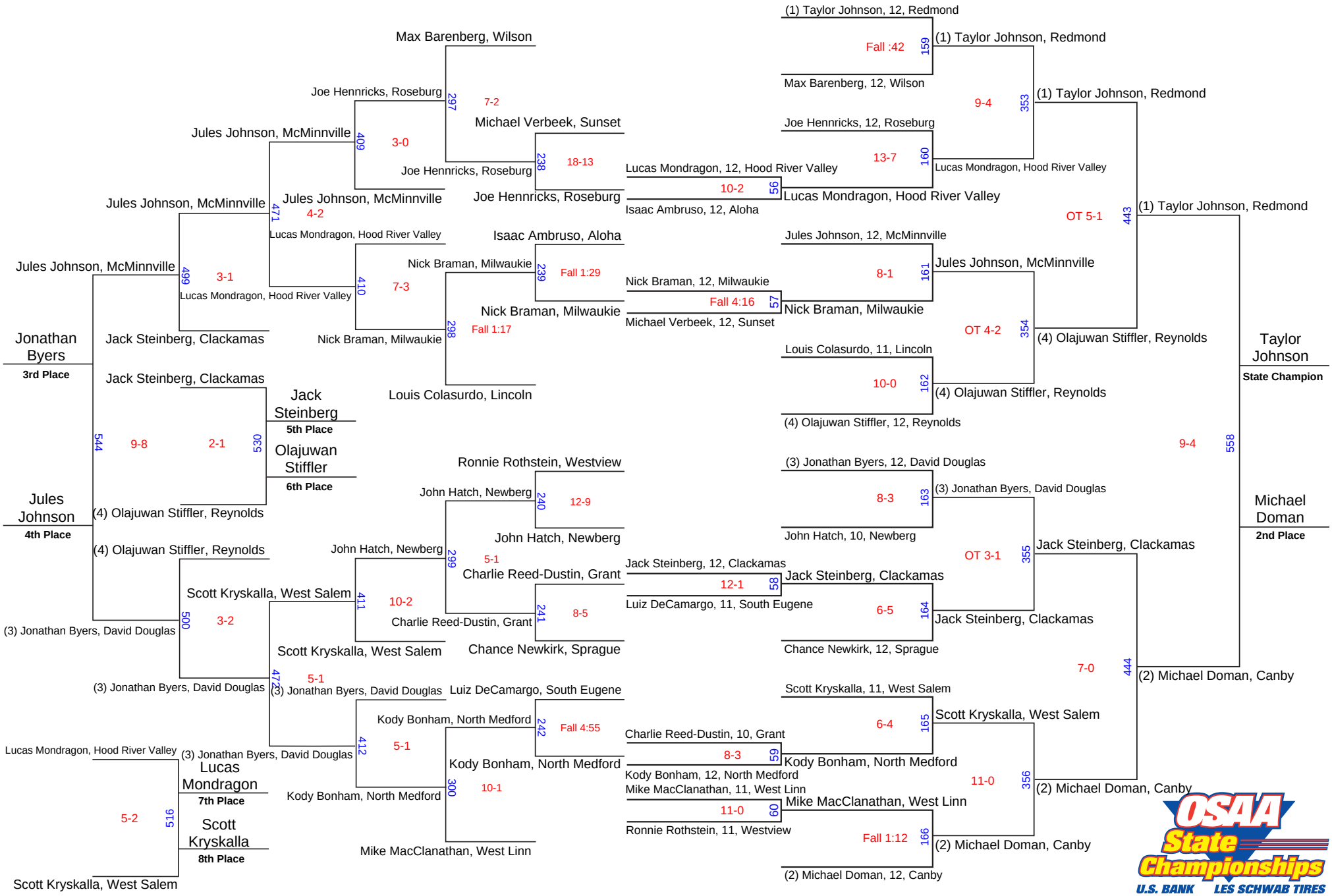2009 OSAA 6A Wrestling State Championships - 189 lbs.