



OSAA / U.S. Bank / Les Schwab Tires
2009 SWIMMING STATE CHAMPIONSHIPS

February 19-21, 2009
Mt Hood Community College Aquatic Center
26000 SE Stark Street, Gresham, OR 97030



SPECTATOR INFORMATION

Additional information available on the OSAA website, www.osaa.org/swimming/

1. **EMERGENCY PLAN:** In the event of an emergency, natural disaster, fire, war, etc. that forces postponement or cancellation of an OSAA State Championship event, information will be posted to the home page of the OSAA website (osaa.org) and distributed to statewide media outlets. A recorded message will also be accessible by calling the OSAA office at 503.682.6722 ext. 0.
2. **ADMISSION:** [Championship Schedule](#)
 - a. Tickets may be purchased one and one-half hours before the start of competition each session. Preliminary and finals tickets are sold as general admission tickets and will not have a seat number. All tickets, all classifications, all sessions are sold on a first come, first serve basis.
 - b. **Ticket Prices** – All Sessions Adult – \$8 Student – \$5
 - c. **Complimentary Tickets** – As per OSAA Executive Board Policy, there are no administrative complimentary admission tickets in individual sports.
 - d. **Discount Tickets** – No discount tickets are available for swimming.
3. **LODGING AND VISITOR INFORMATION:** Schools are to make their own arrangements for lodging.
 - a. **Headquarter Hotel – Hampton Inn Portland East:** www.hamptoninn.com
The Hampton Inn Portland East is the OSAA Headquarter Hotel for Swimming at Mt. Hood Community College. Contact Donele Fowler, General Manager, at 503.669.7000 for the discounted team rate. Remember to mention that you are an OSAA member school.
 - b. **Visitor Information:** www.greshamchamber.org/
Visit the Gresham Area Chamber of Commerce and Visitors Center online or call them at 503.665.1131 for more information about dining, shopping, lodging, and more while in the Gresham area.
4. **SPECTATOR CONDUCT AT OSAA SANCTIONED EVENTS:** (OSAA Handbook, Executive Board Policies)

"In addition to the general expectations included in the OSAA Constitution, Rule 3, that school officials "...shall take all reasonable measures to ensure that the school's students and supporters maintain a sportsmanlike attitude toward all events..." the following specific expectations regarding spectator conduct **at all OSAA sanctioned events, including regular and post season competition**, are provided: (Revised Fall 2008)

 - a. **All cheers, comments and actions shall be in direct support of one's team. No cheers, comments or actions shall be directed at one's opponent or at contest officials. Some examples of inappropriate conduct or actions that are not permitted are: turning backs, holding up newspapers or jeering at cheerleaders during opposing team introductions; disrespecting players by name, number or position; negative cheers or chants; throwing objects on the floor. (Revised Fall 2008)**
 - b. Spectators are not permitted to have signs or banners (larger than 8 ½ by 11 inches), confetti, balloons or glass containers. Spectators are required to wear shirts.
 - c. Spectators are not permitted to have artificial noisemakers. Some examples of artificial noisemakers are Thunder Stix, cowbells, clappers and air horns.
 - d. Spectators shall not be permitted to use vulgar/offensive **or racially/culturally insensitive** language. **Spectators shall not be permitted to engage in any racially / culturally insensitive action. (Revised Fall 2008)**
 - e. Spectators who fail to comply with Association or site management spectator conduct expectations **may** be expelled from the contest. (Revised Fall 2008)"
5. **PARKING:** Ample parking is available and persons are requested to park in designated areas. Teams having buses / vans are to drop swimmers off at the entrance area and proceed to parking provided for buses / vans (Section T). Spectator parking – Section S. Overnight parking – Section V. [Parking Map](#)

6. **AWARDS:** Trophies will be presented at the conclusion of the last event. Individual medals will be presented throughout the finals following each race.
 - a. **Trophies:** Champion through fourth place trophies will be presented to the top teams in each classification.
 - b. **Medals:** Individual medals will be presented to the top six finishers in each event at each classification.
 - c. **Qwest Athlete of the Meet** – The top scoring male and female swimmer in each classification will be recognized as that classification's Qwest Athlete of the Meet. In the event of a tie, the award will go to the swimmer whose team placed highest overall. The winners will be announced over the PA and will receive a certificate and commemorative gift from Qwest the week following the championships. The certificate and gift will be mailed to the student's athletic director.
7. **STATE CHAMPIONSHIP RESULTS:** www.osaa.org/swimming/
Results will be posted following the preliminaries and finals, including team standings. Please instruct your fans and local media to go there for results.

