



# 2009 OSAA Volleyball Plan



## GENERAL VOLLEYBALL INFORMATION

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### 1. SEASON DATES:

August 24 .....	Practice Starts
September 3 .....	First Contest
November 2 .....	6A, 5A, 4A, 1A Cutoff
November 4 .....	6A, 5A, 4A, 1A First Round; 3A, 2A Cutoff
November 7 .....	6A, 5A, 4A, 1A Second Round; 3A, 2A First Round
November 13-14 .....	6A, 5A, 4A, 3A, 2A, 1A State Championships

### 2. STATE CHAMPIONSHIPS INFORMATION:

- a. **Athletic Directors, Coaches and Spectators:** Detailed information regarding the 2009 Volleyball State Championships will be posted on the OSAA website ([www.osaa.org](http://www.osaa.org)) on Tuesday, October 13. It is essential that participating teams and individuals access this information prior to the state championships. Included will be information regarding ticket prices, parking, maps, coaches meetings, how to submit souvenir program information, souvenir merchandise, etc.
- b. **Event Management Information (EMI):** Beginning Tuesday, October 13, schools that host state championship games must download Event Management Information from the OSAA website ([www.osaa.org](http://www.osaa.org)). Included will be information regarding expenses, admission policies, game management & ticket report, ticket booth signs, PA script, etc.

### 3. STATE CHAMPIONSHIPS LOCATIONS AND TIMES:

- a. **6A, 5A, 4A, 1A First and Second Rounds:** 7 p.m., Refer to bracket for locations and home team designation.
- b. **3A, 2A First Round:** 7 p.m., Refer to bracket for locations and home team designation.

*NOTE:* Matches are to be played at times indicated above unless both schools involved agree otherwise and approval is granted by the OSAA office. If schools cannot mutually agree, the OSAA will make the final decision.

- c. **Final Sites:** OSAA will determine times for all final site matches.

**6A, 5A**  
 November 13-14  
 Liberty High School  
 21945 N W Wagon Way, Hillsboro, 97124

**4A, 3A**  
 November 13-14  
 Lane Community College  
 4000 E 30<sup>th</sup> Ave., Eugene 97045

**2A, 1A**  
 November 13-14  
 Pacific University  
 2043 College Way, Forest Grove 97116

### 4. QUALIFICATION FOR STATE CHAMPIONSHIPS:

- a. **6A**
  - 1) PIL – Three teams.
  - 2) Metro – Four teams.
  - 3) Mt. Hood – Five teams.
  - 4) Three Rivers – Four teams.
  - 5) Pacific – Four teams.
  - 6) Southwest – Four teams.
  - 7) Central Valley – Four teams.

b. **5A**

- 1) PIL – Three teams.
- 2) Northwest Oregon – Four teams.
- 3) Mid-Willamette – Four teams.
- 4) Midwestern – Three teams.
- 5) Southern Sky – Two teams.
- 6) Intermountain – Four teams.

c. **4A**

- 1) Cowapa – Three teams.
- 2) Capital – Three teams.
- 3) Far West – Three teams.
- 4) Val-Co – Three teams.
- 5) Sky-Em – Three teams.
- 6) Skyline – Three teams.
- 7) Greater Oregon – Two teams.

d. **3A**

- 1) Lewis & Clark – Three teams.
- 2) West Valley – Three teams.
- 3) PacWest – Three teams.
- 4) Sunset Conference – Four teams.
- 5) Eastern Oregon – Three teams.

e. **2A**

- 1) Northwest – Three teams.
- 2) Mountain View – Four teams.
- 3) Tri-River – Three teams.
- 4) Southern Cascade – Three teams.
- 5) Blue Mountain – Three teams.

f. **1A**

- 1) The Valley 10 – Three teams.
- 2) Casco – Three teams.
- 3) Mountain West – Three teams.
- 4) Skyline – Three teams.
- 5) Mountain Valley – Three teams.
- 6) Big Sky – Three teams.
- 7) Old Oregon – Three teams.
- 8) High Desert – Three teams.

**5. STATE CHAMPIONSHIPS – TEAM SIZE:** (*OSAA Handbook, Executive Board Policies*)

The following limitations shall apply to replacement players and maximum team sizes for State Championship events, first round through championship final.

Penalties for excessive team size: Suiting up too many players shall be considered a gross act of unsportsmanlike conduct punishable by fines or other penalties as determined by the OSAA Executive Board. Participants in excess of the maximum allowed in each sport shall be considered ineligible and shall result in the forfeiture of the contest in which the ineligible participant appeared.

