



Oregon School Activities Association  
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May 7, 2015

TO: Superintendents, Principals and Athletic Directors  
FROM: Tom Welter, Executive Director  
SUBJECT: Summary of Executive Board Action at the May 4, 2015, Meeting

At the meeting on May 4, 2015, the OSAA Executive Board took the following actions:

- Approved the minutes of the February 9, 2015, Executive Board meeting.
- Acknowledged outgoing Executive Board members James Hiu and Curt Shelley for their service to the Association.
- Heard a report on the final revenue distribution for the 2010-2013 school years from Tom Welter, OSAA Executive Director.
- Voted to maintain a 12-person bracket for the 3A Wrestling State Championships for the 2015-16 school year.
- Voted to approve a "Blindside Blocks" rule experiment in football for the next two years.
- Voted to switch to Peopletrail for background checks for certified officials. Each official will cover \$5.00 of their background check, with OSAA covering the remaining \$4.50.
- Received a report on 2014-15 Fall and Winter State Championship revenue from Tom Welter, OSAA Executive Director.
- Voted to adopt the Association Budget and OSAA Foundation Budget as presented by the Budget Committee.
- Approved 2015-16 Mileage Reimbursement Rates for officials/staff (\$.50/mile) and meeting attendees (\$.39/mile).
- Appointed Jon Peterson, Superintendent of the Pendleton School District, as the 6A/5A/4A At-Large member of the Executive Board for a three-year term.
- Elected Don Grotting, Superintendent of the David Douglas School District, as the Executive Board Vice-President for the 2015-16 school year.
- Voted to amend Board Policy – Practice Model per recommendations from the OSAA Sports Medicine Advisory Committee defining levels of full contact, limiting full contact in football practice for a maximum of 90 minutes per week and mandating that only one practice on a multiple practice session day be full contact for implementation in the 2015-16 school year. **(Attached)**
- Voted to table a proposal that would alter the number of quarters allowed per day and per week in football until the Executive Board Summer Workshop in July.
- Voted to amend Participation Limitations – Football changing the definition of a week in football to Tuesday-Monday, rather than Sunday-Saturday, effective beginning with the 2015-16 school year. **(Attached)**

- Voted to amend Board Policy – Certification Athletic Directors and Coaches requiring certification of all football coaches through the USA Football Heads Up Football program. This is recommended for all football coaches in 2015 and will be required for all football coaches prior to the 2016 season. **(Attached)**
- Voted to adopt Winter Special Districts for the 2015-16 school year in Swimming and Wrestling. **(Attached)**
- Received a Rankings Committee report from Peter Weber, OSAA Assistant Executive Director.
- Reviewed reports from the April 13, 2015, Delegate Assembly regarding Caucus Discussion items.
- Heard a request for a Participation Limitations exemption from the IAAF World Indoor Track & Field Championships that will be reviewed in more detail at the Executive Board's Summer Workshop.
- Received a request for re-consideration from Stanfield/Echo's co-op baseball team regarding their classification placement at the 3A level and took no action to change the current placement.
- Received an Oregon Athletic Coaches Association (OACA) report from Dave Johnson, former OACA Executive Director. Included was a proposal to expand the 6A Wrestling brackets from 18 to 24 students per weight class.
- Received an Oregon Athletic Directors Association (OADA) report from Kris Welch, OADA Executive Director.
- Received an Oregon Athletic Officials Association (OAOA) report from Jack Folliard, OAOA Executive Director.
- Reviewed and assigned penalties where appropriate for rule violations self-reported by member schools. **(Attached)**
- Passed the gavel from Curt Shelley, Principal at Grant Union HS and outgoing Executive Board President, to Andy Gardner, Superintendent of North Santiam SD and incoming Executive Board President.
- Reviewed the 2015-16 Executive Board and Delegate Assembly meeting schedule. **(Attached)**

A summary of actions is posted on the OSAA website following each Executive Board and Delegate Assembly Meeting. Official minutes of the May 4, 2015, Executive Board Meeting are available from the OSAA upon request.

## Proposal to amend "Practice Model"

(Approved at the May 4, 2015 Executive Board Meeting; Effective August 1, 2015)

**QUESTION:** *Should the Executive Board amend the Practice Model Board Policy to include the following?*

- a. *No more than 90 minutes of full contact allowed per week starting in Week 3.*
- b. *Limit full contact to one practice on any multiple practice session day*
- c. *Define Full contact only as Thud and Live Action per USA Football guidelines*

**RATIONALE:** Recommended by the OSAA Sports Medicine Advisory Committee

**RULE CHANGE SPONSORED BY:** OSAA Executive Board

**NEXT STEP IF PASSED:** Effective immediately unless otherwise stated in the motion.

### POSSIBLE RULE CHANGES:

KEY: <b>Add</b>  <b>Delete</b>
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Practice Model

(Revised May 2014)

Schools and students are required to adhere to the following practice model.

#### A. Football

- 1) All practices shall allow for water breaks and general acclimatization to hot and/or humid weather. Ample amounts of water should always be available and a student's access to water should not be restricted. In addition, all practices shall follow the fundamentals set forth in the NFHS's Heat Acclimatization and Heat Illness Prevention Position Statement. While the risk of heat illness is greatly dependent upon weather conditions, the fundamentals in the NFHS's Heat Acclimatization and Heat Illness Prevention Position Statement promote safety and minimize injury risk in any setting.
- 2) Teams shall have two weeks of practice prior to playing in a jamboree and three weeks of practice prior to playing in an interscholastic contest.
- 3) Students may participate in multiple practice sessions per day, but not on consecutive days.
  - a) Single Practice Session. No single practice session shall be longer than three hours, including warm-up and cool down. On days with a single practice session, students are limited to a maximum of one hour of weight training either before or after practice but not both.
  - b) Multiple Practice Sessions. On days with multiple practice sessions, students shall not engage in more than five hours of total practice, including warm-up and cool down. No single practice session shall be longer than three hours, including warm-up and cool down. There must be at least three hours of recovery time between the end of one practice session and the beginning of the next practice session on a day with multiple practice sessions. During this recovery time, students may not engage in other physical activities (e.g. weight training, etc.)

