



## **DISTRICT MEET DIRECTOR INFORMATION**

Additional information available on the OSAA website, [www.osaa.org/wrestling/](http://www.osaa.org/wrestling/)

1. **DISTRICT MEET DIRECTOR RESPONSIBILITY:** Each item below is the **District Meet Director's** responsibility. If you have questions about any of these responsibilities please contact Brad Garrett at 503.682.6722, ext. 229 or email [bradg@osaa.org](mailto:bradg@osaa.org).

Each wrestler is required to submit an accurate record of participation recorded on his / her individual weight loss plan. District Meet Directors shall review the weight loss plan of each wrestler entered to verify they have met the conditions outlined in Section VI of the Oregon Wrestling Weight Monitoring Program listed below:

### VI. WEIGHT LOSS PER WEEK

- A. An average weight loss limit of 1.5% of body weight at the time of initial assessment per week has been set. A season long weight loss plan will guide the wrestler's weight loss during the season.
- B. The season long weight loss plan will determine which weight classes a wrestler may participate at each week.
- C. For each contest or event during the season:
  - 1. If a wrestler's weigh-in qualifies the wrestler for either of the two eligible weight classes listed on his/her season long weight loss plan for that given week, the wrestler may participate at the weight class for which they qualify or one weight class higher.
  - 2. If a wrestler's weigh-in does not qualify the wrestler for the lowest eligible weight class listed on his/her season long weight loss plan for that given week, and he/she participates, the wrestler will be considered an ineligible participant and the represented school is subject to penalties outlined in Rule 5 of the OSAA Handbook.
  - 3. If a wrestler's weigh-in does not qualify the wrestler for the highest eligible weight class listed on his/her season long weight loss plan for that given week, and he/she participates, the wrestler's lowest eligible weight class for the season shall be immediately re-certified up one weight class. The wrestler shall be considered ineligible until such time that the school submits to the OSAA a Petition to Raise Minimum Weight Class and prints a revised season long weight loss plan for the wrestler.
- D. Any wrestler whose body fat was assessed below 7% for males and 12% for females at the time of initial assessment shall not use the growth allowance granted in Part V of the policy to achieve a lower minimum wrestling weight class.

## **DURING DISTRICT MEET**

1. **STATE CHAMPIONSHIP INFORMATION DISTRIBUTION:** [www.osaa.org/wrestling/2009/wradinfo.pdf](http://www.osaa.org/wrestling/2009/wradinfo.pdf)

The state championship information must be downloaded from the OSAA website. Tight timelines dictate distribution of materials for the state championship must be done at the district meet site. PLEASE ensure that each coach in your district receives the Wrestling State Championship AD & Coach Information **at the District Meet**. Your assistance in distributing this information is very much appreciated.

2. **WEIGH-INS:** (excerpt 2008-09 NFHS Wrestling Rules Book, Rule 4-5)
- a. **"Article 2** – Contestants of the same gender shall have the opportunity to weigh-in shoulder-to-shoulder at the tournament site a maximum of two hours before the first session of each day."
  - b. **"Article 3...** For any event, all contestants shall be present in and remain in the designated weigh-in area at the time established by the meet administration. Contestants shall not leave the designated weigh-in area unless permission is granted by the meet administration. The weigh-in shall proceed through the weight classes beginning with the lowest weight class and end immediately upon the completion of the highest weight class. When all wrestlers for a weight class have had an opportunity to weigh-in and the next class is called, that weight

class is closed. A contestant shall weigh in for only one weight class during the weigh-in period. If only one scale is available, a contestant may step on and off that scale two times to allow for mechanical inconsistencies in the scale. If multiple scales are available, a contestant may step on and off the first scale two times to allow for mechanical inconsistencies in that scale. If the contestant fails to make weight on the first scale, the contestant shall immediately step on each available scale one time in an attempt to make weight. During time off the scale(s), activities that promote dehydration are prohibited.”

**NOTE:** Any wrestler choosing to challenge available scales will not be allowed to leave the weigh-in area until the challenge is concluded. Participation in dehydration activities will not be allowed.

