

Oregon School Activities Association

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May 30, 2019

To: Athletic Directors and Head Football Coaches

From: Brad Garrett, OSAA Assistant Executive Director

Subject: Changes to Player Safety Coach Certification Requirements

At the May 6, 2019 meeting of the OSAA Executive Board a proposed amendment to Board Policy #9 – Certification – Athletic Directors and Coaches was adopted. The amendment modifies the requirements related to Player Safety Coach (PSC) certification.

Below is a summary of the policy changes -

- All schools sponsoring Football are required to certify a PSC every other year beginning in 2020. Any individual certified in 2019 would retain certification through 2021. <u>All schools are required to certify a PSC coach for the 2019 season.</u> A complete list of certification workshops for 2019 is posted at <u>http://www.osaa.org/headsup</u>.
- Beginning this year (2019) any individual <u>attending</u> an in-person PSC workshop is not required to complete the USA Football online courses in Blocking and Defeating Blocks, Shoulder Tackling & Equipment Fitting and Sudden Cardiac as these topics are covered in the workshop. Coaches attending an in-person PSC Workshop continue to be responsible to complete the following online courses: NFHS Fundamentals of Coaching (one time), Concussion Recognition and Management Training (annually), NFHS Heat Illness Prevention (annually), Anabolic Steroids and Performance-Enhancing Substances Training (every 4 years).
- Any individual (including previously certified PSC's) <u>not attending</u> an in-person PSC clinic is responsible to complete the following online courses: Blocking and Defeating Blocks, Shoulder Tackling & Equipment Fitting (annually), Sudden Cardiac (annually), NFHS Fundamentals of Coaching (one time), Concussion Recognition and Management Training (annually), NFHS Heat Illness Prevention (annually), Anabolic Steroids and Performance-Enhancing Substances Training (every 4 years).