat., May 31-June 1	Jane Sanders Stadium, Eugene
Baseball	Saturday, June 1	Eugene, Keizer, Portland, Corvallis

8. Future Meeting Dates – September 10, 2024.