- c. **There will be no night before weigh-ins.** At the district meet site, all wrestlers will be required to have PHOTO ID and weigh-in card to be weighed in (student body card, driver’s license, etc.).
3. **SKIN DISEASE:** The following communicable skin lesion(s) procedures are in effect: Before a wrestler with a communicable skin lesion(s) is allowed to compete, the following steps shall be completed:
- a. Wrestlers shall see a physician (M.D. or D.O.) and have the skin lesion(s) evaluated using the “Physician Release for Wrestler to Participate with Skin Lesion(s)” form.
  - b. Physicians shall include the following information in the evaluation:
    - 1) Date and nature of the treatment.
    - 2) Earliest date the wrestler can return to participation.
    - 3) A “bodygram” with front and back views that clearly identifies the lesion(s) in question.
    - 4) Minimum guidelines for treatment before returning to participation.
  - c. Also in effect:
    - 1) Medical authorizations to compete expire 14 days from date of examination.
    - 2) Wrestlers shall be prepared to provide the required form as per NFHS Rule 4-2-3 at the scale
    - 3) Excerpt from NFHS 2008-09 Wrestling Rules Book, Rule 4, Section 2, Article 4 – “If a designated, on-site meet physician is present, he/she may overrule the diagnosis of the physician signing the physician’s release form for a wrestler to participate with a particular skin condition”

## **POST DISTRICT MEET**

### **1. QUALIFICATION FOR STATE CHAMPIONSHIPS:**

- a. **6A** – Three wrestlers from each district in each weight class
- b. **5A** – Three wrestlers from each district in each weight class
- c. **4A** – Three wrestlers from each district in each weight class
- d. **3A** – Three wrestlers from each special district in each weight class
- e. **2A/1A** – Two wrestlers from each special district in each weight class

### **2. PREVIOUS STATE PLACE WINNERS:** [www.osaa.org/threeyear.pdf](http://www.osaa.org/threeyear.pdf)

Only returning state place winners are seeded. District Meet Directors need to indicate which wrestlers are to be considered for a seed. If we do not receive this information on the official entry form there is a good possibility some deserving wrestlers will not be seeded. Brackets will not be redrawn at the championship site because of an omission of this duty by the District Meet Director.

### **3. STATE CHAMPIONSHIP ENTRY FORM:** [www.osaa.org/wrestling/stateregistration/](http://www.osaa.org/wrestling/stateregistration/)

**Entries must be submitted no later than 10 p.m., Saturday, February 21, 2009.**

Step 1: Login to submit your entry using the codes provided to you. Contact Brad 503.682.6722, ext 229 or Kristie ext. 222 if you do not have your login information.

Step 2: Verify that the correct league is listed at the top of the entry form (i.e., 3A-1; 2A/1A-1, etc.)

Step 3: Enter District Meet Director contact information:

- a) Enter Full Name, Work Phone, Cell and Email (critical that email address is correct)
- b) Click “Save” – recommended that you “Save” after the completion of each step.

Step 4: Enter participation information for each school:

b) List the number of athletes from each school entered into the District Meet.

Step 5: Enter qualifiers for the 103 lb weight class: (Max entries are dependent upon classification)

a) Enter wrestler's first name, last name, grade and select the school name from the drop down list.

b) Enter any previous state place information – clicking in the box will allow up to three opportunities to enter a previous state place. Click the "OK" button to complete the entry.

Step 6: Repeat Step 6 for each weight class.

Step 7: Optional: Addresses added to the "Additional Emails" field will be sent the complete entry you submit..

Note: Use the ENTER key to separate email addresses in this field.

Step 8: Click "Submit" – The form will check for missing information and will not submit until the information is complete. When the form has been submitted you will be sent a confirmation email and given the opportunity to print your entries. The completed entry form can be modified and resubmitted repeatedly.

4. **PRE-STATE CHAMPIONSHIP POSTINGS:** [www.osaa.org/wrestling/](http://www.osaa.org/wrestling/)

a. **All entries** will be **posted** on the website on **Sunday, February 22, 2009, by 6 p.m.**

b. **District Meet Directors AND coaches** of qualifying individuals **are responsible for checking the accuracy of the entry information, including correct spelling.**

c. Checking your district's / school's information –

1) **Click on "2009 Brackets"** and click on your classification.

2) **Check all entries** for correct spelling of participant's name, year in school, school name, etc., as this information **will appear the same way in the souvenir program** unless corrected.

d. **CORRECTIONS ONLY:** (*spelling, grade, school, etc.*) Contact Brad Garrett, 503.682.6722, ext 229, toll free 1.888.838.6722 or via email [bradg@osaa.org](mailto:bradg@osaa.org)

**CORRECTIONS MADE AFTER 7:30 A.M. ON MONDAY, FEBRUARY 23 WILL NOT APPEAR IN THE SOUVENIR PROGRAM.**

5. **STATE CHAMPIONSHIPS – INDIVIDUAL SPORT SUBSTITUTIONS** (*OSAA Handbook, Executive Board Policies*):

"The following shall be the policy for substitutions in individual sport State Championship events.

g. Wrestling

**(Revised Spring 2007)**

1) Individuals: Substitutions may be made **by the District Meet Director** until 4 p.m. two business days prior to the first day of state championship competition.

