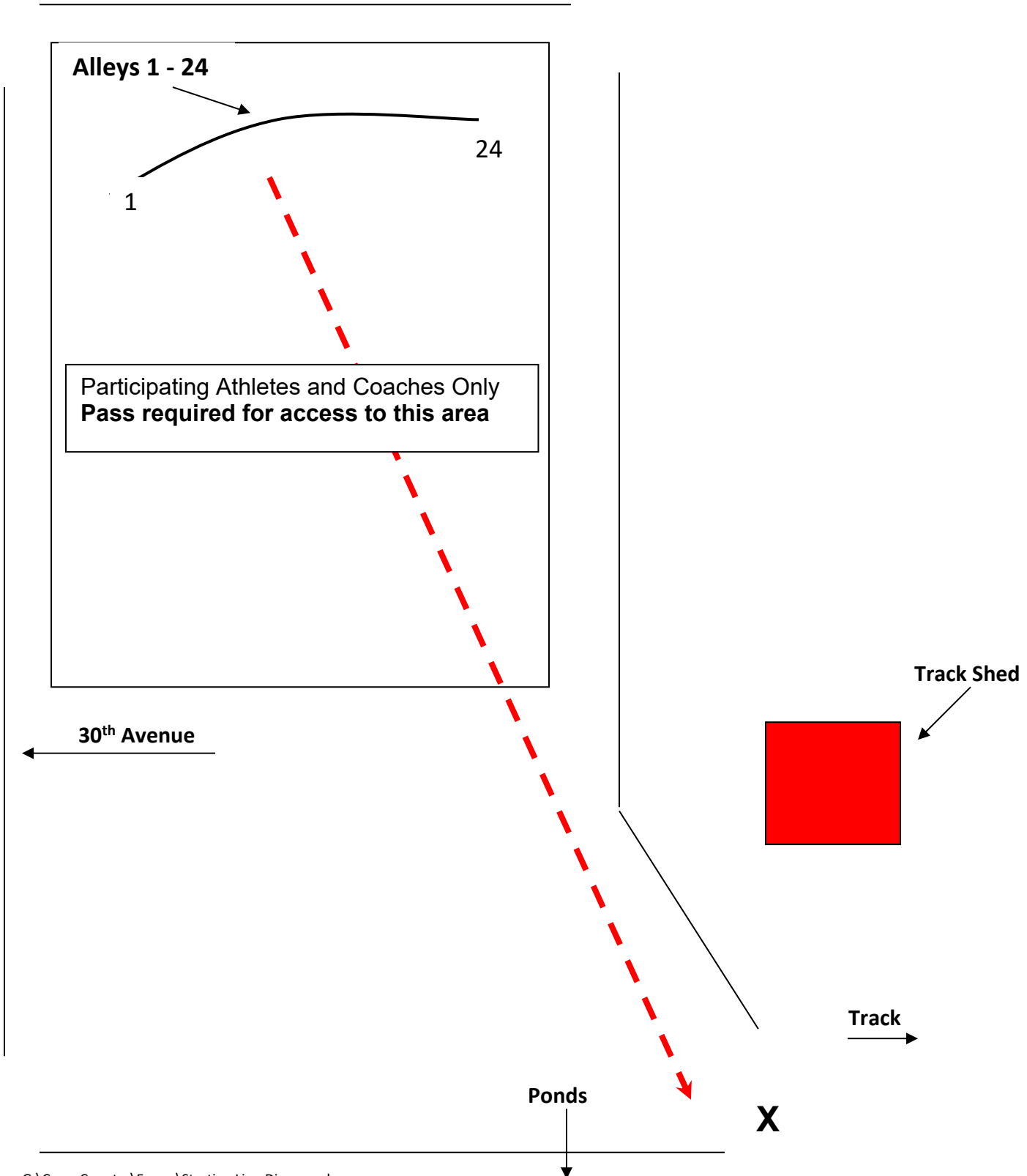




STARTING LINE CONFIGURATION DIAGRAM





OSAA / OnPoint Community Credit Union
2023 CROSS COUNTRY STATE CHAMPIONSHIPS

November 4, 2023
Lane Community College
4000 E 30th Avenue, Eugene, OR 97405



STARTING LINE PROCEDURES / AUDIO-VISUAL START

Coaches – Please review the following instructions with your coaching staff and athletes prior to the race.

Once the teams have been called to the starting line by the starter for final instructions, no further run-outs shall be permitted.

Procedures –

1. A five-minute warning horn will be sounded prior to the start.
2. After runners report, the recall starters will give a brief and concise review of the starting commands and procedures to be used with competitors immediately before the start.
3. The starter will hold the starting device and red flag parallel to the ground and give a long blast on the whistle. This is the signal for the runners to step up to, but not touch the starting line and become motionless.
4. The starter slowly raises both arms overhead. When all runners are set and motionless and the recall starters signal with a white flag, the starting device is fired and at the same time, the red flag is motioned downward, indicating the start of the race.
5. The runners are observed for 100 meters for any reason to recall the race that would constitute an unfair start.

