



Oregon School Activities Association
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October 14, 2009

To: Superintendents, Principals and Athletic Directors
 From: Tom Welter, Executive Director
 Subject: H1N1 Virus (Swine Flu)

The Oregon School Activities Association (OSAA) has received several inquiries related to the H1N1 Virus (Swine Flu) and its potential impact on upcoming OSAA State Championship activities and athletics.

While we recognize the desire of schools and communities to have students participating in these events, the OSAA places the safety and health of everyone involved – both participants and spectators – as our top priority. Toward that end, the OSAA Executive Board has requested that staff distribute the following policy regarding the H1N1 Virus (Swine Flu) and OSAA State Championships.

TEAM SPORTS

Teams from schools that are closed due to the H1N1 Virus (Swine Flu) will not be allowed to participate in high school activities or athletics until the school has been re-opened and classes resume (i.e. a school closed on Friday would not be considered re-opened until classes resume on Monday). In an effort to provide a participation opportunity for schools in this situation, the OSAA will allow an OSAA playoff game in a team sport to be conducted later than its originally scheduled date on the bracket, provided that a minimum of one travel day remains following the contest prior to the next round of play (football excluded). If a contest is not able to be completed within these parameters, the contest will be considered a forfeit by the school closed due to the H1N1 Virus (Swine Flu) and the other school's team will advance in the bracket.

Football games will not be permitted to move beyond Saturday of each week due to the weekly participation limitations for football participants. The OSAA Medical Aspects of Sports Committee has advised that under no circumstances should a school participate in more than one varsity football contest in a calendar week. The potential risk to the health and safety of participants causes serious concerns for the Committee.

INDIVIDUAL SPORTS

Students of schools that are closed due to the H1N1 Virus (Swine Flu) will not be allowed to participate in high school activities and athletics until the school has been re-opened and classes resume (i.e. a school closed on Friday would not be considered re-opened until classes resume on Monday). Due to the high number of individuals involved in these events, it is simply not possible to move and/or reschedule individual sport state championships on such short notice.

It is strongly suggested that schools and leagues adopt this policy, or a similar one, in advance of facing these types of situations. The OSAA encourages schools and leagues to work together to balance the desire to have contests played while keeping the health and safety of participants and spectators at the forefront.

School officials should work closely and directly with their local and state public health officials to make sound decisions, based on local conditions, and to implement strategies in a coordinated manner.

For the latest of what's happening in Oregon regarding the H1N1 Virus (Swine Flu), please visit: www.flu.oregon.gov.

National Federation of State
High School Associations



AGENDA
NFHS Sports Medicine Advisory Committee (SMAC)
October 3-5, 2009
Hyatt Regency Hotel Downtown
Indianapolis, Indiana

I. WELCOME – INTRODUCTIONS and GENERAL INFORMATION:

II. STANDING REPORTS:

1. Approval of NFHS SMAC Minutes
 - a. April 2009 NFHS SMAC Meeting
2. Liaison Reports
 - a. American College of Sports Medicine (ACSM)
 - b. American Orthopaedic Society of Sports Medicine (AOSSM)
 - c. American Academy of Pediatrics
 - d. National Athletic Trainers Association (NATA)
 - e. Joint Commission on Sports Medicine and Science
 - f. Academy of Sports Dentistry
 - g. NCAA Committee on Competitive Safeguards and Medical Aspects of Sport
 1. 2009-10 NCAA Sports Medicine Handbook
 2. Update on Datalys Center
 - h. National Operating Committee on Standards for Athletic Equipment (NOCSAE)
 - i. American Medical Society for Sports Medicine
 - j. Sporting Goods Manufacturers Association (SGMA)
 - k. US Lacrosse
3. NFHS Section and Association Reports
 - a. **Kurt Gibson** – Sections 1 and 4
 - b. **Paul Angelico** – Sections 2 and 6
 - c. **Gary Phillips** – Sections 3 and 7
 - d. **Brian Michelotti** – Sections 5 and 8
 - e. **Tom Minter** – NFHS Officials Association
 - f. **Dr. J. Walters** – NFHS Coaches Association
4. NFHS Catastrophic Sports Injury Update
 - a. Fall 2009 Update
 - b. Review 2008-09 Report
 - c. Discussion on Reporting by Member State Associations
5. NFHS Position Statements/Guidelines
 - a. Review Scheduled Rotation of Reviewing Position Statements/Guidelines
 - b. Discuss Possible Position Statement on Cardiac Screening
 - c. Discuss Possible Position Statement on Medical Hardware
 - d. Discuss NFHS Recommendation on Use of Bleach as a Disinfectant for MRSA

6. NFHS Web Site Update on Sports Medicine
7. Status of NFHS SMAC Action Items/ "TO DO LIST"/ and Recommendations from April 2009 Meeting (not present elsewhere in the agenda)
 - a. Response Back to Various State Associations on Sports Medicine Related Information
 - b. April 2009 NFHS SMAC Position Statements, Guidelines and Recommendations
 - c. Updated NFHS Physician Release For Wrestler to Participate with Skin Lesion Form for 2009-10
8. Review 2009-10 NFHS Rules Changes and Risk Minimization Items for all Sports
9. Update on Steroid Testing by Member State Associations
 - a. Illinois
 - b. New Jersey
 - c. Texas