2) A one point team penalty shall be assessed to any team failing to bring a participant who has qualified through the District Meet to the state championships, unless that participant was replaced prior to the substitution deadline. This penalty applies to each participant failing to appear at the state championships."

6. **Deadline for Substitutions:** Schools are required to notify the OSAA prior to the start of a state championship event if a student entered in the event will be unable to compete for any reason. **The district must notify the OSAA office, Brad Garrett, 503.682.6722, ext. 229.**

**6A-5A-4A      Tuesday, February 24, 2009      4 p.m. Deadline**

**3A-2A/1A      Wednesday, February 25, 2009      4 p.m. Deadline**



OSAA / U.S. Bank / Les Schwab Tires  
**2009 WRESTLING STATE CHAMPIONSHIPS**

February 26-28, 2009  
Memorial Coliseum

1401 N Wheeler Avenue, Portland, OR 97227



**SEEDING PROCEDURES & CRITERIA FOR THE STATE CHAMPIONSHIPS**

**PROCEDURES – ALL CLASSIFICATIONS:** The seeding meeting for all classifications will be held on Sunday, February 22, 2009, at 8 a.m. in the OSAA office in Wilsonville.

1. In each weight class determine up to a maximum of six seeded wrestlers for 6A, 5A, 4A and 3A, and up to a maximum of four seeded wrestlers for 2A/1A.
2. Place seeded wrestlers on the bracket in accordance with the NFHS Wrestling Rules Book.
3. Placement of byes and pigtails.
  - a. In 3A and 2A/1A byes are randomly drawn into the bracket according to the NFHS Wrestling Rules Book.
  - b. In 6A, 5A and 4A pigtails are randomly drawn into the bracket following the process outlined in the NFHS Wrestling Rules Book for drawing byes into a bracket (i.e., pigtails will be evenly distributed throughout the bracket).
  - c. EXCEPTION: Certain seeding situations may force pigtails into certain sections of a bracket.
4. Draw in the remaining district champions. Note that a district champion cannot meet another district champion prior to the championship quarterfinals.
5. Draw in the remaining number two wrestlers from each district.
  - a. Wherever possible, the number one and number two wrestlers from each district will be separated into opposite semifinal brackets.
  - b. **EXCEPTION: A seeded wrestler’s position on the bracket shall take precedence over the separation of the district champion and the district runner-up in the same semifinal bracket.**
6. Draw in the remaining third-place finishers from each district, except in 2A/1A where there are only two entrants per district.

**CRITERIA – ALL CLASSIFICATIONS:** *In establishing the bracket for each weight classification, it is necessary to determine those competitors worthy of a seeded position.*

1. In order to qualify for one of the six or less seeded positions for 6A, 5A, 4A, 3A or 2A/1A, the following procedure shall be used:
  - a. IT SHALL BE THE RESPONSIBILITY OF EACH DISTRICT MEET DIRECTOR TO INDICATE ALL PARTICIPANTS FROM HIS/HER DISTRICT WHO ARE ELIGIBLE TO BE CONSIDERED FOR A SEEDED POSITION. The State Seeding Committee will **NOT** be held accountable for failing to consider an individual for whom information has not been supplied.
  - b. From the information supplied, the seeded participants in each weight classification are to be determined and are to be placed on the bracket according to the drawing procedure illustrated in the NFHS Wrestling Rules Book, Rule 10-4.
2. For 2007 through 2009 only, the table shown below may need to be used to determine the meaning of “current classification”. Beginning in 2010, “current classification” exclusively means the one-to-one mapping of the classifications introduced in 2007; e.g., 6A-to-6A, 5A-to-5A, etc.