- 4) ***Days in which multiple practice sessions are conducted are subject to the following restrictions:***
  - a) ***One practice session of the first two multiple practice session days shall be a teaching session only. Conditioning drills (gassers, timed runs or sprints) shall not be conducted***
  - b) ***Only one practice of a multiple practice session day may include Full contact (defined below as Thud and Live Action).***
- 5) At the beginning of football practice each year, every student shall be required to have two days of helmet only practices. During this period, the only optional pieces of protective equipment that may be worn by individuals are shoes and helmets. No other pads (e.g. shoulder, knee, thigh, hip, and rib) are to be worn. During helmet only practice, no full contact drills or any other activity may occur which would result in a player completing a tackle, or being blocked or tackled to the ground. This policy does not preclude light contact with blocking sleds and tackling dummies. However, it is strongly recommended that any such contact be carefully controlled.
- ~~6) The second practice session of the first two multiple practice days shall be a teaching session only. Conditioning drills (gassers, timed runs or sprints) shall not be conducted.~~
- 6) Following two days of helmet only practices, students may wear helmets and shoulder pads on Day 3. On this day, the only optional pieces of protective equipment that may be worn by individuals are shoes, shoulder pads and helmets. No other pads (e.g. knee, thigh, hip, and rib) are to be worn. During helmet/shoulder pad practice, no full contact drills or any other activity may occur which would result in a player completing a tackle, or being blocked or tackled to the ground. This policy does not preclude light contact with blocking sleds and tackling dummies. However, it is strongly recommended that any such contact be carefully controlled.
- 7) Following two days of helmet only and one day of helmet/shoulder pad practices, a student may participate in a contact practice. During a contact practice the remainder of the football gear as described in the NFHS Football Rule Book may be worn and activity is not restricted with regard to contact. A school shall not permit an individual to participate in a contact practice unless that individual has had at least two days of helmet only and one day of helmet/shoulder pad practice. Contact with another person on the fourth and fifth days should be controlled.
- 8) Beginning the third week of Football practice (Week 9 on NFHS Standardized Calendar) students may participate in ~~a maximum~~ of three days of full contact each week, excluding games. ***A combined total maximum of 90 minutes of Full contact is allowed over these three days.*** Full contact is defined as follows:
  - ~~a) Control – Drill is run assigned speed until the moment of contact; one player is predetermined the “winner” by the coach. Contact remains above the waist and players stay on their feet. This applies to simulations and drills involving any number of players.~~
  - a) Thud – Drill is run at assigned speed through the moment of contact; no predetermined “winner.” Contact remains above the waist, players stay on their feet and a quick whistle ends the drill. This applies to simulations and drills involving any number of players.
  - b) Live Action – Drill is run in game-like conditions and is the only time that players are taken to the ground. This applies to simulations and drills involving any number of players.
- 9) A student may not practice or participate in a contest for more than six consecutive days without a rest day. A rest day must be complete rest – no organized team physical activity is allowed. Travel is allowed on a rest day.
- 10) A student shall become eligible to participate in a jamboree or interscholastic contest after completing a minimum of nine days of actual on-field practice.

## Proposal to amend "Participation Limitations – Football"

(Approved at the May 4, 2015 Executive Board Meeting; Effective August 1, 2015)

**QUESTION:** Should the Executive Board amend the Football participation limitation to have the week go from Tuesday-Monday?

**RATIONALE:** Recommended by the OSAA Sports Medicine Advisory Committee

**RULE CHANGE SPONSORED BY:** OSAA Executive Board

**NEXT STEP IF PASSED:** Effective immediately unless otherwise stated in the motion.

### POSSIBLE RULE CHANGES:

KEY: <b>Add</b> <b>Delete</b>
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### Football

(Revised Spring 2015)

- A. Team. A school team shall not play more than nine games at each level of competition, exclusive of the state championships.
- B. Individual. A student shall not participate in more than nine weeks, exclusive of the state championships. A student may participate in only one jamboree.
- C. Jamboree. A school may participate in only one jamboree at each level of competition. A jamboree shall include at least three teams, and shall not be counted as a contest. Jamborees may be held only on the Thursday of Week 8 and for 30 days thereafter.
  - 1) REMINDER. All participants must have completed a minimum of nine days of actual field practice prior to the jamboree.
  - 2) In a jamboree, each team is allowed a total of 36 offensive snaps from the line of scrimmage. Any kicking play (e.g. punt, extra point, field goal) counts as an offensive snap.
  - 3) Four-team format – Twelve offensive snaps against each opponent – 36 total snaps.
  - 4) Three-team format – Eighteen offensive snaps against each opponent – 36 total snaps.
  - 5) Students participating in jamborees shall adhere to the individual participation limitations set forth in this Handbook. Participation against a single opponent in a jamboree shall count as one quarter toward the weekly quarter limit established for each classification. A student may participate in only one jamboree.
- D. Five-Quarter Rule. A student shall not compete in more than five quarters for 6A, 5A or six quarters for 4A, 3A, 2A and 1A 8-man each week with the week defined as running from ~~Sunday~~ **Tuesday** through ~~Saturday~~ **Monday**. Participation in any play in a quarter shall constitute participation in that quarter. For the purposes of this rule, participation during the same week in five quarters for 6A, 5A or six quarters for 4A, 3A, 2A and 1A 8-man shall be considered participation in one game. A student may participate in only one jamboree. If a student appears in more than five quarters (six quarters for 4A, 3A, 2A and 1A 8-man) in one week, the game in which the student exceeds the limit shall be forfeited.
- E. Adding a Fifth Quarter. A fifth quarter may be played at the freshman level, or at the junior varsity level if there is no freshman team, providing both schools agree and the officials agree. The extra quarter is intended to provide an opportunity for those students whose play was limited in the regular contest. In no case shall a student exceed the quarter limit for their respective classification.

