



Oregon School Activities Association
25200 SW Parkway Avenue, Suite 1
Wilsonville, OR 97070
503.682.6722 fax: 503.682.0960 <http://www.osaa.org>



December 12, 2023

TO: Superintendents, Principals and Athletic Directors

FROM: Peter Weber, Executive Director

SUBJECT: Summary of Executive Board Action at the December 11, 2023, Meeting

At the meeting on December 11, 2023, the OSAA Executive Board took the following actions:

- Approved the minutes of the following Board Meetings:
 - September 11, 2023
 - October 9, 2023, Work Session
- Adopted the 2022-24 Winter Plan Books.
- Voted to accept the 2022-23 OSAA Audit Review.
- Sponsored a proposal to the April 8 Delegate Assembly Meeting to amend Rule 6.7 – Association Year – Starting, Cutoff and Ending Dates which would allow ten weeks to play nine games in Football. **(Attached)**
- Received a review of the October 2023 Delegate Assembly Caucus Item Discussions
- Adopted 2024 Fall Special Districts. **(Attached)**
- Received a draft update of the 2023-24 6A/5A, 4A/3A/2A/1A Girls Wrestling Special Districts, to be finalized in early January. **(Attached)**
- Received a first reading of a proposal to amend Board Policy – Air Quality Guidelines which directs schools to utilize the AirNow website and app for tracking air quality. **(Attached)**
- Received a first reading of a proposal to amend Board Policy – Certification – Athletic Directors and Coaches which would require schools to use the Manage Staff feature on the OSAA website to track certifications. **(Attached)**
- Voted to move the following schools whose adjusted 2022-23 Computation of ADM exceeds their current classification level after reviewing each schools enrollment figures and projections: Bonanza (1A Mountain Valley League to 2A newly formed East Cascades Conference); Crosshill Christian (1A Casco League to 2A Valley Coast Conference); Lost River (1A Mountain Valley League to 2A newly formed East Cascades Conference); Myrtle Point (1A Skyline League to 2A newly formed Southern Coast Conference); Blanchet Catholic (2A Tri-River Conference to 3A PacWest Conference); Willamina (2A Tri-River Conference to 3A PacWest Conference).
- Voted to maintain the following schools whose adjusted 2022-23 Computation of ADM exceeds their current classification level at their current classification after reviewing each school's enrollment figures and projections: North Douglas (1A), North Valley (3A), Crook County (4A) and Summit (5A).
- Voted to maintain the following school whose adjusted 2022-23 Computation of ADM exceeds their current classification level at their current classification after reviewing the school's enrollment figures and projections: Glide (3A).

- Voted to move the following school whose adjusted 2022-23 Computation of ADM fell below their current classification level after reviewing the school's enrollment figures and projections: Mannahouse Christian Academy (Portland) (2A Northwest League to 1A The Valley 10 League).
- Voted to move the following school whose enrollment figures and projections show current and future growth that exceeds their current classification level: Trinity Lutheran (1A Mountain Valley League to 2A newly formed East Cascades Conference).
- Voted to approve a realignment to the 2A Classification Leagues and Conferences starting in 2024-25. **(Attached)**
- Voted to approve a realignment to the 3A Classification Leagues and Conferences starting in 2024-25. **(Attached)**
- Approved Cooperative Sponsorship Applications for Stayton/Cascade – Dance & Drill, Vernonia/Jewell – Boys Basketball, Thurston/Mohawk – Boys Swimming, Riverdale/Riverside (WLWV) – Girls Basketball.
- Received a Fall State Championship review from OSAA Staff.
- Received an Oregon Athletic Coaches Association (OACA) report from Chris Knudsen, OACA Associate Director.
- Received an Oregon Athletic Directors Association (OADA) report from Dave Hood, OADA Executive Director.
- Received an Oregon Athletic Officials Association (OAOA) report from Jack Folliard, OAOA Executive Director and Debi Hanson, OAOA Associate Director.
- Received a Sports Medicine Advisory Committee (SMAC) update from Kelly Foster, OSAA Assistant Executive Director.
- Received an OSAA Foundation report from Kyle Stanfield, OSAA Chief Operating Officer.
- Received a Petition to Play Down Task Force update from Kyle Stanfield, OSAA Chief Operating Officer.
- Receive an update from the Football Ad Hoc Committee from Kris Welch, OSAA Assistant Executive Director.
- Received an update from the Diversity, Equity, and Inclusion Advisory Committee from Monica Maxwell, OSAA Assistant Executive Director.
- Received an update from the Student Advisory Council & National Girls and Women in Sports Day from Monica Maxwell, OSAA Assistant Executive Director.
- Reviewed and assigned penalties where appropriate for rule violations self-reported by member schools. **(Attached)**
- Received a reminder of upcoming meetings:
 - * Executive Board – Monday, February 5, 2024 / 11am / OSAA Office, Wilsonville
 - * Delegate Assembly – Monday, April 8, 2024 / 9am / Holiday Inn, Wilsonville
 - * Executive Board – Monday, May 6, 2024 / 11am / OSAA Office, Wilsonville
 - * Executive Board Summer Workshop – Monday-Wednesday, July 22-24, 2024 / Eagle Crest Resort, Redmond

A summary of actions is posted on the OSAA website following each Executive Board meeting. Official minutes of the December 11, 2023, Executive Board meeting are available from the OSAA upon request. Executive Board meetings are streamed via the OSAA's YouTube channel at: <https://www.youtube.com/@oregonschoolactivitiesasso4025/streams>.

Proposal to Amend Rule 6.7 –
Association Year, Practice, Contests – Starting, Cutoff and Ending Dates
(Action Item)

QUESTION: *Should the OSAA Executive Board recommend that the Delegate Assembly amend the first contest date for football to align with all other fall sports?*

RATIONALE: A revision to the first contest date for football would allow schools to participate in nine games over a ten-week period. This allows greater flexibility when scheduling, allows for adjustments due to air quality issues early in the season, and will provide a bye week within the season for some programs and student-athletes.

RULE CHANGE SPONSORED BY: Football Ad Hoc Committee, Sports Medicine Advisory Committee

NEXT STEP IF PASSED: Forwarded to April Delegate Assembly meeting for consideration.

