



OSAA / U.S. Bank / Les Schwab Tires
2007 3A-2A-1A TRACK & FIELD STATE CHAMPIONSHIPS
 May 17-19, 2007 – Western Oregon University, Monmouth, OR



TENTATIVE TIME SCHEDULE

Friday, May 18

Running Events

	Heat 1	Heat 2
3A Girls 4x100-meter Relay	11:00	11:05
2A Girls 4x100-meter Relay	11:10	11:15
1A Girls 4x100-meter Relay	11:20	11:25
3A Boys 4x100-meter Relay	11:30	11:35
2A Boys 4x100-meter Relay	11:40	11:45
1A Boys 4x100-meter Relay	1:50	11:55
3A Girls 3000-meter Run (Final)	12:00	--
2A Girls 3000-meter Run (Final)	12:13	--
1A Girls 3000-meter Run (Final)	12:26	--
3A Girls 100-meter Dash	12:40	12:45
2A Girls 100-meter Dash	12:50	12:55
1A Girls 100-meter Dash	1:00	1:05
3A Boys 100-meter Dash	1:10	1:15
2A Boys 100-meter Dash	1:20	1:25
1A Boys 100-meter Dash	1:30	1:35
3A Girls 400-meter Dash	1:40	1:45
2A Girls 400-meter Dash	1:50	1:55
1A Girls 400-meter Dash	2:00	2:05
3A Boys 400-meter Dash	2:10	2:15
2A Boys 400-meter Dash	2:20	2:25
1A Boys 400-meter Dash	2:30	2:35
3A Girls 100-meter High Hurdles	2:40	2:45
2A Girls 100-meter High Hurdles	2:50	2:55
1A Girls 100-meter High Hurdles	3:00	3:05
3A Boys 110-meter High Hurdles	3:10	3:15
2A Boys 110-meter High Hurdles	3:20	3:25
1A Boys 110-meter High Hurdles	3:30	3:35
3A Girls 200-meter Dash	3:40	3:45
2A Girls 200-meter Dash	3:50	3:55
1A Girls 200-meter Dash	4:00	4:05
3A Boys 200-meter Dash	4:10	4:15
2A Boys 200-meter Dash	4:20	4:25
1A Boys 200-meter Dash	4:30	4:35
3A Girls 300-meter Low Hurdles	4:40	4:45
2A Girls 300-meter Low Hurdles	4:50	4:55
1A Girls 300-meter Low Hurdles	5:00	5:05
3A Boys 300-meter Int. Hurdles	5:10	5:15
2A Boys 300-meter Int. Hurdles	5:20	5:25
1A Boys 300-meter Int. Hurdles	5:30	5:35
3A Boys 3000 (Final)	5:40	--
2A Boys 3000 (Final)	5:52	--
1A Boys 3000 (Final)	6:04	--
3A Girls 4x400-meter Relay	6:15	6:23
2A Girls 4x400-meter Relay	6:31	6:39
1A Girls 4x400-meter Relay	6:47	6:55
3A Boys 4x400-meter Relay	7:03	7:11
2A Boys 4x400-meter Relay	7:19	7:27
1A Boys 4x400-meter Relay	7:35	7:43

Friday, May 18 – Field Events

3A Boys Triple Jump	11:45
3A Boys Pole Vault	3:30
3A Boys Shot Put	4:00
3A Girls Discus	12:00
3A Girls High Jump	12:30
3A Girls Javelin	3:45

3A Girls Long Jump	4:00
2A Boys Pole Vault	1:15
2A Boys Shot Put	2:00
2A Boys Triple Jump	3:45
2A Girls Javelin	1:45
2A Girls Long Jump	2:00
2A Girls Discus	4:30
2A Girls High Jump	4:30
1A Boys Pole Vault	11:00
1A Boys Shot Put	12:00
1A Boys Triple Jump	1:45
1A Girls Javelin	11:45
1A Girls Long Jump	12:00
1A Girls Discus	2:15
1A Girls High Jump	2:30

Saturday, May 19 – (Finals)

Running Events

	3A	2A	1A
Girls 4x100-meter Relay	12:00	12:05	12:10
Boys 4x100-meter Relay	12:15	12:20	12:25
Girls 1500-meter Run	12:30	12:40	12:50
Boys 1500-meter Run	1:00	1:10	1:20
Girls 100-meter Dash	1:30	1:35	1:40
Boys 100-meter Dash	1:45	1:50	1:55
Girls 400-meter Dash	2:00	2:05	2:10
Boys 400-meter Dash	2:15	2:20	2:25
Girls 100-meter High Hurdles	2:30	2:35	2:40
Boys 110-meter High Hurdles	2:45	2:50	2:55
Girls 800-meter Run	3:00	3:05	3:10
Boys 800-meter Run	3:15	3:20	3:25
Girls 200-meter Dash	3:30	3:35	3:40
Boys 200-meter Dash	3:45	3:50	3:55
Girls 300-meter Low Hurdles	4:00	4:07	4:14
Boys 300-meter Int. Hurdles	4:21	4:28	4:35
Girls 4x400-meter Relay	4:50	4:58	5:06
Boys 4x400-meter Relay	5:14	5:22	5:30

Field Events

3A Boys Discus	11:15
3A Boys High Jump	11:15
3A Boys Javelin	3:00
3A Boys Long Jump	3:30
3A Girls Triple Jump	11:30
3A Girls Shot Put	3:30
3A Girls Pole Vault	3:30
2A Boys Javelin	1:00
2A Boys Long Jump	1:30
2A Boys Discus	3:15
2A Boys High Jump	3:15
2A Girls Pole Vault	1:15
2A Girls Shot Put	1:45
2A Girls Triple Jump	3:30
1A Boys Javelin	11:00
1A Boys Long Jump	11:30
1A Boys Discus	1:15
1A Boys High Jump	1:15
1A Girls Pole Vault	11:00
1A Girls Shot Put	12:00
1A Girls Triple Jump	1:30

NOTE: Actual time schedule for running events will be determined when the number of heats is known for each event. The actual time schedule will be posted on the OSAA website on Sunday, May 13, 2007 and printed in the souvenir program.