



Oregon School Activities Association
Sports Medicine Advisory Committee
Minutes – May 2, 2018 Meeting



1. Present: Dr. Michael Koester (chairperson); Mark Boren; Dr. Preston Chadewick; Dr. James Chesnutt; Erin Cramer (OSPA); Dr. Jonathan Crist; Dr. Robert Fan; Marlee Hansen (OATS); Sam Johnson (OATS); Shelly Jones (OATS); Marc Norcross, Dr. Donald Pennington; Dr. Sean Rash; Dr. Jamie Schlueter; Dr. Thayer White; Rob Younger (OACA); Peter Weber (OSAA).
2. Welcome and Introductions.
3. Minutes of February 7, 2018 meeting reviewed and approved.
 - a. NFHS Sports Medicine Summit Report – This first-ever summit hosted by NFHS was held in Indianapolis and the early feedback was very positive. General sessions and breakout sessions on a variety of topics were well attended and provided good information about best practices throughout the country. More information will be gathered from the post-event survey done by the NFHS.
 - b. NFHS SMAC Review – This group met following the summit and is focusing in on five areas moving forward: overuse/specialization; ACL/ankle injury prevention; wrestling skin issues; mental health EAP and overall EAP.
 - c. Air Quality Board Policy – OSAA Staff created a draft policy based on conversations and feedback from representatives of the OHA and DEQ. The policy is intended to codify information included in the memos sent to schools last Fall. The OSAA Executive Board will act on this proposed policy on May 7. A suggestion was made to clarify the language surrounding indoor facility usage during times of poor air quality.
 - d. OHA/OSAA Continued Collaborations – Suicide Prevention – This group created a survey that was sent out to nearly 10,000 email addresses looking to determine what resources are needed in schools and how best to deliver those resources. The survey closed today and the group has a conference call scheduled to review the responses and determine next steps.
 - e. OSAA Football Ad-Hoc Committee – Peter Weber updated the committee on this groups to-do list moving forward, including NFHS rules and participation limitation variations at the sub-varsity level, strategies to address declining participation, 6-player pilot, and defining benchmark that would require a school currently playing down to move back to their original classification level. The Football Ad Hoc Committee is also working on a position statement regarding potential structural changes to youth football.
 - f. PACE Day: Safe and Secure Schools Report – Dr. Koester relayed that he spoke at this event on April 19 at the Salem Convention Center.
 - g. School Safety Officer Concept – The committee continued its discussion about the concept of school safety officers. This person would have ownership over athletics-related safety (Air Qualify, concussion, physicals, etc.) and could be the district's risk manager, athletic director, or perhaps an ATC. OSAA Staff will discuss the concept with the Executive Board this summer to get feedback.
 - h. Pre-Contest Medical Preparedness Concept – The committee discussed its concerns with the practical implementation of this concept and asked OSAA staff to reach out to the AIA to see how it has been received by schools and officials during the first year of implementation.
 - i. Wrestling and Skin Infections – The group briefly discussed having some type of reporting system that may help to locate and identify potential sources of skin infection during wrestling. Dr. Chadewick suggested that further education for officials would help in this area and offered to speak at a gathering of officials. The group also discussed the Mat Doc app and whether that could be utilized to help in this area.
4. New Business
 - a. Media Reports on New Blood Tests for Concussion – Dr. Koester discussed this New York Times article and the inaccuracies associated with it, along with the NFHS' response statement.
 - b. Consent to Treat Language – The group discussed varying language that school districts have in this area. The discussion included a possible definition of "emergency treatment", questions about liability concerns, and whether OSAA should work with PACE to provide suggested language for schools and districts. OSAA Staff will reach out to the AIA regarding their new consent to treat policy and consult with legal counsel prior to the next SMAC meeting.

- c. NFL Laboratory Testing Results – Peter Weber shared a memo sent to member schools showing the results of a 2018 helmet laboratory testing performance, including 10 helmets that are listed as prohibited by the NFL. The memo clarified that the NFHS follows the NOCSAE standard and that schools must make sure helmets are properly re-certified as required.
 - d. Q Neck Collar and “Concussion Prevention” – Discussion took place regarding the Q collar and how this would be treated at the high school level, specifically whether it would be considered jewelry or an adornment.
 - e. EAP/Anyone Can Save a Life – NFHS Foundation AED Bulk Purchase – Information was shared regarding a bulk purchase of AEDs by the NFHS Foundation for more than 400 high schools this past March. The NFHS Foundation has discussed possibly expanding this program and OSAA staff will monitor future developments.
5. Committee Member Topics / Discussion – The group discussed pre-participation physical exams and an issue that has come up with some schools regarding incoming freshmen and the date of their most recent exam. OSAA Staff will remind these schools that the state statute in this area is clear that exams are valid for two years from the date of the exam.
6. Spring State Championship Coverage
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| a. Track & Field | Thursday-Saturday, May 17-19 | University of Oregon, Eugene |
| b. Baseball | Friday-Saturday, June 1-2 | Volcanoes Stadium, Keizer |
| c. Softball | Friday-Saturday, June 1-2 | Oregon State University, Corvallis |
7. Future Meeting Date
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| Tuesday, September 11, 2018 | Amadeus Restaurant, Salem | 6:30pm |
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