



OSAA / U.S. Bank / Les Schwab Tires
2009 3A-2A-1A TRACK & FIELD STATE CHAMPIONSHIPS
May 15-16, 2009
Western Oregon University, Monmouth, OR



DISTRICT MEET DIRECTOR INFORMATION

Additional information available on the OSAA website, www.osaa.org/track/

PRE-DISTRICT MEET

1. **DISTRICT MEET DIRECTOR RESPONSIBILITY:** Each item below is the District Meet Director's responsibility. If you have any questions about any of these responsibilities please contact me at 503.682.6722, ext. 229 or email bradq@osaa.org.
2. **STATE CHAMPIONSHIP ENTRY FORM: DO NOT USE LAST YEAR'S FORMS**
 - a. In addition to your district's state championship entries, we are requiring information regarding the number of participants and the names of the schools participating at your district meet. This information is on the lower left-hand side of the State Championship Entry Form.
 - b. **Prior to your district meet** – You will receive an email from me asking you to download the State Championship Entry form, fill it out, and send back an attachment as test. Please fill out all heading information and at least two lines of entries.

DURING DISTRICT MEET

1. **STATE CHAMPIONSHIP INFORMATION DISTRIBUTION:** The State Championship Information must be downloaded from the OSAA website. Tight timelines dictate distribution of materials for the state championship must be done at the district meet site. PLEASE ensure that each coach in your district receives the [AD & Coach Information at the District Meet](#). Your assistance in distributing this information is very much appreciated.
2. **QUALIFICATION FOR STATE CHAMPIONSHIPS:** (*excerpt 2009 OSAA Track and Field Plan*)
 - a. All District Meets will follow 2009 NFHS Track and Field Rule 4-2-4(c) – "In meets which involve four or more schools, not more than three contestants from a given school shall be allowed to enter an individual event.
 - b. First and second place District Meet winners for each event, including relays, shall qualify for the State Meet. All ties for second place, if the performance does not meet the Qualifying Standard for the event, must be resolved at the district level.
 - c. Qualifying Standard:
 - 1) Any additional participants meeting the Qualifying Standard for an event in the District Meet may qualify for the State Meet.
 - 2) Qualifying Standards must be met in the District Meet finals only. (**EXCEPTION:** If met in one of the three preliminary attempts in the Shot Put, Discus, Javelin, Triple Jump or Long Jump, the performance shall count.)
 - 3) No performance in sub-district or qualifying heats shall count for qualification to the State Meet.
3. High Jump and Pole Vault. Suggestion for State qualifying: In the rare case where Rule 7-3 does not break a tie for second place, equal team points shall be awarded to those tied for second place. If those tied for second place are below the Qualifying Standard, it is suggested that the second qualifier from that district be determined by Rule 7-4-17 or 7-5-30.

POST-DISTRICT MEET

1. **STATE CHAMPIONSHIP ENTRY FORM** – it is imperative that district meet directors fill out the State Championship Entry Form with the correct information for each of the state qualifiers. Immediately upon completion of your district meet: (If you have already downloaded the form to your hard drive or disk, skip to Step 2.a.2)

- a. At the conclusion of the district meet, the State Championship Entry Forms shall be transmitted via email to support@directathletics.com and jhilsy@dsl-only.net and garrett.brad@gmail.com. This email must be received on

Saturday, May 9, 2009 no later than 8 p.m.