POSSIBLE RULE CHANGES:

<p>KEY: Add</p> <p>Delete</p>

6.7. Association Year, Practice, Contests – Starting, Cutoff and Ending Dates. (NFHS Standardized Calendar)

- 6.7.1. Association Year.** The Association Year shall start with the first day of practice for fall sports on the Monday of Week 7 of the NFHS Standardized Calendar (**August 19, 2024**) and shall end at the end of the day on Memorial Day (**May 26, 2025**). (“Summer season” activities may begin on the Tuesday following the observance of Memorial Day (**May 27, 2025**).
- 6.7.2. Fall Sports.** Practice shall not start prior to the Monday of Week 7 of the NFHS Standardized Calendar (**August 19, 2024**). The first contest shall not be played prior to the Thursday of Week 8 of the NFHS Standardized Calendar (**August 29, 2023**) for all Fall Sports, except Football. ***The first contest date for Football shall not be played prior to the Friday of Week 8 of the NFHS Standardized Calendar (August 30, 2024).*** ~~The Football first contest shall not be played prior to the Thursday of Week 9 (**August 31, 2023**) of the NFHS Standardized Calendar.~~
- 6.7.3. Winter Sports.** Practice shall not start prior to the Monday of Week 20 of the NFHS Standardized Calendar (**November 18, 2024**). The first contest shall not be played prior to the Wednesday of Week 22 of the NFHS Standardized Calendar (**December 4, 2024**).
- 6.7.4. Spring Sports.** Practice shall not start prior to the Monday of Week 35 of the NFHS Standardized Calendar (**March 3, 2025**). The first contest shall not be played prior to the Monday of Week 37 of the NFHS Standardized Calendar (**March 17, 2025**).
- 6.7.5. Cutoff and Ending Dates.** The Executive Board shall adopt a calendar each year that will include the cutoff date for each season at each classification after which regular season contests in that activity may no longer be conducted. The season for a school in a sport shall end on the cutoff date or when all state championship contests have concluded for that school in that sport.

2024-25 Fall 3A/2A/1A Boys Soccer - PROPOSED

77 teams in 7 special districts with 1 independent team

3A/2A/1A-SD1 Special District 1 (11)

Catlin Gabel

Corbett

De La Salle North Catholic

Horizon Christian, Tualatin

Life Christian

Oregon Episcopal

Portland Adventist Acad.

Riverdale

Riverside, WLWV

Valley Catholic

Westside Christian

3A/2A/1A-SD2 Special District 2 (11)

Amity

Blanchet Catholic

Dayton

Delphian

Gervais

Kennedy

Salem Academy

Taft

Western Christian

Willamina

Yamhill-Carlton

3A/2A/1A-SD3 Special District 3 (11)

Central Linn

Creswell

Crosshill Christian / Jefferson

East Linn Christian

Elmira

Kings Valley Char.

La Pine

Pleasant Hill

Santiam Christian

Sisters

Siuslaw / Mapleton

3A/2A/1A-SD4 Special District 4 (9)

Cascade Christian

Coquille / Myrtle Point

Douglas

Glide

Gold Beach

Pacific / Bandon

South Umpqua

Sutherlin

Umpqua Valley Christian

3A/2A/1A-SD5 Special District 5 (10)

Bonanza

Brookings-Harbor

Illinois Valley

Lakeview

Lost River

North Valley

Paisley

Rogue River

Rogue Valley Adventist Acad.

St. Mary's, Medford

3A/2A/1A-SD6 Special District 6 (6)

Four Rivers

Irrigon

McLoughlin

Nyssa

Riverside

Umatilla

3A/2A/1A-SD7 Special District 7 (18)

C.S. Lewis Academy

Central Christian

Columbia Christian

Damascus Christian

Faith Bible

Glenwood

Grand View Christian Acad.

Horizon Christian, Hood River

Livingstone Adventist Acad.

Mannahouse Acad., Portland

North Clackamas Christian

Open Door Christian Acad.

Oregon School f/t Deaf

Portland Christian

Southwest Christian

Trout Lake

Valor Christian

Willamette Valley Christian

Independent / No Assigned Special District

Milo Adventist Acad.

2024-25 Fall 3A/2A/1A Girls Soccer - PROPOSED

54 teams in 5 special districts

3A/2A/1A-SD1 Special District 1 (10)

Banks
Catlin Gabel
Corbett
De La Salle North Catholic
Life Christian
Oregon Episcopal
Riverdale
Trout Lake / Glenwood
Valley Catholic
Westside Christian

3A/2A/1A-SD2 Special District 2 (11)

Amity
Blanchet Catholic
Crosshill Christian
Dayton
Gervais / Kennedy
Oregon School f/t Deaf
Salem Academy
Sheridan / Willamina
Taft
Western Christian
Yamhill-Carlton

3A/2A/1A-SD3 Special District 3 (10)

Central Linn
Creswell
East Linn Christian
Elmira
Kings Valley Char.
La Pine
Pleasant Hill
Santiam Christian
Sisters
Siuslaw

3A/2A/1A-SD4 Special District 4 (15)

Bonanza
Brookings-Harbor
Cascade Christian
Coquille / Myrtle Point
Douglas
Glide
Illinois Valley
Lakeview
Lost River
North Valley
Pacific
Rogue River
South Umpqua
St. Mary's, Medford
Sutherlin

3A/2A/1A-SD5 Special District 5 (8)

Echo / Stanfield
Four Rivers
Grant Union
Irrigon
McLoughlin
Nyssa
Riverside
Umatilla

2024-25 Fall 3A Boys Cross Country - PROPOSED

47 teams in 4 special districts

3A-SD1 Special District 1 (14)	3A-SD2 Special District 2 (13)	3A-SD3 Special District 3 (7)
Banks	Amity	Burns / Crane
Catlin Gabel	Blanchet Catholic	Enterprise / Joseph / Wallowa
Corbett	Elmira	McLoughlin
De La Salle North Catholic	Harrisburg	Nyssa
Horizon Christian, Tualatin	Jefferson	Riverside
Neah-Kah-Nie	La Pine	Umatilla
Oregon Episcopal	Santiam Christian	Vale
Portland Adventist Acad.	Scio	
Rainier	Sheridan	
Riverdale	Sisters	
Riverside, WLWV	Taft	
Valley Catholic	Willamina	
Warrenton	Yamhill-Carlton	
Westside Christian		
3A-SD4 Special District 4 (13)		
Brookings-Harbor		
Cascade Christian		
Coquille		
Creswell		
Douglas		
Glide		
Lakeview		
North Valley		
Pleasant Hill		
Siuslaw		
South Umpqua		
St. Mary's, Medford		
Sutherlin		

2024-25 Fall 2A/1A Boys Cross Country - PROPOSED

73 teams in 4 special districts

2A/1A-SD1 Special District 1 (18)

C.S. Lewis Academy

City First Christian Acad.

