



Oregon School Activities Association
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October 17, 2017

To: Commissioners, Athletic Directors and Head Wrestling Coaches
From: Brad Garrett, Assistant Executive Director
Subject: First Contest Date Reminders

As we approach the first contest I wanted to remind all of you of the policies related to the areas listed below. Please take a few moments to review these items prior your first contest. Questions related to any of the policies below can be directed to me at bradg@osaa.org.

Questions, answers and help video related to the topics below can be found on the TrackWrestling General Team Admin page located at - <http://www.trackwrestling.com/tw/FAQPlan.jsp?planId=139044009> and on the Oregon Wrestling Weight Monitoring Program page at <http://www.osaa.org/activities/wre/information/owwmp>.

Varsity Schedule Deadline:

As outlined in OSAA Executive Board Policy the deadline to enter your Varsity wrestling schedules into your TrackWrestling account is prior to the first contest date (Wednesday, November 28).

Schools are reminded to only enter those events that you are hosting and verify that you have added the correct teams to the event – this will automatically populate the invited team’s accounts.

If you are missing an away event that should be on your schedule but does not appear then contact the hosting team and request they add you to the event.

Each member school is responsible to verify the schedule is as accurate as possible but does allow schools to enter additional events after the deadline if needed because of required schedule adjustments.

DO NOT enter details for your Special District Tournament or the OSAA Wrestling State Championships on your schedule. These events will be automatically populated to all schools once details are finalized.

Required OSAA Weigh-in Form: (Sample Attached)

During the 2017-18 season coaches will be required to present an OSAA Weigh-in Report at the scale prior to each competition. This new requirement replaces the old requirement of recording actual weight and weight class of participation on the season long weight loss plan and should significantly reduce paperwork for all coaches.

Prior to any weigh-in during the season each school is required to provide a roster containing a listing of their potential wrestlers and the two eligible weight classes for each wrestler on that competition date. Each wrestler’s actual weight and weight class of participation that day will be recorded on the schools roster and submitted to the represented school’s Athletic Director directly after the conclusion of the event.

A screen capture of how to create and print an OSAA Weigh-in Report for any event can be accessed at the link below:

<https://www.youtube.com/watch?v=C9JfMuDBqJA>

The school's Athletic Director is responsible to verify that the season long weight loss plan for any wrestler who has failed to qualify at one of their eligible weight classes and chooses to participate in the event has been modified by raising the wrestlers minimum weight class up one class for each occurrence during the season.

A screen capture of how to raise a wrestler's minimum weight class at any point during the season, whether by choice or requirement, can be accessed at the link below:

<https://www.youtube.com/watch?v=K8xb2Qz4Mhw>

Entering Required Match Data:

Member schools shall verify after all Varsity dual meets and Varsity tournaments (individual and dual meet formats) that complete results are entered into the school's assigned TrackWrestling team profile and have been accepted.

It is highly recommended, but not required, that all events be scored live using TrackWrestling. If the host school does not score the event live using TrackWrestling, then the host school has the responsibility for inputting results for all participating teams within 24 hours after the conclusion of the event.

In the case where an OSAA member school is competing outside of Oregon, it is the responsibility of the member school to input the results into TrackWrestling

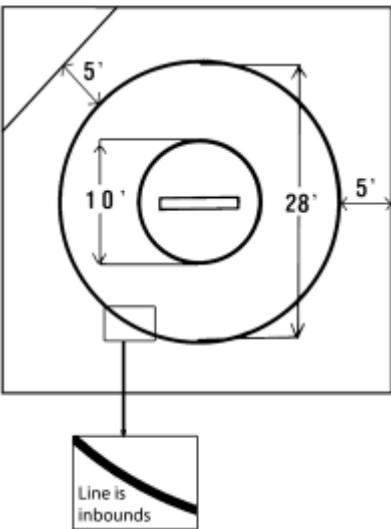
Mat Configurations:

Schools are required to comply with NFHS Wrestling Rule(s) 2-2-1, 2-2-2 and 2-1-5 when hosting duals or tournaments. Please review the following rules with all coaches and event personnel prior to the first event you host.

Rule 2-2-1: For dual meets, all team personnel, including coaches, other than actual participating contestants shall be restricted to an area which is at least 10 feet from the edge of the mat and the scorer's table, where facilities permit.

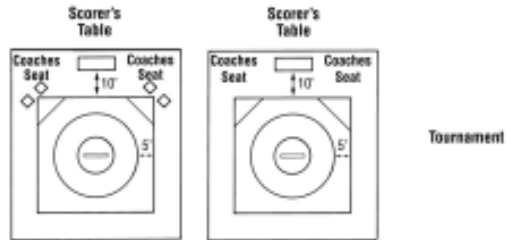
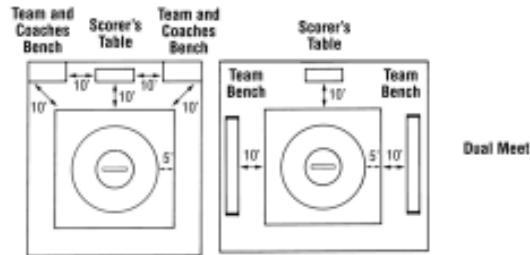
Rule 2-2-2: During tournament competition, a maximum of two team personnel (coaches and/or non-participating contestants) will be permitted on chairs at the edge of the mat. It is permissible to allow coaches on the corner of the mat in a restricted zone. In tournaments where coaches are permitted on the corner of the mat, the restricted zone shall be defined by either a contrasting line marked on the mat with paint or tape or a contrasting colored surface under the chairs. The restricted zone shall be no closer than 5 feet to the edge of the circle. Coaches shall be seated at least 10 feet from the scorer's table, where facilities permit.

Wrestling Mat Rule 2-1



Wrestling Mat Area Rule 2-1-5

MAT AREA



OSAA Weigh-in Report

School: Test Team A

Event: 17 Test Duals

Date: 11/29/2017

12/01/2017

0 lbs consecutive day allowance

Weight	Name	Grade	EWC	Actual Wt.	Skin Check
120	John Wonder	Jr.	120,126		_____
132	John Doe	Sr.	132,138		_____
138	Bobby West	So.	138,145		_____
170	West Two	Sr.	170,182		_____
220	West Wrestler	Sr.	220,285		_____

Event Weigh-in Requirements: Prior to any weigh-in during the regular season, each school is required to provide a roster containing a listing of their potential wrestlers and the two eligible weight classes for each wrestler on that competition date. Each wrestler's actual weight and weight class of participation that day will be recorded on the schools roster and submitted to the representative of the Athletic Director directly after the conclusion of the event. The school's Athletic Director is responsible to verify that the season long weight loss plan for any wrestler who has failed to qualify at one of their eligible weight classes for an event has been modified as per the Wrestling Weight Monitoring Program regulation part A 3) c prior to any future competition.

Certified By Administrator * (name)

* if honor weigh-in performed

SAMPLE