

OSAA Girls Swimming Championships

4A Champions Through 2006

200-YARD MEDLEY RELAY

1955	CLEVELAND	2:18.5
1956	CLEVELAND (Sr.)	2:18.7
	(Tramblay, Huffscheidt, Martin, Boyd)	
1956	LAKE OSWEGO (Jr.)	2:47.9
	(McCullough, Shaw, Munch, Southwell)	
1957	(event not contested)	
1958	GRANT	2:16.7
	(Denniston, Harrow, Mucha, See)	
1959	BEAVERTON	2:13.4
	(Jones, Marchi, Morris, Schofield)	
1960	BEAVERTON	2:17.0
	(Norris, Rittenour, Penn, Vogland)	
1961	BEAVERTON	2:09.4
	(Penn, Rittenour, Rittenour, Wood)	
1962	WILSON	2:09.0
	(Mankin, Larkin, Eggen, Steinbach)	
1963	WILSON	2:01.2
	(Cain, Jamison, Steinbach, Dodge)	
1964	BEAVERTON	2:09.1
	(Barrow, Fay, Lindley, Gatch)	
1965	WILSON	2:09.5
	(Skinner, Jenkinson, Dodge, Hickox)	
1966	DAVID DOUGLAS	2:03.3
	(Berry, Wikman, Sheehy, Peyton)	
1967	DAVID DOUGLAS	2:00.7
	(Sheehy, Burry, Peyton, Baker)	
1968	DAVID DOUGLAS	2:02.0
1969	DAVID DOUGLAS	2:01.2
1970	DAVID DOUGLAS	2:02.5
	(Larson, Biamont, Rogers, Cummings)	
1971	DAVID DOUGLAS	1:59.71
	(Younce, Biamont, Gebe, Rogers)	
1972	DAVID DOUGLAS	1:59.35
	(Younce, Biamont, Baker, Wakayama)	
1973	(season changed to winter)	
1974	DAVID DOUGLAS	1:56.83
	(Peyton, Wakayama, Stevens, Wilcox)	
1975	DAVID DOUGLAS	1:57.77
	(Peyton, Wakayama, Stevens, Leichner)	
1976	DAVID DOUGLAS	1:56.70
	(Peyton, Wakayama, Wakayama, Symonds)	
1977	FOREST GROVE	1:56.609
	(M. Abma, D. Burlingham, M. Abma, S. Burlingham)	
1978	WILSON	1:56.14
	(Feldman, A. Habernigg, S. Habernigg, Dakin)	
1979	DAVID DOUGLAS	1:55.57
	(Andrus, Zink, Skowhede, Symonds)	
1980	MEDFORD	1:56.15
	(Day, Gilbert, Gilsdorf, Ross)	
1981	LAKE OSWEGO	1:53.70
	(Bruisma, Hunt, Habernigg, Schildan)	
1982	LINCOLN	1:53.45
	(Shannon, Thompson, Donahue, Massengale)	
1983	LINCOLN	1:3.29
	(Shannon, Thompson, Donahue, Massengale)	
1984	BEAVERTON	1:51.16
	(Heringer, Cathery, Sever, Childs)	
1985	LINCOLN	1:50.30
	(Donahue, Brenner, Bergner, Shannon)	
1986	LINCOLN	1:54.24
	(O'Scannlain, Brenner, Bergner, Massengale)	
1987	LINCOLN	1:53.39
	(Boyd, Brenner, Bergner, O'Scannlain)	
1988	ST. MARY'S	1:52.29
	(Dressler, Haslach, Mutter, Kelvin)	
1989	LINCOLN	1:52.70
	(Shannon, Grant, O'Scannlain, Covington)	
1990	BEAVERTON	1:54.05
	(Tyson, Shinall, Hunscher, Anderson)	
1991	LINCOLN	1:52.15
	(Shannon, Hedinger, Quan, Covington)	
1992	MOUNTAIN VIEW	1:50.57
	(Smith, Gumpert, Elsnor, Phillips)	
1993	BEAVERTON	1:51.38
	(C. Childs, K. Childs, Hunscher, Schiletz)	
1994	LAKE OSWEGO	1:53.09
	(Dam, Parks, Hume, Jones)	
1995	SUNSET	1:51.51
	(Washburn, Hansen, Cohen, Jensen)	
1996	JESUIT	1:50.43
	(Mathis, Werth, Parks, Smith)	
1997	DAVID DOUGLAS	1:50.60
	(Martin, Mitchell, Gustafson, Yearout)	
1998	DAVID DOUGLAS	1:48.18
	(Martin, Mitchell, Renwick, Trapp)	
1999	BEND	1:49.46
	(Schknecht, Adams, Valley, Burley)	
2000	BEND	1:49.74
	(Schknecht, Adams, Valley, Burley)	
2001	WESTVIEW	1:48.11
	(M. Patterson, G. Patterson, Greene, K. Luber)	
2002	JESUIT	1:48.90
	(Nicholson, Summers, Nelson, Kilroy)	
2003	LINCOLN	1:51.45
	(Davis, Embick, Jarvis, Kestner)	
2004	NORTH EUGENE	1:50.58
	(Hogan, Stice, Boam, Hoffman)	
2005	WESTVIEW	1:49.26
	(L. King, J. King, Cheyning, Pinson)	
2006	WESTVIEW	1:49.35
	(L. King, J. King, Cheyning, Needham)	
	200-YARD FREESTYLE	
1951	Louella Taylor, West Linn	3:22.9
1951	Sally Becker, unattached	2:25.0

