



OSAA / U.S. Bank / Les Schwab Tires
2017 CROSS COUNTRY STATE CHAMPIONSHIPS

November 4, 2017
Lane Community College
4000 E 30th Avenue, Eugene, OR 97405



STARTING LINE PROCEDURES / AUDIO-VISUAL START

Coaches – Please review the following instructions with your coaching staff and athletes prior to the race.

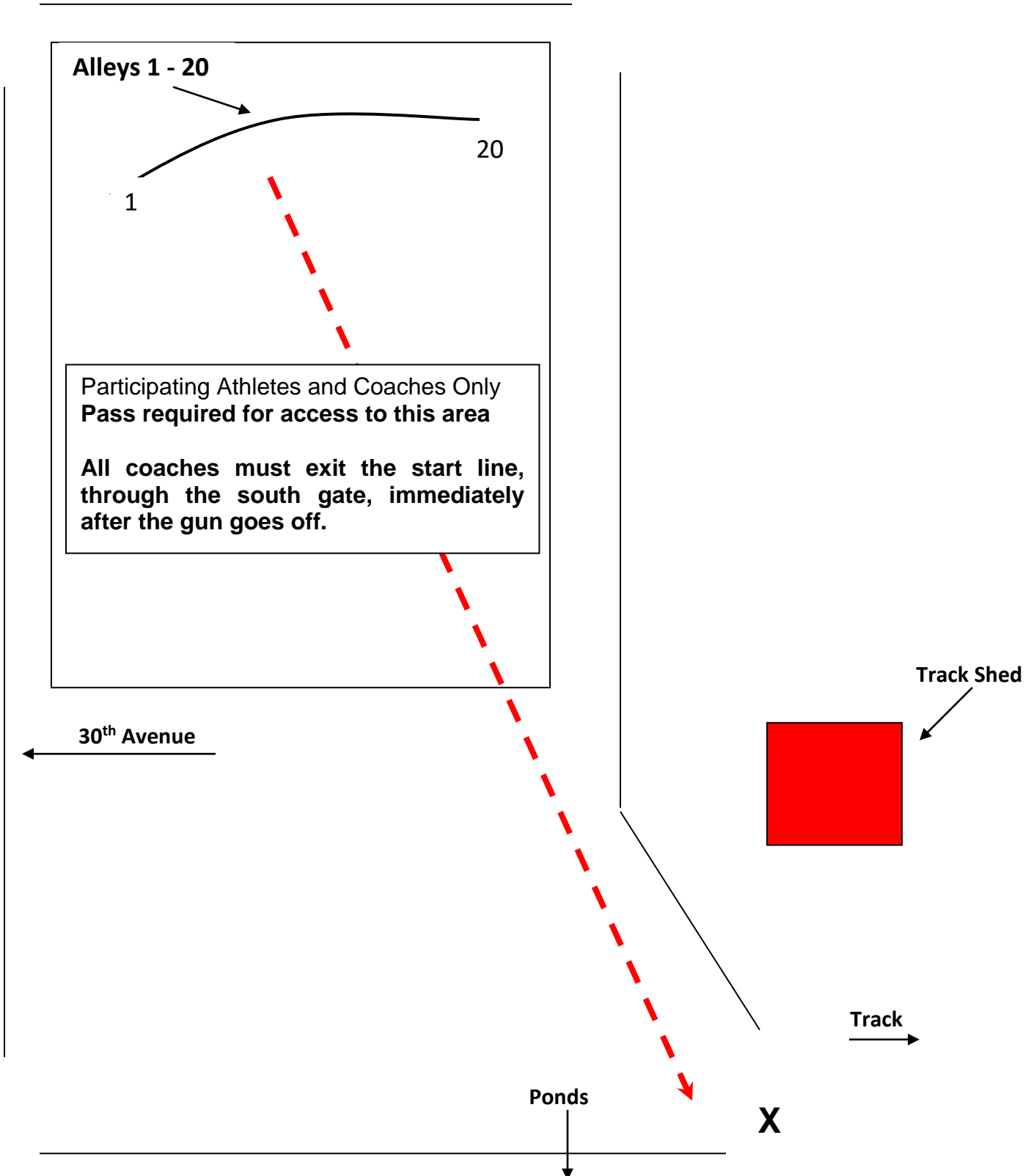
Once the teams have been called to the starting line by the starter for final instructions, no further run-outs shall be permitted.

Procedures –

1. A five-minute warning horn will be sounded prior to the start.
2. After runners report, the recall starters will give a brief and concise review of the starting commands and procedures to be used with competitors immediately before the start.
3. The starter will hold the starting device and red flag parallel to the ground and give a long blast on the whistle. This is the signal for the runners to step up to, but not touch the starting line and become motionless.
4. The starter slowly raises both arms overhead. When all runners are set and motionless and the recall starters signal with a white flag, the starting device is fired and at the same time, the red flag is motioned downward, indicating the start of the race.
5. The runners are observed for 100 meters for any reason to recall the race that would constitute an unfair start.



