



SPORTS MEDICINE ADVISORY COMMITTEE

Tuesday, September 11, 2018

MINUTES

1. Present: Dr. Michael Koester (chairperson); Mark Boren; Dr. Preston Chadwick; Dr. James Chesnutt; Marlee Hansen (OATS); Sam Johnson (OATS); Shelly Jones (OATS); Dr. Sara Murdick; Marc Norcross, Dr. Sean Rash; Dr. Jamie Schlueter; Dr. Charles Webb; Rob Younger (OACA); Chris Knudsen (OACA); Craig Rothenberger (OACA); Brad Garrett, Kelly Foster, Peter Weber (OSAA).
2. Welcome and Introductions.
3. Minutes of May 2, 2018 meeting reviewed and approved.
4. Old Business:
 - a. OHA / OSAA Suicide Prevention – Continued collaborations
 - 1) Peter, Rob and Sam have been involved in conference calls with this group. They are reviewing the survey results from last school year to determine the next course of action, which will likely include video resources for schools.
 - b. School Safety Officer Concept
 - 1) Plan to have the Delegate Assembly weigh in via caucus discussion. Possibly headed toward a board policy depending on feedback. Will reach out to OSBA for feedback as well.
 - c. Wrestling
 - 1) Skin Infections Centralized Reporting Proposal
 - a) Have the capability to set up reporting mechanism. May be possible to geo map infection.
 - b) Concerns with student confidentiality – possibly report to OHA – Jamie Bash. Bring back at November mtg.
 - 2) Wipes Experiment
 - a) Not much bandwidth to run an effective study at this point.
 - b) Dr. Chadwick shared concerns with wrestling schedules and back-to-back-to-back days of competition.
 - d. Consent to Treat Language
 - 1) Some states have a statewide consent to treat policies (AZ). Issues with visiting athletes and non-emergent care at events. Peter to get more info at Section 7/8 Meeting.
5. New Business:
 - a. Air Quality – Review implementation of new policy / feedback (*attachment*)
 - 1) Approved in May 2018. Schools seem to appreciate clearer guidelines. Revised Oregon DEQ website has been much better. Color code is much more manageable for schools. OHA policy sets the standard used in OSAA policy. Encourage district/city wide implementation – down to youth level.
 - 2) Feedback from the committee: Shelly Jones – likes the conservative range. Marlee Hansen – more school districts need to buy in. Mark Boren – saw a soccer game take a “heat break.”
 - 3) Looking at doing some research to get more data on the effects. NFHS plans to survey western states for policies vs. local control.
 - b. Heat Index – Recommended versus Required
 - 1) Marlee Hansen suggested matching color codes with the Air Quality chart. Objection to making mandatory – not focus on a number but focus on environment.

- 2) Review in conjunction with the fall practice plan. Look at 'At a minimum' vs. recommends. Review heat education from NFHS – bring back to the committee in November. Look at changes from day to day as well.
- c. Emergency Action Plan (EAP) Awareness - OSAA/ OACA / OADA / OATS Collaboration
 - 1) Collaborative campaign. Include state EMS – Oregon Fire Chiefs Section (Mark Boren to reach out) – encourage relationship building. Begin with AEDs – multiple, placement, training, Anyone Can Save a Life, proactive preparation.
 - 2) Incorporate the concept of collapse of athlete – developing algorithm (cardiac, heat...). Consider having every team turn in their plan/training. State championship sites to have an EAP.
- d. PROTOCOL – Real-time tele-concussion consultation service information. Credentials would need to be vetted. Committee members believe this could be a step backwards. Not interested at this time.
- e. OSAA Foundation – ImPACT Trained Athletic Trainer (ITAT) Program
 - 1) More advertising to schools about this program would be good as it's underutilized. (advertise through OACA or OADA?). Buying power of OSAA Foundation has kept costs low for schools. Important that ImPACT is used as a tool, not the sole factor as there are limitations.
- f. Football Weekly Quarter Policy Inquiry
 - 1) The original intent was to not allow six quarters in a day or 24 hours. Sixty hours came from change to Friday to Monday schedule. Committee feels comfortable changing to 48 hours from 60. No objections. Motion from Mark Boren, seconded by Dr. Charles Webb, all in favor. Recommend taking to OACA for input and then OSAA Board.
- 6. Committee Member Topics / Discussion
 - a. ATCs – Master's degree required for certification / entry level. Concerns from concussion law discussion about how much public knows regarding training requirements, etc.
 - b. Youth Football Position Statement – Football Ad Hoc Committee has a draft position statement. Looking for input and endorsement from various entities.
- 7. Fall State Championship Coverage

a. Cross Country	Saturday, November 3	Lane Community College, Eugene	
b. Volleyball – All	Friday – Saturday, November 2-3	Liberty HS / Forest Grove HS / Ridgeview HS	
c. Soccer – All	Saturday, November 10	Hillsboro Stadium / Liberty HS	
d. Football			
	5A, 4A, 3A, 2A, 1A Semifinals	Friday – Saturday, November 16-17	TBD
	6A Semifinals	Friday, November 23	TBD
	5A, 4A, 3A, 2A, 1A Finals	Saturday, November 24	TBD
	6A Finals	Saturday, December 1	TBD
- 8. Future Meeting Dates – OSAA staff to look at site options in Salem.
 - a. Tuesday, November 13
 - b. Wednesday, February 6
 - c. Wednesday, April 3