



Oregon School Activities Association
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To: Athletic Directors and Basketball Coaches

From: Monica Maxwell,
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Subject: Basketball Reminders for the 2022-23 Season

Please review this information with your basketball staff and best of luck this season! Each school offering basketball should have received two copies of the NFHS Basketball Rules Book from the OSAA, one for girls and one for boys. Athletic Directors received these in the mail. Feel free to contact me if you have questions.

UNIFORMS AND EQUIPMENT

NFHS Basketball Uniform Information: (<http://www.osaa.org/docs/bbx/BasketballUniforms.pdf>)

Home uniforms shall be white and away uniforms shall be dark. Note that silver/light gray is not a legal uniform color.

Hair Adornments/ NFHS Rule: Rubber, cloth or elastic bands may be used to control hair. Hard items, including, but not limited to, beads, barrettes, bobby pins *and other adornments in the hair that are securely fastened to the head and do not present an increased risk to the player, teammates or opponents are allowed.* Hair-control devices are not required to meet color restrictions.

Headbands / NFHS Rule 3-5-4b: Headbands shall be a maximum of 2 inches wide. As directed by the OSAA Sports Medicine Advisory Committee, players wearing "Concussion Headbands" shall have a documented OSAA exception. Athletic Directors shall forward these requests to Monica Maxwell monicam@osaa.org along with a note from an appropriate medical professional supporting the student wearing the equipment and a photo of the headband.

Jewelry / NFHS Rule 3-5-7: Jewelry is not allowed during warm-ups or competition. Please note that this also includes ear buds, headphones and rubber plugs, fishing line, etc. that is used to insert in pierced openings when jewelry is removed. As directed by the OSAA Sports Medicine Advisory Committee, no exceptions will be made for a Daith piercing earring (migraine headaches).

OSAA Adopted Basketball: Host schools shall provide the Wilson Evolution when hosting OSAA post-season contests.

SPORTSMANSHIP

Court Warmup & Team Introductions: Teams are to remain on their own end of the court at all times during pregame and 2nd half court warmup. This includes the entrance of teams onto the court --- circling the entire court is not allowed. Team introductions may take place at half court, but any other team rituals shall take place on a team's own half of the court.

Time Outs and Quarter Breaks: Team members are to remain at their own bench area and not rush the court during these breaks.

HOME CONTEST MANAGEMENT

Coaching Box: The coaching box shall be outlined outside the side of the court on which the scorer's and timer's table and team benches are located. The area shall be bounded by a line drawn 28 feet from the end line towards the Division line. At this point a line drawn from the sideline toward the team bench becomes the end of the coaching box going towards the end line. Tape may be used to extend the previous 14-foot line to 28 feet.

Court Markings: (<http://www.osaa.org/docs/bbx/NFHSBasketballCourtDiagram.pdf>)

Please make sure that all your competition courts are marked correctly for all levels of play according to the NFHS Basketball Court Your Coaching Boxes (NFHS Rule 1.13.2) and "X" marking the Scorer's Table (NFHS Rule 1.17) must be properly placed. It is also vital that your Coaching Boxes are placed in the same location on both ends of the court. Officials have been instructed to not begin a varsity contest until the coaching boxes and scorer's location mark are properly placed. The correct markings must also be in place for all sub-varsity contests.

Public Address: (<http://nfhs.org/media/885875/announcer-responsibilities1.pdf>)

The announcer shall be prohibited from making unnecessary announcements such as "two minutes to go" while the clock is running during the course of the contest. This interrupts the game through the use of the microphone. The announcer is allowed to give basic information during the course of the game, such as who the foul is on, who is shooting free throws, which team is taking a time-out and the length of the timeout. Information that is visible on the scoreboard shall not be announced during play.

Blood Kit: Make sure that a blood kit is readily available in each gym for all home games.

OSAA WEBSITE INFORMATION & SCHEDULING

Level of Play: If your number of players dictate that you will field only 1 team, you must play the same level for all games of the season due to the rankings. Your single team must be a varsity or a sub-varsity team --- for example, this cannot be a varsity team on Tuesday and a JV team on Thursday.

Rosters: It shall be the responsibility of each member school to submit varsity team sport rosters to the OSAA through <http://www.osaa.org/> prior to the first contest date of that sport's season. Varsity rosters are required for the following OSAA-sanctioned sports: football, boys' soccer, girls' soccer, volleyball, boys' basketball, girls' basketball, baseball, softball. Subsequent changes to each varsity teams' roster shall be updated as they occur throughout the season.