STARTING LINE CONFIGURATION DIAGRAM





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Chute Assignments

3A/2A/1A Boys

- 2) Bandon
- 3) Individuals
 - a. Catlin Gabel
 - b. Harrisburg
 - c. Knappa
 - d. Regis
- 4) Union
- 5) Westside Christian
- 6) Individuals
 - a. Crosshill Christian
 - b. Kennedy
 - c. Portland Christian
 - d. Amity
- 7) Chemawa
- 8) Santiam Christian
- 9) Taft
- 10) Oak Hill
- 11) Oregon Episcopal
- 12) Burns
- 13) Lakeview
- 14) Southwest Christian
- 15) Riverdale
- 16) Individuals
 - a. Central Linn
 - b. Heppner
 - c. North Lake
 - d. Oakridge
- 17) Veritas
- 18) East Linn Christian
- 19) Pleasant Hill

3A/2A/1A Girls

- 4) Lakeview
- 5) Union
- 6) Oregon Episcopal
- 7) East Linn Christian
- 8) Pleasant Hill
- 9) Individuals
 - a. Coquille
 - b. Nyssa
 - c. Cascade Christian
- 10) Kennedy
- 11) Oak Hill
- 12) St. Paul
- 13) Neah-Kah-Nie
- 14) Individuals
 - a. Santiam Christian (2)
 - b. Southwest Christian (2)
- 15) Enterprise
- 16) St. Mary's
- 17) Catlin Gabel
- 18) Individuals
 - a. Bandon
 - b. Central Linn (2)



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Chute Assignments

4A Boys

- 3) Crook County
- 4) Marshfield
- 5) Tillamook
- 6) Siuslaw
- 7) Ontario
- 8) Individuals
 - a. Madras
 - b. Phoenix
 - c. Seaside
 - d. Sweet Home
- 9) Estacada
- 10) Hidden Valley
- 11) Newport
- 12) Valley Catholic
- 13) Individuals
 - a. La Grande
 - b. Philomath
 - c. Scappoose
- 14) Sisters
- 15) Klamath Union
- 16) Individuals
 - a. Gladstone
 - b. Mazama
 - c. South Umpqua
- 17) Stayton
- 18) Cottage Grove
- 19) Baker

4A Girls

- 2) Estacada
- 3) Henley
- 4) Individuals
 - a. Gladstone
 - b. Newport
 - c. Yamhill-Carlton
- 5) Sisters
- 6) South Umpqua
- 7) Baker
- 8) Individuals
 - a. Cascade
 - b. Marshfield (2)
- 9) Philomath
- 10) Individuals
 - a. Hidden Valley
 - b. McLoughlin
 - c. North Bend
- 11) Elmira
- 12) La Grande
- 13) Stayton
- 14) Tillamook
- 15) Individuals
 - a. Corbett
 - b. Junction City
 - c. Phoenix
 - d. Valley Catholic
- 16) Siuslaw
- 17) Crook County
- 18) Scappoose
- 19) Klamath Union



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Chute Assignments

5A Boys

- 4) Bend
- 5) Individuals
 - a. Hermiston (2)
 - b. Silverton
 - c. Woodburn
- 6) Wilsonville
- 7) Summit
- 8) Corvallis
- 9) Dallas
- 10) Crescent Valley
- 11) Ashland
- 12) Parkrose
- 13) Hood River Valley
- 14) Marist Catholic
- 15) The Dalles
- 16) Individuals
 - a. Churchill
 - b. Ridgeview
 - c. St. Helens
- 17) Sandy
- 18) Crater

5A Girls

- 3) Crescent Valley
- 4) Hermiston
- 5) Individuals
 - a. Mountain View
 - b. Springfield
- 6) Summit
- 7) Corvallis
- 8) Individuals
 - a. Marist Catholic
 - b. St. Helens
 - c. Thurston
- 9) Ashland
- 10) Hood River Valley
- 11) Putnam
- 12) Crater
- 13) Bend
- 14) Sandy
- 15) Lebanon
- 16) Individuals
 - a. La Salle Prep
 - b. Silverton
 - c. The Dalles (2)
- 17) Churchill
- 18) Wilsonville



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Chute Assignments

***Individual qualifiers placed in qualifying team chutes are awarded a front starting position**

6A Boys

- 1) Franklin
- 2) Aloha
 - a. *Westview
- 3) Barlow
- 4) Sherwood
 - a. *Lakeridge
- 5) Individuals
 - a. Canby (2)
 - b. Roosevelt (2)
 - c. Benson
- 6) Grants Pass
 - a. *Roseburg
- 7) Individuals
 - a. David Douglas (2)
 - b. Sheldon (2)
- 8) Jesuit
- 9) Clackamas
- 10) Wilson
- 11) South Salem
 - a. *West Salem (2)
- 12) Grant
- 13) Sunset
- 14) McMinnville
- 15) South Medford
 - a. *North Medford
- 16) West Linn
- 17) Forest Grove
- 18) South Eugene
- 19) Tualatin
- 20) Central Catholic

6A Girls

- 1) West Linn
- 2) Sheldon
- 3) Forest Grove
- 4) Individuals
 - a. Barlow (2)
 - b. North Salem (2)
 - c. Reynolds
- 5) Sunset
 - a. *Southridge
- 6) St. Mary's Academy
 - a. *Newberg
- 7) South Medford
- 8) Grant
- 9) Central Catholic
- 10) Sprague
 - a. *South Salem
- 11) North Medford
- 12) Individuals
 - a. Canby
 - b. Franklin
 - c. Grants Pass
 - d. Lakeridge
- 13) Tualatin
- 14) Jesuit
- 15) McMinnville
 - a. *West Salem
- 16) Wilson
- 17) Oregon City
- 18) Westview
- 19) Lincoln
- 20) Clackamas