



Oregon School Activities Association
Sports Medicine Advisory Committee
Minutes – February 7, 2018 Meeting



1. Present: Dr. Michael Koester (chairperson); Mark Boren; Dr. James Chesnutt; Erin Cramer (OSPA); Dr. Jonathan Crist; Dr. Robert Fan; Sam Johnson (OATS); Shelly Jones (OATS); Marc Norcross, Dr. Sean Rash; Dr. Jamie Schlueter; Dr. Thayer White; Rob Younger (OACA); Brad Garrett, Kelly Foster and Peter Weber (OSAA).
2. Welcome and Introductions.
3. Minutes of November 14, 2017 meeting reviewed and approved.
 - a. SB 1547 – Concussion Return to Play Update – Hearing on the bill was conducted today. Oregon School Boards Association (OSBA) has concerns related to liability risks having ATC’s return student athletes to play and some lawyers have concerns that changes may lead to doctor shopping for clearance. All involved recommend that some type of certification process must be in place to make sure that everyone clearing student athletes is competent – should consider potentials like the CDC course or some other type of certifying course. The committee also recommends that OSBA and PACE should research other states as to what risks are associated with expanding the definition of appropriate health care professional that can clear student athletes.
 - b. NFHS Collaborative Solutions for Safety in Sport Update – The NFHS has put together its own solutions for safety in sport conference that will be conducted in partnership with the NATA and AMSSM. Medical professionals involved in each state advisory committee will be invited to participate. A preliminary agenda will be forwarded to all state associations.
 - c. Air Quality Guidelines / Policy – OHA/DEQ Collaboration Update – Peter Weber, Brad Garrett and Dr. Koester plan to participate in a conference call with representatives of the OHA, DEQ, Forest Service, and others to discuss possible changes to the information distributed to schools regarding air quality. Goal is to create a simple way for schools to determine whether or not acceptable conditions are present to conduct practice and games.
 - d. OHA/OSAA Continued Collaborations – Suicide Prevention – Anne Kirkwood is working with the OACA to identify resources that schools need prior to the fall. Considering expanding into the abuse of Opioids – some model training already available. Some discussion about the differences between mandatory training on these topics versus professional development. The committee discussed the potential for recommending that schools have some type of post-suicide response plan in place.
 - e. OSAA Football Ad-Hoc Committee – Brad Garrett provided an update on the Ad-Hoc Committee’s work to this point. Benchmarks have been set and about 50 schools identified that failed to meet either one or both benchmarks. Any school not meeting the benchmark would be invited to play down a classification level – most were either already moved down in the new time-block or have indicated they would like to play down. Recommendations would require that the OSAA Delegate Assembly vote on some article and rule changes that would be required if the recommendations are to be implemented.

Dr. Koester spoke briefly about some correlation between HS RIO injury data and size of team. Preliminary findings show that schools with small roster sizes are at increased injury risk based on number of athletic exposures.
 - f. School Safety Officer Concept – The committee continued its discussion about creating school safety officers. This person would have ownership over athletics-related safety (Air Quality, concussion, physicals, etc.) and could be the districts risk manager, athletic director, or perhaps an AT. The OSAA Executive Board is concerned about creating a new position at schools but like the idea of being able to share resources with staff. Hot topics could also be routed through this position.
 - g. NFHS SMAC Review – Dr. Koester indicated the NFHS will be revising the Concussion, Heat, and Nutrition courses over the next year.
 - h. Cal State Fullerton Study – Wrestling BIA Assessment Devices Validation Study – The SMAC endorses allowing schools to purchase and use the new In-Body scale for weight assessments moving forward.
 - i. Overuse Injury Research – Dr. Koester informed the committee that the NFHS will be developing more information on sports specialization and the effects on the body.
 - j. Daith Piercings – Dr. Koester reviewed a proposed internal policy for when staff receives requests from participants regarding Daith Piercings and the committee was unanimously supportive of this approach.

4. New Business

- a. Oregon Athletic Coaches Association Report – Rob Younger addressed the State of Football and reminded the committee about the upcoming NIKE Coaches Clinic that the OACA conducts each year.
- b. Pre-Contest Medical Preparedness Concept – The committee likes the idea (AIA card with specifics) be read at all contests – won't hurt for everyone to be in the loop on these items. Plan to route through the OAOA and then the OSAA Executive Board for feedback and potential approval.
- c. PACE Day: Safe and Secure Schools – April 19 – Salem Convention Center
- d. Wrestling and Skin Infections – Centralized Reporting Proposal – Dr. Koester and Brad Garrett both feel that having some type of reporting system may help to locate and identify potential sources of skin infection during wrestling. After identifying source, put into place a systematic approach to target treatment protocols, identify people in communities that can clear a wrestler with a lesion, and be able to help the OHA when needed with more information. Alabama is using tele-medicine as an option – might consider this.
- e. Outreach to Medical Associations/Societies – “5 Things to Know” – The committee talked about an approach to be more proactive with state associations regarding skin infection, concussion, etc. Mentioned the 10 for 10 with NCAA.

5. Committee Member Topics / Discussion – The committee also discussed color of braces in basketball and the problems created for officials, return to play for ACL surgery (graduated) and AOSSM – message against specialization.

6. Winter State Championship Coverage

a. Cheerleading	Saturday, February 10	Veterans Memorial Coliseum, Portland
b. Swimming	Friday / Saturday, February 16-17	Mt Hood Community College, Portland
c. Wrestling	Friday / Saturday, February 16-17	Veterans Memorial Coliseum, Portland
d. 1A Basketball	Wednesday / Saturday, Feb 28-Mar 3	Baker HS, Baker City
e. 2A Basketball	Thursday / Saturday, March 1-3	Pendleton Convention Center / Pendleton HS, Pendleton
f. 3A Basketball	Thursday / Saturday, March 1-3	Marshfield HS, Coos Bay / North Bend HS, North Bend
g. 4A Basketball	Thursday / Saturday, March 8-10	Forest Grove HS / Pacific University, Forest Grove
h. 5A Basketball	Tuesday / Friday, March 6-9	Oregon State University, Gill Coliseum, Corvallis
i. 6A Basketball	Wednesday / Saturday, March 7-10	University of Portland, Chiles Center, Portland
j. Dance / Drill	Wednesday / Saturday, March 15-17	Veterans Memorial Coliseum, Portland

7. Future Meeting Dates

Wednesday, May 2, 2018	Amadeus Restaurant, Salem	6:30pm	DATE CHANGE
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