Clatskanie

Columbia Christian

Country Christian

Crosshill Christian

Faith Bible / Life Christian

Jewell

Knappa

Nestucca

Portland Christian

Portland Waldorf

Southwest Christian

St. Stephen's Acad.

Trinity Academy

Valor Christian

Veritas

Vernonia

2A/1A-SD2 Special District 2 (17)

Central Linn

Chemawa

Delphian

East Linn Christian

Eddyville Charter

Gervais

Kennedy

Kings Valley Char.

Mohawk

Monroe

Oregon School f/t Deaf

Regis

Santiam

St. Paul

Triangle Lake

Waldport

Western Christian

2A/1A-SD3 Special District 3 (16)

Adrian

Bickleton

Culver

Elgin

Four Rivers

Glenwood

Grant Union

Heppner / Ione / Condon

Imbler

Irrigon

Pilot Rock

Pine Eagle

Powder Valley

Stanfield / Echo

Union / Cove

Weston-McEwen / Griswold

2A/1A-SD4 Special District 4 (22)

Bandon

Cascades Academy

Crow

Days Creek

Glendale

Gold Beach

Illinois Valley

Lowell

Mannahouse Acad., Eugene

McKenzie

Myrtle Point

New Hope Christian

North Douglas

North Lake

Oakland

Oakridge

Pacific

Paisley

Prospect Charter

Reedsport

Trinity Lutheran

Yoncalla

2024-25 Fall 3A/2A/1A Girls Cross Country - PROPOSED

120 teams in 4 special districts

3A/2A/1A-SD1 Special District 1 (31)

Banks
C.S. Lewis Academy
Catlin Gabel
City First Christian Acad.
Clatskanie
Columbia Christian
Corbett
Crosshill Christian
De La Salle North Catholic
Faith Bible / Life Christian
Horizon Christian, Tualatin
Jewell
Knappa
Neah-Kah-Nie
Nestucca
Oregon Episcopal
Portland Adventist Acad.
Portland Christian
Portland Waldorf
Rainier
Riverdale
Riverside, WLWV
Southwest Christian
St. Stephen's Acad.
Trinity Academy
Valley Catholic
Valor Christian
Veritas
Vernonia
Warrenton
Westside Christian

3A/2A/1A-SD2 Special District 2 (30)

Amity
Blanchet Catholic
Central Linn
Chemawa
Delphian
East Linn Christian
Eddyville Charter
Elmira
Gervais
Harrisburg
Jefferson
Kennedy
Kings Valley Char.
La Pine
Mohawk
Monroe
Oregon School f/t Deaf
Regis
Santiam Christian
Santiam
Scio
Sheridan
Sisters
St. Paul
Taft
Triangle Lake
Waldport
Western Christian
Willamina
Yamhill-Carlton

3A/2A/1A-SD3 Special District 3 (23)

Adrian
Bickleton
Burns
Crane
Culver
Elgin
Enterprise / Joseph / Wallowa
Four Rivers
Grant Union
Heppner / Ione / Condon
Imbler
Irrigon
McLoughlin
Nyssa
Pilot Rock
Pine Eagle
Powder Valley
Riverside
Stanfield / Echo
Umatilla
Union / Cove
Vale
Weston-McEwen / Griswold

3A/2A/1A-SD4 Special District 4 (36)

Bandon

Brookings-Harbor

Cascade Christian

Cascades Academy

Coquille

Creswell

Crow

Days Creek

Douglas

Glendale

Glide

Gold Beach

Illinois Valley

Lakeview

Lowell

Mannahouse Acad., Eugene

McKenzie

Myrtle Point

New Hope Christian

North Douglas

North Lake

North Valley

Oakland

Oakridge

Pacific

Paisley

Pleasant Hill

Powers

Prospect Charter

Reedsport

Siuslaw

South Umpqua

St. Mary's, Medford

Sutherlin

Trinity Lutheran

Yoncalla

3.b.

Team Name	Special District	100	105	110	115	120	125	130	135	140	145	155	170	190	235	#
Aloha	Special District 1	5	4	1	1	1	1	1		1				1		16
Barlow	Special District 1	6	1				1									8
Beaverton	Special District 1	4	2	5	1	1	2	1		1	1		1			19
Century	Special District 1	4	5				1	1		1	1					13
Cleveland	Special District 1	4	2		1		1	1								9
Forest Grove	Special District 1	1	4	3	1	1		1					1	1		13
Franklin	Special District 1	2		2	1		1	1	1	1			1	1		11
Glencoe	Special District 1	4	4	1	1	1			1	1						13
Grant	Special District 1	1	1		2		1			1						6
Gresham	Special District 1	1											1			2
Hillsboro	Special District 1	6	5	3		3	3	1	1							22
Hood River Valley	Special District 1	2	2	4	2		1	3					1			15
Ida B. Wells	Special District 1	3	2	3	1	2	2	1		1	1		1			17
Jefferson (Portland)	Special District 1								1		1		1			3
Liberty	Special District 1	2	1	2	1	1	1	3						1		12
Lincoln	Special District 1		2	3	3		1		2							11
McDaniel	Special District 1	1	1	4		2	1	5								14
Mountainside	Special District 1	2	3	2		3	1	1					1			13
Reynolds	Special District 1											1		1		2
Roosevelt	Special District 1	2			1	2	1	1				1	1	1		10
Sandy	Special District 1								1							1
Southridge	Special District 1	1	3		2	2	7		4	1						20
Sunset	Special District 1	3	2	2		1			1			1				10
Westview	Special District 1	1	1	1	4	1		1	1	1	1	1	2			15
		55	45	36	22	21	26	22	13	9	5	4	11	6	0	275