- 1) **It is imperative that district meet directors** fill out the State Championship Entry Form with the correct information for each of the state qualifiers. Please check entries and accuracy of information before sending to OSAA. Please ensure that you have included first name, last name, year in school (i.e. 9, 10, 11, 12 – **NOT Fr, So, Jr, Sr**) school, and mark of each qualifier.
 - 2) Use the appropriate entry forms designated for boys and girls. If there are more qualifiers than there are lines for an event, use the extra lines provided at the end of the form.
- b. For all relays, please list the four members of the team and up to two alternates on the participants' lines. If alternates are not listed as entries, they may not participate in the state championship in that event.
- c. If you use fully automatic timing (FAT) at your district meet, list the fully automatic times on the entry form. If you use hand times, please round up all times to the nearest 1/10, i.e., 26.50 rounds to 26.5 and 26.51 rounds to 26.6. The Hy-Tek program will automatically convert the non-FAT times for seeding purposes. **DO NOT CONVERT.**
- d. To determine whether a participant meets the qualifying standard for an individual event, please see the *Qualifying Standards for 2009* in this packet.
2. **DOWNLOAD after May 1** the State Championship Entry Form from the OSAA website, www.osaa.org/track/
- a. Click on "Official Entry Form."
 - 1) Save form to your hard drive or disk. Save as "*Classification–District Track*" (i.e., 3A-2 Track, 2A-6 Track, 1A-1 Track).
 - 2) Open the *saved* file and enter all information directly on BOTH Boys and Girls State Entry forms. MAXIMIZE the Excel screen so that you can see the tabs (*Boys, Girls, School Names List - Alpha; and School Names List - Class*) at the bottom of the workbook. Use your "TAB" key to move between cells.
 - a) Use upper and lower case letters, the first and last names and school of each qualifier, Spelling is crucial – it improves the accuracy of name matching.
 - b) Use the numerical year in school (i.e., 9, 10, 11, 12) not fr, so, jr, sr.
 - c) You must use the School Names List (Alpha or Class) when entering the school names. NO ABBREVIATIONS i.e., Hillsboro not HilHi; McLoughlin not Mac-Hi, Yamhill-Carlton not Y-C, Hood River Valley not HRV, etc. Use of abbreviations will result in entries not being accepted by the meet software.
 - 3) Use your "TAB" key to move between cells.
 - 4) Please check entries and accuracy of information before sending to OSAA. Please ensure that you have included first name, last name, year in school (i.e. 9, 10, 11, 12 – **NOT Fr, So, Jr, Sr.**) school, and mark of each qualifier.
 - 5) **Complete BOTH forms (BOYS and GIRLS)**. Save file.
 - 6) Print a copy for your records.
 - 7) Send as an attachment to support@directathletics.com and jhilsy@dsl-only.net and garrett.brad@gmail.com.

Saturday, May 9, 2009 no later than 8 p.m.

3. **POSTING TIMELINE:**
- a. All entry names and marks for each event will be **posted on the OSAA website**, www.osaa.org on Sunday, May 10, 2009 by 6 p.m.
 - b. District Meet Directors **AND** coaches of qualifying individuals **are responsible for checking the accuracy of the entry information. Please check all entries for correct spelling of participant's name, year in school, school name, etc.**, as this information **will appear the same way in the souvenir program** unless corrected.
4. **CORRECTIONS ONLY:** (*spelling, grade, school, marks, etc.*)

Sunday CONTACT John Hilsenteger, 503.775.3038
Monday-Wednesday EMAIL Brad at bradg@osaa.org

CORRECTIONS MADE AFTER 8 a.m. ON MONDAY, WILL NOT APPEAR IN THE SOUVENIR PROGRAM

5. **STATE CHAMPIONSHIPS – INDIVIDUAL SPORT SUBSTITUTIONS** (OSAA Handbook, Executive Board Policies):