1952	Delores Dinneen, St. Mary's	2:24.3
1953	Beverly Graham, Jefferson	2:18.5
1954	Luella Lilly, Newberg	2:20.7
1955	Carol Evert, Jefferson	2:20.7
1956	Sr.-Faye Martin, Cleveland	2:23.5
1957	Sr.-Faye Rabe, Washington	2:21.1
1958	Jeanette Hendricks, N. Eugene	2:29.6
1959-65	(event not contested)	
1964	Cathy Jamison, Wilson	2:09.4
1965	Jana Haroun, Lake Oswego	2:04.9
1966	Patti Jensen, Grant	2:14.4
1967	Suane Smith, Sheldon	2:10.9
1968	Marjorie Meek, Wilson	2:05.3
1969	Laura Smith, David Douglas	2:03.4
1970	Jill Gleason, Lake Oswego	2:02.3
1971	Jane Levings, Cottage Grove	1:59.13
1972	Kim Peyton, David Douglas	1:53.16
1973	(season change to winter)	
1974	Kim Peyton, David Douglas	1:50.84
1975	Kim Peyton, David Douglas	1:50.25
1976	Heidi Wiessert, Sheldon	1:55.90
1977	Denise Stuntzner, North Bend	1:55.939
1978	Denise Stuntzner, North Bend	1:54.14
1979	Sue Habernigg, Lake Oswego	1:50.53
1980	Denise Stuntzner, North Bend	1:56.14
1981	Julie Leep, Tigard	1:55.15
1982	Jenny Shannon, Lincoln	1:57.59
1983	Jenny Shannon, Lincoln	1:54.92
1984	Jenny Shannon, Lincoln	1:53.14
1985	Jenny Shannon, Lincoln	1:52.84
1986	Maureen Haslach, St. Mary's	1:53.31
1987	Maureen Haslach, St. Mary's	1:52.08
1988	Kara Freshour, Barlow	1:53.03
1989	Julie Moore, Lake Oswego	1:53.21
1990	Julie Moore, Lake Oswego	1:52.89
1991	Kara Freshour, Barlow	1:52.25
1992	Jennifer Davis, South Albany	1:51.49
1993	Rachel Joseph, Sheldon	1:50.80
1994	Rachel Joseph, Sheldon	1:49.14
1995	Lauren Thies, Lincoln	1:49.47
1996	Sarah McCauley, Tualatin	1:53.35
1997	Lauren Thies, Lincoln	1:49.07
1998	Sarah McCauley, Tualatin	1:49.26
1999	Sarah McCauley, Tualatin	1:48.86
2000	Claire Oester, Lake Oswego	1:50.24
2001	Julie McCauley, Tualatin	1:52.47
2002	Jenni Stratton, David Douglas	1:51.61
2003	Jenni Stratton, David Douglas	1:49.88
2004	Jenni Stratton, David Douglas	1:49.37
2005	Caitlin Summers, Jesuit	1:52.67
2006	Morgan Scroggy, Canby	1:49.14

200-YARD INDIVIDUAL MEDLEY

1956	Sr.-Carol McKelligon, Lincoln	2:39.1
1957	(event not contested)	
1958	Jeanette Hendricks, N. Eugene	2:45.0
1959	Carol Eggen, Wilson	2:37.5
1960-72	(event not contested)	
1974	Judy Bowen, Sheldon	2:14.43
1975	Judy Bowen, Sheldon	2:13.56
1976	Ann Habernigg, Wilson	2:11.90
1977	Ann Habernigg, Wilson	2:11.759
1978	Ann Habernigg, Wilson	2:10.61
1979	Holly Andrus, David Douglas	2:10.29
1980	Sue Habernigg, Lake Oswego	2:06.50
1981	Linda Bell, North Eugene	2:08.12
1982	Linda Bell, Springfield	2:07.42
1983	Michelle Donahue, Lincoln	2:09.15
1984	Jody Smith, Sunset	2:06.33
1985	Jody Smith, Sunset	2:04.99
1986	Jody Smith, Sunset	2:06.73
1987	Jody Smith, Sunset	2:05.30
1988	Leah Land, Sweet Home	2:07.48
1989	Leah Land, Sweet Home	2:05.76
1990	Becky Gumpert, Mountain View	2:08.28
1991	Becky Gumpert, Mountain View	2:07.31
1992	Jenny Ankeny, Beaverton	2:06.93
1993	Eliza Werth, Jesuit	2:06.16
1994	Eliza Werth, Jesuit	2:06.74
1995	Rachel Joseph, Sheldon	2:04.05
1996	Eliza Werth, Jesuit	2:06.50
1997	Rebekah Olsen, Westview	2:06.38
1998	Alisa Schuknecht, Bend	2:05.15
1999	Alisa Schuknecht, Bend	2:02.60
2000	Alisa Schuknecht, Bend	2:02.85
2001	Alisa Schuknecht, Bend	2:02.68
2002	Lauren Clark, Crescent Valley	2:06.76
2003	Caitlyn Shortt, Reynolds	2:02.70
2004	Caitlyn Shortt, Reynolds	2:02.89
2005	Katherine Thompson, Roseburg	2:04.39
2006	Brittney Iverson, Crescent Valley	2:03.37

50-YARD FREESTYLE

1949	Nancy Bradley, Lincoln	31.8
1950	Ralston, West Linn	33.6
1951	Carol Hansen, Jefferson	33.7
1951	Sidney Kormer, Salem	31.8
1952	Isolee Hagan, Lake Oswego	33.6
1953	Sally Shea, Beaverton	32.1
1954	Sally Shea, Beaverton	31.2
1955	Elaine Bailey, Cleveland	31.8
1956	Jr.-Mary McCollough, Lake Oswego	32.7
1957	(event not contested)	
1958	Karen Schofield, Beaverton	28.4
1959	Karen Schofield, Beaverton	27.4
1960	Judy Rees, Catlin Gabel	28.1

1961	Ann Brown, Lincoln	28.1
1962	Ann Brown, Lincoln	26.7
1963	(tie) Barbara Dodge, Wilson	26.9
	(tie) Janice Dolan, Beaverton	
1964	Clarke McDonald, Wilson	26.7
1965	Clarke McDonald, Wilson	27.1
1966	Debbie Moore, Beaverton	26.0
1967	Jo Siebs, Sheldon	26.8
1968	Robin McFadden, Sheldon	25.3
1969	Bonnie Lyons, North Bend	26.5
1970	Melissa Hoeflich, South Eugene	26.5
1971	Kim Peyton, David Douglas	25.26
1972	Jo Fredrickson, Beaverton	25.62
1973	(season changed to winter)	
1974	Michelle Menkens, Marshfield	25.1
1975	Francis Wakayama, David Douglas	25.42
1976	Janet Stamper, Marshfield	25.50
1977	Anne Cochran, Beaverton	25.165
1978	Susie Habernigg, Wilson	24.30
1979	Becky Blinkhorn, Sheldon	24.54
1980	Sue Ross, Medford	24.46
1981	Sue Habernigg, Lake Oswego	23.54
1982	Tanya Nofziger, Rainier	24.83
1983	Tanya Nofziger, Rainier	24.75
1984	Heather Hockett, Springfield	24.38
1985	Heather Hockett, Springfield	24.70
1986	Shannon Heringer, Beaverton	24.72
1987	Ronda Lusty, Pendleton	24.47
1988	Ronda Lusty, Pendleton	24.19
1989	Stephanie Egan, McMinnville	24.00
1990	Ronda Lusty, Pendleton	23.90
1991	Stephanie Egan, McMinnville	23.85
1992	Lisa Urban, Sunset	24.47
1993	Shannon Hosack, Marshfield	24.06
1994	Shannon Hosack, Marshfield	23.87
1995	Amy Shearard, Reedsport	24.49
1996	Janna McDougal, Tualatin	23.88
1997	Janna McDougal, Tualatin	23.48
1998	Janna McDougal, Tualatin	23.55
1999	Sarah Norton, Aloha	23.58
2000	Bethany Pendleton, Hood River	24.25
2001	Anne Liggett, Westview	24.49
2002	Erika Wharf, South Eugene	24.38
2003	Kristen Kilroy, Jesuit	24.08
2004	Alyson Hamilton, Lakeridge	24.24
2005	Alyson Hamilton, Lakeridge	24.25
2006	Amber Boucher, McNary	23.71

