



## ADMINISTRATIVE INFORMATION

Additional information available on the OSAA website, [www.osaa.org/track/](http://www.osaa.org/track/)

1. **EMERGENCY PLAN:** In the event of an emergency, natural disaster, fire, war, etc. that forces postponement or cancellation of an OSAA State Championship event, information will be posted to the home page of the OSAA website (osaa.org) and distributed to statewide media outlets. A recorded message will also be accessible by calling the OSAA office at 503.682.6722, ext. 0.
2. **TIME SCHEDULE:** Actual time schedule for Friday's running events will be determined when the necessary number of heats is known for each event. The actual time schedule will be printed in the Souvenir Program.

### Friday, May 22

Gates open at 8:00 a.m.  
 Track open 9:30 a.m. – 10:30 a.m.  
 Field Events begin - 10 a.m.  
 Running Events begin - 11 a.m.

### Saturday, May 23

Gates open 8:00 a.m.  
 Track open 11:30 a.m. – 12:30 p.m.  
 Field Events begin – 9:30 a.m.  
 Running Events begin - 1 p.m.

3. **ADMISSION:** *All persons must have a ticket or pass to enter. Credit card sales accepted in the Bowerman Building and OSAA Ticket Trailer located at Prefontaine Plaza. No dogs allowed inside Hayward Field*

a. **General Admission Tickets:**

Two-Day Ticket	Adults – \$15	Students – \$9
Residential Parking Permit – good Friday	\$5	
General Admission – (any day)	Adults – \$8	Students – \$5

b. **Online Tickets:** [www.osaa.org/tickets/](http://www.osaa.org/tickets/)

Pre-order Two-Day tickets and / or a Residential Parking Permit for the 6A-5A-4A Track & Field State Championships. Tickets are available online until 10 a.m., May 19. All orders will be placed at the event Will Call window and available for pick-up beginning May 22. See additional information regarding the Residential Parking Permit under "6. Parking" on page 2.

- c. **Member School Discount Tickets:** Each school may purchase up to six discount tickets for \$10 each. The athletic director or principal must complete the form and the tickets must be paid for when ordered.
- d. **Complimentary Tickets:** There are no administrative complimentary tickets in individual sports.
- e. **Bus Drivers:** Schools are responsible for all bus driver admissions. The OSAA does not provide passes for bus drivers.
- f. **Passes:** ONLY the OSAA Gold Card, OSAA VIP, OSAA Media, Track & Field Media and Track & Field Discount tickets, which will admit the bearer only with photo ID, are to be honored at any OSAA State Championship event. No school, athletic district, officials association, etc., passes are to be accepted.

4. **EXPENSES:** [www.osaa.org/forms/reimbursementformula.pdf](http://www.osaa.org/forms/reimbursementformula.pdf)

Team expenses will be paid by check at the conclusion of the spring sports season according to the 2008-09 Reimbursement Formula.

5. **LODGING AND VISITOR INFORMATION:** Schools are to make their own arrangements for lodging.

a. **Headquarter Hotel – Holiday Inn Express - Eugene:** [www.hiexpress.com/eugeneoregon](http://www.hiexpress.com/eugeneoregon)

The Holiday Inn Express - Eugene is the OSAA Headquarter Hotel for 6A-5A-4A Track & Field at Hayward Field. Contact Sarah Smith, General Manager, at 541.284.0258 for special rate information. Remember to mention that you are an OSAA member school.

b. **Visitor Information:** [www.travellanecounty.org](http://www.travellanecounty.org)

Visit the Travel Lane County website or call them at 800.547.5445 for more information about dining, shopping, lodging, and more while in Lane County.

6. **SPECTATOR CONDUCT AT OSAA SANCTIONED EVENTS:** (*OSAA Handbook, Executive Board Policies*)

"In addition to the general expectations included in the OSAA Constitution, Rule 3, that school officials "...shall take all reasonable measures to ensure that the school's students and supporters maintain a sportsmanlike attitude toward all events..." the following specific expectations regarding spectator conduct **at all OSAA sanctioned events, including regular and post season competition**, are provided: (*Revised Fall 2008*)

- A. **All cheers, comments and actions shall be in direct support of one's team. No cheers, comments or actions shall be directed at one's opponent or at contest officials. Some examples of inappropriate conduct or actions that are not permitted are: turning backs, holding up newspapers or jeering at cheerleaders during opposing team introductions; disrespecting players by name, number or position; negative cheers or chants; throwing objects on the floor.** (*Revised Fall 2008*)
- B. Spectators are not permitted to have signs or banners (larger than 8 ½ by 11 inches), confetti, balloons or glass containers. Spectators are required to wear shirts.
- C. Spectators are not permitted to have artificial noisemakers. Some examples of artificial noisemakers are Thunder Stix, cowbells, clappers and air horns.
- D. Spectators shall not be permitted to use vulgar/offensive **or racially/culturally insensitive** language. **Spectators shall not be permitted to engage in any racially / culturally insensitive action.** (*Revised Fall 2008*)

7. **PARKING:**

- a. **Team Buses and Vans:** Clearly marked school district buses and vans are to park in Lot 8 at Autzen Stadium (see flyer). It is a 10-minute walk to Hayward Field. A drop-off area will be provided for dropping off participants and spectators near the Ticket Booth and participant's Pass Gate located at Gate 15 on Agate Street.
- b. **City of Eugene Residential Parking Permits:** The OSAA has worked with the City of Eugene to create a limited number of temporary *Residential Parking Permits* for this year's state championship. Each permit costs \$5 and will allow a car to park in the residential areas East and South of Hayward Field on Friday. Without a permit, cars are limited to a maximum two hours in these areas. The City of Eugene will patrol these areas on Friday between 8 a.m. and 5 p.m. and violators will receive a \$10 citation each day.
- c. **University of Oregon Visitor Parking Permits** are available for \$5 / day at the following locations:
  - 1) Information Kiosk on 13<sup>th</sup> & Beach, Monday – Friday, 7:15 a.m. – 3:45 p.m.
  - 2) Office of Public Safety on 15<sup>th</sup>, Monday – Friday, 7:30 a.m. – 5 p.m.
  - 3) **General Guidelines**
    - a) All vehicles parked in un-metered parking spaces between 7 a.m. - 6 p.m., Monday – Friday MUST display a parking permit.
    - b) Permits authorize parking in the lots or spaces specified on the permit ONLY. Vehicles must be parked so that permits are clearly visible.
    - c) Head in parking only. Vehicles parked along streets must be parked in the direction of the flow of traffic.
    - d) Vehicles that extend beyond the designated space into the next space, into a median strip, or into the traffic lane, are in violation and will be cited for improper parking.
    - e) Permits do not eliminate the necessity of putting money into parking meters, when the vehicle is parked in a metered space. Overtime parking in a metered space is a parking violation and will be cited.
  - 4) **If you have any questions please contact the Office of Public Safety, UO Campus, 541.346.5444.** Individuals who receive parking or traffic tickets while on UO property should contact the Office of Public Safety or access their website – <http://safetyweb.uoregon.edu/forms/cite-petition.htm>.