F. Track and Field (Revised Spring 2007)

- 1) Event Limitation. NFHS rules allow an athlete to be entered in four events, excluding relays. Coaches of athletes entered in four events and both relays have until 4 p.m. on the Monday (**May 11, 2009**) preceding the state championship to notify the OSAA of the four events in which the athlete will compete in at the state championship. Failure to notify the OSAA by the indicated deadline shall result in the athlete being scratched first from the 4x100 Relay and then from the 4x400 Relay, if needed.
- 2) Multiple Event Qualifiers and Relays. This deadline is for a participant withdrawing from the championship in one event but remaining in others and for submission of up to six names for a relay team.
 - a) Multiple Event Qualifiers: Except as indicated below, participants who qualify in more than one event shall participate in all the events for which they qualify from preliminaries to finals.
 - (1) If a District Meet Director notifies the OSAA of a change prior to 4 p.m. on the Monday (**May 11, 2009**) preceding the state championship, an individual may drop from one or more events in which he/she is qualified. The next place winner at the District Meet in the respective event or events is eligible as a substitute.
 - (2) If the OSAA has not been notified of a change prior to 4 p.m. on the Monday (**May 11, 2009**) preceding the state championship, the participant who has qualified in multiple events must compete in all qualified events or he/she shall be scratched from all events in which the participant has qualified.
 - b) Relay Event Entries: Qualifying teams may enter the names of up to six individuals in relay events.
 - (1) Qualifying relay teams failing to enter six individuals may not add individuals to the state championship meet after the established Monday (**May 11, 2009**) deadline.
 - (2) Any four of the listed individuals may compete and it shall count as an event only for the four who compete. It is not necessary to use the same four runners in the finals that participated in the preliminaries, but any substitution must already be entered into the meet.
- 3) Single or Multiple Event Qualifiers Dropping All Events or Substitutions only on Relays. This deadline is for a participant dropping out of the state championship and being replaced by another participant or participants.
 - a) If a District Meet Director notifies the OSAA by 4 p.m. two days prior (**Wednesday, May 13, 2009**) to the first day of the state championship that a single event or multiple event qualifier is dropping all events, a substitution or substitutions may be made.
 - b) The next place winner at the District Meet in the respective event or events is eligible as a substitute.

Sunday CONTACT John Hilsenteger, 503.775.3038

Monday - Wednesday EMAIL Brad at bradg@osaa.org



OSAA / U.S. Bank / Les Schwab Tires
2009 TRACK & FIELD STATE CHAMPIONSHIPS
3A-2A-1A – May 15-16, 2009 – WOU, Monmouth, OR
6A-5A-4A – May 22-23, 2009 – Hayward Field, UO, Eugene, OR



QUALIFICATION & SEEDING CRITERIA

1. **QUALIFICATION FOR STATE CHAMPIONSHIPS** (excerpt 2009 OSAA Track and Field Plan):
 - a. All District Meets will follow 2009 NFHS Track and Field Rule 4-2-4(c) – “In meets which involve four or more schools, not more than three contestants from a given school shall be allowed to enter an individual event.
 - b. First and second place District Meet winners for each event, including relays, shall qualify for the State Meet. All ties for second place, if the performance does not meet the Qualifying Standard for the event, must be resolved at the district level.
 - c. Qualifying Standard:
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 - 3) No performance in sub-district or qualifying heats shall count for qualification to the State Meet.
 - d. High Jump and Pole Vault. Suggestion for State qualifying: In the rare case where Rule 7-3 does not break a tie for second place, equal team points shall be awarded to those tied for second place. If those tied for second place are below the Qualifying Standard, it is suggested that the second qualifier from that district be determined by Rule 7-4-17 or 7-5-30.
2. **PRELIMINARIES – SEEDING:**
 - a. Hand timed vs. FAT – As per Rule 3-9-4 of the 2009 NFHS Track & Field Rules Book “...unless it is a fully automatic system, times registered in one-hundredth of a second shall be rounded up to the next tenth of a second. (Example: 10.42 will be recorded as 10.5 unless a FAT system is used.) If FAT and manual times must be integrated, the hand-held times shall first be rounded up to the slower one-tenth of a second. Then a conversion factor of .24 must be added (i.e., HT + .24 = FAT) All hand timed district meets are to send in results rounded up to the nearest 1/10 second. DO NOT CONVERT as the computer will do this. All conversions will be made from hand times to FAT in accordance with the NFHS Rules Book (i.e., round up to nearest 1/10 second and then add .24 second for all events).
 - b. When forming heats for running events:
 - 1) All entrants shall be placed into heats in order of their times:
 - 2) Entrants in a running event from the same school shall not be placed in the same heat, except where unavoidable.
 - c. Lane assignments for all preliminary running events, except the 1,500-m and 3,000-m, shall be made with the fastest time in lane 4, second fastest time in lane 5, third fastest time in lane 3, fourth fastest time in lane 6, etc. For the 1,500-m and the 3,000-m, fastest time is placed on outside, second fastest time next, etc., toward the inside of the track. If more than 16 runners are in a race, 17th fastest time is placed in second row behind 16th fastest time, 18th fastest time is placed behind 15th fastest time, etc.