100-YARD BUTTERFLY

1956	Sr.-Sally Taylor, Washington	1:16.9
1957	Sr.-Judy Martin, Cleveland	1:14.4
1958	Carol Eggen, Wilson	1:14.6
1959	(event not contested)	
1960	Jani Penn, Beaverton	1:16.3
1961	Kathy Steinbach, Wilson	1:12.1
1962	Carolyn Wood, Beaverton	1:03.0
1963	Debbie Moore, Beaverton	1:07.7
1964	Clarke McDonald, Wilson	1:04.7
1965	Debbie Moore, Beaverton	1:03.8
1966	Darlene Staley, South Eugene	1:06.4
1967	Sally Simonsen, Beaverton	1:04.5
1968	Christy Wittliff, Churchill	1:02.9
1969	Sandy Baker, David Douglas	1:00.2
1970	Christy Wittliff, Churchill	1:01.8
1971	Jan Gleason, Lakeridge	55.69
1972	Jo Fredrickson, Beaverton	1:01.96
1973	(season changed to winter)	
1974	Jan Gleason, Lakeridge	1:00.25
1975	Sue Nozaki, Grant	59.76
1976	Sue Nozaki, Grant	1:00.40
1977	Denise Stuntzner, North Bend	1:00.016
1978	Denise Stuntzner, North Bend	59.07
1979	Sue Habernigg, Lake Oswego	56.58
1980	Sue Habernigg, Lake Oswego	57.15
1981	Julie Skowhede, David Douglas	58.62
1982	Tracey Zimmer, Redmond	1:00.34
1983	Tracey Zimmer, Redmond	59.53
1984	Jody Smith, Sunset	56.27
1985	Jody Smith, Sunset	55.92
1986	Shannon Heringer, Beaverton	57.68
1987	Alexis Brenner, Lincoln	56.58
1988	Teri Williams, North Bend	58.03
1989	Teri Williams, North Bend	57.51
1990	Lisa Urban, Sunset	58.51
1991	Lisa Urban, Sunset	57.60
1992	Anja Margetic, Barlow	57.61
1993	Leslie Hawley, Glencoe	57.18
1994	Leslie Hawley, Glencoe	57.21
1995	Leslie Hawley, Glencoe	57.29
1996	Kimberly Simpson, Hood River	58.85
1997	Rebekah Olsen, Westview	57.38
1998	Michele King, Sheldon	56.63
1999	Alisa Schuknecht, Bend	57.17
2000	Melissa Greene, Westview	56.37
2001	Melissa Greene, Westview	55.77
2002	Kristen Kilroy, Jesuit	55.02
2003	Kristen Kilroy, Jesuit	55.02
2004	Laura Fay, Sheldon	58.17
2005	Jordan King, Westview	56.82
2006	Jordan King, Westview	56.69

100-YARD FREESTYLE

1948	Donna Beall, Commerce	1:12.4
1949	Louella Taylor, West Linn	1:07.7
1950	Flannery, Beaverton	1:08.9
1951	Louella Taylor, West Linn	1:07.7

OSAA Girls Swimming Championships

4A Champions Through 2006

1951	Beverly Graham, Jefferson	1:05.2
1952	Beverly Graham, Jefferson	1:04.0
1953	Beverly Graham, Jefferson	1:02.5
1954	Carol Everett, Jefferson	1:02.6
1955	Carol Everett, Jefferson	1:02.1
1956	Sr.-Jean Hendricks, Lake Oswego	1:11.3
1956	Jr.-Linda Gaylor, Wilson	1:16.0
1957	Sr.-Faye Rabe, Washington	1:04.8
1957	Jr.-Sylvia Parrett, McMinville	1:10.9
1958	Joyce Ward, West Linn	1:04.2
1959	Carolyn Wood, Beaverton	58.7
1960	Carolyn Wood, Beaverton	56.9
1961	Carolyn Wood, Beaverton	57.9
1962	Ann Brown, Lincoln	59.6
1963	Cindy Stacklie, Parkrose	59.8
1964	Janice Dolan, Beaverton	58.7
1965	Janice Dolan, Beaverton	59.9
1966	Marjorie Meek, Wilson	59.8
1967	Ann Sidel, Grant	58.4
1968	Robin McFadden, Sheldon	56.4
1969	SuAnne Smith, Sheldon	56.4
1970	Jill Gleason, Lake Oswego	55.7
1971	Jill Gleason, Lakeridge	55.69
1972	Kim Peyton David Douglas (season changed to winter)	53.79
1974	Kim Peyton, David Douglas	52.76
1975	Karen DeLucia, David Douglas	54.30
1976	Sheri Burlingham, Forest Grove	54.40
1977	Sheri Burlingham, Forest Grove	54.536
1978	Susie Habernigg, Wilson	52.68
1979	Becky Blinkhorn, Sheldon	53.61
1980	Sue Ross, Medford	53.69
1981	Sue Habernigg, Lake Oswego	50.13
1982	Karen Fredrickson, Lake Oswego	53.88
1983	Heather Hockett, Springfield	53.67
1984	Heather Hockett, Springfield	53.31
1985	Heather Hockett, Springfield	53.69
1986	Teri Williams, North Bend	53.88
1987	Teri Williams, North Bend	53.40
1988	Ronda Lusty, Pendleton	53.25
1989	Ronda Lusty, Pendleton	52.57
1990	Ronda Lusty, Pendleton	52.00
1991	Tammy Shannon, Lincoln	53.04
1992	Tammy Shannon, Lincoln	52.90
1993	Shannon Hosack, Marshfield	52.63
1994	Eliza Werth, Jesuit	52.21
1995	Eliza Werth, Jesuit	52.81
1996	Janna McDougal, Tualatin	51.60
1997	Janna McDougal, Tualatin	51.20
1998	Janna McDougal, Tualatin	50.97
1999	Sarah Norton, Aloha	51.51
2000	Bethany Pendleton, Hood River	51.78
2001	Marisa Kozak, Mountain View	51.66
2002	Kristen Kilroy, Jesuit	51.95
2003	Amanda Neubig, McMinville	53.12
2004	Rebecca Alexander, Tualatin	52.41
2005	Amanda Neubig, McMinville	51.76
2006	Morgan Scroggy, Canby	50.30