<u>2009 Classification</u>	<u>2006 Classification</u>
6A	4A
5A	4A
4A	3A
3A	3A
2A/1A	2A/1A

3. To begin the seeding process, group all prior state place winners into the following groups:
  - a. OSAA State place winners from the prior year.
  - b. OSAA State place winners from two years prior.
  - c. State place winners from another state from the prior year. Verification of place finish is required from the state of origin.
  - d. Any other prior state place winners (e.g., OSAA State place winners from three years ago, out-of-state place winners from two years ago, etc.). All wrestlers in this category are ineligible to be seeded.
4. Within each of the groups identified in the last step, group the potential seeds in the following place finish groups:
  - a. First, second and third place winners.
  - b. Fourth, fifth and sixth place winners.
  - c. Seventh and eighth place winners.
5. The following priority system will be used to determine the seeding order when more than one wrestler falls within one of the sub-groups created in step 4. The higher seed will be awarded to the wrestler who is:
  - a. Within the current classification being seeded and who:
    - 1) Is returning in the same weight class. If more than one, rank by place finish.
    - 2) Has moved down one or more weight classes. (The higher seed(s) will go to the wrestler(s) who has moved the fewest number of weight classes.) If more than one, rank by place finish.
    - 3) Has moved up one or more weight classes. (The higher seed(s) will go to the wrestler(s) who has moved the fewest number of weight classes.) If more than one, rank by place finish.
  - b. From one of the other classifications, with priority given **first** to the classification, from highest (6A) to lowest (2A/1A) and, if necessary, who:
    - 1) Is returning in the same weight class. If more than one, rank by place finish.
    - 2) Has moved down one or more weight classes. (The higher seed(s) will go to the wrestler(s) who has moved the fewest number of weight classes.) If more than one, rank by place finish.
    - 3) Has moved up one or more weight classes. (The higher seed(s) will go to the wrestler(s) who has moved the fewest number of weight classes.) If more than one, rank by place finish.
6. Available seeds are now assigned, based on the prioritized list created in steps 3 through 5. An example appears below to help illustrate the process.
  - a. **Example:** Seeding the 140-lb. weight class at the 5A level, the following wrestlers have previously placed in a state tournament:
    - 1) Adams: OSAA 5A, 1<sup>st</sup>-140 last year
    - 2) Davis: OSAA 5A, 3<sup>rd</sup>-140 last year
    - 3) Franklin: OSAA 4A, 1<sup>st</sup>-112 three years ago
    - 4) Johnson: OSAA 5A, 1<sup>st</sup>-135 last year
    - 5) Jones: OSAA 4A, 1<sup>st</sup>-135 last year
    - 6) Nelson: Washington 3A, 5<sup>th</sup>-135 two years ago
    - 7) Palmer: OSAA 6A, 1<sup>st</sup>-135 last year
    - 8) Roberts: OSAA 4A, 6<sup>th</sup>-140 two years ago
    - 9) Smith: OSAA 3A, 5<sup>th</sup>-125 two years ago
  - b. Apply step 3 to create the following groups:
    - 1) OSAA State place winners from the prior year: Adams, Davis, Johnson, Jones, Palmer
    - 2) OSAA State place winners from two years prior: Roberts, Smith
    - 3) State place winners from another state from the prior year: None

- 4) Ineligible: Franklin because he placed in the OSAA State tournament more than two years ago, and Nelson because although he placed in another state's tourney, he didn't place last year.
  - c. Apply step 4 to create the following ranked sub-groups within the main groups created in the last step:
    - 1) OSAA State place winners from the prior year:
      - a) First, second, third: Adams, Davis, Johnson, Jones, Palmer
    - 2) OSAA State place winners from two years prior:
      - a) Fourth, fifth, sixth: Roberts, Smith
  - d. Apply step 5 to finalize the seed order:
    - 1) OSAA State place winners from the prior year; First, second, third:
      - a) Adams: Current classification (5A) and returning in same weight class (140); higher place finish (1<sup>st</sup> vs. 3<sup>rd</sup>).
      - b) Davis: Current classification (5A) and returning in same weight class (140); lower place finish (3<sup>rd</sup> vs. 1<sup>st</sup>).
      - c) Johnson: Current classification (5A) and moved up one or more weights (moved up from 135).
      - d) Palmer: Other classification (6A) with priority to higher classification (6A vs. 4A).
      - e) Jones: Other classification (4A) with priority to higher classification (4A vs. 6A).
    - 2) OSAA State place winners from two years prior; Fourth, fifth, sixth:
      - a) Roberts: Other classification (4A) with priority to higher classification (4A vs. 3A).
      - b) Smith: Other classification (3A) with priority to higher classification (3A vs. 4A).
  - e. Therefore, seeds would be:
    - 1) Adams: OSAA 5A, 1<sup>st</sup>-140 last year
    - 2) Davis: OSAA 5A, 3<sup>rd</sup>-140 last year
    - 3) Johnson: OSAA 5A, 1<sup>st</sup>-135 last year
    - 4) Palmer: OSAA 6A, 1<sup>st</sup>-135 last year
    - 5) Jones: OSAA 4A, 1<sup>st</sup>-135 last year
    - 6) Roberts: OSAA 4A, 6<sup>th</sup>-140 two years ago
    - 7) Smith: OSAA 3A, 5<sup>th</sup>-125 two years ago
  - f. Note: This method gives priority to year of place finish, classification, **grouped** place finish and weight class. The premium is on classification and weight class.
4. Seeding Committee: Any situations that are not covered by the above criteria will be resolved by the OSAA State Wrestling Tournament Seeding Committee.



