

2023 CROSS COUNTRY DISTRICT MEET DIRECTORS

Updated: 10/11/2023

If there are any changes or corrections that need to be made to the information listed below please email them to Kathi @ kathif@osaa.org.

PLEASE IDENTIFY YOUR CLASSIFICATION & DISTRICT.

District	League Name	Date	Site	AD / DMD	Host School	AD Work Phone	AD/ DMD E-mail
6A-1	PIL	Oct. 23	Lents Park	Jessica Russell, AD / Meet Director	PIL	503.916.5200	jrussell@pps.net
6A-2	METRO	Oct. 25	THPRD	Colin Griffin, AD / Meet Director	Jesuit HS	503.291.5418	cgriffin@jesuitportland.org
6A-3	PACIFIC	Oct. 26	THPRD	Alan Foster, AD / Meet Director	Liberty HS	503.844.1277	foster@hsd.k12.or.us
6A-4	MT HOOD	Oct. 25	Reynolds HS	Ryan Aldred, AD / Meet Director	Reynolds HS	503.667.3186 x1126	raldred@rsd7.net
6A-5	THREE RIVERS	Oct. 25	Clackamas Community College	Ryan Taylor, AD Chris McIsaac, Meet Director	Tigard HS	503.431.5462	rtaylor1@ttsd.k12.or.us cmcisaac@ttsd.k12.or.us
6A-6	CENTRAL VALLEY	Oct. 25	Oak Knoll Golf Course	Brodie Cavaille, AD / Meet Director	North Salem HS	503.399-3274	cavaille_brodie@salkeiz.k12.or.us
6A-7	SOUTHWEST	Oct. 25	Lane Community College	Jim Moore, AD / Meet Director Steve Richards, Meet Director	South Eugene HS	541.790.8019	moore_ji@4j.lane.edu richards_s@4j.lane.edu
5A-1	NORTHWEST OREGON	Oct. 25	Champoeg Park	Chris George, AD / Meet Director	La Salle Prep HS	503.353.1415	cgeorge@lsprep.org
5A-2	MIDWESTERN	Oct. 25	Jackson County Expo	Brad Eaton, AD Tiki Winner, Meet Director	Crater HS	541.494.6386	brad.eaton@district6.org runningtiki@gmail.com
5A-3	MID-WILLAMETTE	Oct. 27	Cheadle Park (Lebanon)	Jay Minyard, AD Branson Bartlett, Meet Director	South Albany HS	541.967.4522	jay.minyard@albany.k12.or.us branson.bartlett@albany.k12.or.us
5A-4	INTERMOUNTAIN	Oct. 24	Juniper Golf Course, Redmond	Jesse Eveland, AD Randy Furman, Meet Director	Redmond HS	541.923.4800 x1712	jesse.eveland@redmondschools.org randy.furman@redmondschools.org
4A-1	COWAPA	Oct. 26	McCormick Park (St. Helens)	Michael Lady, AD / Meet Director	St. Helens HS	503.366.7406	michaell@sthelens.k12.or.us
4A-2	TRI-VALLEY	Oct. 25	McIver State Park	Andrew Mott, AD John Erickson, Meet Director	Estacada HS	503.630.8515	motta@estacada.k12.or.us ericksoj@estacada.k12.or.us
4A-3	OREGON WEST	Oct. 28	Philomath MS	Shelley Moore, AD Tom Swinford, Meet Director	Newport HS	541.265.9281	shelley.moore@lincoln.k12.or.us run@newportmarathon.org
4A-4	SKY-EM	Oct. 26	Lane Community College	Garrett Bridgens, AD Ricky Knutson, Meet Director	Cottage Grove HS	541.942.3391	garrett.bridgens@slane.k12.or.us ricky.knutson@slane.k12.or.us
4A-5	SKYLINE	Oct. 25	Steen Sports Park	Luke Hammond, AD TBD, Meet Director	Henley HS	541.883.5040	hammond@kcsd.k12.or.us
4A-6	GREATER OREGON	Oct. 26	Birch Creek Golf Course	Mike Somnis, AD / Meet Director	Pendleton HS	541.276.3805	msomnis@pendletonsd.org
3A-SD1 Boys	Special District 1	Oct. 24	Valley Catholic HS	David Henry, AD Scott Ball, Meet Director	Westside Christian HS	503.697.4711	henry@wchsonline.org ball@wchsonline.org
3A-SD2 Boys	Special District 2	Oct. 26	Cheadle Lake Park	Kenny Gerig, AD Kellen Peters, Meet Director	East Linn Christian	541.451.1076	kgerig@eastlinnchristian.org kpeters@eastlinnchristian.org
3A-SD3 Boys	Special District 3	Oct. 27	Pendleton Community Park	James Freitag, AD Steve Sheehy, Meet Director	Union HS	541.562.5166	james.freitag@unionsd5.org stesheehy@gmail.com
3A-SD4 Boys	Special District 4	Oct. 26	Valley of the Rogue State Park	Josh Grotting, AD / Meet Director Joe Volk, Meet Director	Sutherlin HS St. Mary's HS, Medford	541.459.9551	josh.grotting@sutherlin.k12.or.us jvolk@smschool.us

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2A/1A-SD1 Boys	Special District 1	Oct. 24	Valley Catholic HS	David Henry, AD Scott Ball, Meet Director	Westside Christian HS	503.697.4711	henry@wchsonline.org ball@wchsonline.org
2A/1A-SD2 Boys	Special District 2	Oct. 26	Cheadle Lake Park	Kenny Gerig, AD Kellen Peters, Meet Director	East Linn Christian	541.451.1076	kgerig@eastlinnchristian.org kpeters@eastlinnchristian.org
2A/1A-SD3 Boys	Special District 3	Oct. 27	Pendleton Community Park	James Freitag, AD Steve Sheehy, Meet Director	Union HS	541.562.5166	james.freitag@unionsd5.org stesheehy@gmail.com
2A/1A-SD4 Boys	Special District 4	Oct. 26	Valley of the Rogue State Park	Josh Grotting, AD / Meet Director Joe Volk, Meet Director	Sutherlin HS St. Mary's HS, Medford	541.459.9551	josh.grotting@sutherlin.k12.or.us jvolk@smschool.us
3A/2A/1A-SD1 Girls	Special District 1	Oct. 24	Valley Catholic HS	David Henry, AD Scott Ball, Meet Director	Westside Christian HS	503.697.4711	henry@wchsonline.org ball@wchsonline.org
3A/2A/1A-SD2 Girls	Special District 2	Oct. 26	Cheadle Lake Park	Kenny Gerig, AD Kellen Peters, Meet Director	East Linn Christian	541.451.1076	kgerig@eastlinnchristian.org kpeters@eastlinnchristian.org
3A/2A/1A-SD3 Girls	Special District 3	Oct. 27	Pendleton Community Park	James Freitag, AD Steve Sheehy, Meet Director	Union HS	541.562.5166	james.freitag@unionsd5.org stesheehy@gmail.com
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