Canby	Special District 2	4		1	2						2		1	1		11
Central	Special District 2		2					1								3
Centennial	Special District 2	3	1	2	2	1	2	1	2			1		1	1	17
Clackamas	Special District 2	1		2	3		1									7
Dallas	Special District 2	7	2	1	2	1			2	1						16
David Douglas	Special District 2	6		1		2	1			1	1	1	1	1		15
Lakeridge	Special District 2	1	2													3
McKay	Special District 2	11	7	1	5	1	3		1	2		1				32
McMinnville	Special District 2	2		1		1	1									5
McNary	Special District 2	7	3	3	2	2		2				1	2			22
Milwaukie	Special District 2	1	2	1		1	2									7
Nelson	Special District 2	1	3	2	2											8
Newberg	Special District 2	3	1		2									1		7
North Salem	Special District 2	2	2	1	4	2	1	2			1			1		16
Oregon City	Special District 2	1	1				1									3
Parkrose	Special District 2				2	3										5
Putnam	Special District 2						1							1		2
Sherwood	Special District 2	2	1	3	1	2										9
Silverton	Special District 2	2			2	1	1					1				7
South Salem	Special District 2	6	1	2	3	1	1	2	1				1			18
Sprague	Special District 2	7	1	2	3		1			1						15

3.b.

Tigard Special District 2
Tualatin Special District 2
West Linn Special District 2
West Salem Special District 2
Wilsonville Special District 2
Woodburn Special District 2

3	1	2	1	4		2		2				1		16
1		1		1				1		1				5
	1			1	1									3
	1	1	1		3	1		1					1	9
		1	1	1										3
3	3	1	1	1	1		2					1		13
74	35	29	39	26	21	11	8	9	4	6	6	7	2	277

Ashland Special District 3
Bend Special District 3
Caldera Special District 3
Churchill Special District 3
Corvallis Special District 3
Crater Special District 3
Crescent Valley Special District 3
Eagle Point Special District 3
Lebanon Special District 3
Grants Pass Special District 3
Mountain View Special District 3
North Eugene Special District 3
North Medford Special District 3
Redmond Special District 3
Ridgeview Special District 3
Roseburg Special District 3
Sheldon Special District 3
South Albany Special District 3
South Eugene Special District 3
South Medford Special District 3
Springfield Special District 3
Summit Special District 3
Thurston Special District 3
West Albany Special District 3
Willamette Special District 3

		1				1		1		1				4
1	3		4	2	2	1		1						14
5	1	1												7
			1				1						1	3
3	1	1	1		2	1	1					1		11
1		1			1	2	1							6
1		1	1											3
1		1	1	1	1					1				6
		2	1					1		1				5
2		1	2	1	1		1		1					9
1			1											2
4		1	3		1	1	2	1		2				15
4	1	2	1		1					1	1			11
8	5	4	1	3	1	1	1				2			26
1	1	2	2	2		1								9
									1					1
3	1													4
4			1	1	3					1	1			11
1			1	2										4
5		1					1					1		8
2	2	1	1											6
2	2	1												5
9	3	6	7	1	2		2	2		1		2		35
4	4	4	1	1	1		1	1						17
1	1		2			1				1				6
63	25	31	32	14	16	9	11	7	2	9	4	4	1	228

3.b.

Team Name	Special District	100	105	110	115	120	125	130	135	140	145	155	170	190	235	#
Astoria	Special District 1 (North)	1	1					1					1	1		5
Baker	Special District 1 (North)	4		2		1	1	3	2	1			1			15
Banks	Special District 1 (North)	1		2	1		1						1			6
Cascade	Special District 1 (North)	1	1			1			1					1		5
Clatskanie	Special District 1 (North)			2												2
Colton	Special District 1 (North)				1		1		1							3
Corbett	Special District 1 (North)					1										1
Crane	Special District 1 (North)				1								1			2
Crook County	Special District 1 (North)	3	4	2	2		1					1				13
Dayton	Special District 1 (North)	1		2		1	1	1				1				7
Douglas	Special District 1 (North)		1	2		2								1		6
Echo	Special District 1 (North)			1		1										2
Elgin	Special District 1 (North)	1	1	1												3
Enterprise	Special District 1 (North)	1	1													2
Estacada	Special District 1 (North)			1		0	2	2	1			1	2			9
Four Rivers	Special District 1 (North)	1		1		1						1				4
Gervais	Special District 1 (North)			2		1	1									4
Heppner	Special District 1 (North)	1		2							1		1			5
Imbler	Special District 1 (North)							1								1
Irrigon	Special District 1 (North)			1	1	1								1	2	6
Jefferson	Special District 1 (North)	1			1											2
Jewell	Special District 1 (North)				1		1						1			3
Kennedy	Special District 1 (North)		1				1						1			3
Knappa	Special District 1 (North)	3		2	1					1						7
McLoughlin	Special District 1 (North)						1		1							2
Molalla	Special District 1 (North)				3				1						1	5
Neah-Kah-Nie	Special District 1 (North)	3	1	1												5
Nestucca	Special District 1 (North)	1	1			1	1									4
Newport	Special District 1 (North)	2	2	1	1	1	1	2			1		1			12
North Marion	Special District 1 (North)	1	1	1		3	1	1			1		1		1	11
Nyssa	Special District 1 (North)	3	3	2		1	2			2						13
Ontario	Special District 1 (North)	2	2		1		1									6
Pendleton	Special District 1 (North)	1														1
Philomath	Special District 1 (North)	2			1		1			1						5
Pine Eagle	Special District 1 (North)		1	1												2
Rainier	Special District 1 (North)		2	2	1	3					1	1				10
Regis	Special District 1 (North)				1		1									2
Riverside (Boardman)	Special District 1 (North)	2	4	1		1							1			9
Scappoose	Special District 1 (North)	2	2	2	3	1	1	1				1	1			14
St. Helens	Special District 1 (North)	1	4		2	3	1	1	1	1				2		16
Stayton	Special District 1 (North)	1	2	2	2				1		1		1			10
Tillamook	Special District 1 (North)	7	5	3	2	2		2		1		1	3	2		28
Umatilla	Special District 1 (North)				1	1			1	1						4
Vernonia	Special District 1 (North)								1							1
Warrenton	Special District 1 (North)	1		2	1	2		1				2	2	2		13
Willamina	Special District 1 (North)	2	2	1	1		2					1	1			10
Yamhill-Carlton	Special District 1 (North)	2	1	2	2			1			1		1			10
		52	43	44	31	29	23	17	11	8	6	10	21	10	4	

3.b.