SOUVENIR INFORMATION

Additional information available on the OSAA website, www.osaa.org/swimming/

1. **SPORTS U MERCHANDISE:** www.osaastore.com
 - a. **Finals Site:** Sports U will be on-site at Mt. Hood Community College with a wide variety of Swimming State Championship souvenir merchandise. Stop by the merchandise booth to purchase t-shirts, sweatshirts, letterman patches, lapel pins, hats and much more. Items not sold at the event will be available for purchase online after the state championships while supplies last.
 - b. **Official Letterman Patches:** Get your official 2009 OSAA Swimming State Championship letterman patch on-site at Mt. Hood Community College or by ordering online. Forget to get one last year? You can order an official letterman patch for any year in any OSAA activity by ordering online.
 - c. **Sports U Contact Information:** Sports U is the official merchandise vendor of the OSAA. For more information, contact Sports U at 888.221.2051 or via email at erics@sportsu-store.com.
2. **NORTHWEST SPORTS PHOTOGRAPHY (NSP):** www.4nsp.com
 - a. **Action and Awards Photos:** NSP will shoot action photos during all prelims and finals. Photos taken during the prelims for a classification will be available for purchase during that classification's finals at Mt. Hood Community College. Photos taken during the finals, along with award stand photos, will be available online for purchase by Monday evening following the event.
 - b. **NSP Contact Information:** NSP is the official photographer of the OSAA. For more information, contact NSP at 800.446.5758 or via email at customerservice@4nsp.com.
3. **NORTHWEST GAME FILMS (NWGF):** www.nwgamefilms.com
 - a. **Prelims and Finals DVDs:** Northwest Game Films will be on-site filming all prelims and finals at Mt. Hood Community College. Purchase a DVD of each event's prelims or each event's finals on-site at the NW Game Films booth for \$10 per event and take it home with you. You can also purchase your DVD by ordering online.
 - b. **NWGF Contact Information:** Northwest Game Films is the official videographer of the OSAA. For more information, contact NWGF at 503.803.2874 or via email at info@nwgamefilms.com.
4. **OSAA CHAMPIONSHIP PROGRAMS/HEAT SHEETS:** www.osaa.org/souvenirs/programs.asp
Official Swimming State Championship programs will be available at the OSAA merchandise booth for \$5. This year's program includes a meet schedule, a listing of entries for all prelims, historical state championship records and an 11"x17" color map of all OSAA member schools. Heat sheets for a classification's finals will be available at the OSAA merchandise booth for \$1. Forget to get yours at the event? Order online or by calling 503.682.6722.
5. **MINI REPLICA TROPHIES:** www.osaa.org/souvenirs/mini trophy.asp
The OSAA is proud to be able to offer mini replicas of the trophies presented at the OSAA State Championships. Mini replica trophies are 8" tall x 10" wide x 5" deep and make a great gift for coaches, students, parents, etc. Mini replicas can be produced for teams and individuals for any year in any OSAA activity. Each mini replica trophy is \$45 and that includes a personalized nameplate, shipping & handling. Order online or by calling 503.682.6722.
6. **JOSTENS CHAMPION RINGS:** www.osaa.org/souvenirs/jostens.asp
Both team and individual champions can now celebrate their hard work, dedication and success with an Official Champion Ring from Jostens. Champion rings come in eight stone colors with a metal choice of either White Lustrium or Yellow Suncastr. Customize the sides of your ring with your name, number, school or mascot. The OSAA logo and activity panel depicting your championship will decorate the sides of your Champion Ring. You may also order a Champion Ring from previous years. Contact your Jostens representative or call 800.839.7125 to order.



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PRELIMS WARM-UP AND TIME SCHEDULE

6A – Thursday, February 19, 2009

4A/3A/2A/1A – Thursday, February 19, 2009

5A – Friday, February 20, 2009

THURSDAY

6A

**Tickets go on sale and doors open at 8 a.m.
All tickets are General Admission.**

Coaches Meeting	7:15 a.m.	
Warm-Up	8:00 – 9:30 a.m.	
	8:00 – 8:55 a.m.	All Lanes
	8:55 – 9:15 a.m.	Sprint Lanes Open As Needed
Clear Pool	9:15 a.m.	
Preliminaries	9:30 – 1:20 p.m.	
Clear Building	1:30 p.m.	

