

Oregon School Activities Association

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February 15, 2019

TO: Superintendents, Principals and Athletic Directors

FROM: Peter Weber, Executive Director

SUBJECT: Summary of Executive Board Action at the February 11, 2019 Meeting

At the meeting on February 11, 2019, the OSAA Executive Board took the following actions:

- Approved the minutes of the December 3, 2018, Board Meeting, and January 15, 2019, Board Meeting.
- Voted to forward an amendment to Article 3 Membership and Dues which adds requirements for membership regarding non-discrimination policies. Amendment to be placed on the April 8 Delegate Assembly meeting agenda. (Attached)
- Voted to forward an amendment to Music Rule 8.1 School Music Class Participation Requirement that clarifies student options when the school does not have a strings class. Amendment to be placed on the April 8 Delegate Assembly meeting agenda. (Attached)
- Voted to amend Board Policy Gender Identity Participation which revises policy to conform with guidance from ODE and OCR. The Board instructed the staff to work with legal counsel to finalize policy wording, especially as it relates to Q&A's, before distributing the final version.
- Voted to amend Board Policy Participation Limitation Rule (6A Pilot) to clarify when coaching ends for in-season sports. (Attached)
- Voted to accept the full membership applications for the following Washington schools starting in the 2020-21 school year in the Big Sky League.
 - Trout Lake HS
 - Lyle/Wishram HS
 - Bickleton HS

- Klickitat HS
- Glenwood HS
- Received a report on Fall State Championship Revenue from Peter Weber, OSAA Executive Director.
- Voted to appoint the 2019 Budget Committee. (Attached)
- Voted to approve 2019-20 Swimming Special Districts. (Attached)
- Voted to table a decision on the 2019-20 Wrestling Special Districts until the May Board Meeting to gather more data from this year's district tournaments.
- Voted to approve a request from Colton HS Track and Field to move from Special District #1 to Special District #2 for the 2019 Spring Season.
- Voted to approve the Independent Status Petition for the 2019 & 2020 Spring Seasons: Crow HS (Baseball).
- Voted to approve the following Independent Status Petition for the 2019 Fall Season: McLoughlin HS (Football). The
 Board instructed staff to send a letter to 5A, 4A and 3A schools across the state requesting help for the remaining
 Greater Oregon League schools to fill their schedules with this late change.
- Voted to expand the 2A/1A Baseball and Softball brackets to 22 teams.
- Adopted 2019 playoff allocations for 3A and 2A/1A Baseball and Softball. (Attached)

- Received an update on the 2019-20 Executive Board Roster. At the time of the meeting, two known vacancies will be open on the board for 2019-20 (5A representative & activities representative).
- Receive a report from the Oregon High School Lacrosse Association and their request to add boys and girls lacrosse to the OSAA. The Board instructed Staff to review and include this concept at the April 8 Delegate Assembly meeting caucus discussion items.
- Several Board Members spoke during Board Member Concerns/Discussion time regarding the recent racial incident
 during a Parkrose vs. St. Helens girls basketball game. The Board spent considerable time discussing OSAA's response
 and action going forward during their Sunday Work Session. The Board was emphatic that there is no place for racism
 at high school events and agreed with staff's plan to collaborate with other educational associations (ODE, COSA,
 OSBA, etc.) to develop recommendations on policy adoption, implementation, and training resources specific to equity
 and high school activities. Board members also instructed staff to continue its collaborative work with administrators
 from both school districts.
- Receive an Oregon Athletic Coaches Association (OACA) report from Rob Younger, Executive Director and Chris Knudsen, Associate Director.
- Voted to amend Participation Limitations Tennis. (Attached)
- Voted to amend Participation Limitations Football Quarter Rule. (Attached)
- Voted to allow courtesy runners during the Baseball State Championships.
- Received an Oregon Athletic Directors Association (OADA) report from Mark Horak, OADA Board Liaison.
- Received an Oregon Athletic Officials Association (OAOA) report from Jack Folliard, OAOA Executive Director.
- Received an update on the Sports Medicine Advisory Committee from Peter Weber, OSAA Executive Director.
- Received an update on the Computation of ADM Task Force from Kyle Stanfield and K.T. Emerson, OSAA Assistant Executive Directors.
- Received an update on the Petition to Play Down Task Force from Kelly Foster, OSAA Associate Director and Kris Welch,
 OSAA Assistant Executive Director.
- Received an update on the Football Ad Hoc Committee from Brad Garrett, OSAA Assistant Executive Director.
- Heard a first reading to amend Board Policy Certification Athletic Directors and Coaches Heads Up Football Certification. *(Attached)*
- Received an update on the Inclusion Committee from Kris Welch, OSAA Assistant Executive Director.
- Received an update on the Rankings Committee from Kris Welch, OSAA Assistant Executive Director.
- Received an update on the Sportsmanship Committee from Kelly Foster, OSAA Associate Director.
- Received a report on the OSAA Foundation from Kyle Stanfield, OSAA Assistant Executive Director.
- Reviewed and assigned penalties where appropriate for rule violations self-reported by member schools. (Attached)
- Received a reminder of upcoming meetings:
 - Delegate Assembly Monday, April 8, 2019 / 9am / Al Kader Shrine Center, Wilsonville
 - Executive Board Monday, May 6, 2019 / 9am / OSAA Office, Wilsonville
 - Executive Board Summer Workshop Monday-Wednesday, July 22-24, 2019 / Eagle Crest Resort