19

Proposal to Amend Board Policy – Air Quality Guidelines

(First Reading)

QUESTION: Should the Executive Board amend Board Policy – Air Quality Guidelines to provide more consistency for schools when tracking air quality for practices and contests?

RATIONALE: The Sports Medicine Advisory Committee (SMAC) spent time reviewing this policy and is suggesting that the OSAA reduce the recommended websites/apps used to track air quality to provide better consistency. The AirNow Fire and Smoke Map website and app include DEQ/AirNow monitors, along with Purple Air monitors whose data has been calibrated to reflect EPA standards. This will help avoid situations where schools are seeing varied reporting data from multiple sources.

RULE CHANGE SPONSORED BY: OSAA Sports Medicine Advisory Committee

NEXT STEP IF PASSED: First reading only

POSSIBLE RULE CHANGES:

<p>KEY: Add</p> <p>Delete</p>

AIR QUALITY GUIDELINES

(Revised July 2022)

These guidelines, created in consultation with the Oregon Health Authority (OHA) and the Oregon Department of Environmental Quality (DEQ), provide a default policy to those responsible or sharing duties for making decisions concerning the cancellation, suspension and/or restarting of practices and contests based on poor air quality.

- A. **Designate Personnel:** Given the random behavior of wind and air currents, air quality may change quickly. Schools shall designate someone who will monitor the air quality prior to and during outdoor activities. While typically due to wildfires, schools need to also consider non-wildfire situations if the air quality is unhealthy.
- B. **Areas with Air near DEQ/AirNow Reporting Stations:** The Air Quality Index (AQI) should be monitored throughout the day, and during an event, to have the best data possible to make informed decisions about conducting practices and competitions. ***Schools should always defer to the monitor that is the nearest physical distance to the practice or contest facility.*** School personnel shall review the AQI information for all regions throughout the state to determine if action is necessary (see chart below). Schools shall regularly review the AQI throughout events to assess deteriorating conditions. ***School personnel shall use the AirNow Fire and Smoke Map at <https://fire.airnow.gov>. This map shows circles for DEQ/AirNow monitors and squares for Purple Air monitors. Purple Air monitors have been calibrated by EPA to provide data comparable to permanent monitors.***
 - 1) Oregon Department of Environmental Quality (DEQ) website: <https://oragideq.state.or.us/home/map>
 - 2) Oregon DEQ app "OregonAir": [AppStore](#) | [GooglePlay](#)
 - 3) Environmental Protection Agency (EPA) Air Now website: <https://airnow.gov/>
 - 4) Environmental Protection Agency (EPA) Fire and Smoke map: <https://fire.airnow.gov>
 - 5) Purple Air monitors for monitoring air quality: <https://map.purpleair.com>
- C. **Areas without Air Monitoring Stations:** ~~Given the random behavior of factors related to the calculation of the AQI levels in different areas of the state (wind speed and direction) member schools not near a DEQ reporting station should consult with local state and/or federal authorities to help determine the AQI level in your specific area. Schools in remote areas not near a DEQ reporting station may also refer to Purple Air monitors for monitoring air quality at <https://map.purpleair.com>. The EPA's Fire and Smoke map at <https://fire.airnow.gov/> also includes the Purple Air monitors (DEQ monitors show as circles, Purple Air monitors show as squares.).~~ If air monitoring equipment is not available, member schools should utilize the 5-3-1 Visibility Index to determine air quality.

3.c.

- 1) 5-3-1 Visibility Index: Making visual observations using the 5-3-1 Visibility Index is a simple way to estimate air quality and know what precautions to take. While this method can be useful, you should always use caution and avoid going outside if visibility is limited, especially if you are sensitive to smoke.
 - (a) Determine the limit of your visual range by looking for distant targets or familiar landmarks such as mountains, mesas, hills, or buildings at known distances. The visual range is that point at which these targets are no longer visible. As a rule of thumb: If you can clearly see the outlines of individual trees on the horizon it is generally less than five miles away. It is highly recommended that schools use pre-determined landmarks that were established on a clear day to determine their visual range.
 - (b) Ideally, the viewing of any distant targets should be made with the sun behind you. Looking into the sun or at an angle increases the ability of sunlight to reflect off of the smoke, thus making the visibility estimate less reliable.
 - (c) Be aware that conditions may change rapidly and always use the more conservative of multiple metrics (AQI, 5-3-1 Visibility Index, etc.).

D. **Act:** This chart will help determine the action needed based on the air quality in your area.

Air Quality Index (AQI)	5-3-1 Visibility Index	Required Actions for Outdoor Activities
51 -100	5-15 Miles	Athletes who are unusually sensitive to air pollution should consider indoor activities only. Athletes with asthma should have rescue inhalers readily available and pretreat before exercise if directed by their healthcare provider. All athletes with respiratory illness, asthma, lung or heart disease should monitor symptoms and reduce/cease activity if symptoms arise. Increase rest periods as needed.
101 -150	3-5 Miles	Athletes who are unusually sensitive to air pollution should consider indoor activities only. Athletes with asthma should have rescue inhalers readily available and pretreat before exercise if directed by their healthcare provider. All athletes with respiratory illness, asthma, lung or heart disease should monitor symptoms and reduce/cease activity if symptoms arise. Athletes with asthma or other lung diseases, heart conditions or diabetes may need additional rest breaks during practices / contests. Consider rescheduling to a different time and / or an area with a lower AQI. Schools should consider the impact of elevated AQI lasting for multiple days and the impact of prolonged exposure for athletes and staff on multiple practice session days when making decisions. Consider moving practices indoors , if available. Be aware that, depending on a venue's ventilation system, indoor air quality levels can approach outdoor levels.
151 -200	1-3 Miles	All outdoor activities (practice and competition) shall be canceled or moved to an area with a lower AQI. Move practices indoors, if available. Be aware that, depending on a venue's ventilation system, indoor air quality levels can approach outdoor levels.
>200	1 Mile	All outdoor activities (practice and competition) shall be canceled or moved to an area with a lower AQI. Move practices indoors, if available. Be aware that, depending on a venue's ventilation system, indoor air quality levels can approach outdoor levels.