## Proposal to amend “Certification – Athletic Directors and Coaches”

*(Approved at the May 4, 2015 Executive Board meeting; Effective August 1, 2015)*

**QUESTION:** *Should the Executive Board amend the Certification – Athletic Directors and Coaches Executive Board Policy to include a recommendation for Fall 2015 that all football coaches complete the USA Football Heads Up Certification program and each school be responsible to designate a Player Safety Coach to oversee implementation of the Heads Up program at their school and make those requirements for Fall 2016 and beyond?*

**RATIONALE:** Recommended by the OSAA Sports Medicine Advisory Committee

**RULE CHANGE SPONSORED BY:** OSAA Executive Board

**NEXT STEP IF PASSED:** Effective immediately unless otherwise stated in the motion.

### POSSIBLE RULE CHANGES:

KEY: <b>Add</b> <b>Delete</b>
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### Certification – Athletic Directors and Coaches

***(Revised Winter 2015)***

Athletic directors and coaches shall achieve certification in the following areas prior to assuming duties as an athletic director or coach. The high school principal shall be held accountable for verifying that athletic directors and coaches have been certified. EXCEPTION: Any emergency exception to an OSAA requirement must be authorized in writing by the OSAA.

- A. NFHS Fundamentals of Coaching – The OSAA requires that athletic directors and coaches must achieve a passing score on the test included with the NFHS Fundamentals of Coaching course (<http://nfhslearn.com/coreCourseDetail.aspx?courseID=39000>). This is a one-time requirement.
- B. Concussion Recognition and Management Training – The OSAA and Oregon State Law (ORS 336.485) requires that athletic directors and coaches receive training to learn how to recognize the symptoms of a concussion and how to seek proper medical treatment for a person suspected of having a concussion. The NFHS’s Concussion in Sports – What You Need to Know free course (<http://nfhslearn.com/electiveDetail.aspx?courseID=38000>) satisfies this requirement. This training is required annually.
- C. NFHS Heat Acclimatization and Heat Illness Prevention – **The** OSAA requires that athletic directors and coaches must achieve a passing score on the test included with the NFHS’s A Guide to Heat Acclimatization free course (<http://nfhslearn.com/coreCourseDetail.aspx?courseID=34000>). This is an every other year requirement.
- D. Anabolic Steroids and Performance-Enhancing Substances Training – The OSAA and Oregon State Law (ORS 342.726) requires that athletic directors and coaches receive training on identifying the components of anabolic steroid abuse and use and prevention strategies for the use of performance-enhancing substances. The Oregon Department of Education (ODE) hosts the training and assessment on their website at <http://www.ode.state.or.us/search/page/?=2571>. This training is required once every four years.
- E. Spirit Safety Clinic (Cheerleading and Dance/Drill Coaches Only) – **The** OSAA requires that any cheerleading or dance/drill coach attend an OSAA Spirit Safety Clinic by the first day of the Association year in which that person serves as a coach. Should a cheerleading/dance drill coach fail to attend an OSAA Spirit Safety Clinic by the first day of the Association Year, the squad of the non-attending coach shall be prohibited from performing partner stunts, lifts or tumbling until the coach has attended a clinic. This training is required annually.

- F. ***Heads Up Football Certification (Football coaches only; recommended for Fall 2015; required for Fall 2016) – The OSAA requires that any football coach complete the USA Football Heads Up Certification prior to assuming coaching duties and to recertify annually through an online exam prior to the beginning of each Association year. Additionally, each member school sponsoring football is required to identify a Player Safety Coach. Each Player Safety Coach is required to attend an in person clinic annually prior to the start of the Association year that is conducted by a USA Football Master Trainer in preparation for implementing and overseeing the primary components of Heads Up Football at their school.***

# 2015-16 SPECIAL DISTRICTS

## SWIMMING

Final placements have been reviewed and adopted by the Executive Board at the May 4th, 2015 meeting.

Questions or comments should be directed to Marci McGillivray at [marcim@osaa.org](mailto:marcim@osaa.org).

<b>4A/3A/2A/1A Boys Swimming Special Districts</b>			
<b>Special Dist. 1</b>	<b>Special Dist. 2</b>	<b>Special Dist. 3</b>	<b>Special Dist. 4</b>
<b>9</b>	<b>9</b>	<b>9</b>	<b>11</b>
Astoria	Baker / Powder Valley	Blanchet Catholic	Cascade Christian
Clatskanie	Catlin Gabel	Cascade	Cottage Grove
Newport	Corbett	Junction City	Henley
Rainier	Culver	North Marion	Hidden Valley
Scappoose	Gladstone	Philomath	Klamath Union
Seaside/Warrenton	La Grande	Salem Academy	Marshfield
Taft	Madras	Sisters	Mazama
Tillamook	Molalla	Stayton	North Bend
Valley Catholic	Riverdale	Sweet Home	North Valley
			Phoenix
			St. Mary's, Medford

<b>4A/3A/2A/1A Girls Swimming Special Districts</b>			
<b>Special Dist. 1</b>	<b>Special Dist. 2</b>	<b>Special Dist. 3</b>	<b>Special Dist. 4</b>
<b>10</b>	<b>8</b>	<b>9</b>	<b>11</b>
Astoria	Baker / Powder Valley	Blanchet Catholic	Cascade Christian
Banks	Catlin Gabel	Cascade	Cottage Grove
Clatskanie	Corbett	Junction City	Henley
Newport	Gladstone	North Marion	Hidden Valley
Rainier	La Grande	Philomath	Klamath Union
Scappoose	Madras	Salem Academy	Marshfield
Seaside/Warrenton	Molalla	Sisters	Mazama
Taft	Riverdale	Stayton	North Bend
Tillamook		Sweet Home	North Valley
Valley Catholic			Phoenix
			St. Mary's, Medford



## 2015-16 SPECIAL DISTRICTS WRESTLING

Final placements have been reviewed and adopted by the Executive Board at the May 4th, 2015 meeting.  
Questions or comments should be directed to Marci McGillivray at marcim@osaa.org.