Replacement of players applies to each match. A player replaced on the roster may be reinstated to the roster in subsequent matches. Maximum in uniform: 6A – 14, *All other classifications* – 12.

**6. OFFICIAL BALL ADOPTION:** The Wilson iCOR H7700 is the officially adopted volleyball of the OSAA. Schools are encouraged to use this ball during regular season play. Due to contractual obligation the OSAA will mandate use of these balls for all state championship matches, first round through final sites. It is the host school's responsibility to provide an official Wilson volleyball for matches at home sites. Wilson volleyballs will be provided at state championship final sites by the OSAA. **NOTE: Solid white volleyballs are required for all play during the 2009 season.**

**7. AWARDS:** Team trophies will be presented at the conclusion of each trophy match on Saturday. The sportsmanship award, all-tournament team recognition, second place and championship trophies and medals and championship bracket board will be presented at the conclusion of each classification's final match Saturday evening.

- a. **Trophies** – Champion through sixth place trophies will be presented to the top teams in each classification.

- b. **Medals** – Seventeen medals will be presented to both the champion and second place teams in the 6A classification; fifteen in all other classifications.
- c. **U.S. Bank/Les Schwab Tires All-Tournament Teams** – Medals will be presented to members of the All-Tournament 1<sup>st</sup> and 2<sup>nd</sup> Teams in each classification (six members on each Team).

## NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS 2009 VOLLEYBALL RULES

Order a 2009-10 NFHS Volleyball Rule Book on the [OSAA Rules Book Order Form](#) or contact the OSAA (503.682.6722) for more information.

For more information about NFHS Volleyball Rules visit [www.nfhs.org](http://www.nfhs.org).

### 1. 2009-10 NFHS RULES REVISIONS:

- 2-1-1** Clarifies the court and the adjacent playable area must be flat, smooth and free of obstructions other than required equipment and padding.  
**Rationale:** Clarifies court/floor requirements for playable area.
- 3-2-1** ***Beginning in 2010-11***, the game ball may be either solid white or a maximum combination of three colors (with each panel being a solid color) and of which at least one-third of the panels shall be solid white. **NOTE: Solid white volleyballs are required for all play during the 2009 season.**  
**Rationale:** Allows for the optional use of the colored-panel ball beginning with the 2010-11 season. The colored-panel ball makes it easier to track for players/spectators and adds excitement to the game.
- 4-1-5** Unadorned bobby pins, no longer than 2 inches, may be worn to control a player's hair.  
**Rationale:** Allows players a practical means of dealing with hair control.
- 5-3-4d** Prior to the deciding set, captains will be called for the coin toss by the R1 and then teams shall be released to their team bench.  
**Rationale:** Releasing teams to their bench rather than the end line during the deciding-set coin toss will allow coaches to provide instruction and facilitate players being ready to take the court for the final set.
- 5-4-3b-  
New 10** The second referee has the responsibility to manage illegal libero replacements.  
**Rationale:** Adds to the responsibilities of the second referee.
- 9-4-5** A legal contact is a touch of the ball by any part of the player's body.  
**Rationale:** In today's fast-paced game, allowing legal contact of the ball by any part of the player's body will assist in keeping the ball in play and provide longer and more exciting rallies.
- 10-2-3** If more than one substitution is to occur, the substitutions shall be made in succession. One pair of players after another and only one substitute shall be in the substitution zone at a time.  
**Rationale:** The procedure of recording multiple substitutions becomes easier for the scorer to record. This will speed up the substitution process and assist in maintaining the tempo of play.
- 12-2-5** Clarifies when an assistant coach may stand and actions the coach may perform.  
**Rationale:** Clarifies the role and bench decorum of the assistant coach now that the head coach has the privilege to stand during the match.
- 12-2-6, 9-1-1** During play, allows the head coach to stand in the replacement zone, no closer to the sideline than 6 feet, to coach his/her players.  
**Rationale:** Due to the growing spectator popularity, resulting in louder crowd noise, this change will allow the head coach to communicate more effectively with his/her players. The permitted location for standing preserves the necessary area for clear line of sight by the second referee and line judges to observe play and playable area around the court for the players.