500-YARD FREESTYLE

1974	Jane Levings, Cottage Grove	5:02.01
1975	Kim Peyton, David Douglas	5:01.23
1976	Heidi Weissert, Sheldon	5:02.90
1977	Ann Habernigg, Wilson	5:06.439
1978	Holly Andrus, David Douglas	5:02.59
1979	Lisa Rankin, David Douglas	5:04.87
1980	Lisa Rankin, David Douglas	5:08.27
1981	Julie Skowhede, David Douglas	5:06.08
1982	Michelle Donahue, Lincoln	5:11.20
1983	Jenny Shannon, Lincoln	5:03.92
1984	Jenny Shannon, Lincoln	5:00.87
1985	Maureen Haslach, St. Mary's	5:00.84
1986	Maureen Haslach, St. Mary's	4:55.84
1987	Maureen Haslach, St. Mary's	4:54.19
1988	Maureen Haslach, St. Mary's	4:55.60
1989	Julie Moore, Lake Oswego	5:00.54
1990	Julie Moore, Lake Oswego	4:57.90
1991	Kara Freshour, Barlow	4:54.76
1992	Becky Gumpert, Mountain View	4:57.64
1993	Rachel Joseph, Sheldon	4:52.23
1994	Kristen Imwalde, Mountain View	5:01.09
1995	Lauren Thies, Lincoln	4:53.06
1996	Annemarie Smith, Jesuit	5:02.48
1997	Lauren Thies, Lincoln	4:47.34
1998	Rebecca Cohen, Sunset	5:04.15
1999	Sarah McCauley, Tualatin	4:54.65
2000	Claire Oester, Lake Oswego	4:52.19
2001	Claire Oester, Lake Oswego	4:56.47
2002	Emily Wilson, Lakeridge	4:54.72
2003	Jenni Stratton, David Douglas	4:51.86
2004	Jenni Stratton, David Douglas	4:53.70
2005	Brittney Iverson, Crescent Valley	4:58.25
2006	Brittney Iverson, Crescent Valley	4:52.31

200-YARD FREESTYLE RELAY

1949	JEFFERSON (Stewart, Marlette, Pietz, Atherton)	2:11.6
1950	WEST LINN (Duber, Hogan, Ralston, Brear)	2:24.8
1951	WEST LINN (Sherman, Hogan, Borrew, Mack)	2:30.3
1951	LAKE OSWEGO (Ralston, Hansen, Brown, Mack)	2:25.7
1952	LAKE OSWEGO (Brown, Hansen, Owens, Hagen)	2:22.0
1953	LAKE OSWEGO	2:18.5

1954	(Owens, Sleeman, Hagen, Vanleenwen)	
1954	LAKE OSWEGO	2:13.5
	(Sleeman, Spencer, Hagen, Owens)	
1955	CLEVELAND	2:16.2
1956	CLEVELAND (Sr.) (Bailey, B. Huffschmidt, P. Huffschmidt, Boyd)	2:07.5
1956	LAKE OSWEGO (Jr.) (Shaw, Sloan, Southwell, Rice)	2:20.0
1957-58	(event not contested)	
1958	BEAVERTON (Marchi, Schofield, Maxwell, Jones)	2:02.5
1959	BEAVERTON (Jones, Maxwell, Rittenour, Schofield)	1:58.5
1960	BEAVERTON (Rittenour, Vogland, Maxwell, Wood)	1:57.2
1961	SUNSET (Erland, Erland, Mulligan, Kester)	1:55.6
1962	SUNSET (Kester, Erland, Erland, Mulligan)	1:55.9
1963	SUNSET (Kester, Brown, Hindman, Erland)	1:53.2
1964	SUNSET (Kester, Brown, Mulligan, Bell)	1:52.9
1965	WILSON	1:53.7
1966	BEAVERTON (Whittlesey, Moore, Dolan, Vickers)	1:50.5
1967	BEAVERTON (Croft, Whittlesey, Moore, Dockreel)	1:50.5

1968	SHELDON	1:49.3
1969	SOUTH EUGENE	1:49.6
1970	MARSHFIELD (Farr, Wilson, Stamper, Matson)	1:48.94
1971	DAVID DOUGLAS (Wilcox, Baker, Peyton, Younce)	1:45.83
1972	DAVID DOUGLAS (Andrus, Wilcox, Leichner, Peyton)	1:43.71
1973	(season changed to winter)	
1974-1990	(event not contested)	
1991	MCMINNVILLE (Lane, Erskine, Cellars, Egan)	1:39.77
1992	LINCOLN (Nadal, Hedinger, Covington, Shannon)	1:39.47
1993	SUNSET (Ely, Hansen, Cohen, Wilson)	1:39.77
1994	SUNSET (Hansen, Urban, Cohen, Wilson)	1:39.25
1995	LINCOLN (Nadal, Haffner, Dembrow, Thies)	1:39.88
1996	SHELDON (Aguilar, A. Joseph, Rice, L. Joseph)	1:40.02
1997	LAKE OSWEGO (Fister, Kindig, McMillin, Jones)	1:38.90
1998	TUALATIN (McCauley, Brutzer, Pedden, McDougall)	1:37.80
1999	WESTVIEW (Schrimsher, Amos, H. Luber, Olsen)	1:38.30
2000	WESTVIEW (Amos, K. Luber, H. Luber, Schrimsher)	1:38.80
2001	MOUNTAIN VIEW (Weeks, Lewis, Burton, Adams)	1:38.24
2002	JESUIT (Nicholson, Cope, Fausel, Summers)	1:39.67
2003	MCMINNVILLE (Klein, Hutchinson, Bradshaw, Neubig)	1:39.78
2004	MCMINNVILLE (Klein, Sharmam, Bradshaw, Neubig)	1:37.42
2005	MCMINNVILLE (Neubig, Nordin, Hutchinson, Sharmam)	1:38.73
2006	WESTVIEW (J. King, Pinson, Liggett, Needham)	1:39.39