NOTE: For the 800-m run the following procedures will be used:

 - 12 or less qualifiers - one heat with additional qualifiers beyond 8 placed using the following lane order – 2,7,1,8
 - 13 or more qualifiers - two preliminary heats.
 - d. When there are **two heats, three contestants from each heat, plus the next two fastest times**, shall qualify for the final in that event. **EXCEPTION:** In the 1,500-m, six contestants from each heat shall qualify for the final.
 - e. When there are **three heats, two contestants from each heat, plus the next two fastest times**, shall qualify for the final in that event.
 - f. There will be preliminary heats for all running events, except as follows:
 - 1) **Boys/Girls -- 1,500 meters**, if there are not more than 21 contestants.
 - 2) **Boys/Girls -- 3,000 meters**.
3. **FINALS – SEEDING:**
 - a. In all field events, except the Pole Vault and High Jump, nine contestants shall qualify for the finals.
 - b. In all running events, except the 1,500-m, heat winners are assigned lanes based on preliminary times. All other qualifiers then are assigned lanes based on preliminary times. In the 1,500-m, seeding is by times only with the fastest time next, etc., on toward the inside of the track.
 - c. Rule 3-9-4 regarding FAT and hand times also shall be used when seeding from the preliminaries and finals.

2009 State Track and Field Meet Qualifying Standards

Boys

(Five-year average of fifth place) *

	CLASS 6A		CLASS 5A		CLASS 4A		CLASS 3A	
	FAT	Hand	FAT	Hand	FAT	Hand	FAT	Hand
100.....	11.19	10.9	11.24	11.0	11.39	11.1	11.76	11.5
200.....	22.39	22.1	22.57	22.3	22.96	22.7	23.50	23.2
400.....	50.36	50.1	50.77	50.5	51.38	51.1	52.15	51.9
800.....	1:56.09	1:55.8	1:57.09	1:56.8	1:58.65	1:58.4	2:02.16	2:01.9
1500.....	3:59.98	3:58.7	4:01.19	4:00.9	4:05.49	4:05.2	4:17.03	4:16.7
3000.....	8:43.77	8:43.5	8:46.86	8:46.6	9:03.49	9:03.2	9:26.59	9:26.3
110 High Hurd	15.28	15.0	15.52	15.2	15.66	15.4	16.49	16.2
300 Int Hurd.....	39.87	39.6	41.52	41.2	40.96	40.7	42.74	42.5
Long Jump.....		21-8		21-8		21-5		20-2
Triple Jump.....		44-3		43-6		42-4		41-0
Shot Put.....		52-7		51-6		49-6		46-6
Discus.....		152-0		151-0		146-0		140-0
Javelin.....		179-0		175-0		172-0		161-0
High Jump		6-4		6-3		6-2		6-2
Pole Vault		14-1		13-7		13-7		12-5

(Five-year average of third place)

4x100 Relay.....	42.83	42.5	43.15	42.9	44.21	43.9	44.74	44.5
4x400 Relay.....	3:21.85	3:21.6	3:24.90	3:24.6	3:27.14	3:26.9	3:31.84	3:31.6

* NOTE: Four-year average for Class 5A and Class 2A.