4A/3A/2A/1A

**Tickets go on sale and doors open at 3:30 p.m.
All tickets are General Admission.**

Coaches Meeting	2:45 p.m.	
Warm-Up	3:30 – 5:00 p.m.	
	3:30 – 4:25 p.m.	All Lanes
	4:25 – 4:45 p.m.	Sprint Lanes Open As Needed
Clear Pool	4:45 p.m.	
Preliminaries	5:00 – 7:45 p.m.	
Clear Building	8:00 p.m.	

FRIDAY

5A

**Tickets go on sale and doors open at 8 a.m.
All tickets are General Admission.**

Coaches Meeting	7:15 a.m.	
Warm-Up	8:00 – 9:30 a.m.	
	8:00 – 8:55 a.m.	All Lanes
	8:55 – 9:15 a.m.	Sprint Lanes Open As Needed
Clear Pool	9:15 a.m.	
Preliminaries	9:30 a.m. – 12:15 p.m.	
Clear Building	12:30 p.m.	



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FINALS WARM-UP AND TIME SCHEDULE

4A/3A/2A/1A – Friday, February 20, 2009

5A – Saturday, February 21, 2009

6A – Saturday, February 21, 2009

FRIDAY

4A/3A/2A/1A

**Tickets go on sale and doors open at 2:30 p.m.
All tickets are General Admission.**

Warm-Up	2:30 – 4:00 p.m.	
	2:30 – 3:25 p.m.	All Lanes
	3:25 – 3:45 p.m.	Sprint Lanes Open As Needed
Clear Pool	3:45 p.m.	
Finals	4:00 – 8:00 p.m.	
Clear Building	8:15 p.m.	

SATURDAY

5A

**Tickets go on sale and doors open at 8 a.m.
All tickets are General Admission.**

Warm-Up	8:00 – 9:30 a.m.	
	8:00 – 8:55 a.m.	All Lanes
	8:55 – 9:15 a.m.	Sprint Lanes Open As Needed
Clear Pool	9:15 a.m.	
Finals	9:30 a.m. – 1:30 p.m.	
Clear Building	1:45 p.m.	

6A

**Tickets go on sale and doors open at 3:30 p.m.
All tickets are General Admission.**

Warm-Up	3:30 – 5:00 p.m.	
	3:30 – 4:25 p.m.	All Lanes
	4:25 – 4:45 p.m.	Sprint Lanes Open As Needed
Clear Pool	4:45 p.m.	
Finals	5:00 – 10:00 p.m.	
Clear Building	10:15 p.m.	



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Preliminaries – Thursday, February 19, 2009

<u>6A Boys & Girls</u>			<u>4A/3A/2A1A Boys & Girls</u>		
Event	Heats	Start	Event	Heats	Start
200-yd Medley Relay	6	9:30	200-yd Medley Relay	4	5:00
200-yd Freestyle	6	9:52	200-yd Freestyle	4	5:12
200-yd Individual Medley	6	10:16	5 Minute Break		
50-yd Freestyle	6	10:40	200-yd Individual Medley	4	5:29
15 Minute Break			50-yd Freestyle	4	5:41
100-yd Butterfly	6	11:04	15 Minute Break		
100-yd Freestyle	6	11:20	100-yd Butterfly	4	6:02
500-yd Freestyle	6	11:36	5 Minute Break		
200-yd Freestyle Relay	6	12:22	100-yd Freestyle	4	6:15
100-yd Backstroke	6	12:44	5 Minute Break		
100-yd Breaststroke	6	1:02	500-yd Freestyle	4	6:28
400-yd Freestyle Relay	6	1:20	5 Minute Break		
			200-yd Freestyle Relay	4	7:03
			100-yd Backstroke	4	7:15
			5 Minute Break		
			100-yd Breaststroke	4	7:28
			5 Minute Break		
			400-yd Freestyle Relay	4	7:43