PHYSICIAN RELEASE FOR WRESTLER TO PARTICIPATE WITH SKIN LESION

Name: \_\_\_\_\_

Date of Exam: \_\_\_ / \_\_\_ / \_\_\_

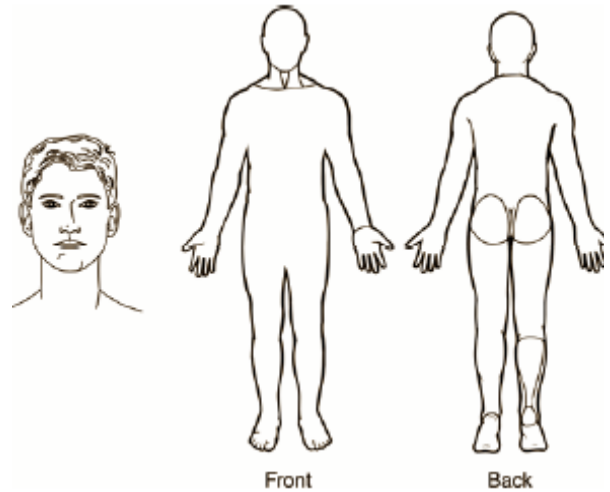
Diagnosis \_\_\_\_\_

Mark Location AND Number of Lesion(s)

Location AND Number of Lesion(s) \_\_\_\_\_

Medication(s) used to treat lesion(s): \_\_\_\_\_

Date Treatment Started: \_\_\_ / \_\_\_ / \_\_\_



NOTE: Medical authorizations to compete expire 14 calendar days from date of examination.

Earliest Date may return to participation: \_\_\_ / \_\_\_ / \_\_\_

Provider Signature \_\_\_\_\_ Office Phone #: \_\_\_\_\_

Physician Name (Printed or Typed) \_\_\_\_\_ (M.D. or D.O.)

Office Address \_\_\_\_\_

Note to Providers: Non-contagious lesions do not require treatment prior to return to participation (e.g. eczema, psoriasis, etc.). Please familiarize yourself with NFHS Rules 4-2-3, 4-2-4 and 4-2-5 which states:

ART. 3 . . . If a participant is suspected by the referee or coach of having a communicable skin disease or any other condition that makes participation appear inadvisable, the coach shall provide current written documentation as defined by the NFHS or the state associations, from a physician stating that the suspected disease or condition is not communicable and that the athlete's participation would not be harmful to any opponent. This document shall be furnished at the weigh-in for the dual meet or tournament. The only exception would be if a designated on-site meet physician is present and is able to examine the wrestler immediately after the weigh-in. Covering a communicable condition shall not be considered acceptable and does not make the wrestler eligible to participate.

ART. 4 . . . If a designated on-site meet physician is present, he/she may overrule the diagnosis of the physician signing the physician's release form for a wrestler to participate with a particular skin condition.

ART. 5 . . . A contestant may have documentation from a physician only indicating a specific condition such as a birthmark or other non-communicable skin conditions such as psoriasis and eczema, and that documentation is valid for the duration of the season. It is valid with the understanding that a chronic condition could become secondarily infected and may require re-evaluation.

Once a lesion is not considered contagious, it may be covered to allow participation.

Below are some treatment guidelines that suggest MINIMUM TREATMENT before return to wrestling:

Bacterial Diseases (impetigo, boils): To be considered "non-contagious," all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. Oral antibiotic for three days is considered a minimum to achieve that status. If new lesions continue to develop or drain after 72 hours, CA-MRSA (Community Associated Methicillin Resistant Staphylococcus Aureus) should be considered and minimum oral antibiotics should be extended to 10 days before returning the athlete to competition or until all lesions are scabbed over, whichever occurs last.

Herpetic Lesions (Simplex, fever blisters/cold sores, Zoster, Gladiatorum): To be considered "non-contagious," all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. For primary (first episode of Herpes Gladiatorum), wrestlers should be treated and not allowed to compete for a minimum of 10 days. If general body signs and symptoms like fever and swollen lymph nodes are present, that minimum period of treatment should be extended to 14 days. Recurrent outbreaks require a minimum of 120 hours or full five days of oral anti-viral treatment, again so long as no new lesions have developed and all lesions are scabbed over.

