

# West Albany Bulldogs



**League** 5A-3 Mid-Willamette Conference  
**Mascot** Bulldogs  
**Colors** Navy, Vegas Gold, Gray

**Superintendent** Melissa Goff  
**Principal** Susie Orsborn  
**Athletic Director** Patrick Richards  
**Athletic Trainer** Amy Evilsizer

## Girls Cross Country Team Rosters

### VARSITY

<u>No.</u>	<u>Name</u>	<u>Pos.</u>	<u>Yr.</u>	<u>Ht.</u>	<u>No.</u>	<u>Name</u>	<u>Pos.</u>	<u>Yr.</u>	<u>Ht.</u>	<b>Asst. Coach</b> Kristen Grosserhode
	Brooke Johnson		9			Sarah Hamilton		11		
	Peam Jarernsriporkul		11			Annie Berry		12		
	Lily Heidrick		10			Megan Berg		11		
	Isabel Harwood		10			Sydney Beers		12		
	Megumi Ludlow		10			Nikesha Ahmad		10		
	Ariana Martinez		9			Petra Christensen		10		
	Emilia Watts		12			Jayde Crowe		12		
	Hannah Thorp		12			Gabrielle Emery		10		
	Ella Ryan		10			Julia Donner		11		
	Irene Randazzo		11			Chloe Davey		10		
	Lauren Harvey		10			Megan Adamec		11		



The OSAA requests that you model good sportsmanship by refraining from derogatory cheers, chants, or behavior toward students, coaches, officials, or other spectators. Speak out if you see inappropriate behavior by immediately notifying event management staff. Together, we can provide a safe and respectful environment for all.