- E. **Additional Resources:** Schools may also refer to OHA's fact sheet regarding School Outdoor Activities During Wildfire Events at <https://apps.state.or.us/Forms/Served/le8815h.pdf>.
- F. **Oregon Occupational Safety and Health Administration (OSHA) Rules:** Schools should familiarize themselves with Oregon OSHA permanent rules adopted in Summer 2022 regarding reducing heat and wildfire smoke outdoor workplace exposure for employees. OSHA resources can be accessed here for Heat – <https://osha.oregon.gov/Pages/topics/heat-stress.aspx> and Wildfires <https://osha.oregon.gov/Pages/topics/wildfires.aspx>

Proposal to Amend Board Policy – Certification – Athletic Directors and Coaches

(First Reading)

QUESTION: *Should the Executive Board amend Board Policy – Certification – Athletic Directors and Coaches to require schools to track all coaching certification through the Manage Staff feature on the OSAA website?*

RATIONALE: With the immense turnover in athletic directors and coaches, it's important to build systems that are easy, manageable, and transferrable. The OSAA Executive Board believes it's critical for schools and the Association for this information to be maintained through the OSAA website to ensure compliance with certification requirements.

RULE CHANGE SPONSORED BY: OSAA Executive Board

NEXT STEP IF PASSED: First reading only

POSSIBLE RULE CHANGES:

KEY: Add Delete
--

CERTIFICATION – ATHLETIC DIRECTORS AND COACHES <http://www.osaa.org/coaches/requirements> (Revised May 2023)

Athletic directors and coaches shall achieve certification in the following areas prior to assuming duties as an athletic director or coach. The high school principal shall be held accountable for verifying that athletic directors and coaches have been certified.

EXCEPTION: Any emergency exception to an OSAA requirement must be authorized in writing by the OSAA.

- A. **Interscholastic Coaching Course.** The OSAA requires that athletic directors and coaches must ***either complete the OSAA Beyond the Scoreboard online course or*** achieve a passing score on the test included with the NFHS Fundamentals of Coaching course. This is a one-time requirement.
- B. **Concussion Recognition and Management Training.** The OSAA and Oregon State Law ([ORS 336.485](#)) requires that athletic directors and coaches receive training to learn how to recognize the symptoms of a concussion and how to seek proper medical treatment for a person suspected of having a concussion. The NFHS's Concussion in Sports free course satisfies this requirement. This training is required annually.
- C. **NFHS Heat Illness Prevention.** The OSAA requires that athletic directors and coaches must achieve a passing score on the test included with the NFHS's Heat Illness Prevention free course. This training is required once every four years.
- D. **Anabolic Steroids and Performance-Enhancing Substances Training.** The OSAA and Oregon State Law ([ORS 342.726](#)) require that athletic directors and coaches receive training on identifying the components of anabolic steroid abuse and use and prevention strategies for the use of performance-enhancing substances. This training is required once every four years.
- E. **OSAA Interrupting and Preventing Discriminatory Acts Training.** The OSAA requires all athletic directors and coaches complete the OSAA Interrupting and Preventing Acts Training to be prepared to work collaboratively and act if discriminatory or harassing incident occurs during an interscholastic event. This training is a one-time requirement.
- F. **Spirit Safety Clinic (Cheerleading and Dance/Drill Coaches Only).** The OSAA requires that any cheerleading or dance/drill coach receive spirit safety training by achieving a passing score on the test included with the OSAA's online Spirit Safety Clinic. This training is required annually.
- G. **OSAA Football Certification.**
 - 1) **All Football Coaches.** The OSAA requires that any football coach complete the OSAA Football Certification prior to assuming coaching duties and to recertify annually prior to the beginning of each Association year.
 - 2) **Player Safety Coaches.** Each member school sponsoring football is required to identify a Player Safety Coach. Each Player Safety Coach is required to attend an in-person clinic biennially prior to the start of the Association year that is

3.d.

conducted by a OSAA Football Master Trainer in preparation for implementing and overseeing the primary components of OSAA Football at their school.

- 3) **OSAA Football Certification required courses:** <http://www.osaa.org/coaches/requirements>
- a) Concussion Recognition and Management Training (annually).
 - b) NFHS Heat Illness Prevention (annually).
 - c) NFHS Football Tackling Course (annually).
 - d) Sudden Cardiac Arrest (annually).

- H. ***Tracking. Schools must maintain updated certification records through the OSAA website's Manage Staff feature for athletic directors and coaches prior to the start of each season. This includes each school's athletic director and all coaches, paid or volunteer, for the requirements listed above. Schools failing to maintain this information are subject to fines, forfeitures and/or other penalties as determined by the Executive Board.***

OSAA REGULAR DISTRICTS
2024-25
(includes Adjusted 2022-23 ADM)