Tinea Lesions (ringworm scalp, skin): Oral or topical treatment for 72 hours on skin and 14 days on scalp.

Scabies, Head Lice: 24 hours after appropriate topical management.

Conjunctivitis (Pink Eye): 24 hours of topical or oral medication and no discharge.

Molluscum Contagiosum: 24 hours after curettage.



The National Federation of State High School State Associations' (NFHS) Sports Medicine Advisory Committee has developed a physician release form for wrestlers to participate with skin lesion(s) as a suggested model you may consider adopting for your state. The NFHS Sports Medicine Advisory Committee conducted a survey among specialty, academic, public health and primary care physicians and reviewed extensively the literature available on the communicability of various skin lesions at different stages of disease and treatment. No definitive data exists that allow us to absolutely predict when a lesion is no longer shedding organisms that could be transmitted to another. Another finding from the survey was the significant differences that exist among physicians relating to when they will permit a wrestler to return to participation after having a skin infection.

Neither the NFHS nor the NFHS Sports Medicine Advisory Committee presumes to dictate to professionals how to practice medicine. Neither is the information on this form meant to establish a standard of care. The NFHS Sports Medicine Advisory Committee does feel, however, that the guidelines included on the form represent a summary consensus of the various responses obtained from the survey, from conversations and from the literature. The committee also feels that the components of the form are very relevant to addressing the concerns of coaches, parents, wrestlers and physicians that lead to the research into this subject and to the development of this form.

#### **GOALS FOR ESTABLISHING A WIDELY USED FORM:**

1. Protect wrestlers from exposure to communicable skin disorders. Although most of the skin lesions being discussed generally have no major long term consequences and are not life threatening, some do have morbidity associated with them and student-athletes should be protected from contracting skin disorders from other wrestlers or contaminated equipment such as mats.
2. Allow wrestlers to participate as soon as it is reasonably safe for them and for their opponents and/or teammates using the same mat.
3. Establish guidelines to help minimize major differences in management among physicians who are signing "return to competition forms". Consistent use of these guidelines should protect wrestlers from catching a skin disease from participation and should protect them from inequalities as to who can or cannot participate.
4. Provide a basis to support physician decisions on when a wrestler can or cannot participate. This should help the physician who may face incredible pressure from many fronts to return a youngster to competition ASAP. This can involve "Joe Blow who never wins a match" or the next state champion with a scholarship pending.

#### **IMPORTANT COMPONENTS FOR AN EFFECTIVE FORM:**

1. Inclusion of the applicable NFHS wrestling rule so physicians will understand that covering a contagious lesion is not an option that is allowed by rule. Covering a non-contagious lesion after adequate therapy to prevent injury to lesion is acceptable.
2. Inclusion of the date and nature of treatment and the earliest date a wrestler can return to participation. This should minimize the need for a family to incur the expense of additional office visits as occurs when a form must be signed within three days of wrestling as some do.
3. Inclusion of a "bodygram" with front and back views should clearly identify the lesion in question. Using non-black ink to designate skin lesions should result in less confusion or conflict. Also including the number of lesions protects against spread after physician visit.
4. Inclusion of guidelines for minimum treatment before returning the wrestler to action as discussed above. This should enhance the likelihood that all wrestlers are managed safely and fairly.
5. Inclusion of all of the components discussed has the potential to remove the referee from making a medical decision. If a lesion is questioned, the referee's role could appropriately be only to see if the coach can provide a fully completed medical release form allowing the wrestler to wrestle.

This form may be reproduced, if desired and can be edited in anyway for use by various individuals or organizations. In addition, the NFHS Sports Medicine Advisory Committee would welcome comments for inclusion in future versions as this will continue to be a work in progress.

## 2009 WRESTLING DISTRICT MEET DIRECTORS

**HIGHLIGHTED INFORMATION has NOT been verified.**  
**If there are any changes or corrections that need to be made to the information listed below please email them to Kristie,**  
**kristiep@osaa.org. PLEASE IDENTIFY YOUR CLASSIFICATION & DISTRICT.**