Preliminaries – Friday, February 20, 2009

<u>5A Boys & Girls</u>		
Event	Heats	Start
200-yd Medley Relay	4	9:30
200-yd Freestyle	4	9:42
5 Minute Break		
200-yd Individual Medley	4	9:59
50-yd Freestyle	4	10:11
15 Minute Break		
100-yd Butterfly	4	10:32
5 Minute Break		
100-yd Freestyle	4	10:45
5 Minute Break		
500-yd Freestyle	4	10:58
5 Minute Break		
200-yd Freestyle Relay	4	11:33
100-yd Backstroke	4	11:45
5 Minute Break		
100-yd Breaststroke	4	11:58
5 Minute Break		
400-yd Freestyle Relay	4	12:13



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4A/3A/2A/1A Finals – Friday, February 20, 2009

<u>Event</u>	<u>Start</u>	<u>Event</u>	<u>Start</u>
Girls 200 Medley Relay Championship Finals	4:00	5 minute break	6:00
Boys 200 Medley Relay Championship Finals	4:04	Girls 500 Freestyle Finalist parade	6:05
5 minute break	4:08	Boys 500 Freestyle Finalist Parade	6:14
Girls 200 Freestyle Finalist Parade	4:13	5 minute break	6:23
Boys 200 Freestyle Finalist Parade	4:18	Girls 200 Freestyle Relay Championship Finals	6:28
200 Medley Relay Awards	4:23	Boys 200 Freestyle Relay Championship Finals	6:32
5 minute break	4:30	100 Freestyle Awards	6:36
Girls 200 IM Finalist Parade	4:35	500 Freestyle Awards	6:41
Boys 200 IM Finalist Parade	4:40	5 minute break	6:47
5 minute break	4:45	Girls 100 Backstroke Finalist Parade	6:52
Girls 50 Freestyle Finalist Parade	4:50	Boys 100 Backstroke Finalist Parade	6:56
Boys 50 Freestyle Finalist Parade	4:54	5 minute break	7:00
200 Freestyle Awards	4:58	Girls 100 Breaststroke Finalist Parade	7:05
200 Ind. Medley Awards	5:04	Boys 100 Breaststroke Finalist Parade	7:09
15 minute break	5:09	200 Freestyle Relay Awards	7:13
Girls 100 Butterfly Finalist Parade	5:25	100 Backstroke Awards	7:19
Boys 100 Butterfly Finalist Parade	5:31	5 minute break	7:25
5 minute break	5:36	Girls 400 Freestyle Relay Championship Finals	7:30
Girls 100 Freestyle Finalist Parade	5:41	Boys 400 Freestyle Relay Championship Finals	7:36
Boys 100 Freestyle Finalist Parade	5:44	100 Breaststroke Awards	7:42
50 Freestyle Awards	5:48	400 Freestyle Relay Awards	7:48
100 Butterfly Awards	5:54	Team Awards	7:54
		Conclusion of Meet	8:00



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5A Finals – Saturday, February 21, 2009

<u>Event</u>	<u>Start</u>	<u>Event</u>	<u>Start</u>
Girls 200 Medley Relay Championship Finals	9:30	5 minute break	11:30
Boys 200 Medley Relay Championship Finals	9:34	Girls 500 Freestyle Finalist parade	11:35
5 minute break	9:38	Boys 500 Freestyle Finalist Parade	11:44
Girls 200 Freestyle Finalist Parade	9:43	5 minute break	11:53
Boys 200 Freestyle Finalist Parade	9:48	Girls 200 Freestyle Relay Championship Finals	11:58
200 Medley Relay Awards	9:53	Boys 200 Freestyle Relay Championship Finals	12:02
5 minute break	10:00	100 Freestyle Awards	12:06
Girls 200 IM Finalist Parade	10:05	500 Freestyle Awards	12:11
Boys 200 IM Finalist Parade	10:10	5 minute break	12:17
5 minute break	10:15	Girls 100 Backstroke Finalist Parade	12:22
Girls 50 Freestyle Finalist Parade	10:20	Boys 100 Backstroke Finalist Parade	12:26
Boys 50 Freestyle Finalist Parade	10:24	5 minute break	12:30
200 Freestyle Awards	10:28	Girls 100 Breaststroke Finalist Parade	12:35
200 Ind. Medley Awards	10:34	Boys 100 Breaststroke Finalist Parade	12:39
15 minute break	10:40	200 Freestyle Relay Awards	12:43
Girls 100 Butterfly Finalist Parade	10:45	100 Backstroke Awards	12:49
Boys 100 Butterfly Finalist Parade	11:00	5 minute break	12:55
5 minute break	11:05	Girls 400 Freestyle Relay Championship Finals	1:00
Girls 100 Freestyle Finalist Parade	11:10	Boys 400 Freestyle Relay Championship Finals	1:06
Boys 100 Freestyle Finalist Parade	11:14	100 Breaststroke Awards	1:12
50 Freestyle Awards	11:18	400 Freestyle Relay Awards	1:18
100 Butterfly Awards	11:24	Team Awards	1:24
		Conclusion of Meet	1:30



