

# Oregon School Activities Association

### **Sports Medicine Advisory Committee**

Minutes - February 8, 2017 Meeting



- 1. Present: Dr. Michael Koester (chairperson); Jeremy Ainsworth (OATS); Dr. Brett Andres; Mark Boren; Dr. Brad Butler; Dr. James Chesnutt; Erin Cramer (OSPA); Marlee Hansen (OATS); Sam Johnson (OATS); Shelly Jones (OATS); Marc Norcross, Dr. Robert Sandmeier; Dr. David Sarmiento; Dr. Jeff Tuman; Brad Garrett, and Peter Weber (OSAA). Guests: Rob Younger (OACA).
- 2. Minutes of November 9, 2016 meeting were reviewed and approved.

#### Old Business

- a. Chiropractors and Concussion Legislation: Dr. Koester reviewed what has transpired since last meeting. A group has been involved in helping to develop language within the proposed legislation (HB 4124). The committee discussed the language in the proposed legislation specifically whether or not ATs will be included in the new language.
- b. OHA and Sports Physicals: Working with OHA to put together a guidance document for physicians on proper protocol for PPE and to outline the differences between PPE and well child check.
- c. NJ Pain Medication Initiative: Dr. Chesnutt provided some links to some resources dealing with opioid Rx guidelines for the website.
- d. AT Legislation Update: Dr. Koester gave a brief update on the legislation status.
- e. PRIVIT: Peter Weber reminded the committee that we would need to get approval from the DOE to use a "digital" form instead of the paper copy of the Pre-Participation Physical Exam form. Once approved allowing schools the option to use the system is the best course of action. Committee unanimously endorsed having PRIVIT as an option for OSAA schools.
- f. Pre-Participation Physical Exam Form: The committee reviewed and unanimously approved suggested revisions to the current form with a note that it will have to be reformatted by OSAA staff. The finalized format will need to be approved by the SMAC (by email vote) and the DOE.
- g. Wrestling BIA Assessment BodyMetrics Ultrasound Tool: Tabled until 4/17 meeting.
- h. Re-classification report: Peter Weber and Brad Garrett updated the committee on the progress of the Classification and Districting Committee.

#### i. Football

- 1) Oregon Youth Football Summit April 9, 2017: Brad Garrett outlined the goals of the Summit and invited the committee to attend. Everyone was provided a registration link.
- 2) USA Football Development Model: Briefly reviewed.

### 4. New Business

- a. OACA Heads Up FB Proposal: The committee discussed and agreed that any changes to our current policy needs to be initiated at the national level.
- b. Pregame safety "Timeout": Tabled until 4/17 meeting.
- c. EAP/AT for Championship Events: Tabled until 4/17 meeting.
- d. Return to Learn Form: Dr. Koester reviewed a new CBIRT/OSAA concussion document that outlines return to play and temporary accommodations that should help health care professionals and educators better help students that have been concussed. The committee reviewed and unanimously approved suggested revisions to the current form. Peter Weber will work with Ann Glang to finalize the form and get it out to the schools.
- e. Potential USA Football/Oregon Pilot Study: Marc Norcross and Sam Johnson gave a brief report about the potential to partner in a study involving leagues adopting the modified game and those continuing to use traditional tracks. Further details need to be worked out and funding needs to be secured before the study can be initiated.
- f. Concussion Conference Bend April 2017: Information distributed to the committee.
- g. Training Aids: The committee reviewed several new products claiming to increase performance if used.
- 5. Committee member topics / discussion

## 6. Winter State Championship Coverage

a.	Cheerleading	Saturday, February 11	Veterans Memorial Coliseum, Portland
b.	Swimming	Friday / Saturday, February 17-18	Mt Hood Community College, Portland
c.	Wrestling	Friday / Saturday, February 24-25	Veterans Memorial Coliseum, Portland
d.	1A Basketball	Wednesday / Saturday, March 1-4	Baker HS, Baker City
e.	2A Basketball	Thursday / Saturday, March 2-4	Pendleton Convention Center / Pendleton HS, Pendleton
f.	3A Basketball	Thursday / Saturday, March 2-4	Marshfield HS, Coos Bay / North Bend HS, North Bend
g.	4A Basketball	Thursday / Saturday, March 9-11	Forest Grove HS / Pacific University, Forest Grove
h.	5A Basketball	Tuesday / Friday, March 7-10	Oregon State University, Gill Coliseum, Corvallis
i.	6A Basketball	Wednesday / Saturday, March 8-11	University of Portland, Chiles Center, Portland
j.	Dance / Drill	Wednesday / Saturday, March 16-18	Veterans Memorial Coliseum, Portland

7. Future Meeting Dates: Wednesday, April 12, 2017 Amadeus Restaurant, Salem 6:30pm