2009 State Track and Field Meet Qualifying Standards

Boys

(Five-year average of fifth place) *

	CLASS 2A		CLASS 1A	
	FAT	Hand	FAT	Hand
100.....	11.71	11.4	12.02	11.7
200.....	23.60	23.3	24.15	23.9
400.....	52.28	52.0	53.08	52.8
800.....	2:02.99	2:02.7	2:06.11	2:05.8
1500.....	4:17.47	4:17.2	4:22.46	4:22.2
3000.....	9:26.11	9:25.8	9:45.44	9:45.2
110 High Hurd	16.45	16.2	17.24	17.0
300 Int Hurd.....	43.17	42.9	43.54	43.3
Long Jump.....		20-4		19-9
Triple Jump.....		40-10		40-9
Shot Put.....		45-6		45-0
Discus.....		137-0		127-0
Javelin.....		161-0		154-0
High Jump		5-11		5-9
Pole Vault		12-1		11-1

(Five-year average of third place)

4x100 Relay.....	44.81	44.5	45.97	45.7
4x400 Relay.....	3:31.61	3:31.3	3:37.47	3:37.2

* NOTE: Three-year average for Class 5A and Class 2A.

2009 State Track and Field Meet Qualifying Standards

Girls

(Five-year average of fifth place) *

	CLASS 6A		CLASS 5A		CLASS 4A		CLASS 3A	
	FAT	Hand	FAT	Hand	FAT	Hand	FAT	Hand
100.....	12.57	12.3	12.69	12.4	12.99	12.7	13.31	13.0
200.....	25.75	25.5	25.96	25.7	26.60	26.3	27.13	26.8
400.....	58.28	58.0	59.23	58.9	59.40	59.1	1:01.33	1:01.0
800.....	2:18.95	2:18.7	2:20.03	2:19.7	2:22.69	2:22.4	2:24.63	2:24.3
1500.....	4:43.64	4:43.4	4:49.77	4:49.5	4:52.87	4:52.6	4:58.76	4:58.5
3000.....	10:20.98	10:20.7	10:38.38	10:38.1	10:45.00	10:44.7	11:07.92	11:07.6
100 High Hurdles....	15.72	15.4	15.85	15.6	16.39	16.1	17.19	16.9
300 Low Hurdles....	46.20	45.9	46.34	46.1	47.78	47.5	49.51	49.2
Long Jump.....		17-1		16-10		16-6		16-4
Triple Jump.....		35-8		35-9		34-8		34-1
Shot Put.....		38-6		37-6		37-0		35-6
Discus.....		121-0		115-0		114-0		108-0
Javelin.....		131-0		127-0		121-0		117-0
High Jump.....		5-2		5-2		5-0		5-0
Pole Vault.....		11-0		10-5		10-0		8-10

(Five-year average of third place)

4x100 Relay.....	48.92	48.6	49.53	49.2	50.70	50.4	51.70	51.4
4x400 Relay.....	3:57.89	3:57.6	4:00.75	4:00.5	4:03.35	4:03.1	4:13.26	4:13.0

* NOTE: Three-year average for Class 5A and Class 2A.

2009 State Track and Field Meet Qualifying Standards

Girls

(Five-year average of fifth place) *

	CLASS 2A		CLASS 1A	
	FAT	Hand	FAT	Hand
100.....	13.28	13.0	13.76	13.5
200.....	27.23	26.9	28.09	27.8
400.....	1:01.19	1:00.9	1:03.65	1:03.4
800.....	2:26.22	2:25.9	2:32.03	2:31.7
1500.....	4:57.46	4:57.2	5:16.10	5:15.8
3000.....	11:10.38	11:10.1	11:55.61	11:55.3
100 High Hurdles....	17.16	16.9	17.80	17.5
300 Low Hurdles....	49.24	49.0	50.75	50.5
Long Jump.....		16-1		15-3
Triple Jump.....		33-3		32-0
Shot Put.....		35-0		33-6
Discus.....		102-0		106-0
Javelin.....		113-0		110-0
High Jump.....		5-0		4-9
Pole Vault.....		8-5		7-7

(Five-year average of third place)

4x100 Relay.....	51.67	51.4	53.64	53.4
4x400 Relay.....	4:13.97	4:13.7	4:20.91	4:20.6

* NOTE: Three-year average for Class 5A and Class 2A.