## **COACH / TEAM INFORMATION**

Additional information available on the OSAA website, [www.osaa.org/track/](http://www.osaa.org/track/)

### **PRE-STATE CHAMPIONSHIPS**

#### 1. **POSTING TIMELINE:**

- a. All entry names and marks for each event will be **posted on the OSAA website, [www.osaa.org](http://www.osaa.org)**

**6A-5A-4A – By 6 p.m., Sunday, May 17, 2009**

- b. District Meet Directors **AND** coaches of qualifying individuals **are responsible for checking the accuracy of the entry information. Please check all entries for correct spelling of participant's name, year in school, school name, etc.,** as this information **will appear the same way in the souvenir program unless corrected.**

#### 2. **CORRECTIONS ONLY:** (*spelling, grade, school, marks, etc.*)

Sunday, May 17, by 8 p.m. CONTACT John Hilsenteger, 503.775.3038

Monday - Wednesday EMAIL Brad at [bradg@osaa.org](mailto:bradg@osaa.org)

**CORRECTIONS MADE AFTER 8 a.m. ON MONDAY, MAY 18 WILL NOT APPEAR IN THE SOUVENIR PROGRAM.**

#### 3. **STATE CHAMPIONSHIPS – INDIVIDUAL SPORT SUBSTITUTIONS** (*OSAA Handbook, Executive Board Policies*):

##### F. Track and Field (*Revised Spring 2007*)

- 1) Event Limitation. NFHS rules allow an athlete to be entered in four events, excluding relays. Coaches of athletes entered in four events and both relays have until 4 p.m. on the Monday (**May 18, 2009**) preceding the state championship to notify the OSAA of the four events in which the athlete will compete in at the state championship. Failure to notify the OSAA by the indicated deadline shall result in the athlete being scratched first from the 4x100 Relay and then from the 4x400 Relay, if needed.
- 2) Multiple Event Qualifiers and Relays. This deadline is for a participant withdrawing from the championship in one event but remaining in others and for submission of up to six names for a relay team.
  - a) Multiple Event Qualifiers: Except as indicated below, participants who qualify in more than one event shall participate in all the events for which they qualify from preliminaries to finals.
    - (1) If a District Meet Director notifies the OSAA of a change prior to 4 p.m. on the Monday (**May 18, 2009**) preceding the state championship, an individual may drop from one or more events in which he/she is qualified. The next place winner at the District Meet in the respective event or events is eligible as a substitute.
    - (2) If the OSAA has not been notified of a change prior to 4 p.m. on the Monday (**May 18, 2009**) preceding the state championship, the participant who has qualified in multiple events must compete in all qualified events or he/she shall be scratched from all events in which the participant has qualified.
  - b) Relay Event Entries: Qualifying teams may enter the names of up to six individuals in relay events.
    - (1) Qualifying relay teams failing to enter six individuals may not add individuals to the state championship meet after the established Monday (**May 18, 2009**) deadline.
    - (2) Any four of the listed individuals may compete and it shall count as an event only for the four who compete. It is not necessary to use the same four runners in the finals that participated in the preliminaries, but any substitution must already be entered into the meet.
- 3) Single or Multiple Event Qualifiers Dropping All Events or Substitutions only on Relays. This deadline is for a participant dropping out of the state championship and being replaced by another participant or participants.
  - a) If a District Meet Director notifies the OSAA by 4 p.m. two days prior (**Wednesday, May 20, 2009**) to the first day of the state championship that a single event or multiple event qualifier is dropping all events, a substitution or substitutions may be made.
  - b) The next place winner at the District Meet in the respective event or events is eligible as a substitute.

Sunday CONTACT John Hilsenteger, 503.775.3038

Monday - Wednesday EMAIL Brad at [bradg@osaa.org](mailto:bradg@osaa.org)

## **STATE CHAMPIONSHIPS**

### 1. **ADMISSION:**

- a. **Participants:** Participants' numbers must be worn to be admitted through any gate. Participants' numbers must be worn to be admitted onto the infield for competition. After competition, participants must leave the infield.
- b. **Coaches:** All coaches may enter through any gate. Coaches' passes will be punched upon entry for all days.

### 2. **PACKET PICK-UP:** (Bowerman Building)

**Thursday**, May 21 – 4 p.m. to 6 p.m.

**Friday**, May 22 – 8 a.m. to 9:30 a.m.

**Saturday**, May 23 – 9 a.m. – Will Call window, Bowerman Building

**PACKET CONTENTS:** Each school will have one packet. Each packet will contain:

- 1) One participant's number for each participant.
  - 2) Coaches Passes: The total number of male participants determines the number of coaches passes for the boys' team. The total number of female participants determines the number of coaches passes for the girls' team. **MAXIMUM OF SIX PASSES PER SCHOOL.**
    - One coach's pass for schools with 1 - 3 participants **OR**
    - Two coaches' passes for schools with 4 - 7 participants **OR**
    - Three coaches' passes for schools with eight or more participants.
  - 3) One Souvenir Program. Additional programs can be purchased for \$5 at the merchandise booth.
  - 4) Additional State Championship Information.
3. **PARTICIPANTS' NUMBERS** must be worn on the front of the jersey except for the pole-vaulters. No participant will be allowed to compete without his or her assigned number. Participant numbers are to remain as issued and **ARE NOT TO BE EXCHANGED OR ALTERED.**
4. **TEAM UNIFORMS** are defined as school-issued uniforms. It is the responsibility of the coach and participants to see that all members of a relay team are wearing the same uniform. If there is any question about whether the uniforms conform, an opinion of the referee may be sought prior to the race. If the starter, referee, or any other championship official detects an illegal uniform prior to the start of the race; it is good practice in preventive officiating to call this to the attention of the participant. **HOWEVER, THE RESPONSIBILITY OF CONFORMING TO THIS RULE IS THAT OF THE PARTICIPANT, NOT THE CHAMPIONSHIP OFFICIALS** (see NFHS Rule 4-3-1).
5. **TIME SCHEDULE:** Actual time schedule for Friday's running events will be determined when the necessary number of heats is known for each event. The actual time schedule will be printed in the Souvenir Program.

#### **Friday, May 22**

Gates open at 8:00 a.m.

Track open 9:30 a.m. – 10:30 a.m.

Field Events begin - 10 a.m.

Running Events begin - 11 a.m.

