



OSAA / U.S. Bank / Les Schwab Tires  
**2009 SWIMMING STATE CHAMPIONSHIPS**  
February 19-21, 2009  
Mt Hood Community College Aquatic Center  
26000 SE Stark Street, Gresham, OR 97030



January 2009

TO: District Meet Computer Operators  
FROM: Cindy Simmons  
SUBJECT: Meet Set-up and Results – OSAA District Swimming Championships

In an effort to enable an efficient transition of High School District Meet Results into the State Championship meet database, please adhere to the following guidelines for your District Meet set-up:

1. If you include Junior Varsity events in your District Meet, please run a separate database for those events. Varsity events must be numbered 1-22.
2. Please ensure that all team names and abbreviations match those on the master list.
3. Please DO NOT include the words "High School" in the school name, or enter the mascot name in the "Short Name" area of team set-up of Hy-Tek Meet Manager.
4. Names should be in upper and lower case letters. (Jane Doe)
5. Please use 9, 10, 11, 12 for grades instead of Fr., So., etc.
6. Please include all relay alternates in the database.

Results of all District meets must reach the OSAA office by 8 p.m., on Saturday, February 14, 2009. **In addition to submission of the entry forms, the OSAA requests that computer operators using Hy-Tek Meet Manager software provide a full backup copy of the District Meet results via email to:**

**OSAA**  
25200 SW Parkway Avenue, Suite 1  
Wilsonville, OR 97070

**Swimming Contact:**  
Cindy Simmons  
email: [cindys@osaa.org](mailto:cindys@osaa.org).  
Office: 503.682.6722, ext. 227

Thank you.



## 2009 OSAA TIME STANDARDS

#	Event Name	6A Qualifying Standard - AUTO	6A Qualifying Standard - MANUAL	All American Automatic	All American Consideration	4A/3A/2A/1A State Record	5A State Record	6A State Record	OSAA State Record	NFHS National Record
1	<b>Girls 200 Medley Relay</b>	<b>01:55.84</b>	<b>01:55.8</b>	<b>01:49.32</b>	<b>01:50.85</b>	<b>01:56.00</b>	<b>01:50.25</b>	<b>01:48.26</b>	<b>01:48.11</b>	<b>01:42.71</b>
2	Boys 200 Medley Relay	01:44.05	01:44.0	01:37.22	01:38.50	01:42.33	01:43.04	01:37.51	01:35.43	01:31.22
3	<b>Girls 200 Freestyle</b>	<b>01:57.46</b>	<b>01:57.4</b>	<b>01:51.56</b>	<b>01:52.99</b>	<b>01:56.88</b>	<b>01:52.25</b>	<b>01:50.11</b>	<b>01:48.86</b>	<b>01:45.49</b>
4	Boys 200 Freestyle	01:47.77	01:47.7	01:41.75	01:42.97	01:45.65	01:39.98	01:38.43	01:38.43	01:34.96
5	<b>Girls 200 Ind. Medley</b>	<b>02:12.29</b>	<b>02:12.2</b>	<b>02:05.74</b>	<b>02:07.60</b>	<b>02:07.99</b>	<b>02:05.86</b>	<b>02:04.32</b>	<b>02:02.60</b>	<b>01:57.41</b>
6	Boys 200 Ind. Medley	02:02.06	02:02.0	01:54.33	01:55.96	01:59.28	01:56.85	01:51.82	01:49.50	01:46.31
7	<b>Girls 50 Freestyle</b>	<b>00:25.35</b>	<b>00:25.3</b>	<b>00:23.86</b>	<b>00:24.12</b>	<b>00:24.06</b>	<b>00:23.71</b>	<b>00:23.65</b>	<b>00:23.15</b>	<b>00:22.04</b>
8	Boys 50 Freestyle	00:22.54	00:22.5	00:21.20	00:21.48	00:22.15	00:21.50	00:20.68	00:20.64	00:19.69
9	<b>Girls 100 Butterfly</b>	<b>00:59.96</b>	<b>00:59.9</b>	<b>00:56.75</b>	<b>00:57.50</b>	<b>00:58.15</b>	<b>00:58.52</b>	<b>00:54.52</b>	<b>00:54.52</b>	<b>00:52.41</b>
10	Boys 100 Butterfly	00:54.38	00:54.3	00:50.92	00:51.72	00:51.87	00:52.55	00:49.26	00:49.26	00:47.10
11	<b>Girls 100 Freestyle</b>	<b>00:54.55</b>	<b>00:54.5</b>	<b>00:51.72</b>	<b>00:52.39</b>	<b>00:52.36</b>	<b>00:52.16</b>	<b>00:50.78</b>	<b>00:50.13</b>	<b>00:48.59</b>
12	Boys 100 Freestyle	00:49.46	00:49.4	00:46.44	00:46.98	00:47.72	00:46.47	00:45.00	00:45.00	00:43.43
13	<b>Girls 500 Freestyle</b>	<b>05:12.59</b>	<b>05:12.5</b>	<b>04:58.13</b>	<b>05:02.19</b>	<b>05:07.97</b>	<b>04:58.52</b>	<b>04:58.05</b>	<b>04:47.34</b>	<b>04:37.30</b>
14	Boys 500 Freestyle	04:55.08	04:55.0	04:36.08	04:39.82	04:51.92	04:27.41	04:39.89	04:27.33	04:16.39
15	<b>Girls 200 Freestyle Relay</b>	<b>01:43.27</b>	<b>01:43.2</b>	<b>01:38.34</b>	<b>01:39.64</b>	<b>01:43.35</b>	<b>01:41.77</b>	<b>01:37.95</b>	<b>01:37.42</b>	<b>01:32.77</b>
16	Boys 200 Freestyle Relay	01:32.57	01:32.5	01:27.06	01:28.29	01:31.88	01:30.25	01:26.36	01:26.08	01:22.80
17	<b>Girls 100 Backstroke</b>	<b>01:01.02</b>	<b>01:01.0</b>	<b>00:57.50</b>	<b>00:58.43</b>	<b>01:00.01</b>	<b>00:58.07</b>	<b>00:55.90</b>	<b>00:55.31</b>	<b>00:52.86</b>
18	Boys 100 Backstroke	00:55.74	00:55.7	00:52.09	00:52.90	00:53.59	00:51.24	00:51.20	00:50.02	00:46.82
19	<b>Girls 100 Breaststroke</b>	<b>01:09.17</b>	<b>01:09.1</b>	<b>01:05.24</b>	<b>01:06.28</b>	<b>01:06.91</b>	<b>01:07.39</b>	<b>01:04.63</b>	<b>01:02.62</b>	<b>00:59.20</b>
20	Boys 100 Breaststroke	01:02.87	01:02.8	00:58.58	00:59.40	01:00.24	01:01.56	00:58.18	00:56.79	00:53.66
21	<b>Girls 400 Freestyle Relay</b>	<b>03:45.01</b>	<b>03:45.0</b>	<b>03:33.90</b>	<b>03:36.76</b>	<b>03:44.67</b>	<b>03:34.63</b>	<b>03:32.01</b>	<b>03:31.47</b>	<b>03:23.85</b>
22	Boys 400 Freestyle Relay	03:23.18	03:23.1	03:11.64	03:13.93	03:20.22	03:19.70	03:09.61	03:09.61	03:01.80



