



Oregon School Activities Association

25200 SW Parkway Avenue, Suite 1

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November 18, 2016

To: Athletic Directors and Basketball Coaches
From: Cindy Simmons, Assistant Executive Director
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Subject: Basketball Reminders for the 2016-17 Season

Please review this information with your basketball staff and best of luck this season! Each school offering basketball should have received a copy of the NFHS Basketball Rules Book from the OSAA, 1 for girls and 1 for boys. Athletic Directors received these at the OSAA Administrator Workshops that took place in August. Feel free to contact me if you have questions.

GENERAL INFORMATION

OSAA Basketball Plan: <http://www.osaa.org/docs/planbooks/bxbplan.pdf>

This plan contains information regarding important season dates, NFHS rule changes/points of emphasis, OSAA basketball specific policies and OSAA general policies.

NFHS 2016-17 Basketball Rule Changes: <http://www.osaa.org/docs/bbx/16-17ruleschanges.pdf>

HEALTH & SAFETY

Practice Model: <http://www.osaa.org/docs/handbooks/PracticeModelBP.pdf>

The OSAA Practice Model has required most schools to change their practice structure. Please familiarize yourself with this policy. Section (C) of this policy relates to Basketball. Please note that (C.2.) states:

"A student may practice for no more than six consecutive days without a rest day. A rest day must be complete rest – no organized team activity is allowed." Please note that games and/or practices are included in this 6 consecutive day restriction.

Concussion Management: <http://www.osaa.org/docs/handbooks/ConcussionManagementBP.pdf>

OSAA Staff worked with the Oregon Legislature to align Max's Law (public schools) and Jenna's Law (private schools) when it comes to the return to participation protocol. Therefore, all OSAA member schools are subject to the same policy when a student is removed after exhibiting signs, symptoms or behaviors consistent with a concussion following an observed or suspected blow to the head or body. The state still states that, on an annual basis prior to participation, private schools shall require each student and at least one parent or legal guardian of the student to sign a consent form acknowledging the receipt of information regarding symptoms and warning signs of concussions. Private schools shall maintain a copy of each student's signed form on file for review at any time by OSAA staff.

Health and Safety Information: <http://www.osaa.org/health-safety>

The OSAA website contains a variety of information regarding heat, hydration and concussion management. The page contains links to informational items that all coaches should familiarize themselves with as practices begin.

UNIFORMS AND EQUIPMENT

NFHS Basketball Uniform Information: <http://www.osaa.org/docs/bbx/BasketballUniforms.pdf>

Home uniforms shall be white and away uniforms shall be dark. Note that silver/light gray is not a legal uniform color.



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Headbands / NFHS Rule 3-5-4b: Headbands shall be a maximum of 2 inches wide. As directed by the OSAA Sports Medicine Advisory Committee, players wearing "Concussion Headbands" shall have a documented OSAA exception. Athletic Directors shall forward these requests to Cindy Simmons (cindys@osaa.org), along with a note from an appropriate medical professional supporting the student wearing the equipment and a photo of the headband.

Jewelry / NFHS Rule 3-5-7: Jewelry is not allowed during warm-ups or competition. Please note that this also includes ear buds, headphones and rubber plugs, fishing line, etc. that is used to insert in pierced openings when jewelry is removed. As directed by the OSAA Sports Medicine Advisory Committee, no exceptions will be made for a Daith piercing earring (migraine headaches).

OSAA Adopted Basketball: Host schools shall provide the Wilson Evolution when hosting OSAA post-season contests.

SPORTSMANSHIP

Court Warmup & Team Introductions: Teams are to remain on their own end of the court at all times during pregame and 2nd half court warmup. This includes the entrance of teams onto the court --- circling the entire court is not allowed. Team introductions may take place at half court but any other team rituals shall take place on a team's own half of the court.

Time Outs and Quarter Breaks: Team members are to remain at their own bench area and not rush the court during these breaks.

HOME CONTEST MANAGEMENT

Court Markings: Please make sure that all of your competition courts are marked correctly for all levels of play according to the NFHS Basketball Court Diagram located on the basketball page of the OSAA website at <http://www.osaa.org/docs/bbx/NFHSBasketballCourtDiagram.pdf>. Your Coaching Boxes (NFHS Rule 1.13.2) and "X" marking the Scorer's Table (NFHS Rule 1.17) must be properly placed. It is also vital that your Coaching Boxes are placed in the same location on both ends of the court. Officials have been instructed to not begin a varsity contest until the coaching boxes and scorer's location mark are properly placed. The correct markings must also be in place for all sub-varsity contests.

Public Address: This is a reminder of the NFHS rule change that went into effect two years ago. The announcer shall be prohibited from making unnecessary announcements such as "two minutes to go" while the clock is running during the course of the contest. This interrupts the game through the use of the microphone. The announcer is allowed to give basic information during the course of the game, such as who the foul is on, who is shooting free throws, which team is taking a time-out and the length of the timeout. Information that is visible on the scoreboard shall not be announced during play. Guidelines for basketball announcers can be found on the OSAA website at <http://www.osaa.org/docs/bbx/PublicAddress.pdf>.

Blood Kit: Make sure that a blood kit is readily available in each gym for all home games.

OSAA WEBSITE INFORMATION & SCHEDULING

Level of Play: If your number of players dictate that you will field only 1 team, you must play the same level for all games of the season due to the rankings. Your single team has to be a varsity or a sub-varsity team --- for example, this cannot be a varsity team on Tuesday and a JV team on Thursday.



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Adding Games to Schedules After December 19: Remember that results from contests added to a team's schedule after a certain date each season (Winter – December 19) vs. a team more than one classification away shall not be included in the rankings. Bracketed contests at tournaments are not affected by this policy.

Adding Any Contest to Schedules After January 9: A policy recently approved by the OSAA Executive Board states that results from contests added to a team's schedule after a certain date each season (Winter – January 9) shall not be included in the rankings.

NOTE: Contests not affected by this policy include bracketed contests at tournaments, league tiebreakers, and district/league tournaments. Schools may apply for an exception to OSAA Staff in extenuating circumstances.

Tracking Out of State Opponents: www.osaa.org/docs/osaainfo/ManagingOutOfStateRecordsInstructions.pdf

Varsity teams are required to update their schedule and results through the OSAA website throughout the season. Schools are also required to track records of out of state opponents. Each Oregon school is ultimately responsible for making sure their own schedule and results are accurate, including the records of their out of state opponents.