#### **Saturday, May 23**

Gates open 8:00 a.m.

Track open 11:30 a.m. – 12:30 p.m.

Field Events begin – 9:30 a.m.

Running Events begin - 1 p.m.

### 6. **COACH / PARTICIPANT SEATING:**

- a. Bleacher sections have been reserved for coaches and participants, and special warm-up areas have been designated to eliminate the use of the track and infield.
- b. The Championship Referee has the authority to assess penalties against any team whose coach is found on the track or infield and against any participant using the track or infield for warm-up or found on the track or infield while not participating in an event.
- c. All participants are requested to please remove shoes with spikes before entering the grandstands.

### 7. **WARM-UP:**

- a. **TRACK EVENTS:** There is a practice track located outside the south end of Hayward Field. Warm-up is also allowed on the turf surface behind the check-in tents.

- b. FIELD EVENTS: Participants will be allowed on the field 45 minutes (exception – Pole Vault is one hour) before their event is scheduled to begin. No throwing of implements at any other area than the designated competition area.

8. **HOW RACES ARE TO RUN:**

- a. The 800-meter run shall be run in lanes around the first turn only.
- b. The 1,600-meter Relay shall be run in lanes the first lap, using a three-turn stagger.

9. **IMPLEMENTS AND EQUIPMENT:**

- a. All implements to be used in the Shot Put, Javelin, and Discus should be marked for identification purposes and must be turned into the weight judge as per instructions in the coaches' packets. Coaches bear full responsibility for retrieving a team's equipment and implements, as well as warm-ups, shoes, and other belongings following competition. The University of Oregon and the OSAA cannot be responsible for taking care of your implements.
- b. All schools will be advised that all implements must be checked in through weights and measures. No **"warm-up" implements** will be permitted on the facilities. Any competitor found with an implement that has not been certified will be subject to disqualification from the event.
- c. Starting blocks will be furnished.
- d. Relay batons will be furnished.
- e. Shoes of all participants are expected to be legal by rule and meet the spike length requirements as listed below. The Meet Referee has the authority to disqualify a participant who does not meet these requirements.
- f. **At University of Oregon:** Participants will not be allowed to use spikes longer than 1/4 inch except as follows: high jump and javelin - 3/8 inch on heel of planting shoe. NOTE: Spikes will be checked by Clerk of Course at check-in. If longer than specifications, they must be changed or participant will not be allowed to compete.

10. **SECTORS FOR THROWING EVENTS:** Shot Put – 34.92° Discus – 34.92° Javelin – See NFHS Rule 6-6-4

11. **WEIGH-IN OF IMPLEMENTS:** Weigh-in will be at Hayward Field, south end of East Grandstand with the following schedule: (No weigh-ins after designated closing time).

**Thursday**, May 21 – 4 p.m. to 6 p.m.

**Friday**, May 22 – 9 a.m. to 3 p.m.

**Saturday**, May 23 – 8 a.m. to 2 p.m.

12. **POLE VAULT WEIGH-IN:**

- a. All participants will weigh-in wearing their competition clothing (including footwear) prior to the event as per the schedule below.
- b. Participants will be allowed to step on and off the scales two times.
- c. If clothing is removed between the first and second weigh-in, this clothing will not be worn during competition or the competitor may be disqualified.

<b><u>4A</u></b> (Weights & Measures Bldg)	<b><u>5A</u></b> (Weights & Measures Bldg)	<b><u>6A</u></b> (Weights & Measures Bldg)
Friday, May 22 <b>Boys</b> – 10:30 a.m. – 11:30 p.m.	Friday, May 22 <b>Boys</b> – 1:00 p.m. – 2:00 p.m.	Friday, May 22 <b>Boys</b> – 8:00 a.m. – 9:00 a.m.
Saturday, May 23 <b>Girls</b> – 10:00 a.m. – 11:00 a.m.	Saturday, May 23 <b>Girls</b> – 7:30 a.m. – 8:30 a.m.	Saturday, May 23 <b>Girls</b> – 12:30 p.m. – 1:30 p.m.

13. **POLE CERTIFICATION:** All Poles will be certified per NFHS Rule 7-5-5. Poles will be impounded until the start of the warm-up period.

14. **EVENT CALL:**

- a. Running Events: First event call will be 30 minutes prior to the start of the first heat of the event. Athletes should check in with the Clerk at this time, regardless of heat assignment. Final call will be made 15 minutes prior to the start of the event. At this time, all participants must report to the Clerk's table. In preliminary rounds, participants will be escorted directly to the start of the event. In final events, the participants will be escorted to the start of the event and introduced.

- b. **Field Events:** In preliminary rounds, all participants should report to the event area 30 minutes prior to the scheduled start. Final call will be made 15 minutes prior to the start of the event. At this time, all participants must report to the Field Judge at the event location.

15. **CHECK MARKS:**

- a. **Running Events: Running Events:** Each participant will be limited to two check marks (maximum of 12" long and 2" wide) with location to be determined by Games Committee. Tape only (flat thumb tacks if needed – NO CHALK) Checkmarks placed on the track prior to assigned heats will removed by the Games Committee.
- b. **Field Events:** A marker shall not be placed on the runway or in the landing pit. A competitor may place one or two markers (supplied or approved by the games committee) alongside the runway to assist in the run-up and take-off.

16. **APPEALS:** Any coach who wishes to appeal the results of any event must complete the Track Appeal Form and present it to the meet referee at the meet office located next to weights and measures with a \$25 fee. The appeal must reference the specific NFHS rule being appealed. This fee will be refunded if the appeal is granted. OSAA will be the final authority for settling any differences regarding officials, participants, schools, coaches, and general policies. NOTE: A Coaches Advisory Panel made up of three persons selected by the Oregon Athletic Coaches Association and approved by the OSAA will be provided for each State Championship. This panel will serve in an advisory capacity and will be available if the referee wishes to consult with them.

17. **SURFACES:** Track - Beynon Sports Surfaces 2000 Dual Durometer (full-pour polyurethane)  
Long Jump, Pole Vault, High Jump, Javelin approaches - Beynon Sports Surfaces 2000  
Shot and Discus circles - brushed concrete

18. **EVENT CONDUCT:**

- a. Participants must be warmed up and ready to go when call is given for an event. All trials must be completed within the time periods prescribed. For safety reasons ipods, radios, headphones, walkmans, cell phones, and any other personal communication devices will not be allowed on the track or on the infield of the track. One warning will be issued to any coach or athlete if found using any type of personal communication device in an event venue. Any subsequent violation of this rule may lead to disqualification.
- b. Due to safety issues, athletes are not to retrieve their implements on the field, nor to venture onto the field at any time during competition. Implements will be returned to the athletes in a safe area. Any violation could cause serious injury and/or disqualification.