A summary of actions is posted on the OSAA website following each Executive Board meeting. Official minutes of the February 11, 2019, Executive Board meeting are available from the OSAA upon request.

Proposal to Amend Article 3 – Membership and Dues

(Action Item)

QUESTION: Should the Executive Board recommend to the Delegate Assembly to amend Article 3 to require schools to certify annually that its policies and practices are in compliance with federal and state laws with regard to non-discrimination?

RATIONALE: The OSAA Executive Board is interested in strengthening Association policy in regards to non-discrimination. This amendment will require member schools to certify that they are following federal and state laws in this area.

RULE CHANGE SPONSORED BY: OSAA Executive Board

NEXT STEP IF PASSED: Forwarded to Delegate Assembly for consideration.

POSSIBLE RULE CHANGES:

KEY:	Add	
	Delete	

Article 3 – Membership and Dues. See Executive Board Policies, "Membership in the OSAA" for additional information.

3.1 Full Membership.

High schools within the State of Oregon, public or private, and high schools in bordering states that meet additional requirements set forth by the Executive Board, are eligible for full membership in the Association if they meet all the following qualifications:

- 3.1.1. Subscribe to the Articles, Rules, Executive Board Policies, Executive Board Interpretations, Participation Limitations, Sports Seasons, Plan Books and Officials Fees (collectively, the Regulations) of the Association.
- 3.1.2. Annually certify to the OSAA that its policies and practices are in compliance with all federal and state laws and regulations with regard to non-discrimination.
- 3.1.3. Pay general membership dues and participation fees annually as established by the Executive
- 3.1.4. Offer a comprehensive curriculum, which meets Oregon graduation requirements.
- 3.1.5. Serve a minimum of 10 students in grades 9-12 or 10-12. A school with fewer than 10 students may be eligible for Associate Membership.
- 3.1.6. Participate in at least one OSAA Activity each season, per gender to be eligible for OSAA state championship events. Single gender schools would be exempt from this rule as long as they participate in at least one activity per season. Schools may appeal this rule to the Executive Director on the basis of:
 - (a) Good faith intent to participate in at least one OSAA Activity each season, per gender.
 - **(b)** Tradition of offering at least one OSAA Activity each season, per gender.

- (c) Demonstrated inability to co-op activities with neighboring schools.
- (d) A submitted and approved plan for growth, addition or reinstatement of programs.

Schools may appeal the Executive Director's decision to the OSAA Executive Board.

- 3.1.7. Participate only against schools that are members of the OSAA or schools that are members of the member associations of the National Federation of State High School Associations (NFHS) if the activity is sponsored by the OSAA, unless an exception is granted in writing by the Executive Director.
- 3.1.8. Assure that no financial assistance will be provided on the basis of a student's potential or participation in OSAA-sanctioned activities. Need-based financial assistance will be based on an evaluation of information provided from an outside agency approved by the Executive Director.
- 3.1.9. Verify that if tuition is charged, it must be paid by the student's parent or other family member. If the student's parent or other family member secures a loan for payment of the student's tuition, it must remain an obligation of the student's parent or other family member to repay the principal and interest in full.
 - Definition of Parent and Family Member. For the purposes of this article, "parent" means the student's custodial parent, non-custodial parent, foster parent or parent-in-law. For purposes of this article, "family member" means spouse, brothers and sisters, aunts and uncles, or grandparents.
- 3.1.10. Allow Association use of the school's name, mascot and other identifying marks in Association-related activities including, but not limited to, television, promotion, licensing and merchandising programs.

EXCEPTION: Schools for which application of these rules is inappropriate may apply to the Executive Board for an exemption from one or more of the qualifications by providing written justification for the exemption with the "Membership Application – Full."

