



Oregon School Activities Association
Sports Medicine Advisory Committee
Minutes – November 9, 2016 Meeting



1. Present: Dr. Michael Koester (chairperson); Mark Boren; Dr. James Chesnutt; Erin Cramer (OSPA); Marlee Hansen (OATS); Sam Johnson (OATS); Shelly Jones (OATS); Marc Norcross, Dr. Sean Rash; Dr. Robert Sandmeier; Dr. David Sarmiento; Dr. Thayer White; Brad Garrett, Kelly Foster, Kyle Stanfield, Cindy Simmons and Peter Weber (OSAA). Guests: Rob Younger (OACA); Craig Rothenberger (OADA); Phil Hein (PRIVIT).
2. Welcome and Introductions.
3. Minutes of September 13, 2016 meeting were reviewed and approved.
4. Old Business
 - a. Chiropractors and Concussion Legislation – Dr. Koester updated the group on conversations with Senator Steiner-Hayward. No new bills regarding DC/naturopaths being able to clear athletes for RTP after concussion are anticipated at this time.
 - b. OHA and Sports Physicals – No new information was presented. Continuing conversation with the Oregon Health Authority on how we may best be able to use the PPE to help increase compliance with Well Child exams.
 - c. NJ Pain Medication Initiative – Dr. Chesnutt asked to have this item moved to the February agenda.
 - d. Catastrophic Injury Reporting – Shelly Jones reviewed the progress of the subcommittee and shared the current form.
 - e. AT Legislation Update – Dr. Koester reported that the OSAA Foundation helped to purchase a data set that will be used to establish rationale for future legislation.
 - f. Football
 - 1) Quarter Limitations – Rob Younger provided a short report. Smaller schools reported that having six quarters has allowed many to have sub-varsity programs this year.
 - 2) Summer Football – Brad Garrett shared an anonymous letter from a coach supporting additional restrictions in the summer months. The letter encouraged expansion of Moratorium Week.
 - 3) USA Football Development Model (11/09/16 Draft) – Brad Garrett shared a football “continuum” model with the committee that outlines a step-wise progression of teaching fundamentals through the grade levels. The model contends that all kids should participate in flag football as a starting point and participate in a “modified” game prior to engaging in full contact football. The model will be discussed with youth coaches at the Oregon Youth Football Summit, Spring 2017.
5. New Business
 - a. PRIVIT Presentation – The committee listened to a presentation by Phil Hein on a digital system designed to collect medical information that allows restricted access only those individuals that should see sensitive information. System allows schools to add any type of form and end user has web access to complete compliance requirements.
 - b. Pre-Participation Physical Exam Form – Discussion of the revision of the OSAA PPE form was moved to the February agenda.
 - c. Wrestling BIA Assessment (BodyMetrics Ultrasound Tool) – Brad Garrett informed the group that we would be doing a pilot program to assess body fat of wrestlers using the tool. The pilot will be a side-by-side comparison of the current method and the new tool. Results will be reported back to the group in February.
 - d. OSAA Foundation – Kyle Stanfield, OSAA
 - 1) Dr. Thad Stanford Scholarship Fund – Kyle gave a brief update on the project and asked the group for their support moving forward.
 - 2) Pediatric ImPACT Testing - Kyle informed the committee that the ImPact Pediatric test version is available now and asked if the committee was interested in making the pre-tests available to our schools at a reduced rate. The consensus of the group was to hold off on making a decision on a recommendation until more data can be reviewed on this new product.
 - e. Volleyball and Basketball Concussion Headwear – Cindy Simmons asked the committee to consider granting a medical exception for the use of concussion headbands that violate NFHS Basketball and Volleyball rules because of the width of

the band. These same headbands are legal in Soccer. The committee discussed and decided to keep current policy of requiring a medical note instead of giving implied permission to wear the headband.

- f. Daith Piercings and Jewelry – Cindy Simmons asked the committee to advise her on the use of Daith piercings and whether or not they would be legal. The committee discussed such piercings and the summary of the discussion can be best described per Chair’s statement:

“While a "Daith piercing" is a medical treatment, it is still jewelry. Sports with rules that do not allow jewelry do so for a specific reason- to minimize the risk of injury (such as laceration and/or subsequent infection) to the participant wearing the jewelry and to others who could potentially be harmed by the jewelry. The medical necessity of such jewelry does not lessen those risks.”

6. Committee member topics / discussion

7. Fall State Championship Coverage

a. Soccer – All	Saturday, November 12	Hillsboro Stadium / Liberty HS
b. Football		
5A, 4A, 3A, 2A, 1A Semis	Friday-Saturday, November 18-19	TBD
6A Semis	Friday, November 25	Providence Park, Portland
5A, 4A, 3A, 2A, 1A Finals	Saturday, November 26	TBD
6A Finals	Saturday, December 3	Providence Park, Portland

8. Future Meeting Dates

a. Wednesday, February 8, 2017	Amadeus Restaurant, Salem	6:30pm
b. Wednesday, April 12, 2017	Amadeus Restaurant, Salem	6:30pm