2009 TRACK and FIELD DISTRICT MEET DIRECTORS

HIGHLIGHTED INFORMATION has NOT been verified.
 If there are any changes or corrections that need to be made to the information listed below please email them to Kristie,
kristie@osaa.org. PLEASE IDENTIFY YOUR CLASSIFICATION & DISTRICT.

District	League Name	Date(s)	Site	AD / DMD	Host School	AD's Work Phone	E-mail
6A-1	PIL	May 12 May 14	Lewis & Clark College	Dave Hildreth, PIL Karrin Garrison, PIL	n/a	503.916.3223	dchildret@pps.k12.or.us karring@pps.k12.or.us
6A-2	METRO	May 13 May 15	Aloha HS	Jason Fillingier-Palotay, AD Mike Hughes, Meet Director	Aloha HS	503.259.4751	jason_fillingierpalotay@beavton.k12.or.us mhughes@jesuitportland.org
6A-3	MT HOOD	May 12-13	Mt Hood Community College	John Olsen, AD Wade Bakley, Meet Director	Reynolds HS / Gresham HS	503.667.3186 x1127	john_olsen@reynolds.k12.or.us wade_bakley@reynolds.k12.or.us
6A-4	THREE RIVERS	May 14-15	Oregon City HS	Bruce Reece, AD Ian Lamont, Meet Director	Oregon City HS	503.785.8961	bruce.reece@orecity.k12.or.us iamont@loswego.k12.or.us
6A-5	PACIFIC	May 15-16	McMinnville HS	Sean Burke, AD Kevin Bryant, Meet Director	McMinnville HS	503.565.4205	seburke@msd.k12.or.us kbryant@tsd.k12.or.us
6A-6	SOUTHWEST	May 14 May 16	North Medford HS	Tim Sam, AD Larry Ryerson, Meet Director	North Medford HS	541.842.1194	tim.sam@medford.k12.or.us larryryerson@yahoo.com
6A-7	CENTRAL VALLEY	May 12-13	Willamette University	Dave Johnson, AD Rob Wood, Meet Director	South Salem HS	503.399.3252	johnson_dave@salkeiz.k12.or.us rob_wood@salkeiz.k12.or.us
5A-1	PIL	May 13	Lewis & Clark College	Dave Hildreth, PIL Karrin Garrison, PIL	n/a	503.916.3223	dchildret@pps.k12.or.us karring@pps.k12.or.us
5A-2	NORTHWEST OREGON	May 13 May 15	Liberty HS	Sandy Luu, AD Mike Henderson, Meet Director	Liberty HS	503.844.1274	luus@hsd.k12.or.us hendersonm@wlvv.k12.or.us
5A-3	MID WILLAMETTE	May 12-13	Western Oregon University	Bob Holt, AD	Corvallis HS	541.757.5920	bob.holt@corvallis.k12.or.us
5A-4	MIDWESTERN	May 13 May 15	Silke Field	Audrea Shelley, AD	Springfield HS	541.744.4791	audrea.shelley@sps.lane.edu
5A-5	SOUTHERN SKY	May 14-16	Oregon Institute of Technology	Wayne Amos, AD Ken Womer, Meet Director	Klamath Union HS	541.883.4710	amosw@kfalls.k12.or.us womerk@charter.net
5A-6	INTERMOUNTAIN	May 15-16	Hermiston HS	Michael Kay, AD Mark Hodges, Meet Director	Hermiston HS	541.667.6118	mike.kay@hermiston.k12.or.us mark.hodges@hermiston.k12.or.us
4A-1	COWAPA	May 14-15	Pacific University	Alan Boschma, AD Dean Heuberger, Meet Director	Yanhill-Carlton HS	503.852.7617	boschmaa@ycsd.k12.or.us heubergerd@ycsd.k12.or.us
4A-2	CAPITAL	May 14-15	Molalla HS	Heidi Hermansen, AD	North Marion HS	503.678.7125	heidi.hermansen@hmarion.k12.or.us
4A-3	FAR WEST	May 15-16	Siuslaw HS	Andy Grzeskowiak, AD Sarah Girard, Meet Director	Siuslaw HS	541.902.7486	agzesko@lane.k12.or.us sgirard@lane.k12.or.us
4A-4	VAL-CO	May 15-16	Philomath HS	Steve Bennett, AD	Philomath HS	541.929.3211	steve.bennett@philomath.k12.or.us
4A-5	SKY-EM	May 14 May 16	Junction City HS	Craig Rothenberger, AD Gary Ciddens, Meet Director	Junction City HS	541.998.3521	crothenberger@junctioncity.k12.or.us ggiddens@junctioncity.k12.or.us
4A-6	SKYLINE	May 14-16	Oregon Institute of Technology	Todd Moore, AD Ken Womer, Meet Director	Henley HS	541.883.5040	mooret@kcsd.k12.or.us womerk@charter.net
4A-7	GREATER OREGON	May 15-16	Ontario HS	Trever Wilson, AD	Ontario HS	541.889.5309	twilson@ontario.k12.or.us
3A-1	LEWIS & CLARK	May 8-9	Catlin Gabel	Mike Davis, AD	Catlin Gabel	503.297.1894 x415	davism@catlin.edu
3A-2	WEST VALLEY	May 7 May 9	Tigard HS	Tim Bowman, AD	Gervais HS	503.792.3803 x2405	tim_bowman@gervais.k12.or.us
3A-3	PACWEST	May 8-9	Western Oregon University	Steve Atkinson, AD, Jefferson HS Mike Bauer, Meet Director	Regis HS	541.327.3337 x303	steve.atkinson@jefferson.k12.or.us mbauer@regishighschool.net
3A-4	SUNSET SIX	May 8-9	Bandon HS	Kevin Swift, AD James Freitag, Meet Director	Gold Beach HS	541.247.6647 x232	kswift@ccsd.k12.or.us jamesf@bandon.k12.or.us