19. **MULTIPLE EVENT ATHLETES:** A participant who is participating in two or more events at the same time shall have a maximum of 15 minutes from the time he / she checks out, or prior to the completion of the preliminaries to check back in at that event, whichever comes first. Participants with conflicting events must communicate with the officials of those events to alleviate this conflict as much as possible. Event judges and meet referee will follow the NFHS Rules Book in responding to those situations. For additional information, please refer to the Policy-Rules Reminder memo included in this information.

20. **RESULTS AND LANE ASSIGNMENTS:** Championship results and lane assignments will be posted at press box level on the west side. Championship results will not be distributed to coaches. Complete results will be posted on the OSAA website each day.

21. **FINALS IN SHOT, DISCUS, JAVELIN, LONG JUMP, and TRIPLE JUMP.** The top nine participants after the preliminary rounds will advance to the finals in these events.

22. **ATHLETIC TRAINERS** will be available both Friday and Saturday at the southeast corner of Hayward Field for care and treatment of injuries. Pre-competition preparation and taping are the responsibility of the coaches and will not be handled by the trainer.

23. **TRACK / FIELD ACCESS:** Coaches will not be permitted on the field or track once competition has begun. Coaches in violation will subject their team to disqualification. Exception: High Jump / Pole Vault coaches may help athletes establish marks prior to the start of competition.

24. **AWARDS:**

- a. **Trophies** – Champion through fourth place trophies will be awarded in each classification for boys and girls at the conclusion of the championships on Saturday.
- b. **Medals** – Champion through 8<sup>th</sup> place medals will be awarded in each event. We would appreciate your cooperation by ensuring that your participants follow these instructions.
  - 1) **Running Events** – Participants will be escorted directly to the awards stand following each final running event.

- 2) **Field Events** – Participants should report to the awards stand immediately once the award winners for that field event are announced.
  - c. **Qwest Athlete of the Meet** – The top scoring male and female athlete in each classification be recognized as that classification's Qwest Athlete of the Meet. The winners will be announced over the PA and will receive a certificate and commemorative gift from Qwest the week following the championships. The certificate and gift will be mailed to the student's athletic director.
25. **STATE CHAMPIONSHIP RESULTS:** [www.osaa.org/track/](http://www.osaa.org/track/)
- Results for all preliminaries and finals will be posted on-site at Hayward Field. All results, plus team standings, will be posted to the OSAA website each day of the championships.

## **SOUVENIR INFORMATION**

*Additional information available on the OSAA website, [www.osaa.org/track/](http://www.osaa.org/track/)*

1. **SPORTS U MERCHANDISE:** [www.osaastore.com](http://www.osaastore.com)
  - a. **Finals Site:** Sports U will be on-site at Hayward Field with a wide variety of Track & Field State Championship souvenir merchandise. Stop by the merchandise booth to purchase t-shirts, sweatshirts, letterman patches, lapel pins, hats and much more. Items not sold at the event will be available for purchase online after the state championships while supplies last.
  - b. **Official Letterman Patches:** Get your official OSAA Track & Field State Championship letterman patch on-site at Hayward Field or by ordering online. Forget to get one last year? You can order an official letterman patch for any year in any OSAA activity by ordering online.
  - c. **Sports U Contact Information:** Sports U is the official merchandise vendor of the OSAA. For more information, contact Sports U at 888.221.2051 or via email at [erics@sportsu-store.com](mailto:erics@sportsu-store.com).
2. **NORTHWEST SPORTS PHOTOGRAPHY (NSP):** [www.4nsp.com](http://www.4nsp.com)
  - a. **Action and Awards Photos:** NSP will shoot photos throughout Friday and Saturday during all field and running events. Photos taken on Friday will be available for purchase on Saturday at NSP's booth. These action photos, along with action photos from Saturday and awards presentation photos, will be available online for purchase by Monday evening following the event.
  - b. **NSP Contact Information:** NSP is the official photographer of the OSAA. For more information, contact NSP at 800.446.5758 or via email at [customerservice@4nsp.com](mailto:customerservice@4nsp.com).
3. **OSAA CHAMPIONSHIP PROGRAMS:** [www.osaa.org/souvenirs/programs.asp](http://www.osaa.org/souvenirs/programs.asp)

Official Track & Field State Championship programs will be available at the OSAA merchandise booth at Hayward Field for \$5. The program includes heat sheets for that day's events, a schedule of events, a listing of entries by school, historical state championship records and an 11"x17" color map of all OSAA member schools. Heat sheets for Saturday will be available at the OSAA merchandise booth for \$2. Forget to get yours at the event? Order online or by calling 503.682.6722.
4. **MINI REPLICAS TROPHIES:** [www.osaa.org/souvenirs/minitrophy.asp](http://www.osaa.org/souvenirs/minitrophy.asp)

The OSAA is proud to be able to offer mini replicas of the trophies presented at the OSAA State Championships. Mini replica trophies are 8" tall x 10" wide x 5" deep and make a great gift for coaches, students, parents, etc. Mini replicas can be produced for teams and individuals for any year in any OSAA activity. Each mini replica trophy is \$45 and that includes a personalized nameplate, shipping & handling. Order online or by calling 503.682.6722.
5. **JOSTENS CHAMPION RINGS:** [www.osaa.org/souvenirs/jostens.asp](http://www.osaa.org/souvenirs/jostens.asp)

Both team and individual champions can now celebrate their hard work, dedication and success with an Official Champion Ring from Jostens. Champion rings come in eight stone colors with a metal choice of either White Lustrium or Yellow Suncast. Customize the sides of your ring with your name, number, school or mascot. The OSAA logo and activity panel depicting your championship will decorate the sides of your Champion Ring. You may also order a Champion Ring from previous years. Contact your Jostens representative or call 800.839.7125 to order.



