



Oregon School Activities Association  
**Sports Medicine Advisory Committee**  
Minutes – September 13, 2016 Meeting



1. Present: Dr. Michael Koester (chairperson); Mark Boren; Dr. James Chesnutt; Dr. Jonathan Crist; Marlee Hansen; Sam Johnson (OATS); Shelly Jones; Marc Norcross, Dr. Sean Rash; Dr. David Sarmiento; Dr. Charles Webb; Dr. Thayer White; Rob Younger (OACA); Craig Rothenberger (OADA); Brad Garrett, Kelly Foster and Peter Weber (OSAA).
2. Welcome and Introductions.
3. Minutes of April 19, 2016 meeting reviewed and approved.
4. Old Business
  - a. Heads Up Football Implementation Update – Brad Garrett updated the committee on how the Heads Up implementation is going and showed a short video produced by USA Football regarding our efforts in Oregon. All OSAA member schools sponsoring football now have a Player Safety Coach and all coaches (paid or volunteer) have completed the required online courses. Planning is already started for next year’s PSC clinics. Brad will keep the committee updated on the implementation effort as needed.
  - b. Chiropractors and Concussion Legislation – Dr. Koester outlined for the committee the steps already taken related to allowing chiropractors to return an athlete to play after they are concussed. The committee reached consensus that a chiropractor should have specialized certifications such as Certified Chiropractic Sports Physician (CCSP) and/or Diplomate in Chiropractic Sports Medicine (DABCSM).
  - c. Youth Football Summit – Brad Garrett reviewed a draft agenda for the first annual Oregon Youth Football Summit. The goal of the summit is to convene youth coaches around the state to discuss the state of the game, OSAA policy and collect information that can be used for future initiatives.
  - d. Helmet sensors and “Hit Counts” – The committee continues to be concerned over lack of reliable, consistent and reproducible data related to these types of devices. Will continue to monitor developments and advancements in the technology as research is published.
  - e. NATA Collaborative Solutions for Safety in Sports National Meeting – Brad Garrett and Shelly Jones attended last year. NATA is going to rank states based on information they collected on a questionnaire that was completed at the event.
  - f. OCAMP/CBIRT Return to Learn Information – Link to the information was sent to all schools this September via an OSAA Weekly email blast. The materials help educators understand more about return to learn protocols and how to work with students to ensure the best possible learning environment.
  - g. OSAA Gender Identity Participation Executive Board Policy – Peter Weber reviewed some minor changes to the adopted policy that allows the OSAA to deal with issues on a case-by-case basis.
5. New Business
  - a. Adolescent Well-Visits and Pre-Participation Physicals – Dr. Koester, Dr. Chesnutt and Peter Weber have been working with the Oregon Health Authority. The OHA is interested in collaborating with the OSAA to help improve the number of adolescents receiving well childcare. The OHA would like the physical exam form to include some type of notification of need for an adolescent well visit and wants the OSAA to support this initiative. Meetings are ongoing. The SMAC supports the initiative.

Dr. Koester outlined an electronic version of the PPE form titled PRIVIT that uses an online interface that allows families to input medical history and that can be uploaded/scanned an uploaded into a file that is digitized and accessible to school personnel.
  - b. NFHS Essential Summit – Dr. Koester summarized the Summit, the NFHS will be publishing a paper that outlines an ongoing effort to address overuse injuries, specialization and participation issues in high school sports.
  - c. NJ State Association Pain Medication Statement – Dr. Koester reviewed some recommendations related to use of narcotic pain medication at the high school level. New Jersey is the first state in the country to adopt this type of policy. Dr. Chesnutt recommended forwarding the information to the Oregon Board of Medical Examiners. We will see if they may be interested in collaborating with other medical associations in the state.

- d. National Center for Catastrophic Sport Injury Research (NCCSIR) – Athletic Trainer Liaison – Shelly Jones is the Oregon Liaison of a national effort to collect data on catastrophic injuries that occur in our state. The NATA effort to organize ATC’s from around the country should help produce the most accurate data possible. OSAA staff will distribute information to member schools on when and how to report. Shelly will report further details of the process at the next meeting.
  - e. High School Athletic Trainer Cost Calculator – Dr. Koester emphasized the importance of having an ATC in every school to assist in diagnosis and treatment of sports related activities. The notion has been discussed with several legislators and there seems to be interest. The committee is going to wait until they have enough data to support the idea that implementation efforts will save OHP and insurers money when compared to current options (ER, etc.).
  - f. NFHS SMAC April Meeting Summary and Section Reports – Dr. Koester pointed out that the meeting summary and reports were included in the Committee packet. He is happy to answer questions related to any of those items.
  - g. High School Football – Future of Kickoffs in Football – Brad Garrett outlined the history of proposed changes to free kicks rules. The NFHS Football Committee has discussed changes but specific areas of the country are opposed to any changes to this point. The committee has passed several rule changes related to formation issues but changes to the free kick rules are likely not a reality at this point in time.
6. Committee member topics / discussion – Dr. Chesnutt invited members of the committee to a presentation by John Leedy, PhD at the TBI Symposium Saturday, September 17. Peter Weber will distribute information to the group about registering for the event.
7. Future Meeting Dates
- a. Wednesday, November 9, 2016      Amadeus Restaurant, Salem      6:30pm
  - b. Wednesday, February 8, 2017      Amadeus Restaurant, Salem      6:30pm
  - c. Wednesday, April 12, 2017      Amadeus Restaurant, Salem      6:30pm