3.2 Associate Membership.

A private school, charter school or alternative school may be granted Associate membership if it meets the requirements of Article 3.1. other than *Articles 3.1.5., 3.1.6. and 3.1.7.* Associate member schools may not enter teams or individuals in OSAA events except as provided in Rule 8.5.1. (d).

Proposal to Amend Music Rule 8.1 - Individual Eligibility - Band/Orchestra (Action Item)

QUESTION: Should the Executive Board recommend to the Delegate Assembly to allow for a general exception for a student playing a string instrument to enroll in a band class when a strings class is not available?

RATIONALE: This change to allow for students to enroll in a band class when a strings class is not available in a school will match common practice happening in schools currently. We do currently allow individual exceptions to this rule when strings classes are not available.

RULE CHANGE SPONSORED BY: Student Activities Advisory Committee / Staff

NEXT STEP IF PASSED: Forwarded to Delegate Assembly for consideration.

POSSIBLE RULE CHANGES:

KEY:	Add	
	Delete	

Rule 8 - Individual Eligibility

Individual eligibility rules to be satisfied by a music student in order to represent his or her full member school in competitive Choir, Band and Orchestra music activities are the same as for any other OSAA sport or activity with the following additional rules.

8.1. School Music Class Participation Requirement. An eligible music student shall be enrolled in the class for an appropriate performing ensemble at the full member school to participate in competitive Choir, Band and Orchestra music activities.

EXAMPLES:

Vocalists shall be enrolled in a choir class.

Woodwind/Brass/Percussion players shall be enrolled in a band class.

String players shall be enrolled in a string/orchestra class or band class in the case of double bass players performing with a band *or if a school does not offer a strings class*.

Vocalists performing a vocal part with a band / orchestra shall be enrolled in the band, orchestra or choir class.

Proposal to Amend Board Policy – Practice Limitation Rule (6A Pilot)

(Action Item)

QUESTION: Should the Executive Board amend Board Policy – Practice Limitation Rule (6A Pilot) regarding when coaching ends for teams each season per changes adopted by the Delegate Assembly in October 2018?

RATIONALE: The Delegate Assembly adopted changes to clarify cutoff and ending dates for each school in a sport. This clarification necessitates a change to the Practice Limitation Rule (6A Pilot).

RULE CHANGE SPONSORED BY: OSAA Executive Board

NEXT STEP IF PASSED: Effective immediately unless otherwise stated in the motion.

POSSIBLE RULE CHANGES:

KEY:	Add	
	Delete	

PRACTICE LIMITATION RULE (6A Pilot) (Approved May 2018 for second one-year trial during the 2018-19 SY) (Revised May 2018)

- A. <u>Philosophy/Rationale</u>. The following statements outline the philosophy of this policy regarding in-season and out-of-season sports.
 - 1) The spirit of the Practice Limitation Rule (6A Pilot) is that every school and participant shall have the same opportunity to practice prior to the first contest.
 - 2) The mission of OSAA member schools is to foster well-rounded individuals. The purpose of interscholastic athletics is to help educate boys and girls and not to prepare students for college athletics, which is a byproduct of interscholastic competition available to a very small percentage of high school athletes.
 - 3) For most students, specialization in a single athletic activity is not in their best long-term interests.
 - 4) Students should be encouraged by coaches, administrators and parents to participate in a variety of school activities, including more than one sport during the school year.
 - 5) Schools should not allow use of school equipment, including uniforms and school district vehicles, and facilities by non-school organizations that promote a philosophy contrary to the above statements.
 - 6) 6A schools are looking to provide coaches with more opportunities for fundamental skill development at specified times during the Association Year.
 - 7) 6A schools believe that high school coaches are the individuals best-trained to guide and promote the health and physical welfare of all participants.
 - 8) 6A schools want to work with the OSAA to educate parents regarding the impact on the health and physical welfare of students who choose to specialize in one sport, year-round.
 - 9) There should be no promotion or publicity within a school for non-school programs, which promote a philosophy contrary to the above statements.
- B. <u>Individual Sports Limitation</u>. Schools may conduct practices and/or contests in individual sports (cross country, golf, swimming, tennis, track & field, wrestling) only during the designated OSAA sports seasons as outlined in Rule
 6. Local school districts and/or leagues should establish their own policy restricting the involvement of their individual sports coaches in out-of-season programs.