2009 TRACK and FIELD DISTRICT MEET DIRECTORS

HIGHLIGHTED INFORMATION has NOT been verified.

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3A-5	EASTERN OREGON	May 8-9	Nyssa HS	Rolie Marshall, AD Andrea Buchholz, Meet Director	Nyssa HS	541.372.2287	rmarshall@nyssa.k12.or.us abuchholz@nyssa.k12.or.us
2A-1	NORTHWEST	May 8-9	Portland Christian HS	Aaron Lewis, AD John Elder, Meet Director	Portland Christian HS	503.256.3960	aaron.lewis@pcschools.org
2A-2	MOUNTAIN VIEW	May 8-9	Oakridge HS	Steve Pauls, AD Renee Stephenson, Meet Director	Oakridge HS	541.782.2231	spauls@lane.k12.or.us rstephen@lane.k12.or.us
2A-3	TRI-RIVER	May 8-9	Western Oregon University	Pete Pottloff, AD, Salem Academy Ron Miller, Meet Director	Blanchet Catholic School	503.378.1211 x312	ppottloff@salemacademy.org athletics@blanchetcatholicschool.com
2A-4	SOUTHERN CASCADE	May 9	Lost River HS	Allen Boyle, AD	Lost River HS	541.798.5666	boylea@kcsd.k12.or.us
2A-5	BLUE MOUNTAIN	May 9	Stanfield HS	Tom Humphreys, AD Chris Humphreys, Meet Director	Pilot Rock HS	541.443.2671	thumphre@pilotrock.k12.or.us chumphre@pilotrock.k12.or.us
1A-1	Special District	May 8-9	Portland Christian HS	Kim Stephens, AD Aaron Lewis, Meet Director	Portland Christian HS	503.658.4100 x222	kimstephens@damascusc.org aaron.lewis@pcschools.org
1A-2	Special District	May 9	La Pine HS	James Anding, AD Mary Vroman, Meet Director	Gilchrist HS	541.433.2295	andingj@kcsd.k12.or.us
1A-3	Special District	May 9	Sherman County HS	Ryan Rudolf, AD	lone HS	541.422.7131	ryan.rudolf@lone.k12.or.us
1A-4	Special District	May 9	Baker HS	Todd Shirley, AD Suzy Cole, Meet Director	Cove HS	541.568.4424	shirleyt@cove.k12.or.us scole@baker.k12.or.us
1A-5	Special District	May 9	Junction City HS	Billy Anderson, AD Steve Grube, Meet Director	Crow HS	541.484.9078	underparbilly@hotmail.com sgrube@lane.k12.or.us