100-YARD BACKSTROKE

1948	Virginia May, Grant	1:21.9
1949	Judy Corneil, Grant	1:20.0
1950	Calcord, Newberg	1:18.6
1951	N/A	
1951	Evelyn Everett, Jefferson	1:14.2
1952	Evelyn Everett, Jefferson	1:13.7
1953	Maureen Murphy, Holy Child	1:12.8
1954	Maureen Murphy, Holy Child	1:09.3
1955	Lorna Trambaly, Cleveland	1:13.1
1956	Sr.-Lorna Trambaly, Cleve.	1:13.7
1957	Sr.-Judy Mucha, Grant	1:11.5
1958	Judy Ferguson, Washington	1:11.4
1959	Joyce Ward, West Linn	1:11.2
1960	Noel Gabie, Sunset	1:04.9
1961	Linda Erland, Sunset	1:09.7
1962	Becky Indahl, Beaverton	1:08.2
1963	Paula Aleskus, Beaverton	1:06.5
1964	Cindy Cain, Wilson	1:07.7
1965	Cindy Cain, Wilson	1:08.4
1966	Paula Aleskus, Beaverton	1:05.0
1967	Leal Whittlesey, Beaverton	1:03.2
1968	Leal Whittlesey, Beaverton	1:03.1
1969	Leal Whittlesey, Beaverton	1:02.7
1970	Bobbie Pickell, Gresham	1:01.6
1971	Bobbie Pickell, Gresham	1:01.19
1972	Jane Kinsky, Gresham	1:04.08
1973	(season changed to winter)	
1974	Jan Gleason, Lakeridge	1:03.54
1975	Karen Andrus, David Douglas	1:00.73
1976	Meg Hoefflich, South Eugene	1:01.00
1977	Kelly Peyton, David Douglas	1:02.503
1978	Carolyn Brown, Lake Oswego	1:02.74
1979	Lyne Shannon, Wash./ Monroe	1:01.27
1980	Holly Andrus, David Douglas	1:01.28

1981	Kim Nicholson, South Eugene	1:00.02
1982	Jenny Shannon, Lincoln	59.44
1983	Michelle Donahue, Lincoln	59.85
1984	Michelle Donahue, Lincoln	57.83
1985	Jenny Shannon, Lincoln	57.42
1986	Jody Smith, Sunset	58.17
1987	Jody Smith, Sunset	57.92
1988	Tiana Dressel, St. Mary's	1:00.33
1989	Tammy Shannon, Lincoln	59.65
1990	Tammy Shannon, Lincoln	57.22
1991	Tammy Shannon, Lincoln	55.81
1992	Tammy Shannon, Lincoln	55.31
1993	Megan Smith, Mountain View	57.91
1994	Anna Krank, South Eugene	57.29
1995	Rachel Joseph, Sheldon	56.16
1996	Annie Joseph, Sheldon	57.85
1997	Sarah McCauley, Tualatin	56.08
1998	Sarah McCauley, Tualatin	56.81
1999	Marisa Kozak, Mountain View	57.62
2000	Marisa Kozak, Mountain View	56.65
2001	Marisa Kozak, Mountain View	55.93
2002	Caitlyn Shortt, Hood River Valley	58.54
2003	Caitlyn Shortt, Reynolds	57.42
2004	Katherine Thompson, Roseburg	55.67
2005	Katherine Thompson, Roseburg	56.30
2006	Lindsey King, Westview	56.10

100-YARD BREASTSTROKE

1948	Joan Neisen, Lincoln	1:33.1
1949	Virginia May, Grant	1:19.2
1950	Marlis Clausen, Grant	1:30.3
1951	Kay Granquist, West Linn	1:25.7
1951	Kay Granquist, West Linn	1:21.4
1952	Kay Granquist, West Linn	1:19.5
1953	Ann Hockworth, Lake Osw.	1:21.1
1954	Reba Jo Nelson, Milwauykie	1:26.0
1955	Carol McKelligon, Lincoln	1:20.1
1956	Sr.-Carol McKelligon, Lincoln	1:16.9
1957	Sr.-Carol McKelligon, Lincoln	1:17.5
1958	Carol Eggen, Wilson	1:19.7
1959	Lee Ann Marchi, Beaverton	1:18.8
1960	Pam MacPike, Reynolds	1:17.3
1961	Ginger Ladish, Parkrose	1:17.8
1962	Ginger Ladish, Parkrose	1:13.6
1963	Cathy Jamison, Wilson	1:15.1
1964	Cathy Jamison, Wilson	1:13.2
1965	Cathy Jamison, Wilson	1:12.2
1966	Cathy Jamison, Wilson	1:10.6
1967	Robin McFadden, Sheldon	1:11.4
1968	Corrine Biamont, David Douglas	1:10.9
1969	Corrine Biamont, David Douglas	1:10.8
1970	Corrine Biamont, David Douglas	1:09.99
1971	Shari Wiltse, Cottage Grove	1:13.66
1972	Judy Bowen, Sheldon	1:12.92
1973	(season changed to winter)	
1974	Judy Bowen, Sheldon	1:09.94
1975	Shelley Preston, Medford	1:09.52
1976	Ann Habernigg, Wilson	1:08.10
1977	Peggy Haslach, St. Mary	1:09.075
1978	Kerry Riddle, Springfield	1:08.99
1979	Linda Bell, North Eugene	1:08.59
1980	Linda Bell, North Eugene	1:07.67
1981	Linda Bell, North Eugene	1:07.62
1982	Linda Bell, Springfield	1:07.73
1983	Kristine Jones, Glencoe	1:08.88
1984	Torie Childs, Beaverton	1:05.92
1985	Torie Childs, Beaverton	1:05.77
1986	Cara Hafner, Crescent Valley	1:06.39
1987	Cara Hafner, Crescent Valley	1:06.15
1988	Marsha Trachi, Lakeridge	1:06.63
1989	Becky Gumpert, Mountain View	1:06.33
1990	Becky Gumpert, Mountain View	1:05.48
1991	Becky Gumpert, Mountain View	1:05.69
1992	Becky Gumpert, Mountain View	1:03.82
1993	Amy Durfee, Bend	1:04.26
1994	Amy Durfee, Bend	1:04.83
1995	Denise Merk, Tigard	1:03.54
1996	Denise Merk, Tigard	1:03.42
1997	Denise Merk, Tigard	1:05.04
1998	Alisa Schuknecht, Bend	1:04.99
1999	Capi Adams, Bend	1:05.14
2000	Alisa Schuknecht, Bend	1:05.14
2001	Genna Patterson, Westview	1:04.19
2002	Felicia Castaneda, Barlow	1:04.58
2003	Felicia Castaneda, Barlow	1:03.57
2004	Felicia Castaneda, Barlow	1:02.62
2005	Jessica Embick, Grant	1:04.82
2006	Signe Larson, Lincoln	1:04.73