6A Wrestling Special Districts					
Special Dist. 1 9	Special Dist. 2 7	Special Dist. 3 7	Special Dist. 4 8	Special Dist. 5 9	Special Dist. 6 8
Benson Cleveland Franklin Grant Jefferson, Portland Lincoln Madison Roosevelt Wilson	Aloha Beaverton Century Glencoe Southridge Sunset Westview	Barlow Centennial Clackamas David Douglas Gresham Oregon City Reynolds	Canby Lake Oswego Lakeridge Newberg Sherwood Tigard Tualatin West Linn	Forest Grove McKay McMinnville McNary North Salem South Salem Sprague West Albany West Salem	Grants Pass North Medford Roseburg Sheldon South Eugene South Medford Thurston Willamette

5A Wrestling Special Districts			
Special Dist. 1 8	Special Dist. 2 8	Special Dist. 3 6	Special Dist. 4 9
Hillsboro Liberty Milwaukie / Milwaukie Acad. Parkrose Putnam Sandy St. Helens Wilsonville	Central Corvallis Crescent Valley Dallas Lebanon Silverton South Albany Woodburn	Ashland Churchill Crater Eagle Point North Eugene Springfield	Bend Hermiston Hood River Valley Mountain View Pendleton Redmond Ridgeview Summit The Dalles / Dufur

4A Wrestling Special Districts			
Special Dist. 1 11	Special Dist. 2 12	Special Dist. 3 12	Special Dist. 4 4
Astoria Banks Corbett Crook County Estacada Gladstone Madras Molalla Scappoose Seaside Tillamook	Cascade Cottage Grove Elmira Junction City Newport North Marion Philomath Sisters Stayton Sutherlin Sweet Home Yamhill-Carlton	Brookings-Harbor Douglas / Camas Valley Henley Hidden Valley Klamath Union Marshfield Mazama North Bend / Oregon Coast Tech. North Valley Phoenix Siuslaw South Umpqua	Baker / Powder Valley La Grande McLoughlin / Weston-McEwen Ontario

3A Wrestling Special Districts		
Special Dist. 1 9	Special Dist. 2 10	Special Dist. 3 9
Clatskanie Colton De La Salle N Cath Echo / Stanfield Nyssa Rainier Riverside Vale Warrenton	Amity Dayton Gervais Harrisburg Jefferson Santiam Christian Scio Sheridan Taft Willamina	Cascade Christian Coquille Creswell Glide Illinois Valley La Pine Lakeview Pleasant Hill Rogue River

2A/1A Wrestling Special Districts			
Special Dist. 1 8	Special Dist. 2 11	Special Dist. 3 10	Special Dist. 4 13
Knappa Monroe Neah-Kah-Nie Nestucca Siletz Valley Triangle Lake Vernonia Waldport	Crow Gold Beach Lowell McKenzie Mohawk Myrtle Point North Douglas / Yoncalla Oakland Oakridge Reedsport Riddle	Bonanza Butte Falls Central Linn Chiloquin Culver Gilchrist Glendale Hosanna Christian North Lake Santiam	Adrian Burns Crane Elgin Enterprise Grant Union Heppner / Ione Imbler Irrigon Joseph Pine Eagle Union / Cove Wallowa

# 2015-16 OSAA STATE CHAMPIONSHIPS CALENDAR

ACTIVITY	NFHS WEEK #	15-16 DATES	CHAMPIONSHIP SITE
<b>MORATORIUM WEEK</b>			
	Week 4	July 26-August 1	
<b>CROSS COUNTRY</b>			
First Practice Date	Week 7	August 17	
First Contest Date	Week 8	August 27	
Cutoff Date	Week 16	October 24	
6A, 5A, 4A, 3A/2A/1A Boys & Girls	Week 17	October 31	Lane Community College (Eugene)
<b>VOLLEYBALL</b>			
First Practice Date	Week 7	August 17	
First Contest / Jamboree Date	Week 8	August 27	
6A, 1A Cutoff Date	Week 17	October 26	
5A, 4A, 3A, 2A Cutoff Date	Week 17	October 27	
6A, 1A 1st, 2nd Rounds	Week 17	Oct. 28, 31	
5A, 4A, 3A, 2A 1st Round	Week 17	October 31	
6A, 5A Quarterfinals-Finals	Week 18	November 6-7	Liberty HS (Hillsboro)
4A, 3A Quarterfinals-Finals	Week 18	November 6-7	Forest Grove High School
2A, 1A Quarterfinals-Finals	Week 18	November 6-7	Ridgeview HS (Redmond)
<b>SOCCER</b>			
First Practice Date	Week 7	August 17	
First Contest / Jamboree Date	Week 8	August 27	
6A Cutoff Date	Week 17	October 27	
5A, 4A, 3A/2A/1A Cutoff Date	Week 17	October 31	
6A Boys 1st, 2nd Rounds	Week 17, Week 18	Oct. 31, Nov. 3	
6A Girls 1st, 2nd Rounds	Week 17, Week 18	Oct. 31, Nov. 4	
5A, 4A, & 3A/2A/1A Boys 1st Round	Week 18	November 3	
5A, 4A, & 3A/2A/1A Girls 1st Round	Week 18	November 4	
All Quarterfinals	Week 18	November 7	
All Semifinals	Week 19	November 10	
6A, 5A Boys & Girls Finals	Week 19	November 14	Hillsboro Stadium
4A, 3A/2A/1A Boys & Girls Finals	Week 19	November 14	Liberty HS (Hillsboro)
<b>FOOTBALL</b>			
First Practice Date	Week 7	August 17	
First Jamboree Date	Week 8	August 27	
First Contest Date	Week 9	September 3	
6A, 5A, 1A Cutoff	Week 17	October 30	
6A, 5A, 1A Sub-Varsity Cutoff	Week 18	November 2	
4A, 3A, 2A Cutoff	Week 17	October 31	
4A, 3A, 2A Sub-Varsity Cutoff	Week 18	November 2	
6A, 5A, 4A, 3A, 2A, 1A 1st Round	Week 18	November 6-7	
5A, 4A, 3A, 2A, 1A Quarterfinals	Week 19	November 13-14	
6A 2nd Round	Week 19	November 13-14	
5A, 4A, 3A, 2A, 1A Semifinals	Week 20	November 20-21	
6A Quarterfinals	Week 20	November 20-21	
5A, 4A, 3A, 2A, 1A Finals	Week 21	November 28	TBD
6A Semifinals	Week 21	November 27-28	TBD
6A Finals	Week 22	December 5	TBD
<b>CHEERLEADING</b>			
First Practice Date	Week 7	August 17	
First Contest Date	Week 8	August 27	
Cutoff Date	Week 29	January 19	
Championships	Week 32	February 13	Veterans Memorial Coliseum (Portland)
<b>SWIMMING</b>			
First Practice Date	Week 20	November 16	
First Contest Date	Week 22	December 2	
Cutoff Date	Week 32	February 13	
6A, 5A, 4A/3A/2A/1A Boys and Girls	Week 33	February 19-20	Mt. Hood Comm. College (Gresham)
<b>WRESTLING</b>			
First Practice Date	Week 20	November 16	
First Contest Date	Week 22	December 2	
Cutoff Date	Week 33	February 20	
6A, 5A, 4A, 3A, 2A/1A Finals	Week 34	February 26-27	Veterans Memorial Coliseum (Portland)
<b>BASKETBALL</b>			
First Practice Date	Week 20	November 16	
First Contest / Jamboree Date	Week 22	December 2	
3A, 2A, 1A Cutoff Date	Week 33	February 20	
6A, 4A Cutoff Date	Week 34	February 27	
1A Boys 1st, 2nd Rounds	Week 34	February 24, 27	
1A Girls 1st, 2nd Rounds	Week 34	February 23, 26	
5A Cutoff Date	Week 35	March 2	
1A Boys Quarterfinals-Finals	Week 35	March 3-5	Baker High School
1A Girls Quarterfinals-Finals	Week 35	March 2-5	Baker High School
3A, 2A Boys 1st Round	Week 34	February 27	
3A, 2A Girls 1st Round	Week 34	February 26	
2A Boys Quarterfinals-Finals	Week 35	March 3-5	Pendleton Convention Center / Pendleton HS
2A Girls Quarterfinals-Finals	Week 35	March 3-5	Pendleton Convention Center / Pendleton HS
3A Boys Quarterfinals-Finals	Week 35	March 3-5	Marshfield HS / North Bend HS (Coos Bay)
3A Girls Quarterfinals-Finals	Week 35	March 3-5	Marshfield HS / North Bend HS (Coos Bay)