District	League Name	Date	Site	AD / DMD	Host School	AD / DMD Work Phone	AD/ DMD E-mail
6A-1	PIL	Feb 20	Benson HS	Bruce Alton, AD Bill Ranta, PIL Athletics/Meet Director	PIL	503.916.5100 x-7106 503.916.3223	branta@pps.k12.or.us balton@pps.k12.or.us karring@pps.k12.or.us
6A-2	METRO	Feb 20-21	Beaverton HS	Jim Mieuwissen, AD Bryan Sorenson, Meet Director	Beaverton HS	503.259.4889	jim_mieuwissen@beavton.k12.or.us bryan_sorenson@beavton.k12.or.us
6A-3	MT HOOD	Feb 20-21	Barlow HS	Terry Hanson, AD	Barlow HS	503.674.5606	thanson@gresham.k12.or.us
6A-4	THREE RIVERS	Feb 20-21	Milwaukie HS	Shirley Huyett, AD Bruce Reese, Meet Director	Milwaukie HS	503.353.5835	huyetts@nclack.k12.or.us bruce_reese@orecity.k12.or.us
6A-5	PACIFIC	Feb 13-14	Canby HS	Dennis Burke, AD Larry Hampton, Meet Director	Canby HS	503.263.7204	burked@canby.k12.or.us hamptonl@newberg.k12.or.us
6A-6	SOUTHWEST	Feb 13-14	South Medford HS	Dennis Murphy, AD Clay Rounsaville, Meet Director	South Medford HS	541.842.1406	dennis_murphy@medford.k12.or.us crounsav@grantspass.k12.or.us
6A-7	CENTRAL VALLEY	Feb 20-21	McNary HS	Mike Maghan, AD	McNary HS	503.399.3238	maghan_michael@saikeiz.k12.or.us
5A-1	PIL	Feb 19	Benson HS	Bruce Alton, AD Bill Ranta, PIL Athletics/Meet Director	PIL	503.916.5100 x-7106 503.916.3223	branta@pps.k12.or.us balton@pps.k12.or.us karring@pps.k12.or.us
5A-2	NORTHWEST OREGON	Feb 20-21	Wilsonville HS	Mike Henderson, AD Ken Bailey, Meet Director	Wilsonville HS	503.673.7647	hendersonm@wlv.k12.or.us kenb@sthelens.k12.or.us
5A-3	MID WILLAMETTE	Feb 20-21	Crescent Valley HS	Craig Ellingson, AD Grant Boustead, Meet Director	Crescent Valley HS	541.757.5765	craig_ellingson@corvallis.k12.or.us grant_boustead@dallas.k12.or.us
5A-4	MIDWESTERN	Feb 13-14	Springfield HS	Audrea Shelley, AD	Springfield HS	541.744.4791	audrea.shelley@sps.lane.edu
5A-5	SOUTHERN SKY	Feb 21	Mazama HS	Steve Siders, AD Scott Teeple, Meet Director	Mazama HS	541.883.4735	siderss@kfalls.k12.or.us steeple@scharter.net
5A-6	INTERMOUNTAIN	Feb 20-21	The Dalles Wahtonka HS	Kyle Roselle, AD Dennis Radford, Meet Director	The Dalles Wahtonka HS	541.506.3400	rossellek@nwasco.k12.or.us dradford20@earthlink.net
4A-1	COWAPA	Feb 20-21	Astoria HS	Howard Rub, AD Ron Alley, Meet Director	Astoria HS	503.325.3911	hrub@astoria.k12.or.us ralley@astoria.k12.or.us
4A-2	CAPITAL	Feb 20-21	Gladstone HS	Jere Applebee, AD Norm Berney, Meet Director	Gladstone HS	503.655.2544	applebej@gladstone.k12.or.us
4A-3	FAR WEST	Feb 13-14	South Umpqua HS	Bruce Picton, AD Doug Maddux, Meet Director	South Umpqua HS	541.863.3118 x-5044	bruce.picton@susd.k12.or.us dougjm@rfpco.com
4A-4	VAL-CO	Feb 21	Tait HS	Mychal Williams, AD Edward Trudell, Meet Director	Tait HS	541.996.2115	mychal.williams@lincoln.k12.or.us edward.trudell@lincoln.k12.or.us
4A-5	SKY-EM	Feb 20-21	Junction City HS	Craig Rothenberger, AD Gary Meininger, Meet Director	Junction City HS	541.998.3521	crothenberger@junctioncity.k12.or.us gmeininger@junctioncity.k12.or.us
4A-6	SKYLINE	Feb 21	Hidden Valley HS	Michael Schaefer, AD	Hidden Valley HS	541.862.2124	michael.schaefer@threeivers.k12.or.us
4A-7	GREATER OREGON	Feb 20-21	McLoughlin HS	Bryan Miller, AD Don Miller, Meet Director	McLoughlin HS	541.938.5591	millerb@miltfree.k12.or.us donald.miller@wwcc.edu
3A-1	Special District	Feb 20-21	Gervais HS	Tim Bowman, AD	Gervais HS	503.792.3803 x-2405	tim_bowman@gervais.k12.or.us
3A-2	Special District	Feb 20-21	Waldport HS	David O'Donnell, AD	Waldport HS	541.563.3243	dave.o'donnell@incllohn.k12.or.us
3A-3	Special District	Feb 20-21	Reedsport HS	Lynn Fulps, AD Gail Lewis, Meet Director	Reedsport HS	541.271.2141 x-512	lfulps@reesport.k12.or.us gaillewis@yahoo.com