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## SCHOOL ABBREVIATIONS

### 6A School List

Aloha	ALOHA
Barlow	BARLW
Beaverton	BEAV
Benson	BENSN
Canby	CANBY
Centennial	CENN
Central Catholic	CCATH
Clackamas	CLACK
David Douglas	DAVD
Forest Grove	FGRV
Franklin	FRANK
Grant	GRANT
Grants Pass	GPASS
Gresham	GRESH
Hood River Valley	HOODR
Jesuit	JES
Lake Oswego	LKOSW
Lakeridge	LKRIG
Lincoln	LINC
McKay	MCKAY
McMinnville	MCMIN
McNary	MCNAR
Milwaukie	MILW
Newberg	NEWBG
North Medford	NMED
North Salem	NSLM
Oregon City	ORCTY
Putnam	PUTNM
Redmond	REDM
Reynolds	REYNO
Roseburg	ROSBG
Sandy	SANDY
Sheldon	SHELD
South Eugene	SEUG
South Medford	SMED
South Salem	SSLM
Southridge	SRIDG
Sprague	SPRAG
St Mary's Academy	STM
Sunset	SUNST
Tigard	TIGRD
Tualatin	TUAL
West Linn	WLINN
West Salem	WSLM
Westview	WESTV
Wilson	WILSN

### 5A School List

Ashland	ASHLD
Bend	BEND
Century	CENTR
Churchill	CHURC
Cleveland	CLEVL
Corvallis	CORV
Crater	CRATR
Crescent Valley	CRESV
Crook County	CRCTY
Dallas	DALLS
Eagle Point	EAGPT
Glencoe	GLENC
Hermiston	HERM
Hillsboro	HILSB
Jefferson (Ptd)	JEFFP
Klamath Union	KLAU
Lebanon	LEBAN
Liberty	LIB
Madison	MADIS
Marshall	MARSH
Marshfield	MRSFD
Mazama	MAZMA
Mountain View	MTVW
North Eugene	NEUG
Parkrose	PARKR
Pendleton	PEND
Roosevelt	ROOS
Sherwood	SHERW
Silverton	SLVTN
South Albany	SALBY
Springfield	SPFLD
St Helens	STHLN
Summit	SMMT
The Dalles Wahtonka	TDW
Thurston	THUR
West Albany	WALBY
Willamette	WILMT
Wilsonville	WLSNV
Woodburn	WDBRN

### 4A/3A/2A/1A School List

Astoria	ASTOR
Baker	BAKER
Banks	BANK
Blanchet	BLANC
Cascade	CASCD
Central	CENT
Corbett	CORB
Cottage Grove	CGRO
Creswell	CRES
De La Salle N Catholic	DLSNC
Gladstone	GLADS
Henley	HENLY
Hidden Valley	HIDVA
Illinois Valley	IVAL
Jefferson	JEFFN
Junction City	JNCTY
La Grande	LAGR
La Salle	LASAL
Marist	MARST
Molalla	MOLA
Neah-Kah-Nie	NKANE
Newport	NWPRT
North Bend	NBEND
North Marion	NMRN
North Valley	NVAL
Ontario (girls only)	ONTA
Pacific	PACI
Philomath	PHIL
Phoenix	PHNX
Portland Lutheran	PLUT
Rainier	RAIN
Reedsport	REDSP
Scappoose	SCAPP
Seaside	SEAS
Sisters	SISTR
Stayton	STAYN
Sweet Home	SHOME
Taft	TAFT
Tillamook	TILMK
Toledo	TOLED
Valley Catholic	VCATH
Yamhill-Carlton	YCARL