# 2015-16 OSAA STATE CHAMPIONSHIPS CALENDAR

4A Boys 1st Round	Week 35	March 5	
4A Girls 1st Round	Week 35	March 4	
4A Boys Quarterfinals-Finals	Week 36	March 10-12	Liberty HS / Century HS (Hillsboro)
4A Girls Quarterfinals-Finals	Week 36	March 10-12	Liberty HS / Century HS (Hillsboro)
5A Boys 1st Round	Week 35	March 5	
5A Girls 1st Rounds	Week 35	March 4	
5A Boys Quarterfinals-Finals	Week 36	March 10-12	Oregon State University (Corvallis)
5A Girls Quarterfinals-Finals	Week 36	March 9-12	Oregon State University (Corvallis)
6A Boys 1st, 2nd Rounds	Week 35	March 2, 5	
6A Girls 1st, 2nd Rounds	Week 35	March 1, 4	
6A Boys Quarterfinals-Finals	Week 36	March 10-12	University of Portland
6A Girls Quarterfinals-Finals	Week 36	March 9-12	University of Portland
<b>DANCE/DRILL</b>			
First Practice Date	Week 7	August 17	
First Contest Date	Week 8	August 27	
Cutoff Date	Week 27	January 8	
Championships	Week 37	March 17-19	Veterans Memorial Coliseum (Portland)
<b>SPEECH</b>			
First Practice Date	Week 7	August 17	
First Contest Date	Week 8	August 27	
Cutoff Date	Week 40	April 9	
Championships	Week 42	April 21-23	Western Oregon Univ. (Monmouth)
<b>MUSIC</b>			
First Practice Date	Week 7	August 17	
First Contest Date	Week 8	August 27	
Solo Music Cutoff Date	Week 38	March 25	
Choir, Band, Orchestra Cutoff Date	Week 41	April 16	
Solo Music	Week 43	April 30	
2A/1A, 3A Choir	Week 44	May 5	Lewis & Clark College (Portland)
4A, 5A Choir	Week 44	May 6	George Fox University (Newberg)
6A Choir	Week 44	May 7	George Fox University (Newberg)
3A, 4A Band	Week 45	May 11	George Fox University (Newberg)
Orchestra	Week 45	May 12	Oregon State University (Corvallis)
2A/1A, 5A Band	Week 45	May 13	Oregon State University (Corvallis)
6A Band	Week 45	May 14	Oregon State University (Corvallis)
<b>GOLF</b>			
First Practice Date	Week 35	February 29	
First Contest Date	Week 37	March 14	
Cutoff Date	Week 45	May 10	
6A Boys Golf	Week 46	May 16-17	TBD
6A Girls Golf	Week 46	May 16-17	TBD
5A Boys Golf	Week 46	May 16-17	TBD
5A Girls Golf	Week 46	May 16-17	TBD
4A Boys Golf	Week 46	May 16-17	TBD
4A/3A/2A/1A Girls Golf	Week 46	May 16-17	TBD
3A/2A/1A Boys Golf	Week 46	May 16-17	TBD
<b>TENNIS</b>			
First Practice Date	Week 35	February 29	
First Contest Date	Week 37	March 14	
Cutoff Date	Week 45	May 14	
6A, 5A Boys & Girls	Week 46	May 19-21	Portland TC and/or Tualatin Hills TC
4A/3A/2A/1A Boys & Girls	Week 46	May 20-21	Oregon State University (Corvallis)
<b>TRACK &amp; FIELD</b>			
First Practice Date	Week 35	February 29	
First Contest Date	Week 37	March 14	
Cutoff Date	Week 46	May 21	
6A, 5A, 4A, 3A, 2A, 1A Boys & Girls	Week 47	May 26-28	University of Oregon (Eugene)
<b>BASEBALL/SOFTBALL</b>			
First Practice Date	Week 35	February 29	
First Contest / Jamboree Date	Week 37	March 14	
6A Cutoff Date	Week 46	May 19	
5A, 4A, 3A, 2A, 1A Cutoff Date	Week 46	May 21	
6A 1st, 2nd Rounds	Week 47	May 23, 25	
5A, 4A, 3A, 2A/1A 1st Round	Week 47	May 25	
All Quarterfinals	Week 47	May 27	
All Semifinals	Week 48	May 31	
3A, 2A/1A Baseball Finals	Week 48	June 3	Volcanoes Stadium (Keizer)
6A, 5A, 4A Baseball Finals	Week 48	June 4	Volcanoes Stadium (Keizer)
3A, 2A/1A Softball Finals	Week 48	June 3	Oregon State University (Corvallis)
6A, 5A, 4A Softball Finals	Week 48	June 4	Oregon State University (Corvallis)
<b>SUMMER (NON OSAA)</b>			
	Week 48	May 30	