OSAA / U.S. Bank / Les Schwab Tires  
**2009 TRACK & FIELD STATE CHAMPIONSHIPS**  
3A-2A-1A – May 15-16, 2009 – WOU, Monmouth, OR  
6A-5A-4A – May 22-23, 2009 – Hayward Field, UO, Eugene, OR



## QUALIFICATION & SEEDING CRITERIA

1. **QUALIFICATION FOR STATE CHAMPIONSHIPS** (excerpt 2009 OSAA Track and Field Plan):
  - a. All District Meets will follow 2009 NFHS Track and Field Rule 4-2-4(c) – “In meets which involve four or more schools, not more than three contestants from a given school shall be allowed to enter an individual event.
  - b. First and second place District Meet winners for each event, including relays, shall qualify for the State Meet. All ties for second place, if the performance does not meet the Qualifying Standard for the event, must be resolved at the district level.
  - c. Qualifying Standard:
    - 1) Any additional participants meeting the Qualifying Standard for an event in the District Meet may qualify for the State Meet.
    - 2) Qualifying Standards must be met in the District Meet finals only. (**EXCEPTION:** If met in one of the three preliminary attempts in the Shot Put, Discus, Javelin, Triple Jump or Long Jump, the performance shall count.)
    - 3) No performance in sub-district or qualifying heats shall count for qualification to the State Meet.
  - d. High Jump and Pole Vault. Suggestion for State qualifying: In the rare case where Rule 7-3 does not break a tie for second place, equal team points shall be awarded to those tied for second place. If those tied for second place are below the Qualifying Standard, it is suggested that the second qualifier from that district be determined by Rule 7-4-17 or 7-5-30.
2. **PRELIMINARIES – SEEDING:**
  - a. Hand timed vs. FAT – As per Rule 3-9-4 of the 2009 NFHS Track & Field Rules Book “...unless it is a fully automatic system, times registered in one-hundredth of a second shall be rounded up to the next tenth of a second. (Example: 10.42 will be recorded as 10.5 unless a FAT system is used.) If FAT and manual times must be integrated, the hand-held times shall first be rounded up to the slower one-tenth of a second. Then a conversion factor of .24 must be added (i.e., HT + .24 = FAT) All hand timed district meets are to send in results rounded up to the nearest 1/10 second. DO NOT CONVERT as the computer will do this. All conversions will be made from hand times to FAT in accordance with the NFHS Rules Book (i.e., round up to nearest 1/10 second and then add .24 second for all events).
  - b. When forming heats for running events:
    - 1) All entrants shall be placed into heats in order of their times:
    - 2) Entrants in a running event from the same school shall not be placed in the same heat, except where unavoidable.
  - c. Lane assignments for all preliminary running events, except the 1,500-m and 3,000-m, shall be made with the fastest time in lane 4, second fastest time in lane 5, third fastest time in lane 3, fourth fastest time in lane 6, etc. For the 1,500-m and the 3,000-m, fastest time is placed on outside, second fastest time next, etc., toward the inside of the track. If more than 16 runners are in a race, 17th fastest time is placed in second row behind 16th fastest time, 18th fastest time is placed behind 15th fastest time, etc.

**NOTE:** For the 800-m run the following procedures will be used:

    - 12 or less qualifiers - one heat with additional qualifiers beyond 8 placed using the following lane order – 2,7,1,8
    - 13 or more qualifiers - two preliminary heats.
  - d. When there are **two heats, three contestants from each heat, plus the next two fastest times**, shall qualify for the final in that event. **EXCEPTION:** In the 1,500-m, six contestants from each heat shall qualify for the final.
  - e. When there are **three heats, two contestants from each heat, plus the next two fastest times**, shall qualify for the final in that event.
  - f. There will be preliminary heats for all running events, except as follows:
    - 1) **Boys/Girls -- 1,500 meters**, if there are not more than 21 contestants.
    - 2) **Boys/Girls -- 3,000 meters**.
3. **FINALS – SEEDING:**
  - a. In all field events, except the Pole Vault and High Jump, nine contestants shall qualify for the finals.
  - b. In all running events, except the 1,500-m, heat winners are assigned lanes based on preliminary times. All other qualifiers then are assigned lanes based on preliminary times. In the 1,500-m, seeding is by times only with the fastest time next, etc., on toward the inside of the track.
  - c. Rule 3-9-4 regarding FAT and hand times also shall be used when seeding from the preliminaries and finals.

# 2009 State Track and Field Meet Qualifying Standards

## *Boys*

**(Five-year average of fifth place) \***

	CLASS 6A		CLASS 5A		CLASS 4A		CLASS 3A	
	FAT	Hand	FAT	Hand	FAT	Hand	FAT	Hand
100.....	11.19	10.9	11.24	11.0	11.39	11.1	11.76	11.5
200.....	22.39	22.1	22.57	22.3	22.96	22.7	23.50	23.2
400.....	50.36	50.1	50.77	50.5	51.38	51.1	52.15	51.9
800.....	1:56.09	1:55.8	1:57.09	1:56.8	1:58.65	1:58.4	2:02.16	2:01.9
1500.....	3:59.98	3:58.7	4:01.19	4:00.9	4:05.49	4:05.2	4:17.03	4:16.7
3000.....	8:43.77	8:43.5	8:46.86	8:46.6	9:03.49	9:03.2	9:26.59	9:26.3
110 High Hurd .....	15.28	15.0	15.52	15.2	15.66	15.4	16.49	16.2
300 Int Hurd.....	39.87	39.6	41.52	41.2	40.96	40.7	42.74	42.5
Long Jump.....		21-8		21-8		21-5		20-2
Triple Jump.....		44-3		43-6		42-4		41-0
Shot Put.....		52-7		51-6		49-6		46-6
Discus.....		152-0		151-0		146-0		140-0
Javelin.....		179-0		175-0		172-0		161-0
High Jump .....		6-4		6-3		6-2		6-2
Pole Vault .....		14-1		13-7		13-7		12-5

**(Five-year average of third place)**

4x100 Relay.....	42.83	42.5	43.15	42.9	44.21	43.9	44.74	44.5
4x400 Relay.....	3:21.85	3:21.6	3:24.90	3:24.6	3:27.14	3:26.9	3:31.84	3:31.6

\* NOTE: Four-year average for Class 5A and Class 2A.

# 2009 State Track and Field Meet Qualifying Standards

## *Boys*

**(Five-year average of fifth place) \***

	CLASS 2A		CLASS 1A	
	FAT	Hand	FAT	Hand
100.....	11.71	11.4	12.02	11.7
200.....	23.60	23.3	24.15	23.9
400.....	52.28	52.0	53.08	52.8
800.....	2:02.99	2:02.7	2:06.11	2:05.8
1500.....	4:17.47	4:17.2	4:22.46	4:22.2
3000.....	9:26.11	9:25.8	9:45.44	9:45.2
110 High Hurd .....	16.45	16.2	17.24	17.0
300 Int Hurd.....	43.17	42.9	43.54	43.3
Long Jump.....		20-4		19-9
Triple Jump.....		40-10		40-9
Shot Put.....		45-6		45-0
Discus.....		137-0		127-0
Javelin.....		161-0		154-0
High Jump .....		5-11		5-9
Pole Vault .....		12-1		11-1

**(Five-year average of third place)**

4x100 Relay.....	44.81	44.5	45.97	45.7
4x400 Relay.....	3:31.61	3:31.3	3:37.47	3:37.2

\* NOTE: Three-year average for Class 5A and Class 2A.