400-YARD FREESTYLE RELAY

1974	DAVID DOUGLAS (Peyton, Andrus, Leichner, Younce)	3:47.02
1975	DAVID DOUGLAS (Peyton, Andrus, Wakayama, DeLucia)	3:36.82
1976	WILSON (Ann Habernigg, (Habernigg, Dakin, Feldman, Locke)	3:45.90
1977	DAVID DOUGLAS (Peyton, J. Andrus, H. Andrus, DeLucia)	3:42.130
1978	DAVID DOUGLAS (H. Andrus, J. Andrus, DeLucia, Rankin)	3:38.50
1979	DAVID DOUGLAS (Julie (J. Andrus, Rankin, Lorys, Symonds)	3:43.76
1980	LAKE OSWEGO (Bruinsma, Habernigg, Martin, McGuire)	3:41.05
1981	SOUTH EUGENE (Nicholson, Young, Nicholson, Hayden)	3:45.28

OSAA Girls Swimming Championships

4A Champions Through 2006

1982	SPRINGFIELD	3:48.86
	(Wood, Moffitt, Hockett, Bell)	
1983	SUNSET	3:45.93
	(Lee, Dodson, Lamper, Sang)	
1984	SPRINGFIELD	3:40.70
	(Vann, J. Hockett, McIndoo, H. Hockett)	
1985	SPRINGFIELD	3:37.58
	(Vann, McIndoo, J. Hockett, H. Hockett)	
1986	SUNSET	3:39.22
	(Rux, Sang, Lamper, Smith)	
1987	SPRINGFIELD	3:38.73
	(Hassel, Vann, J. Hockett, McIndoo)	
1988	LINCOLN	3:44.16
	(Boyd, Vergner, Brenner, O'Scannlain)	
1989	McMINNVILLE	3:43.53
	(Bowman, Cellars, Erskine, Egan)	
1990	McMINNVILLE	3:41.36
	(Cellars, Erskine, Lane, Egan)	
1991	McMINNVILLE	3:36.82
	(Lane, Erskine, Cellars, Egan)	
1992	LINCOLN	3:35.99
	(Nadal, Heding, Covington, Shannon)	
1993	BEAVERTON	3:36.91
	(Hunscher, Cowan, Schieltz, Ankeny)	
1994	SUNSET	3:35.86
	(Wilson, Urban, Cohen, Hansen)	
1995	SHELDON	3:33.86
	(R. Joseph, A. Joseph, L. Joseph, Aguilar)	
1996	SHELDON	3:34.94
	(Aguilar, A. Joseph, Rice, L. Joseph)	
1997	LINCOLN	3:34.87
	(Smith, Jurgenson, Janse, Thies)	
1998	TUALATIN	3:32.75
	(McCauley, Brutzer, Pedden, McDougal)	
1998	WESTVIEW	3:34.04
	(Olsen, Amos, H. Lubber, Schrimsher)	
2000	SHELDON	3:34.14
	(Styles, Burton, Berringer, King)	
2001	MOUNTAIN VIEW	3:31.92
	(J. Weeks, K. Weeks, Adams, Kozak)	
2002	JESUIT	3:31.68
	(Summers, Fausel, Nelson, Kilroy)	
2003	DAVID DOUGLAS	3:36.84
	(Stratton, Henson, Miller, Horn)	
2004	McMINNVILLE	3:33.65
	(Klein, Brown, Bradshaw, Neubig)	
2005	McMINNVILLE	3:34.08
	(Klein, Sharman, Nordin, Neubig)	
2006	CRESCENT VALLEY	3:31.47
	(Iverson, Wells, Leslie, Boyce)	

EVENTS NO LONGER CONTESTED

120-YARD MEDLEY RELAY

1948	LINCOLN	1:24.5
	(McCourt, Niesen, Olson)	
1949-56	(event not contested)	
1957	SPRINGFIELD (Jr.)	1:31.1
	(Mihulka, Cook, Dow)	

150-YARD MEDLEY RELAY

1949	GRANT	1:44.3
	(May, Cornell, Molby)	
1950	GRANT	NA
	(Wilson, Placek, Molby)	
1951	WEST LINN	1:45.0
	(Hackworth, Granquist, Ralston)	
1951	GRANT	1:46.7
	(Wilson, Placek, Suloway)	
1952	JEFFERSON	NA
	(Everett, Hanson, Graham)	
1953	N/A	
1954	SALEM	1:45.2
	(Wilcox, Hein, Wilson)	

160-YARD MEDLEY RELAY

1957	CLEVELAND	1:46.3
	(Bailey, Huffschtmidt, Martin, Trambly)	

220-YARD FREESTYLE

1948	Nancy McCourt, Lincoln	2:56.4
1949	Louella Taylor, West Linn	2:43.4
1950	Flannery, Beaverton	2:50.0

60-YARD INDIVIDUAL MEDLEY

1957	Jr.-Sue Meinhoff, Madison	46.8
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75-YARD INDIVIDUAL MEDLEY

1951	Judy Brear, West Linn	1:05.8
1951	Vianne Atchison, Lake Oswego	1:03.9
1952	Vianne Atchison, Lake Oswego	1:03.9
1953	N/A	
1954	Cathy Chisholm, Lake Oswego	59.1
1955	Peggy Colton, Holy Child	1:00.2
1956-58	(event not contested)	
1959	Carolyn Wood, Beaverton	49.3

100-YARD INDIVIDUAL MEDLEY

1960	Carol Eggen, Wilson	1:10.5
1961	Pam MacPike, Reynolds	1:10.4
1962	Judy Rees, Catlin Gabel	1:09.0
1963	Paula Aleskus, Beaverton	1:07.2
1964	Paula Aleskus, Beaverton	1:08.2
1965	Jana Haroun, Lake Oswego	1:05.9
1966	Debbie Moore, Beaverton	1:03.7
1967	Linda Fairchild, Wilson	1:06.6
1968	Suanne Smith, Sheldon	1:05.4

1969	Leah Whittlesey, Beaverton	1:04.1
1970	Bobbie Pickell, Gresham	1:04.4
1971	Bobbie Pickell, Gresham	1:04.31
1972	Jan Gleason, Lakeridge	1:04.47

120-YARD INDIVIDUAL MEDLEY

1948	Cauleen Madison, Girls Poly	1:52.2
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150-YARD INDIVIDUAL MEDLEY

1949	Joanne Frink, McMinnville	2:07.3
1950	Joanne Frink, McMinnville	2:07.3
1951	Sally Becker, unattached	2:05.2
1951	Sally Becker, unattached	1:59.3
1952	Ann Hackworth, Lake Oswego	2:02.4
1953	Ann Hackworth, Lake Oswego	1:57.6
1954	Carol McKelligon, Lincoln	1:56.4
1955	Judy Martin, Cleveland	1:50.5