**Major Editorial Changes:** 1-2-1, 3, 4-1 Heading, 10-3-5, 11-4-2, How to Use The Signals: 4, 19, 20, 21; Casebook: 4-1, 10-3-5, Signals: New b, 6 NOTE, 13, 20, 21, 23

## **2. POINTS OF EMPHASIS:**

- **Head coaches standing:** The head coach may stand in the libero replacement zone to coach his/her players. During a live ball, the head coach shall be no closer to the court than 6 feet from the sideline. During a dead ball, the coach may advance to the sideline to instruct players. The new visibility of coaches by the adoption of this rule places additional emphasis on the conduct displayed by coaches during a match. Coaches are reminded that they are role models for athletes, schools and communities.
- **Match officials' responsibilities:** A volleyball match is administered by the first referee and the second referee. Assistant officials include scorer, libero tracker, timer and line judges. In order to administer a successful match, all officials need to be aware of their responsibilities. Since part of the R1 and R2 duties is to review specific responsibilities with the assistant officials, it is imperative that all officials are competent and updated on all aspects of these tasks. In training and preparation, officials should pay special attention to the areas of scorer and libero tracker responsibilities. Pre-match duties of the R1 include a conference with the line judges to review their responsibilities. Just as time is spent training the athletes for a match, the host school should train the scorer, libero tracker, timers and line judges prior to the matches they work.
- **Ball handling:** A legal contact is a touch of the ball by a player's body which does not allow the ball to visibly come to rest or involve prolonged contact. The only valid criterion for judging illegal hits is vision. If you did not see it, it did not happen. Referees should look ahead of the ball and watch the ball contacted by the hands to ensure accurate ball handling decisions. Prolonged contact is a call that NFHS rules require to be enforced. Any ball that comes to rest on a player should be whistled a violation. A ball rolling up the arms or a player over running a pass may result in prolonged contact. Officials should pay special attention to the setters during warm ups in an effort to become familiar with the styles of setting to be displayed during the match. Spin, sound, speed, body position, or technique are not criteria to determine illegal handling of the ball. Officials should strive to be consistent when making ball handling calls. A player may not throw the ball. If the body is divided into 4 quadrants, bisecting the head at the ears/ nose, a player may not carry the ball from the initial contact quadrant to the release in a different quadrant.
- **Libero uniform:** The libero must wear a uniform top that is immediately recognized from all angles as being in clear contrast to and distinct from the other members of the team. When ordering libero tops coaches should consider the following: hue (color), value (lightness or darkness of a color), and saturation (intensity or purity of a color). Attention should be given to the color of the regular uniform as well as the libero jersey. Similar dark colors such as maroon and black or light colors such as gray and peach should not be used together. The number is equally important when ordering libero tops. It must be clearly visible and in contrast to the predominant color of the uniform top.

## **OSAA VOLLEYBALL POLICIES**

1. **OSAA ADOPTED RULES AND INTERPRETATIONS:** The NFHS 2009-2010 Volleyball Rules Book will be used with the following clarifications. Per NFHS rules, the term "game" has been replaced with "set".

### **Rule 1 NOTE – Match Format**

- **VARSITY:** A match shall consist of the best three-out-of-five sets. Sets 1-4 shall be 25 points (no cap) and a team must win by two points. Set 5 shall be 15 points (no cap) and a team must win by two points.
- **SUBVARSITY:** A match shall consist of the best two-out-of-three sets. Sets 1 & 2 shall be 25 points (no cap) and a team must win by two points. Set 3 shall be 15 points (no cap) and a team must win by two points.

2. **PARTICIPATION LIMITATIONS:** (*OSAA Handbook, Participation Limitations*)

- a. **Team.** A school team shall not compete on more than 18 playing dates at each level of competition, nor shall a team compete in more than 36 matches, exclusive of the varsity district playoffs and state championships.
- b. **Individual.** A student shall not compete on more than 18 playing dates, nor shall a student compete in more than 36 matches, exclusive of varsity district playoffs and state championships. Additionally, a student shall not compete in more than one set in addition to one match per day. Once a player participates in the second set of a match that constitutes their match for that day. If a student exceeds the limit, the match in which the limit is exceeded shall be forfeited. A student may participate in only one jamboree.

An extra set may be played at the freshman level (or at the junior varsity level if there is no freshman team), providing both schools agree and the officials agree. The extra set is intended to provide an opportunity for those students whose play was limited in the regular contest. In no case shall a student exceed the one match plus one set limit.

EXCEPTION. The individual limit of one set in addition to one match per day does not apply to double duals or tournament play, provided that the student participates in only one level of competition during that day. In tournament play, a student may participate in only one level of competition during that day. Double duals involve two or three teams competing on one day and each match played counts. In double dual play, a student may participate in multiple levels of play and may play in a maximum of 10 sets during that day. Each match played in double dual play counts toward the 36 individual match limitation.