6A	50	5A	32	4A	31
1005+		1004-608		607-311	
6A-1 - Portland Interscholastic League	9	5A-1 - Northwest Oregon Conference	9	4A-1 - Cowapa League	5
Benson Techmen*	598	Canby Cougars	888	Astoria Fishermen	427
Cleveland Warriors	1161	Centennial Eagles**	1009	Scappoose Indians	477
Franklin Lightning	1387	Hillsboro Spartans	826	Seaside Seagulls	319
Grant Generals	1567	Hood River Valley Eagles	851	St Helens Lions	602
Ida B. Wells Guardians	1150	La Salle Prep Falcons*	478	Tillamook Cheesemakers	473
Jefferson Democrats*	387	Milwaukie / Arts Academy Mustangs	786		
Lincoln Cardinals	1095	Parkrose Broncos*	552	4A-2 - Tri-Valley Conference	6
McDaniel Mountain Lions*	831	Putnam Kingsmen	828	Crook County Cowboys	622
Roosevelt Roughriders*	841	Wilsonville Wildcats	923	Estacada Rangers	378
				Gladstone Gladiators	406
6A-2 - Metro League	7	5A-2 - Midwestern League	7	Madras White Buffaloes	451
Aloha Warriors	1202	Ashland Grizzlies	631	Molalla Indians	526
Beaverton Beavers	1022	Churchill Lancers	736	The Dalles Riverhawks	535
Jesuit Crusaders*	966	Crater Comets	947		
Mountainside Mavericks	1439	Eagle Point Eagles	717	4A-3 - Oregon West Conference	6
Southridge Skyhawks	1155	North Eugene Highlanders	670	Cascade Cougars	553
Sunset Apollos	1587	Springfield Millers	881	Newport Cubs	378
Westview Wildcats	1911	Thurston Colts	963	North Marion Huskies	377
				Philomath Warriors	340
6A-3 - Pacific Conference	7	5A-3 - Mid-Willamette Conference	10	Stayton Eagles	514
Century Jaguars	1076	Central Panthers	667	Sweet Home Huskies	417
Forest Grove Vikings	1181	Corvallis Spartans	800		
Glencoe Crimson Tide	1047	Crescent Valley Raiders	626	4A-4 - Sky-Em League	5
Liberty Falcons	1018	Dallas Dragons	617	Cottage Grove Lions	542
McMinnville Grizzlies	1496	Lebanon Warriors	819	Junction City Tigers	368
Newberg Tigers	972	McKay Scots**	1275	Marist Catholic Spartans	282
Sherwood Bowmen	1230	Silverton Foxes	878	Marshfield Pirates	541
		South Albany Red Hawks	975	North Bend Bulldogs	513
6A-4 - Mt. Hood Conference	8	West Albany Bulldogs	924		
Barlow Bruins	1393	Woodburn Bulldogs	951	4A-5 - Skyline Conference	5
Central Catholic Rams*	640			Henley Hornets	514
Clackamas Cavaliers	1244	5A-4 - Intermountain Conference	6	Hidden Valley Mustangs	379
David Douglas Scots	1523	Bend Lava Bears ^	914	Klamath Union Pelicans	471
Gresham Gophers*	1197	Caldera Wolfpack ^	902	Mazama Vikings	473
Nelson Hawks*	1027	Mountain View Cougars ^	760	Phoenix Pirates	407
Reynolds Raiders	1553	Redmond Panthers	765		
Sandy Pioneers*	1002	Ridgeview Ravens	720	4A-6 - Greater Oregon League	4
		Summit Storm^	1059	Baker Bulldogs	386
6A-5 - Three Rivers League	7			La Grande Tigers	408
Lake Oswego Lakers*	928			Ontario Tigers	346
Lakeridge Pacers*	906			Pendleton Buckaroos	601
Oregon City Pioneers	1561				
St. Mary's Academy Blues	959				
Tigard Tigers	1359				
Tualatin Timberwolves	1321				
West Linn Lions	1407				
6A-6 - Central Valley Conference	5				
McNary Celtics	1386				
North Salem Vikings	1216				
South Salem Saxons	1586				
Sprague Olympians	1318				
West Salem Titans	1248				
6A-7 - Southwest Conference	7				
Grants Pass Cavemen	1110				
North Medford Black Tornado	1191				
Roseburg Indians	1179				
Sheldon Irish	1079				
South Eugene Axe	1077				
South Medford Panthers	1205				
Willamette Wolverines	1083				

* Confirmed Play Up Requests

** Approved Petition to Play Down

^ School District Realignment In Progress

OSAA REGULAR DISTRICTS
2024-25
(includes Adjusted 2022-23 ADM)