160-YARD INDIVIDUAL MEDLEY

1957	Sr.-Lorna Trambly, Cleveland	2:04.9
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40-YARD FREESTYLE

1957	Jr.-Joyce Ward, West Linn	24.0
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60-YARD FREESTYLE

1948	Margaret Doremel, Grant	40.0
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50-YARD BUTTERFLY

1958	Judy Mucha, Grant	31.6
1959	Carolyn Wood, Beaverton	28.7
1960	Judy Rees, Catlin Gabel	30.3
1961	Janet Erland, Sunset	31.9
1962	Carolyn Wood, Beaverton	28.1
1963	Judy Rees, Catlin Gabel	29.6
1964	Debbie Moore, Beaverton	29.2
1965	Debbie Moore, Beaverton	28.5
1966	Darlene Staley, South Eugene	29.5
1967	Sally Simonsen, Beaverton	29.2
1968	Christy Wittliff, Churchill	28.1

400-YARD FREESTYLE

1969	Sandy Baker, David Douglas	4:22.6
1970	Jane Levings, Cottage Grove	4:26.8
1971	Kim Peyton, David Douglas	4:02.84
1972	Karen Andrus, David Douglas	4:03.88

160-YARD FREESTYLE RELAY

1948	JEFFERSON	NA
	(Mager, Pietz, Weeks, Stewart)	
1949-56	(event not contested)	
1957	BEAVERTON (Sr.)	1:38.3
	(Marchi, Gabie, Jones, Schofield)	
1957	McMINNVILLE (Jr.)	1:42.7
	(Parrett, Boersma, Howard, Confer)	

40-YARD BACKSTROKE

1957	Jr.-Joyce Ward, West Linn	27.3
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50-YARD BACKSTROKE

1950	Parrish, West Linn	39.5
1951	Judy Brear, West Linn	39.5
1951	Virginia Pearce, Franklin	40.0
1952	Carol Smith, Jefferson	42.6
1953	Cathy Chisholm, Lake Oswego	37.8
1954	Margorie Willis, Cleveland	38.6
1955	Marg Willis, Cleveland	37.1
1956	Jr.-Mary McCollough, Lake Oswego	38.2
1957	(event not contested)	
1958	Joyce Nicholson, Franklin	35.4
1959	Pat Walsh, Holy Child	33.7
1960	Noel Gabie, Sunset	30.4
1961	Becky Indahi, Beaverton	32.5
1962	Becky Indahi, Beaverton	30.9
1963	Becky Indahi, Beaverton	31.3
1964	Cindy Cain, Wilson	30.4
1965	Cindy Cain, Wilson	30.4
1966	Paula Aleskus, Beaverton	29.6
1967	Leal Whittlesey, Beaverton	29.1
1968	Leal Whittlesey, Beaverton	29.0

40-YARD BREASTSTROKE

1957	Jr.-M. Lawrence, Jefferson	33.0
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50-YARD BREASTSTROKE

1950	Burkitt, Lincoln	42.8
1951	Vianne Atchison, West Linn	43.6
1951	Nancy Jackson, Lincoln	41.8
1952	Barbara Earle, Jefferson	39.6
1953	Linda Fleming, Jefferson	38.2
1954	Cathy Chisholm, Lake Oswego	38.6
1955	Faye Rise, Grant	45.4
1956	Jr.-Sally Taylor, Washington	43.2
1957	(event not contested)	
1958	Lee Ann Marchi, Beaverton	36.5
1959	Lee Ann Marchi, Beaverton	36.3
1960	Pam MacPike, Reynolds	36.6
1961	Ginger Ladish, Parkrose	34.6
1962	Ginger Ladish, Parkrose	33.5
1963	Sherri Jenkinson, Wilson	35.5
1964	Sherri Jenkinson, Wilson	35.8
1965	Robin McFadden, North Eugene	34.0
1966	Terry Wittliff, Churchill	34.4
1967	Robin McFadden, Sheldon	32.3
1968	Corinne Biamont, David Douglas	32.7

DIVING

1967	Cindy Marks, South Eugene	362.85
1968	Sally McLaren, South Eugene	369.60
1969	Cindy Marks, South Eugene	412.92
1970	Cindy Marks, South Eugene	403.35
1971	Dede Cherzan, Newport	381.03
1972	Dede Cherzan, Newport	385.85
1973	(season changed to winter)	
1974	Stephanie Brenneman, S. Eugene	370.8
1975	Stephanie Brenneman, S. Eugene	324.11
1976	Laura McNaught, South Eugene	385.77
1977	Laura McNaught, South Eugene	394.60
1978	Staci Voorhees, South Eugene	401.20
1979	Staci Voorhees, South Eugene	399.70
1980	Sharon DeHaas, Lakeridge	426.65
1981	Becky Hill, Aloha	376.70
1982	Becky Hill, Aloha	364.05
1983	Lisa Roderick, North Eugene	349.10
1984	Lori Van Meter, Lakeridge	395.10
1985	Erin Fearl, Sunset	413.55
1986	Karen Rissberger, Beaverton	461.25
1987	Karen Rissberger, Beaverton	397.70
1988	Sara Birmingham, South Eugene	370.05
1989	Holly Powell, Lake Oswego	344.65
1990	Claire Mitchell, Sunset	384.57
1991	Rachael Tuominen, Sunset	412.98
1992	Christina Cramer, Sheldon	418.08
1993	Melanie Jackson, Sunset	460.63
1994	Jill Myers, Sunset	461.10
1995	Melanie Jackson, Sunset	470.45
1996	Melanie Jackson, Sunset	497.90

OSAA Girls Swimming Championships

3A/2A/1A Individual Champions Through 2006

200-YARD MEDLEY RELAY

1998	LA SALLE	1:57.95
	(Nelson, Scrutton, Kreitzberg, Welters)	
1999	LA SALLE	2:01.46
	(Welters, Nelson, Landsness, Bungo)	
2000	MARIST	1:58.04
	(A. Quirke, Parks, K. Quirke, Neuman)	
2001	LA GRANDE	1:59.77
	(Andyke, Jones, Randolph, Franklin)	
2002	CASCADE	2:00.70
	(Kibby, Roberts, Seed, Burlison)	
2003	SHERWOOD	1:57.70
	(Tannehill, Andrus, Erwin, Brown)	
2004	SHERWOOD	1:55.72
	(Tannehill, Andrus, Erwin, Kerekanich)	
2005	SHERWOOD	1:57.35
	(Tannehill, Erwin, Bradley, Kerekanich)	
2006	SHERWOOD	1:56
	(Woodard, Erwin, Kerekanich, Norby)	