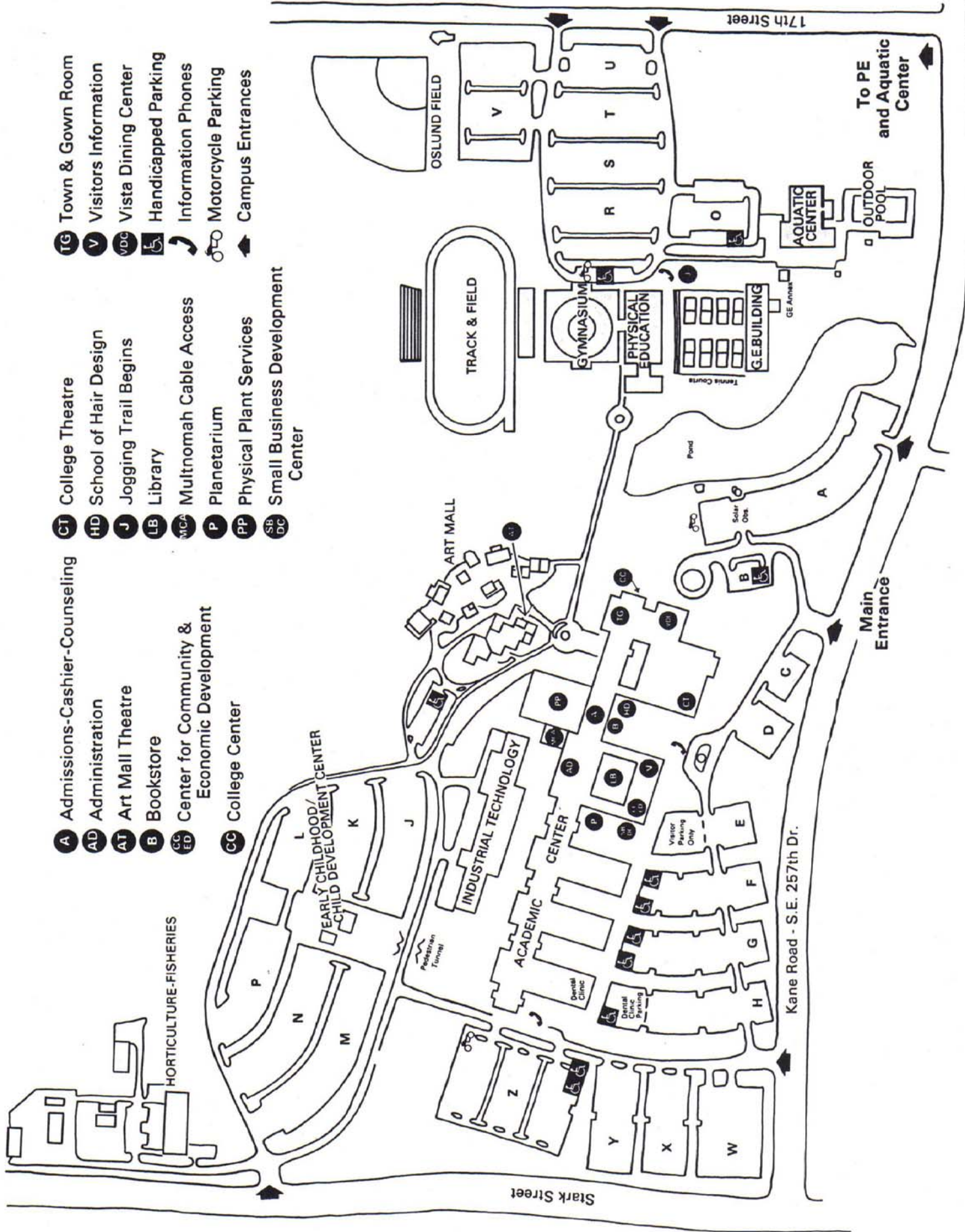
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6A Finals – Saturday, February 21, 2009