## 2009 WRESTLING DISTRICT MEET DIRECTORS

HIGHLIGHTED INFORMATION has NOT been verified. If there are any changes or corrections that need to be made to the information listed below please email them to Kristie, <a href="mailto:kristiep@osaa.org">kristiep@osaa.org</a> . PLEASE IDENTIFY YOUR CLASSIFICATION & DISTRICT.							
District	League Name	Date	Site	AD / DMD	Host School	AD / DMD Work Phone	AD / DMD E-mail
3A-4	Special District	Feb 20-21	Riverside HS	Clair Costello, AD Mark Jones, Meet Director	Riverside HS	541.481.2525	costelc@morrow.k12.or.us mark.jones@morrow.k12.or.us
2A/1A-1	Special District	Feb 20-21	Nestucca HS	John Elder, AD Cameron Mitchem, Meet Director	Nestucca HS	503.392.3194	john@nestucca.k12.or.us cameronm@nestucca.k12.or.us
2A/1A-2	Special District	Feb 21	Lowell HS	Patrick Todd, AD Jeff Cardwell, Meet Director	Lowell HS	541.937.2124	ptodd@lowell.k12.or.us jeff.cardwell@sps.lane.edu
2A/1A-3	Special District	Feb 20-21	Irrigon HS	Blaine Ganvoa, AD	Irrigon HS	541.922.5551 x-2343	blaine.ganvoa@morrow.k12.or.us
2A/1A-4	Special District	Feb 20-21	Pine Eagle HS	Barbie Morgan, AD	Pine Eagle HS	541.742.2811	bmay@pineeagle.k12.or.us

**OSAA / U.S. Bank / Les Schwab Tires  
2009 Wrestling District Meet  
Public Address Announcements**

Good morning / afternoon and welcome to today's \_\_\_\_\_ Wrestling District Meet. Good sportsmanship is a vital component of educational athletics. Spectators can support all of these athletes by refraining from derogatory or demeaning comments. We hope you enjoy the meet and support these student-athletes in a positive and sportsmanlike manner. Sportsmanship is all about respecting the game, each other, and yourself.

Please stand and remove your hats as we honor America by playing our National Anthem.

*For use during breaks in the action.*

1. Visit [osaa.org](http://osaa.org) for all your Wrestling Championships information. The official website of the OSAA has updated results and brackets, links to souvenirs and tickets, historical Wrestling State Championship results and a lot more. That's [osaa.org](http://osaa.org).
2. U.S. Bank is dedicated to helping students build a strong financial future. They offer an entire package of products and services designed just for students. Visit your local U.S. Bank today to learn more about their student banking products. U.S. Bank, proud sponsor of the OSAA.
3. At Les Schwab, they know how valuable your time is. That's why when you drive in to a Les Schwab Tire Center, they come running. They call it Sudden Service and it's their promise to you. Les Schwab Tires, proud to be a title sponsor of the OSAA State Championships.
4. The OSAA and its member schools believe in the fundamental values associated with participation in high school activities and are working together to provide a more stable financial base for the students of tomorrow by forming the OSAA Foundation. For more information and to find out how you can make your own tax-deductible contribution, visit [osaafoundation.org](http://osaafoundation.org). The OSAA Foundation, enhancing the future of Oregon high school activities.
5. U.S. Bank is proud to celebrate its 24<sup>th</sup> year of sponsoring the OSAA and salutes the spirit of teamwork and achievement throughout the communities it serves. U.S. Bank, home of the five star service guarantee. How many stars does your bank have?
6. Les Schwab Tire Centers would like to remind participants and spectators about the importance of good sportsmanship. It's about showing pride in performance and respect for others. Les Schwab Tires, proud sponsor of the OSAA State Championships.

End of Meet Announcement

The OSAA thanks you for your support of high school activities and encourages you to drive home safely. Visit [osaa.org](http://osaa.org) for updated Wrestling State Championship information and results.