# 2009 State Track and Field Meet Qualifying Standards

## *Girls*

**(Five-year average of fifth place) \***

	CLASS 6A		CLASS 5A		CLASS 4A		CLASS 3A	
	FAT	Hand	FAT	Hand	FAT	Hand	FAT	Hand
100.....	12.57	12.3	12.69	12.4	12.99	12.7	13.31	13.0
200.....	25.75	25.5	25.96	25.7	26.60	26.3	27.13	26.8
400.....	58.28	58.0	59.23	58.9	59.40	59.1	1:01.33	1:01.0
800.....	2:18.95	2:18.7	2:20.03	2:19.7	2:22.69	2:22.4	2:24.63	2:24.3
1500.....	4:43.64	4:43.4	4:49.77	4:49.5	4:52.87	4:52.6	4:58.76	4:58.5
3000.....	10:20.98	10:20.7	10:38.38	10:38.1	10:45.00	10:44.7	11:07.92	11:07.6
100 High Hurdles....	15.72	15.4	15.85	15.6	16.39	16.1	17.19	16.9
300 Low Hurdles....	46.20	45.9	46.34	46.1	47.78	47.5	49.51	49.2
Long Jump.....		17-1		16-10		16-6		16-4
Triple Jump.....		35-8		35-9		34-8		34-1
Shot Put.....		38-6		37-6		37-0		35-6
Discus.....		121-0		115-0		114-0		108-0
Javelin.....		131-0		127-0		121-0		117-0
High Jump.....		5-2		5-2		5-0		5-0
Pole Vault.....		11-0		10-5		10-0		8-10

**(Five-year average of third place)**

4x100 Relay.....	48.92	48.6	49.53	49.2	50.70	50.4	51.70	51.4
4x400 Relay.....	3:57.89	3:57.6	4:00.75	4:00.5	4:03.35	4:03.1	4:13.26	4:13.0

\* NOTE: Three-year average for Class 5A and Class 2A.

# 2009 State Track and Field Meet Qualifying Standards

## *Girls*

**(Five-year average of fifth place) \***

	CLASS 2A		CLASS 1A	
	FAT	Hand	FAT	Hand
100.....	13.28	13.0	13.76	13.5
200.....	27.23	26.9	28.09	27.8
400.....	1:01.19	1:00.9	1:03.65	1:03.4
800.....	2:26.22	2:25.9	2:32.03	2:31.7
1500.....	4:57.46	4:57.2	5:16.10	5:15.8
3000.....	11:10.38	11:10.1	11:55.61	11:55.3
100 High Hurdles....	17.16	16.9	17.80	17.5
300 Low Hurdles....	49.24	49.0	50.75	50.5
Long Jump.....		16-1		15-3
Triple Jump.....		33-3		32-0
Shot Put.....		35-0		33-6
Discus.....		102-0		106-0
Javelin.....		113-0		110-0
High Jump .....		5-0		4-9
Pole Vault .....		8-5		7-7

**(Five-year average of third place)**

4x100 Relay.....	51.67	51.4	53.64	53.4
4x400 Relay.....	4:13.97	4:13.7	4:20.91	4:20.6

\* NOTE: Three-year average for Class 5A and Class 2A.



2009 6A-5A-4A TRACK & FIELD STATE CHAMPIONSHIPS  
May 22-23, 2009 – Hayward Field, University of Oregon, Eugene, OR



TENTATIVE TIME SCHEDULE

(05/06/09)

Friday, May 22, 2009 – Running Events

Heat 1 Heat 2 Heat 3

Table with 4 columns: Event Name, Heat 1, Heat 2, Heat 3. Lists various track events like Wheelchair 1500-meter, 4A Girls 4x100-meter Relay, etc.

Friday, May 22, 2009 – Field Events

Table with 2 columns: Event Name, Time. Lists field events like 4A Boys Discus, 4A Boys Pole Vault, etc.

Table with 2 columns: Event Name, Time. Lists field events like 4A Girls Discus, 4A Girls Pole Vault, etc.

High Jump, Pole Vault Starting Heights & Increments

Table with 2 columns: Event Name, Starting Height/Increment. Lists events like 6A Boys High Jump, 6A Boys Pole Vault, etc.

Saturday, May 23, 2009 – Running Events (Finals)

Table with 4 columns: Event Name, 5A, 6A, 5A, 6A. Lists final events like Girls 4x100-meter Relay, Boys 4x100-meter Relay, etc.

Saturday, May 23, 2009 – Field Events

Table with 2 columns: Event Name, Time. Lists field events like 4A Boys Javelin, 4A Boys Long Jump, etc.

NOTE: Actual time schedule for running events will be determined when the number of heats is known for each event. The actual time schedule will be posted on the OSAA website on Sunday, May 17, 2009 and printed in the souvenir program.



OSAA / U.S. Bank / Les Schwab Tires  
**2009 TRACK & FIELD STATE CHAMPIONSHIPS**  
3A-2A-1A – May 15-16, 2009 – WOU, Monmouth, OR  
6A-5A-4A – May 22-23, 2009 – Hayward Field, UO, Eugene, OR