**OSAA / U.S. Bank / Les Schwab Tires
2009 Track and Field District Meet
Public Address Announcements**

Good morning / afternoon and welcome to today's _____ Track and Field District Meet. Good sportsmanship is a vital component of educational athletics. Spectators can support all of these athletes by refraining from derogatory or demeaning comments. We hope you enjoy the meet and support these student-athletes in a positive and sportsmanlike manner. Sportsmanship is all about respecting the game, each other, and yourself.

Please stand and remove your hats as we honor America by playing our National Anthem.

For use during breaks in the action.

1. Visit osaa.org for all your Track and Field State Championships information. The official website of the OSAA has updated results and brackets, links to souvenirs and tickets, historical Track and Field State Championship results and a lot more. That's osaa.org.
2. U.S. Bank is dedicated to helping students build a strong financial future. They offer an entire package of products and services designed just for students. Visit your local U.S. Bank today to learn more about their student banking products. U.S. Bank, proud sponsor of the OSAA.
3. At Les Schwab, they know how valuable your time is. That's why when you drive in to a Les Schwab Tire Center, they come running. They call it Sudden Service and it's their promise to you. Les Schwab Tires, proud to be a title sponsor of the OSAA State Championships.
4. The OSAA and its member schools believe in the fundamental values associated with participation in high school activities and are working together to provide a more stable financial base for the students of tomorrow by forming the OSAA Foundation. For more information and to find out how you can make your own tax-deductible contribution, visit osaafoundation.org. The OSAA Foundation, enhancing the future of Oregon high school activities.
5. U.S. Bank is proud to celebrate its 24th year of sponsoring the OSAA and salutes the spirit of teamwork and achievement throughout the communities it serves. U.S. Bank, home of the five star service guarantee. How many stars does your bank have?
6. Les Schwab Tire Centers would like to remind participants and spectators about the importance of good sportsmanship. It's about showing pride in performance and respect for others. Les Schwab Tires, proud sponsor of the OSAA State Championships.

End of Meet Announcement

The OSAA thanks you for your support of high school activities and encourages you to drive home safely. Visit osaa.org for updated Track and Field State Championship information and results.



ONLINE TICKETS



**TO PURCHASE YOUR TICKETS
FOR THE STATE MEET GO TO**

WWW.OSAA.ORG

**CLICK ON THE TICKET ICON. YOUR
TICKETS WILL BE WAITING FOR YOU AT
THE EVENT WILL CALL WINDOW!**

SPECTATOR CONDUCT

- All cheers, comments and actions shall be in direct support of one's team. No cheers, comments or actions shall be directed at one's opponent or at contest officials. Some examples of inappropriate conduct or actions that are not permitted are: turning backs, holding up newspapers or jeering at cheerleaders during opposing team introductions; disrespecting players by name, number or position; negative cheers or chants; throwing objects on the floor.
- Spectators are not permitted to have signs or banners (larger than 8 ½ by 11 inches), confetti, balloons or glass containers. Spectators are required to wear shirts.
- Spectators are not permitted to have artificial noisemakers. Some examples of artificial noisemakers are Thunder Stix, cowbells, clappers and air horns.
- Spectators shall not be permitted to use vulgar/offensive or racially/culturally insensitive language. Spectators shall not be permitted to engage in any racially/culturally insensitive action.
- Spectators who fail to comply with Association or site management spectator conduct expectations may be expelled from the contest.

OSAA Handbook, Executive Board Policy, Spectator Conduct at OSAA Sanctioned Events

Be LOUD! Be PROUD! Be POSITIVE!