3A	48	2A	40	1A	94	1A (cont.)	
310-146		145-75		74-		74-	
3A-1 - Lewis & Clark League	8	2A-1 - Northwest League	7	1A-1 - The Valley 10 League	12	1A-5 - Mountain Valley League	10
Catin Gabel Eagles	266	Clatskanie Tigers	117	Columbia Christian Knights	54	Butte Falls Loggers	28
De La Salle North Catholic Knights	195	Faith Bible Falcons	119	Country Christian Cougars	51	Cascades Academy Steelhead	43
Horizon Christian Hawks (TUAL)*	125	Gaston Greyhounds	115	Damascus Christian Eagles	54	Central Christian Tigers	53
Oregon Episcopal Aardvarks	234	Knappa Loggers	101	Grand View Christian Eagles	58	Chiloquin Panthers	59
Portland Adventist Cougars	125	Nestucca Bobcats	90	Life Christian Lions	28	Crosspoint Christian Warriors	53
Riverside (WLWV) Raptors	146	Portland Christian Royals	90	Mannahouse Christian Academy Lior	65	Gilchrist Grizzlies	32
Valley Catholic Valiants	273	Vernonia Loggers	122	North Clackamas Christian Saints	57	North Lake Cowboys	43
Westside Christian Eagles*	188			Open Door Christian Huskies	45	Paisley Broncos	14
		2A-2 - Tri-River Conference	9	Southwest Christian Wildcats	58	Prospect Cougars	34
3A-2 - Coastal Range League	7	Chemawa Braves	89	St Stephens Academy	42	Rogue Valley Adventist Red Tail	38
Banks Braves	240	Colton Vikings	118	Trinity Academy Thunder	40		
Corbett Cardinals	235	Delphian School Dragons	97	Valor Christian Knights	53	1A-6 - Big Sky League	16
Neah-Kah-Nie Pirates	177	Gervais Cougars**	177			Arlington Honkers	40
Rainier Columbians	162	Kennedy Trojans	126	1A-2 - Casco League	9	Bickleton Pirates	15
Riverdale Mavericks	158	Regis Rams	79	C.S. Lewis Watchmen	33	Condon Blue Devils	29
Warrenton Warriors	191	Salem Academy Crusaders	124	Falls City Mountaineers	27	Dufur Rangers	55
Yamhill-Carlton Tigers	194	Santiam Wolverines	120	Jewell Bluejays	18	Glenwood Eagle	15
		Western Christian Pioneers*	71	Livingstone Adventist Academy Lions	29	Horizon Christian Hawks (HR)	46
3A-3 - PacWest Conference	9			Oregon School ft Deaf Panthers	28	Ione Cardinals	29
Amity Warriors	177	2A-3 - Valley Coast Conference	6	Perrydale Pirates	64	Klickitat Vandals	15
Blanchet Catholic Cavaliers	153	Central Linn Cobras	132	St Paul Buckaroos	73	Lyle Cougars	37
Dayton Pirates	202	Crosshill Christian Eagles	82	Veritas School Vanguard	33	Mitchell Loggers	9
Jefferson Lions	159	East Linn Christian Eagles	88	Willamette Valley Christian Warriors	41	Sherman Huskies	48
Santiam Christian Eagles	170	Monroe Dragons	83			South Wasco County Redsid	39
Scio Loggers	166	Toledo Boomers	121	1A-3 - Mountain West League	11	Spray Eagles	19
Sheridan Spartans	133	Waldport Irish	116	Alea Wolverines	71	Trout Lake Mustangs	56
Taft Tigers	305			City First Christian Warriors	8	Wheeler Falcons	12
Williamina Bulldogs	159	2A-4 - Southern Coast Conferenc	6	Crow Cougars	53	Wishram Indians	10
		Bandon Tigers	131	Eddyville Charter Eagles	36		
3A-4 - Mountain Valley Conference	6	Gold Beach Panthers	89	Kings Valley Charter Eagles	33	1A-7 - Old Oregon League	12
Creswell Bulldogs	252	Illinois Valley Cougars**	167	Mannahouse Christian Academy (Eu	9	Cove Leopards	73
Elmira Falcons	310	Myrtle Point Bobcats	76	Mapleton Sailors	19	Echo Cougars	59
Harrisburg Eagles	151	Oakland Oakers	138	McKenzie Eagles	25	Elgin Huskies	65
La Pine Hawks	260	Reedsport Brave	91	Mohawk Mustangs	70	Griswold Grizzlies	29
Pleasant Hill Billies	233			Siletz Valley Warriors	31	Imbler Panthers	67
Sisters Outlaws	281	2A-5 - East Cascades Conference	6	Triangle Lake Lakers	53	Joseph Eagles	57
		Bonanza Antlers	82			Nixyaawii Eagles	45
3A-4 - Far West League	6	Culver Bulldogs	123	1A-4 - Skyline League	12	Pilot Rock Rockets	61
Coquille Red Devils	185	Lost River Raiders	84	Camas Valley Hornets	41	Pine Eagle Spartans	33
Douglas Trojans	270	Lowell Devils	87	Days Creek Wolves	49	Powder Valley Badgers	53
Glide Wildcats	145	Oakridge Warriors	79	Elkton Elks	59	Union Bobcats	74
Siuslaw Vikings	249	Trinity Lutheran Saints	73	Glendale Pirates	57	Wallowa Cougars	50
South Umpqua Lancers	265			Milo Adventist Academy Mustangs	67		
Sutherlin Bulldogs	264	2A-6 - Blue Mountain Conference	6	New Hope Christian Warriors	45	1A-8 - High Desert League	12
		Enterprise Outlaws	97	North Douglas Warriors	77	Adrian Antelopes	52
3A-6 - Southern Oregon Conferenc	6	Grant Union Prospectors	98	Pacific Pirates	36	Burnt River Bulls	10
Brookings-Harbor Bruins	308	Heppner Mustangs	68	Powers Cruisers	19	Crane Mustangs	60
Cascade Christian Challengers	157	Irrigon Knights	145	Riddle Irish	61	Dayville Tigers	13
Lakeview Honkers	162	Stanfield Tigers	108	Umpqua Valley Christian Monarchs	54	Four Rivers Charter Falcons	45
North Valley Knights	315	Weston-McEwen Tiger Scots	131	Yoncalla Eagles	51	Harper Hornets	44
Rogue River Chieftains	156					Huntington Locomotives	20
St Mary's Crusaders	238					Jordan Valley Mustangs	10
						Long Creek Mountaineers	7
3A-6 - Eastern Oregon League	6					Monument Tigers	10
Burns Hilanders	164					Prairie City Panthers	39
McLoughlin Pioneers	276					Ukiah Cougars	5
Nyssa Bulldogs	163						
Riverside Pirates	180						
Umatilla Vikings	228						
Vale Vikings	154						

OSAA Executive Board
December 11, 2023
Violations

5.

SCHOOL	REPORTED	VIOLATION	RELEVANT INFORMATION	FINE	PENALTY
Centennial	9/14/2023	Ejection Policies - Ejected Player or Coach	Boys soccer coach not out of sight and sound after ejection	\$250	Forfeiture
Centennial**	9/14/2023	Ejection Policies - Physical Contact with Official	Boys soccer player made physical contact with an official	\$1,000	Mandatory Appearance
Churchill	11/16/2023	Practice Limitation Rule (6A, 5A, 4A)	Two softball coaches coached in contests during open period	\$500	Two Game Suspension
Condon	10/17/2023	Rule 8.1 - Academic Eligibility	JV Football player was not academically eligible before participation	\$100	JV Forfeit
Glendale	10/19/2023	Rule 6 - Association Sports/Activities	Participated in Girls Cross Country without signing up to offer the activity	\$125	Fine Only
Gresham	10/24/2023	Rule 8.1 - Academic Eligibility	JV2 Football player was not academically eligible before participation	\$100	JV2 Forfeits
Lakeridge	9/28/2023	Practice Model	Two girls cross country runners competed before completing the minimum number of practices	\$500	Forfeiture
North Eugene	12/3/2023	Participation Limitations - Basketball	Girls Basketball player exceeded the daily participation limitation	\$100	Varsity Forfeit
Putnam	10/26/2023	Participation Limitations - Soccer	Girls Soccer players exceeded the daily participation limitation.	\$200	Varsity Forfeit
Springfield	9/13/2023	Participation Limitations - Football	Coach knowingly exceeded the weekly quarter limitation for two players	\$1,000	One Game Suspension
The Dalles	10/19/2023	BP - Practice Limitation Rule (6A-4A)	Boys Basketball coach coached contests during the closed period with students from the school participating	\$750	Two Game Suspension
Tualatin	11/14/2023	Practice Limitation Rule (6A, 5A, 4A)	Softball coach coached in five games that included students from her school during closed period	\$750	Five Game Suspension
Valley Catholic	10/29/2023	State Championships - Team Size	Volleyball program exceeded the number in uniform and warmed up	\$250	Fine Only

APPEAL*

REQUIRED APPEARANCE**