Chute Assignments

2A/1A BOYS

Chute #	Team
6	Bandon
7	Imbler
8	Knappa
9	Individuals
	Cascades Academy
	Kennedy
	North Douglas
	Pine Eagle
10	Western Christian
11	Individuals
	Chemawa
	Glendale
	Nestucca
	Regis
12	Union
13	Individuals
	Central Linn
	Illinois Valley
	Myrtle Point
	Triangle Lake
14	Stanfield/Echo
15	Monroe
16	Reedsport
17	Heppner
18	Southwest Christian

3A/2A/1A GIRLS

Chute #	Team
5	Central Linn
6	Burns
7	Oregon Episcopal
8	Individuals
	Cascades Academy
	Nestucca
	Oakland
	Vale
	Western Christian
9	Enterprise
10	Bandon
11	Banks
12	Union
13	Kennedy
14	Sisters
15	Individuals
	East Linn Christian
	La Pine
	Regis
	Taft
16	Siuslaw
17	Valley Catholic
18	Heppner
19	Lakeview
20	Santiam Christian

3A BOYS

Chute #	Team
6	Santiam Christian
7	Valley Catholic
8	Burns
9	Cascade Christian
10	Individuals
	Amity
	Glide
	Neah-Kah-Nie
	Warrenton
11	Sisters
12	Banks
13	Siuslaw
14	Harrisburg
15	Westside Christian
16	Riverside
17	Oregon Episcopal
18	Individuals
	Elmira
	Taft
	Vale
	Yamhill-Carlton
19	Enterprise

Chute Assignments

4A GIRLS

Chute #	Team
5	Klamath Union
6	Tillamook
7	Individuals
7	Astoria
	Cascade
	Madras
	Pendleton
	St. Helens
8	Junction City
9	Baker
10	Crook County
11	Individuals
	Hidden Valley
	Marist Catholic
	Molalla
	North Marion
	Seaside
12	Philomath
13	Cottage Grove
14	North Bend
15	Henley
16	Scappoose
17	La Grande
18	The Dalles
19	Stayton

4A BOYS

Chute #	Team
5	The Dalles
6	Individuals
	Henley
	La Grande
	Marshfield
	St. Helens
7	Pendleton
8	Newport
9	Marist Catholic
10	Phoenix
11	Molalla
12	Tillamook
13	Crook County
14	Baker
15	Scappoose
16	Hidden Valley
17	Individuals
	Astoria
	Gladstone
	Klamath Union
	North Bend
	Ontario
18	Philomath
19	Cottage Grove

Chute Assignments

5A GIRLS

Chute #	Team
6	Wilsonville
7	Springfield
8	Dallas
9	North Eugene
10	Redmond
11	Crescent Valley
12	Caldera
13	Crater
14	Summit
15	Individuals
	Canby
	Putnam (2)
	Ridgeview
	West Albany
16	Corvallis
17	La Salle Prep
18	Silverton
19	Hood River Valley

5A BOYS

Chute #	Team
6	Crater
7	Canby
8	Individuals
	La Salle Prep
	Ridgeview
	Silverton
9	South Albany
10	Churchill
11	Summit
12	Wilsonville
13	Corvallis
14	North Eugene
15	Central
16	Springfield
17	Hood River Valley
18	Crescent Valley
19	Caldera

Chute Assignments

6A GIRLS

Chute #	Team
1	Individuals
	Grant (2)
	Nelson (2)
	South Medford
2	Jesuit
3	West Salem
4	Tigard
5	Individuals
	McMinnville (3)
	McNary (2)
6	Central Catholic
7	Franklin
8	Individuals
	Gresham
	Sheldon (3)
	Sprague
9	Newberg
10	Lake Oswego
11	Ida B Wells
12	Roseburg
13	Lakeridge
14	Westview
15	Individuals
	Clackamas (2)
	Glencoe (2)
	Oregon City
16	Sunset
17	South Salem
18	Sherwood
19	South Eugene
20	Individuals
	Barlow
	Beaverton
	Grants Pass (2)
	North Salem
21	Tualatin
22	Sandy
23	Lincoln

6A BOYS

Chute #	Team
1	Central Catholic
2	Forest Grove
3	Sheldon
4	Grant
5	West Salem
6	Individuals
	Cleveland (2)
	Grants Pass (2)
	Lake Oswego (2)
7	Jefferson
8	Individuals
	McMinnville (2)
	South Salem
	Westview (3)
9	Ida B Wells
10	Jesuit
11	North Medford
12	Oregon City
13	Sherwood
14	McNary
15	Individuals
	Roseburg (3)
	McDaniel
	West Linn (2)
16	Glencoe
17	Franklin
18	Individuals
	Clackamas (3)
	Southridge
	Tualatin
19	Nelson
20	South Eugene
21	Individuals
	Lincoln
	Mountainside
	Newberg
	Tigard (3)
22	Lakeridge
23	Individuals
	Barlow
	Century
	Sprague (4)
24	Sunset