# 2016-17 OSAA STATE CHAMPIONSHIPS CALENDAR

ACTIVITY	NFHS WEEK #	16-17 DATES	CHAMPIONSHIP SITE
<b>MORATORIUM WEEK</b>			
	Week 4	July 24-30	
<b>CROSS COUNTRY</b>			
First Practice Date	Week 7	August 15	
First Contest Date	Week 8	August 25	
Cutoff Date	Week 16	October 22	
6A, 5A, 4A, 3A/2A/1A Boys & Girls	Week 17	October 29	Lane Community College (Eugene)
<b>VOLLEYBALL</b>			
First Practice Date	Week 7	August 15	
First Contest / Jamboree Date	Week 8	August 25	
6A, 1A Cutoff Date	Week 17	October 24	
5A, 4A, 3A, 2A Cutoff Date	Week 17	October 25	
6A, 1A 1st, 2nd Rounds	Week 17	Oct. 26, 29	
5A, 4A, 3A, 2A 1st Round	Week 17	October 29	
6A, 5A Quarterfinals-Finals	Week 18	November 4-5	Liberty HS (Hillsboro)
4A, 3A Quarterfinals-Finals	Week 18	November 4-5	Forest Grove High School
2A, 1A Quarterfinals-Finals	Week 18	November 4-5	Ridgeview HS (Redmond)
<b>SOCCER</b>			
First Practice Date	Week 7	August 15	
First Contest / Jamboree Date	Week 8	August 25	
6A Cutoff Date	Week 17	October 25	
5A, 4A, 3A/2A/1A Cutoff Date	Week 17	October 29	
6A Girls 1st, 2nd Rounds	Week 17, Week 18	Oct. 29, Nov. 1	
6A Boys 1st, 2nd Rounds	Week 17, Week 18	Oct. 29, Nov. 2	
5A, 4A, & 3A/2A/1A Girls 1st Round	Week 18	November 1	
5A, 4A, & 3A/2A/1A Boys 1st Round	Week 18	November 2	
All Quarterfinals	Week 18	November 5	
All Semifinals	Week 19	November 8	
6A, 5A Boys & Girls Finals	Week 19	November 12	Hillsboro Stadium
4A, 3A/2A/1A Boys & Girls Finals	Week 19	November 12	Liberty HS (Hillsboro)
<b>FOOTBALL</b>			
First Practice Date	Week 7	August 15	
First Jamboree Date	Week 8	August 25	
First Contest Date	Week 9	September 1	
6A, 5A, 1A Cutoff	Week 17	October 28	
6A, 5A, 1A Sub-Varsity Cutoff	Week 18	October 31	
4A, 3A, 2A Cutoff	Week 17	October 29	
4A, 3A, 2A Sub-Varsity Cutoff	Week 18	October 31	
6A, 5A, 4A, 3A, 2A, 1A 1st Round	Week 18	November 4-5	
5A, 4A, 3A, 2A, 1A Quarterfinals	Week 19	November 11-12	
6A 2nd Round	Week 19	November 11-12	
5A, 4A, 3A, 2A, 1A Semifinals	Week 20	November 18-19	
6A Quarterfinals	Week 20	November 18-19	
5A, 4A, 3A, 2A, 1A Finals	Week 21	November 26	TBD
6A Semifinals	Week 21	November 25-26	TBD
6A Finals	Week 22	December 3	TBD
<b>CHEERLEADING</b>			
First Practice Date	Week 7	August 15	
First Contest Date	Week 8	August 25	
Cutoff Date	Week 29	January 17	
Championships	Week 32	February 11	Veterans Memorial Coliseum (Portland)
<b>SWIMMING</b>			
First Practice Date	Week 20	November 14	
First Contest Date	Week 22	November 30	
Cutoff Date	Week 32	February 11	
6A, 5A, 4A/3A/2A/1A Boys and Girls	Week 33	February 17-18	Mt. Hood Comm. College (Gresham)
<b>WRESTLING</b>			
First Practice Date	Week 20	November 14	
First Contest Date	Week 22	November 30	
Cutoff Date	Week 33	February 18	
6A, 5A, 4A, 3A, 2A/1A Finals	Week 34	February 24-25	Veterans Memorial Coliseum (Portland)
<b>BASKETBALL</b>			
First Practice Date	Week 20	November 14	
First Contest / Jamboree Date	Week 22	November 30	
3A, 2A, 1A Cutoff Date	Week 33	February 18	
6A, 4A Cutoff Date	Week 34	February 25	
1A Boys 1st, 2nd Rounds	Week 34	February 21, 24	
1A Girls 1st, 2nd Rounds	Week 34	February 22, 25	
5A Cutoff Date	Week 35	March 1	
1A Boys Quarterfinals-Finals	Week 35	March 1-4	Baker High School
1A Girls Quarterfinals-Finals	Week 35	March 2-4	Baker High School
3A, 2A Boys 1st Round	Week 34	February 24	
3A, 2A Girls 1st Round	Week 34	February 25	
2A Boys Quarterfinals-Finals	Week 35	March 2-4	Pendleton Convention Center / Pendleton HS
2A Girls Quarterfinals-Finals	Week 35	March 2-4	Pendleton Convention Center / Pendleton HS
3A Boys Quarterfinals-Finals	Week 35	March 2-4	Marshfield HS / North Bend HS (Coos Bay)
3A Girls Quarterfinals-Finals	Week 35	March 2-4	Marshfield HS / North Bend HS (Coos Bay)