III. OLD BUSINESS

10. Report on NFHS SMAC Workshop Session at 2009 NFHS Summer Meeting
 - a. "The NFHS Injury Surveillance System: A Systematic Approach to Risk Management Issues in Rules Writing" (**Dr. Comstock and Kurt Gibson**)
 - b. SMAC Topic Selection for Workshop Session at 2010 NFHS Summer Meeting
11. Update on Distribution of 2008 NFHS Sports Medicine Handbook (3rd Edition)
 - a. Begin Planning for 4th Edition (2010-2011)
12. Update on NATA Inter-Association Task Force Guidelines Regarding Heat Acclimatization for Pre-Season High School Practices
13. NFHS Injury Surveillance System (ISS) Update
 - a. NFHS Update
 - b. Review 2008-09 RIO Injury Surveillance Project – Summary Reports
 - c. Update on Current 2009-10 RIO Injury Surveillance Project
 - d. NFHS Rules Committee Items for Review by the NFHS SMAC for ISS
 - e. Changes/Updates for the 2010-11 RIO Injury Surveillance Project
 - f. View High School RIO Web Site
14. Update on NFHS Wrestling Weight Class Recommendations from the NFHS Wrestling Rules Committee
15. Finalize Concussion Language for all 2010-11 NFHS Sports Rules Books
16. Finalize Padding Rules for all 2010-11 NFHS Sports Rules Books

IV. EQUIPMENT ISSUES:

17. NFHS Rules Committees
 - a. Baseball-
 1. Update on Recent Events and Legislative Action on Baseball Bats
 - b. Field Hockey-
 1. Update on ASTM Standard for Eyewear
 2. Review Shin Guard Standard
 - c. Football-
 1. Update on New NOCSAE Standard for Football Gloves
 2. Protective Eyewear (Tinting)
 3. Hip, Thigh and Knee Pad Standards

- d. Track and Field-
 - 1. Health Issues Using a Starting Pistol
- e. Lacrosse-
 - 1. Mouthguards
- f. Soccer-
 - 1. Soccer Goal Posts
 - 2. Soccer Shin Guards

V. NEW BUSINESS:

- 18. NFHS Coach Education Program Update **(Tim Flannery and Dan Schuster)**
 - a. Health and Risk Minimization Issues in Fundamentals of Coaching Course
 - b. NFHS SMAC Member(s) to Review NFHS Courses
 - c. Discuss Possible Health and Risk Minimization Courses to be Developed for Coaches to the NFHS Coach Education Committee – (Concussions; Hydration; Conditioning; Nutrition)
- 19. Presentation on Xenith Football Helmet **(Vincent Ferrara, M.D.)**
- 20. NFHS Rules Committee Discussion Items
 - a. Soccer-
 - 1. Impact of Heat/Cold on Players and Minimum Warm-up Time
 - b. Football-
 - 1. Review Questions for 2009 NFHS General Football Survey
 - c. Wrestling-
 - 1. Review Injury Timeout With Regard to Concussions
 - 2. Discuss Weighing-In Wearing a Suitable Undergarment
- 21. Review 2009-2010 NFHS Rules Changes
 - a. Track and Field
 - b. Baseball
 - c. Softball
 - d. Ice Hockey
 - e. Boys Lacrosse
 - f. Basketball
 - g. Swimming and Diving
- 22. NFHS SMAC Strategic Planning
- 23. Member State Associations Sports Medicine Discussion Items
 - a. Georgia-
 - 1. Update on “The Risk of Exertional Heat Injuries in Football” Study
 - b. Kentucky-
 - 1. Update on New Sports Safety Course
 - c. Oregon and Washington-
 - 1. Update on New Concussion Laws
 - d. New York-
 - 1. Update on Proposed Mandate on Helmets for Girls Lacrosse
- 24. Review NFHS High School Today Articles on Sports Medicine
 - a. Review Past Articles
 - b. Future Articles
- 25. Finalize Dates for 2010-2011 NFHS SMAC Meetings
 - a. Discuss Possible Teleconference Dates and Times
- 26. Discussion on “Stopping Play” for an Injury and Allowing Proper Medical Attention

27. Discussion on Sickle Cell Trait
28. Discuss NFHS SMAC Survey to Member State Associations
29. Discussion on Game Officials Having a Yearly Physical Exam
30. Discussion on H1N1 Flu (Swine Flu)

VI. MISCELLANEOUS ITEMS:

31. Correspondence
 - a. USA Football, NFL and NW Youth Sports Concussion Coalition
 - b. Female Athlete Triad Awareness and Prevention Program
32. Miscellaneous Articles
33. Other Business from the Floor
 - a. View the 2009 NFHS Award of Merit Presentation

Next Meeting: April 17-19, 2010 in Indianapolis (Hyatt Regency Hotel Downtown)