<u>Event</u>	<u>Start</u>	<u>Event</u>	<u>Start</u>
Girls 200 Medley Relay		50 Freestyle Awards	7:07
Consolations	5:00	100 Butterfly Awards	7:13
Championship Finals	5:02	5 minute break	7:18
Boys 200 Medley Relay		Girls 500 Freestyle	
Consolations	5:06	Consolations	7:23
Championship Finals	5:08	Finalist Parade	7:29
5 minute break	5:10	Boys 500 Freestyle	
Girls 200 Freestyle		Consolations	7:38
Consolations	5:15	Finalist Parade	7:44
Finalist Parade	5:18	5 minute break	7:53
Boys 200 Freestyle		Girls 200 Freestyle Relay	
Consolations	5:23	Consolations	7:58
Finalist Parade	5:25	Championship Finals	8:00
200 Medley Relay Awards	5:30	Boys 200 Freestyle Relay	
5 minute break	5:37	Consolations	8:04
Girls 200 IM		Championship Finals	8:06
Consolations	5:42	100 Freestyle Awards	8:10
Finalist Parade	5:45	500 Freestyle Awards	8:16
Boys 200 IM		5 minute break	8:22
Consolations	5:50	Girls 100 Backstroke	
Finalist Parade	5:52	Consolations	8:27
5 minute break	5:57	Finalist Parade	8:29
Girls 50 Freestyle		Boys 100 Backstroke	
Consolations	6:02	Consolations	8:33
Finalist Parade	6:03	Finalist Parade	8:35
Boys 50 Freestyle		5 minute break	8:40
Consolations	6:07	Girls 100 Breaststroke	
Finalist Parade	6:08	Consolations	8:45
200 Freestyle Awards	6:12	Finalist Parade	8:47
200 Ind. Medley Awards	6:18	Boys 100 Breaststroke	
15 minute break	6:24	Consolations	8:51
Girls 100 Butterfly		Finalist Parade	8:53
Consolations	6:39	200 Freestyle Relay Awards	8:57
Finalist Parade	6:41	100 Backstroke Awards	9:03
Boys 100 Butterfly		5 minute break	9:09
Consolations	6:45	Girls 400 Freestyle Relay	
Finalist Parade	6:48	Consolations	9:14
5 minute break	6:51	Championship Finals	9:18
Girls 100 Freestyle		Boys 400 Freestyle Relay	
Consolations	6:55	Consolations	9:24
Finalist Parade	6:57	Championship Finals	9:28
Boys 100 Freestyle		100 Breaststroke Awards	9:32
Consolations	7:01	400 Freestyle Relay Awards	9:38
Finalist Parade	7:02	Team Awards	9:45
		Conclusion of Meet	10:00



- TC** Town & Gown Room
- V** Visitors Information
- VDC** Vista Dining Center
- ♿** Handicapped Parking
- ☎** Information Phones
- 🏍** Motorcycle Parking
- ➡** Campus Entrances

- CT** College Theatre
- HD** School of Hair Design
- J** Jogging Trail Begins
- LB** Library
- MCA** Multnomah Cable Access
- P** Planetarium
- PP** Physical Plant Services
- SB/DC** Small Business Development Center

- A** Admissions-Cashier-Counseling
- AD** Administration
- AT** Art Mall Theatre
- B** Bookstore
- CC/ED** Center for Community & Economic Development
- CC** College Center

- L** Horticulture-Fisheries
- K** Early Childhood/Child Development Center
- J** Industrial Technology
- I** Academic Center
- H** Gymnasium
- G** Physical Education
- F** G.E. Building
- E** Aquatic Center
- D** Outdoor Pool
- C** Track & Field
- B** Oslund Field
- A** Art Mall
- Pond**
- Salon Dept.**
- Visitor Parking Only**
- Dental Clinic**
- Dental Parking**
- GE Annex**
- Main Entrance**
- To PE and Aquatic Center**