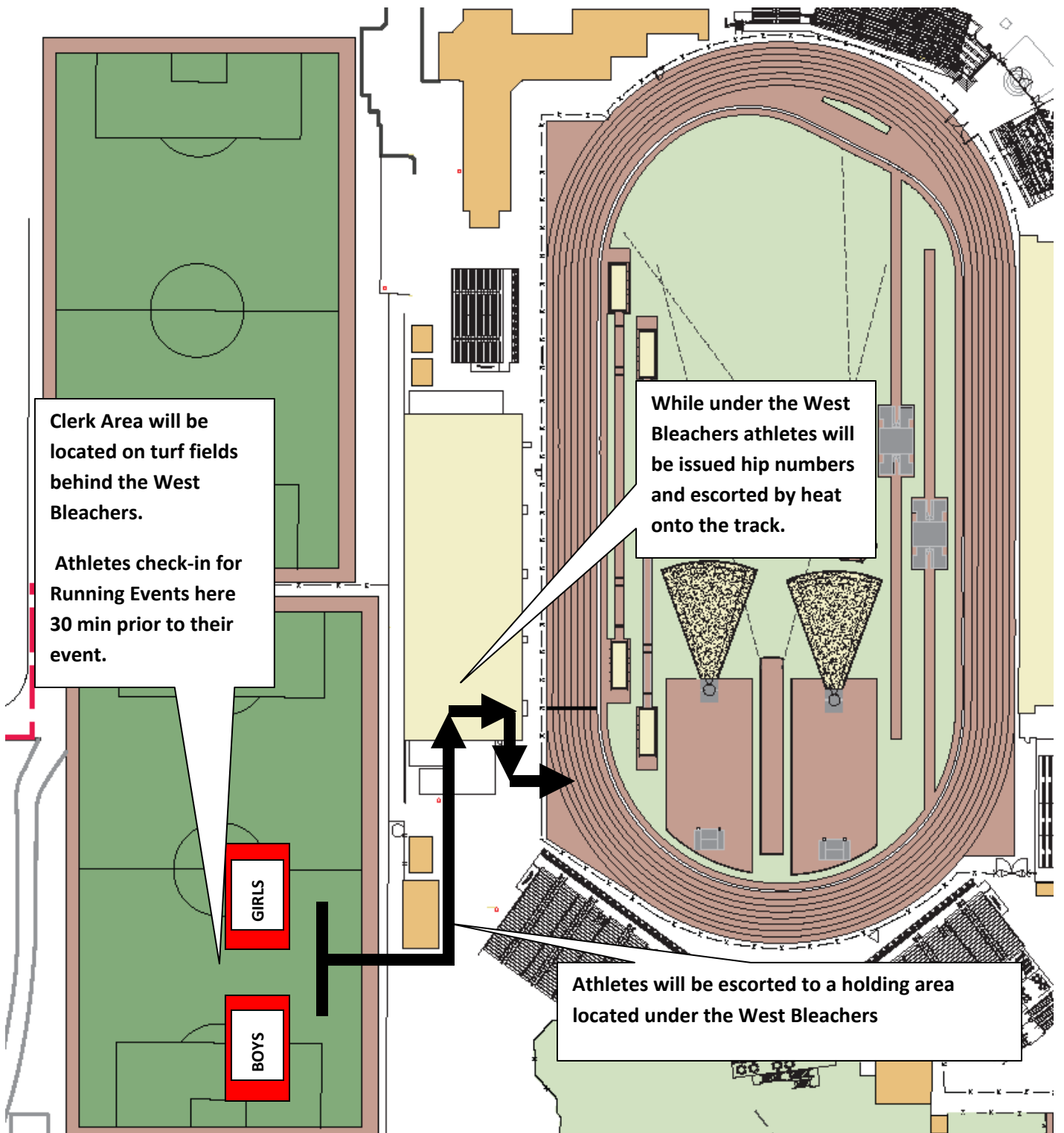


May 2009

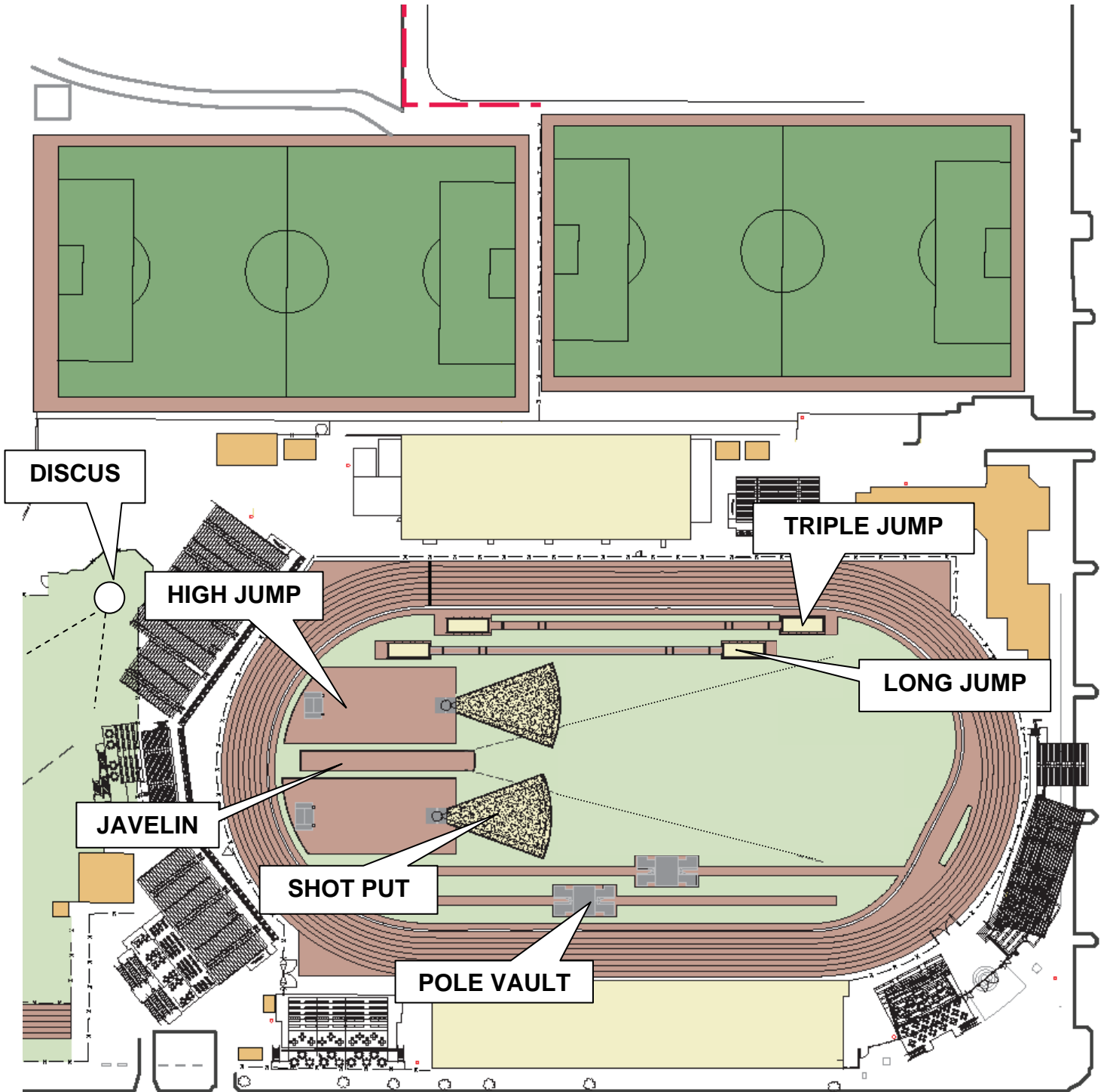
TO: Track Coaches  
FROM: Brad Garrett, Assistant Executive Director  
SUBJECT: Policy / Rule Reminders for Track and Field State Championships

