



**Oregon School Activities Association**  
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**To:** Athletic Directors and Head Swim Coaches  
**From:** Cindy Simmons, Assistant Executive Director  
**Subject:** NFHS Swimming Rule 3-3-2 and High-Tech Suits  
**Date:** September 24, 2008

The OSAA received the following information from the NFHS, stating that the use of high-tech suits in swimming is LEGAL at this time. Please do not hesitate to contact me with questions.

**Information Received from the NFHS in August, 2008**

*“The NFHS does not perform scientific tests on any specific items of equipment or wearing apparel. Based on the information available at this time to the NFHS, the new suits are not considered a device under Rule 3-3-2 that aids in buoyancy or significantly in speed. Suits which meet these requirements are legal under current Rule 3-3-2. This interpretation applies based on what is known about these suits at this time. Suits being manufactured for open water swims which assert assistance in buoyancy would come into question as to their legality due to aiding in buoyancy.*

*The NFHS will continue to monitor any developments in regard to the high-tech suits and keep the state associations apprised of these developments.”*