# 2016-17 OSAA STATE CHAMPIONSHIPS CALENDAR

4A Boys 1st Round	Week 35	March 3	
4A Girls 1st Round	Week 35	March 4	
4A Boys Quarterfinals-Finals	Week 36	March 9-11	Liberty HS / Century HS (Hillsboro)
4A Girls Quarterfinals-Finals	Week 36	March 9-11	Liberty HS / Century HS (Hillsboro)
5A Boys 1st Round	Week 35	March 3	
5A Girls 1st Rounds	Week 35	March 4	
5A Boys Quarterfinals-Finals	Week 36	March 8-11	Oregon State University (Corvallis)
5A Girls Quarterfinals-Finals	Week 36	March 9-11	Oregon State University (Corvallis)
6A Boys 1st, 2nd Rounds	Week 35	Feb. 28, Mar. 3	
6A Girls 1st, 2nd Rounds	Week 35	March 1, 4	
6A Boys Quarterfinals-Finals	Week 36	March 8-11	University of Portland
6A Girls Quarterfinals-Finals	Week 36	March 9-11	University of Portland
<b>DANCE/DRILL</b>			
First Practice Date	Week 7	August 15	
First Contest Date	Week 8	August 25	
Cutoff Date	Week 27	January 6	
Championships	Week 37	March 16-18	Veterans Memorial Coliseum (Portland)
<b>SPEECH</b>			
First Practice Date	Week 7	August 15	
First Contest Date	Week 8	August 25	
Cutoff Date	Week 40	April 8	
Championships	Week 42	April 20-22	Western Oregon Univ. (Monmouth)
<b>MUSIC</b>			
First Practice Date	Week 7	August 15	
First Contest Date	Week 8	August 25	
Solo Music Cutoff Date	Week 38	March 24	
Choir, Band, Orchestra Cutoff Date	Week 41	April 15	
Solo Music	Week 43	April 29	
2A/1A, 3A Choir	Week 44	May 4	Lewis & Clark College (Portland)
4A, 5A Choir	Week 44	May 5	George Fox University (Newberg)
6A Choir	Week 44	May 6	George Fox University (Newberg)
3A, 4A Band	Week 45	May 10	George Fox University (Newberg)
Orchestra	Week 45	May 11	Oregon State University (Corvallis)
2A/1A, 5A Band	Week 45	May 12	Oregon State University (Corvallis)
6A Band	Week 45	May 13	Oregon State University (Corvallis)
<b>GOLF</b>			
First Practice Date	Week 35	February 27	
First Contest Date	Week 37	March 13	
Cutoff Date	Week 45	May 9	
6A Boys Golf	Week 46	May 15-16	TBD
6A Girls Golf	Week 46	May 15-16	TBD
5A Boys Golf	Week 46	May 15-16	TBD
5A Girls Golf	Week 46	May 15-16	TBD
4A Boys Golf	Week 46	May 15-16	TBD
4A/3A/2A/1A Girls Golf	Week 46	May 15-16	TBD
3A/2A/1A Boys Golf	Week 46	May 15-16	TBD
<b>TENNIS</b>			
First Practice Date	Week 35	February 27	
First Contest Date	Week 37	March 13	
Cutoff Date	Week 45	May 13	
6A, 5A Boys & Girls	Week 46	May 18-20	Portland TC and/or Tualatin Hills TC
4A/3A/2A/1A Boys & Girls	Week 46	May 19-20	Oregon State University (Corvallis)
<b>TRACK &amp; FIELD</b>			
First Practice Date	Week 35	February 27	
First Contest Date	Week 37	March 13	
Cutoff Date	Week 46	May 20	
6A, 5A, 4A, 3A, 2A, 1A Boys & Girls	Week 47	May 25-27	University of Oregon (Eugene)
<b>BASEBALL/SOFTBALL</b>			
First Practice Date	Week 35	February 27	
First Contest / Jamboree Date	Week 37	March 13	
6A Cutoff Date	Week 46	May 18	
5A, 4A, 3A, 2A, 1A Cutoff Date	Week 46	May 20	
6A 1st, 2nd Rounds	Week 47	May 22, 24	
5A, 4A, 3A, 2A/1A 1st Round	Week 47	May 24	
All Quarterfinals	Week 47	May 26	
All Semifinals	Week 48	May 30	
3A, 2A/1A Baseball Finals	Week 48	June 2	Volcanoes Stadium (Keizer)
6A, 5A, 4A Baseball Finals	Week 48	June 3	Volcanoes Stadium (Keizer)
3A, 2A/1A Softball Finals	Week 48	June 2	Oregon State University (Corvallis)
6A, 5A, 4A Softball Finals	Week 48	June 3	Oregon State University (Corvallis)
<b>SUMMER (NON OSAA)</b>			
	Week 48	May 29	