200-YARD FREESTYLE

1998	Wendy Wilce, Banks	1:57.54
1999	Amy Garrick, Wilsonville	1:59.84
2000	Amy Garrick, Wilsonville	1:57.84
2001	Katie Chapman, Newport	1:56.17
2002	Adriana Quirke, Marist	1:53.07
2003	Kim Jasmer, North Bend	1:53.75
2004	Kim Jasmer, North Bend	1:53.43
2005	Kim Jasmer, North Bend	1:50.04
2006	Renee' Rother, Gladstone	1:57.77

200-YARD INDIVIDUAL MEDLEY

1998	Melissa Beenen, Valley Catholic	2:17.79
1999	Hilary Hedemark, Sisters	2:13.97
2000	Katie Chapman, Newport	2:11.87
2001	Jane Scrutton, La Salle	2:21.19
2002	Marissa Eng, Philomath	2:16.37
2003	Adriana Quirke, Marist	2:09.07
2004	Libby Brooks, Gladstone	2:11.97
2005	Marra Erwin, Sherwood	2:11.83
2006	Libby Brooks, Gladstone	2:07.41

50-YARD FREESTYLE

1998	Jennifer Visser, Seaside	25.45
1999	Shara Ford, Seaside	24.88
2000	Adriana Quirke, Marist	24.77
2001	Kristen Oelkers, Henley	25.85
2002	Lynsey Foree, Hidden Valley	25.93
2003	Aubrey Vaughn, Reedsport	25.54
2004	Denise Green, North Bend	24.96
2005	Denise Green, North Bend	24.83
2006	Ashley Kerekanich, Sherwood	24.34

100-YARD BUTTERFLY

1998	Jennifer Visser, Seaside	1:00.57
1999	Julie Visser, Seaside	1:00.97
2000	Julie Visser, Seaside	1:00.77
2001	Julie Visser, Seaside	59.06
2002	Katie Chapman, Newport	58.99
2003	Marra Erwin, Sherwood	1:02.30
2004	Marra Erwin, Sherwood	58.23
2005	Kim Jasmer, North Bend	56.97
2006	Marra Erwin, Sherwood	57.91

100-YARD FREESTYLE

1998	Shara Ford, Seaside	54.20
1999	Shara Ford, Seaside	53.38
2000	Kristin Oelkers, Henley	56.57
2001	Leia Spillman, Junction City	56.11
2002	Adriana Quirke, Marist	52.73
2003	Aubrey Vaughn, Reedsport	55.15
	Libby Brooks, Gladstone	55.15
2004	Kim Jasmer, North Bend	51.85
2005	Aubrey Vaughn, Reedsport	54.59
2006	Denise Green, North Bend	53.45

500-YARD FREESTYLE

1998	Hilary Hedemark, Sisters	5:19.73
1999	Amy Garrick, Wilsonville	5:20.28
2000	Amy Garrick, Wilsonville	5:14.64
2001	Katie Chapman, Newport	5:11.68
2002	Ginny Connell, Wilsonville	5:10.22
2003	Kim Jasmer, North Bend	5:00.27
2004	Ginny Connell, Wilsonville	5:12.18
2005	Ginny Connell, Wilsonville	5:08.22
2006	Libby Brooks, Gladstone	5:06.95

200-YARD FREESTYLE RELAY

1998	SEASIDE	1:45.45
	(Ford, Smith, Pogue, Visser)	
1999	SEASIDE	1:46.79
	(Visser, Oyala, Stowers, Ford)	
2000	MARIST	1:46.06
	(Neuman, Parks, K. Quirke, A. Quirke)	
2001	SEASIDE/ WARRENTON	1:43.99
	(Stowers, Tyrell, Denotta, Visser)	
2002	WILSONVILLE	1:45.26
	(Guyler, C. Mandeville, Connell, M. Mandeville)	
2003	NORTH BEND	1:47.81
	(Kelly, Bowman, Watson, Jasmer)	
2004	NORTH BEND	1:42.95
	(Kelly, Bowman, Green, Jasmer)	
2005	NORTH BEND	1:43.78
	(Green, Brown, Kunz, Jasmer)	
2006	PHOENIX	1:45.25
	(Heath, J. Nelson, C. Nelson, K. Nelson)	

100-YARD BACKSTROKE

1998	Shara Ford, Seaside	1:01.08
1999	Hilary Hedemark, Sisters	1:01.13
2000	Jane Scrutton, La Salle	1:02.93
2001	Jane Scrutton, La Salle	1:01.56
2002	Katie Chapman, Newport	1:01.64
2003	Adriana Quirke, Marist	57.77
2004	Denise Green, North Bend	1:00.62
2005	Denise Green, North Bend	59.89
2006	Denise Green, North Bend	1:00.36

100-YARD BREASTSTROKE

1998	Melissa Beenen, Valley Catholic	1:12.36
1999	Melissa Beenan, Valley Catholic	1:09.70
2000	Melissa Beenen, Valley Catholic	1:09.65
2001	Susan Guyler, Wilsonville	1:08.85
2002	Susan Guyler, Wilsonville	1:08.07
2003	Renee Rother, Gladstone	1:07.86
2004	Kelley Hildebrandt, Dayton	1:08.08
2005	Libby Brooks, Gladstone	1:06.97
2006	Renee' Rother, Gladstone	1:07.73

400-YARD FREESTYLE RELAY

1998	LA SALLE	3:50.05
	(Kreitzberg, Nelson, Quick, Scrutton)	
1999	LA SALLE	3:49.96
	(Welters, Quick, Scrutton, Nelson)	
2000	WILSONVILLE	3:51.17
	(Guyler, Orr, Garrick, Mandeville)	
2001	WILSONVILLE	3:47.36
	(Guyler, Orr, Garrick, Mandeville)	
2002	WILSONVILLE	3:47.36
	(Guyler, Connell, Garrick, M. Mandeville)	
2003	SHERWOOD	3:48.79
	(Erwin, Brown, Tannehill, Andrus)	
2004	SHERWOOD	3:43.50
	(Andrus, Tannehill, Kerekanich, Erwin)	
2005	NORTH BEND	3:46.67
	(Green, Morris, Brown, Jasmer)	
2006	SHERWOOD	3:44.58
	(Norby, Kerekanich, Bradley, Erwin)	