1. Preventive Officiating - All coaches and officials are reminded that if there is any question about whether a uniform / shoes / implement / etc. conforms to NFHS rules, it is good practice of preventive officiating to call this to the attention of the participant / coach / event official prior to the start of the event. An opinion may be sought from the official / referee prior to the start of the event. However, the responsibility of conforming to this rule is that of the contestant, not the meet official.
2. "Jewelry shall not be worn, except for religious or medical medals. A religious medal must be taped and worn under the uniform. A medical alert must be taped and may be visible." NFHS Rule 4-3-3.
  - a. Rule 4-3-3 is applicable to all running and field events conducted during the event. Any jewelry placed on the uniform and / or through a body part is illegal unless as described as in Rule 4-3-3.
  - b. As a precautionary measure, any participant that will be wearing a religious or medical medal during competition should verify with the Meet Referee that they conform to Rule 4-3-3 prior to competing.
3. Under the authority of NFHS Rule 3-2-4 (o) – The Games Committee will restrict the wearing of costumes, hats, baseball caps, kerchiefs, bandanas, and other variations of headwear which are worn in excess of the traditional school uniform required by the rule. Exceptions to this rule shall be granted only by the Meet Referee prior to competing.
4. Please be advised that all state track meet event judges and officials have been instructed, as per the NFHS Track and Field Rule Book (Rule 6-2-10), "Time limits for competitors excused to compete in another event shall be determined by the games committee."
  - a. A participant who is participating in two or more events at the same time shall have a maximum of 15 minutes from the time they check out, or prior to the completion of the preliminaries to check back in at that event, whichever comes first. Participants with conflicting events must communicate with the official of those events to alleviate this conflict as much as possible. Event judges and meet referee will follow the NFHS Rules Book in responding to those situations.
  - b. Reminder to all athletes, coaches, and event officials of the following NFHS Rules:
    - 1) Rule 6-2-6 (Throwing Events) - "In both preliminaries and finals, the head event judge **may** allow trials to be taken in succession to accommodate those who may be excused to participate in other events..."
    - 2) Rule 7-6-10 (Long Jump / Triple Jump) - "... in both preliminaries and finals, trials **may** be taken in succession to accommodate those who may be excused to participate in other events..."
    - 3) Rule 7-6-11 (Long Jump / Triple Jump) - "The head event judge **may** change the order of competition in the preliminaries to accommodate those who may be excused to participate in other events. In horizontal jump events, any reasonable request for a change in order should be granted. The judge may choose to permit a competitor to take preliminary and final trials in succession..."
5. Event Conduct – Participants must be warmed up and ready to go when call is given for an event. All trials must be completed within the time periods prescribed. For safety reasons ipods, radios, headphones, walkmans, cell phones, and any other personal communication devices will not be allowed on the track or on the infield of the track. One warning will be issued to any coach or athlete if found using any type of personal communication device in an event venue. Any subsequent violation of this rule may lead to disqualification.

# ATHLETE CHECK-IN CLERKING PROCEDURES



# HAYWARD FIELD





OSAA / U.S. Bank / Les Schwab Tires  
**2009 6A-5A-4A TRACK & FIELD STATE CHAMPIONSHIPS**  
May 22-23, 2009  
Hayward Field, University of Oregon, Eugene, OR



## **BUS PARKING INFORMATION**

To All Coaches and Bus Drivers:

No parking in vicinity of Hayward Field.

All school buses and oversized vans are to park in Lot 8 at Autzen Stadium.

- ◆ Centennial Blvd
- ◆ Right on Leo Harris Parkway
- ◆ Park in Lot 8 (on right after footbridge)

It is a 10-minute walk from Lot 8 to Hayward Field.

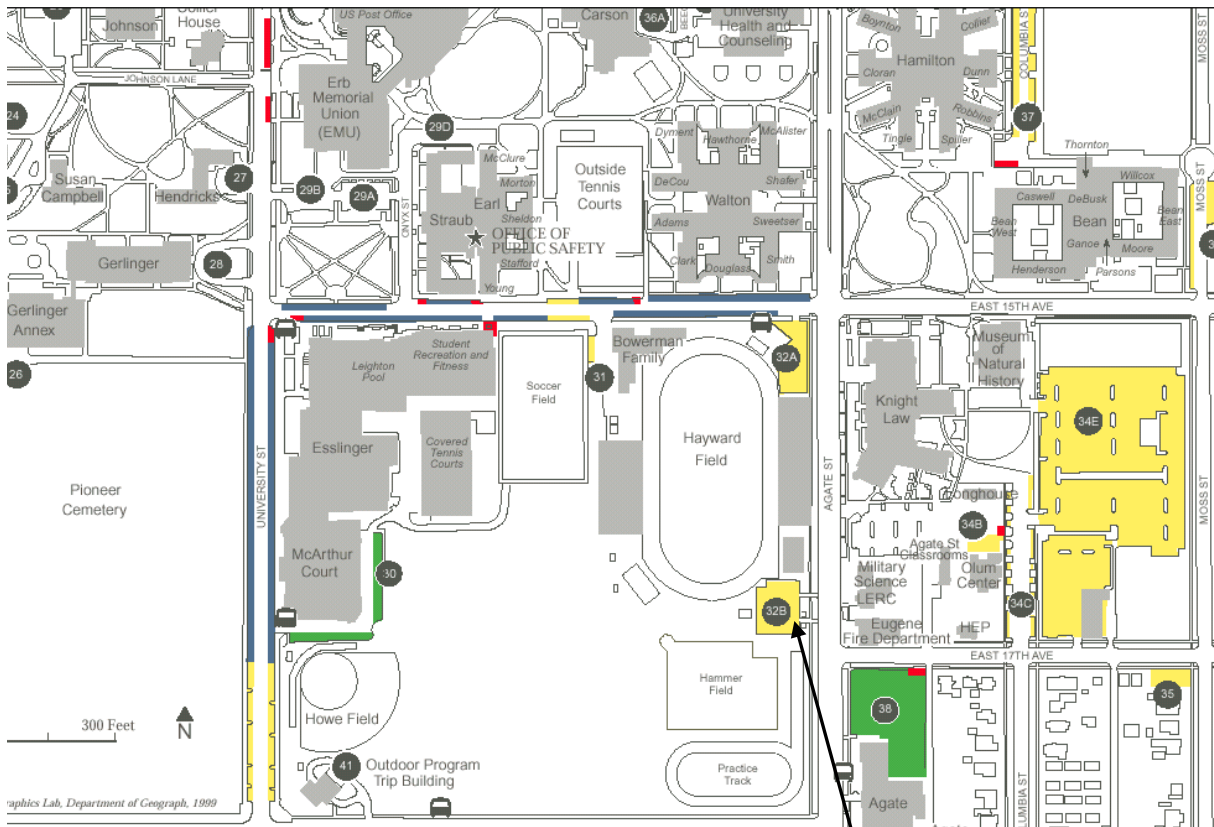
A drop off area will be provided for dropping participants and spectators near the Ticket Booth and participant's Pass Gate located at Gate 15 on Agate Street.

Thank you for your cooperation.

# University of Oregon Area Map



## Hayward Field and surrounding area



**Gate 15 – Participant Drop-Off Area**