- c. **Jamboree.** A school may participate in only one jamboree at each level of competition. ***A jamboree shall include at least three teams***, and shall not be counted as a contest. Jamborees may be held only on the first playing date and for 30 days thereafter. A jamboree is limited to not more than seven sets per team and limited to not more than one set appearance against any school (three or more teams). Sets played in jamborees shall use rally scoring to 25 points.
- d. **Tournaments.** Tournaments shall be limited to 18 sets per team, including pool play. All matches scheduled in a tournament count toward the 36 match limitation, regardless of whether a team actually plays scheduled matches or not.

EXCEPTION. The pool play sets played in conjunction with bracketed matches do not count toward the season match limitation. However, if eight teams are involved in a "Pool Play Only" format, the competition will count as a minimum of three matches. If nine or more teams are involved, the competition will count as a minimum of four matches.

Tournament play may not commence prior to 8 a.m. and no scheduled round may begin after 7 p.m. Host schools may apply to the OSAA office for time changes in extenuating circumstances.

**3. FALL SPORTS PRACTICE MODEL:** (*OSAA Handbook, Executive Board Policies*) At the recommendation of the OSAA Medical Aspects of Sports Committee, the OSAA Executive Board adopted a Fall Sports Practice Model. Each year all Fall student-athletes are required to adhere to the practice regimen contained in the [Fall Sports Practice Model](#).

A key component of the Fall Sports Practice Model involves calculating the current heat index for your area. To calculate the heat index use the [OSAA Heat Index Calculator](#).

**4. INTERRUPTED CONTESTS:** (*OSAA Handbook, Executive Board Policies*) Any match interrupted because of power failure or unforeseen circumstances shall be resumed from the point of interruption unless athletic district rules apply otherwise. If resumed, the score and lineup shall be the same as they were at the time of interruption.

**5. CONTESTS – SPORTSMANSHIP – CROWD CONTROL:** (*OSAA Handbook, Rules*)

- a. **Sportsmanship Responsibility:** The high school principal, coach and other responsible officials of each member school shall take all reasonable measures to insure that the school's students and supporters maintain a sportsmanlike attitude toward all events so that events may be conducted without unreasonable danger or disorder. When a petition is filed alleging violation of this Rule 3-2, the Executive Director may, at his/her discretion and with concurrence of any Three Executive Board members, postpone any pending event which the Executive Director has reason to believe cannot be conducted without an unreasonable danger of disorder. All such protests shall be referred to the Executive Board, which shall proceed as provided in Rule 4. In addition to any other action the Executive Board may take regarding a protest alleging a violation of this Rule 3-2, the Executive Board shall have the power to cancel or re-schedule the event involved, or to impose conditions on conducting it.
- b. **Sportsmanship Violations / Penalties:** When the students, staff or supporters of any member school engage in unsportsmanlike conduct, disorder or infliction of damage to persons or property in connection with any festival, meet, contest or tournament sponsored by this Association, the Executive Board may treat such acts as a violation by the school of the Rules of the Association. Any school whose students, supporters, rooters or partisans take part in riots, fights, pilfering, painting or any other unsportsmanlike conduct shall be subject to penalty.

**6. SPECTATOR CONDUCT AT OSAA EVENTS:** (*OSAA Handbook, Rules*)

In addition to the general expectations included in the OSAA Constitution, Rule 3, that school officials "...shall take all reasonable measures to ensure that the school's students and supporters maintain a sportsmanlike attitude

toward all events...” the following specific expectations regarding spectator conduct at all OSAA sanctioned events, including regular and post season competition, are provided: (Revised Fall 2008)

- a. Spectators are not permitted to have signs or banners (larger than 8 ½ by 11 inches), confetti, balloons or glass containers. Spectators are required to wear shirts.
- b. Spectators are not permitted to have artificial noisemakers. Some examples of artificial noisemakers are Thunder Stix, cowbells, clappers and air horns.
- c. Spectators shall not be permitted to use vulgar/offensive or racially/culturally insensitive language. Spectators shall not be permitted to engage in any racially / culturally insensitive action.(Revised Fall 2008)
- d. All cheers, comments and actions shall be in direct support of one’s team. No cheers, comments or actions shall be directed at one’s opponent or at contest officials. Some examples of inappropriate conduct or actions that are not permitted are: turning backs, holding up newspapers or jeering at cheerleaders during opposing team introductions; disrespecting players by name, number or position; negative cheers or chants; throwing objects on the floor.  
(Revised Fall 2008)
- e. Spectators who fail to comply with Association or site management spectator conduct expectations may be expelled from the contest.  
(Revised Fall 2008)