### OSAA EXECUTIVE BOARD ACTION / VIOLATIONS --- May 4, 2015

SCHOOL	REPORTED	VIOLATION	RELEVANT INFORMATION	FINE	PENALTY
Baker	2/25/2015	Use of non-certified coach	Head VB coach not certified; no certified coach was present for Burns and La Grande tournaments.	\$250	Varsity forfeits
Baker	5/1/2015	Use of non-certified athletic director	AD was not up to date on all parts of certification for part of the school year.	\$250	Fine only
Benson	1/27/2015	Rule 8.8	Head girls BXB coach knowingly invited and allowed a non-high school team to participate in a high school tournament. The team also wore uniforms that identified them as a team from this high school.	\$1,000	Fine only
Blanchet Catholic	4/17/2015	Ineligible participant	Home schooled student participated in 1 solo festival.	\$100	Forfeit
Burns	4/14/2015	Ineligible participants (3)	Band students participated in 1 festival, not enrolled in music class.	\$300	Forfeit
Century	4/14/2015	Ineligible participant; academics	Girls tennis player participated in multiple matches.	\$100	Varsity forfeits
Churchill	2/17/2015	Use of non-certified coach	Dance coach had not completed safety training.	\$250	Forfeits
*Cleveland	2/26/2015	Ineligible coach	Frosh boys BXB coach was ejected and did not remain out of sight and sound.	\$250	Forfeit
Corvallis	2/18/2015	Use of non-certified coach	Volunteer dance coach had not completed safety training.	\$250	Fine only
*Crater	4/14/2015	Ineligible participants (8); academics	Band students participated in 1 festival.	\$800	Forfeit
Forest Grove	2/23/2015	Ineligible participant; academics	Wrestler participated on 8 dates.	\$100	Forfeits
Forest Grove	4/2/2015	Ineligible participant	T&F athlete participated in 1 JV meet.	\$100	Forfeit
*Gaston	2/4/2015	Exceeded participation limit	BXB player exceeded the 5 quarters per day limit. Coach knew player was exceeding limit and was not aware that he could complete the game with less than 5 players.	\$200	Varsity forfeit
Gaston	2/20/2015	Ineligible participant; academics	Girls BXB player participated in 2 V games.	\$100	Varsity forfeits
Grant	2/5/2015	Rule 3.1.6; Rule 8.8	Head girls BXB coach knowingly allowed a non-high school team to participate in school's JV tournament. School also competed against this team.	\$2,000	Fine only
Gresham	2/16/2015	Ineligible participant	Cheerleader competed in club and high school competition during same day in same venue.	\$100	Forfeit
*Henley	2/19/2015	Exceeded participation limit	Wrestling team exceeded the 14 dates per season limit, by 2 dates.	\$1,000	Varsity forfeits
Illinois Valley	3/31/2015	Ineligible participants (2); academics	Band students participated in 1 festival.	\$200	Forfeit
Ione	2/14/2015	Exceeded participation limit	BXB player exceeded the 5 quarters per day limit.	\$100	Varsity forfeit
Jewell	4/29/2015	Use of non-certified coach	Asst T&F coach had not completed all training.	\$250	Fine only
Lakeridge	4/17/2015	Ineligible participant	Student from another school, enrolled in LHS orchestra class, competed for LHS at the league festival.	\$100	Forfeit
Madison	3/13/2015	Use of non-certified coach	Volunteer dance coach had not completed safety training.	\$250	Fine only
Marshfield	2/17/2015	Ineligible participant	Boys BXB player participated at the JV level all season.	\$100	Forfeits
*McNary	2/20/2015	Exceeded participation limit	Wrestling team exceeded the 14 dates per season limit, by 1 date.	\$250	Varsity forfeit
Molalla	3/5/2015	Use of non-certified coach	Assistant dance coach had not completed concussion training.	\$250	Fine only
Molalla	4/7/2015	Use of non-certified coach	Use of non-certified coach in tennis.	\$250	Fine only
Monroe	3/30/2015	Ineligible participant; academics	T&F athlete participated in 1 meet.	\$100	Varsity forfeit
North Salem	2/3/2015	Rule of Two	Assistant baseball coach, on 2 occasions, hit grounders to more than 2 NSHS students.	\$500	Fine only
Oakland	2/17/2015	Exceeded participation limit	Girls BXB player exceeded the 24 games per season limit, by 2 games.	\$500	Varsity forfeits

### OSAA EXECUTIVE BOARD ACTION / VIOLATIONS --- May 4, 2015

Ontario	4/13/2015	Ineligible participant; academics	T&F athlete participated in 4 meets.	\$100	Varsity forfeits
Oregon Episcopal	4/30/2015	Ineligible participant; academics	Boys tennis player participated in 1 tournament.	\$100	Forfeit
Pleasant Hill	2/21/2015	Ineligible participant; academics	Boys BXB player participated in 5 V games.	\$100	Varsity forfeits
Portland Christian	3/25/2015	Ineligible participant	Baseball player participated in 1 V game.	\$100	Varsity forfeit
Regis	4/20/2015	Ineligible participant; academics	Female golfer participated in multiple matches.	\$100	Varsity forfeits
Ridgeview	3/5/2015	Ineligible participant	Boys BXB player participated at the JV level all season.	\$100	Forfeits
Sam Barlow	2/25/2015	Ineligible participant	Girls BXB player participated in 5 V games and multiple JV games.	\$100	Forfeits
Sandy	2/21/2015	Use of non-certified coach	Dance coach had not completed safety training.	\$250	Forfeits
Sandy	3/30/2015	Ineligible participant; academics	Boys tennis player participated in 1 match.	\$100	Varsity forfeit
*Sherwood	4/12/2015	Withdrawal of team from contest	V SB coach removed team from a contest after 4 innings. School suspended coach for 2 games.	\$1,000	OSAA Executive Board appearance at May 4 meeting; Forfeit
South Salem	4/8/2015	Ineligible participant; academics	Solo participant who qualified for state competition.	\$100	Forfeit
Stayton	3/31/2015	Ineligible participants (4)	Participated in JV BB, JV golf, JV T&F.	\$400	Forfeits
Summit	3/31/2015	Withdrawal of team from contest	JV SB coach removed team from a contest in the 1st inning of game 2 of a double-header. School suspended coach for 1 game.	\$1,250	OSAA Executive Board appearance at May 4 meeting; Forfeit
Sweet Home	4/27/2015	Ineligible coach	JV BB coach was ejected and a parent filled in as coach for the remainder of the 7th inning.	\$250	Forfeit
Toledo	4/6/2015	Ineligible participant; academics	SB player participated in 4 V games.	\$100	Varsity forfeits
Triangle Lake	4/10/2015	Ineligible participant	T&F athlete participated in 1 JV meet.	\$100	Forfeit
Tualatin	4/28/2015	Ineligible participant; academics	T&F athlete participated in 1 JV meet.	\$100	Forfeit
Westview	2/18/2015	Ineligible participant; academics	Swimmer participated in 6 JV meets.	\$100	Forfeits

\*APPEAL



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## EXECUTIVE BOARD & DELEGATE ASSEMBLY CALENDAR OF MEETINGS

### 2015

DATE	DAYS	MEETING	LOCATION
July 27-29	Monday- Wednesday	Executive Board Summer Workshop	Eagle Crest Resort, Redmond
**September 3	Thursday	Executive Board (9am)	OSAA Office, Wilsonville
October 19	Monday	Delegate Assembly (9am)	Holiday Inn Wilsonville
*December 7	Monday	Executive Board (9am)	OSAA Office, Wilsonville

### 2016

DATE	DAYS	MEETING	LOCATION
*February 8	Monday	Executive Board (9am)	OSAA Office, Wilsonville
April 11	Monday	Delegate Assembly (9am)	Holiday Inn Wilsonville
*May 2	Monday	Executive Board (9am)	OSAA Office, Wilsonville
July 25-27	Monday- Wednesday	Executive Board Summer Workshop	Eagle Crest Resort, Redmond

\* Preceded by Work Session, on Sunday at 4 pm, at the OSAA office, prior to regular meetings on Monday.

\*\* Preceded by Work Session on Thursday at 7am, at the OSAA office