- C. <u>Closed Period</u>. The Closed Period for out-of-season team sports begins on the first practice date of each Fall, Winter, and Spring season. Dates shall follow the NFHS Numbered Calendar, as adopted by the OSAA. The Closed Period shall last six weeks. During the six-week Closed Period, conditioning is the only activity allowed between out-of-season coaches and student(s) from their high school. Conditioning is defined as a session where students work on physical fitness and conditioning by use of weights, running, and/or exercises. Conditioning does not allow for the use of individualized and specialized sports equipment or apparatus, including but not limited to: balls, bats, protective equipment, blocking dummies, batting cages, charging sleds and other implements related to specific OSAA activities. Participation in conditioning activities must be optional.
- D. Open Period. The Open Period for all out-of-season team sports begins on the first Monday following the six-week Closed Period and ends when the next OSAA defined season begins. Dates shall follow the NFHS Numbered Calendar, as adopted by the OSAA. Fundamental skill development with an unlimited number of the school's student-athletes is allowed for a maximum of six hours each week per program. All open facility times shall be included in the weekly limitation. It shall be a violation of the Practice Limitation Rule (6A Pilot) if there is any attempt by a coach during the Open Period to coach student-athletes from his/her high school in a contest in the activity he/she coaches at that high school. For the purpose of this rule, a contest is any event (practice, scrimmage, game, etc.) that involves anyone other than the students at your high school. While boys' and girls' basketball (and soccer) are examples of the same sport, for the purpose of this rule they are considered different activities. Participation in Open Period fundamental skill development and/or conditioning must be optional. NOTE: The use of football protective equipment is prohibited from the conclusion of a school's regular and/or post-season until the end of the Association Year as outlined in Rule 6.6. This does not prohibit an individual student from using football protective equipment owned by the school when attending camps/clinics not organized by any member school personnel.

E. Dates for the 2018-19 School Year

1) OSAA Fall Season.

- a) Official Practices begin for Fall Team Sport Coaches Monday, August 13 (Week 7).
- b) Closed Period for all Winter and Spring Team Sport Coaches Monday, August 13-Sunday, September 23 (Weeks 7-12).
- c) Open Period for all Winter and Spring Team Sport Coaches Monday, September 24-Sunday, November 11 (Weeks 13-19).
- d) <u>Coaching Ends for Fall Team Sport Coaches</u> <u>Day Following Last Varsity Contest.</u> On the cutoff date or when all state championship contests have concluded for that school in that sport.

2) OSAA Winter Season.

- a) Official Practices begin for Winter Team Sport Coaches Monday, November 12 (Week 20).
- b) Closed Period for all Fall and Spring Team Sport Coaches Monday, November 12-Sunday, December 23 (Weeks 20-25).
- c) Open Period for all Fall and Spring Team Sport Coaches Monday, December 24-Sunday, February 24 (Weeks 26-34).
- d) <u>Coaching Ends for Winter Team Sport Coaches</u> Day Following Last Varsity Contest. **On the cutoff date or when all state championship contests have concluded for that school in that sport.**

3) OSAA Spring Season.

- a) Official Practices begin for Spring Team Sport Coaches Monday, February 25 (Week 35)
- b) Closed Period for all Fall and Winter Team Sport Coaches Monday, February 25-Sunday, April 7 (Weeks 35-40).
- c) Open Period for all Fall and Winter Team Sport Coaches Monday, April 8-Monday, May 27 (Weeks 41-47).
- d) <u>Coaching Ends for Spring Team Sport Coaches</u> <u>Day Following Last Varsity Contest.</u> On the cutoff date or when all state championship contests have concluded for that school in that sport.

4) OSAA Summer Season.

- a) Summer Season for Fall, Winter, and Spring Team Sport Coaches Tuesday, May 28-Sunday, August 18 (Weeks 48-6).
- b) Moratorium Week Sunday, July 28-Saturday, August 3 (Week 4).



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2019 BUDGET COMMITTEE

Organization	NAME, Position, School, Email		
(3) Delegate Assembly – 5A	SCOT STOCKWELL, Superintendent, St. Helens SD email: scots@sthelens.k12.or.us		
(3) Delegate Assembly – 3A	ADAM WATKINS, Principal, Creswell HS email: awatkins@creswell.k12.or.us		
(3) Delegate Assembly – 2A	MISTY WHARTON, Superintendent, Nestucca Valley SD email: mistyw@nestucca.k12.or.us		
(2) Non-Delegate Assembly – 6A	MARSHALL HASKINS, District Athletic Director, PIL email: mhaskins@pps.net		
*(1) Non-Delegate Assembly – 4A	ANDY GARDNER, Superintendent, North Santiam SD email: andy.gardner@nsantiam.k12.or.us		
(2) Non-Delegate Assembly – 1A	TOM AXMAKER, Principal, Country Christian HS email: tom@ccsmolalla.com		
(1) Oregon Athletic Directors Assn.	BILL WITTMAN, Athletic Director, West Salem HS email: wittman bill@salkeiz.k12.or.us		
(1) Activities	DAN DALZELL, Activities Director, Barlow HS email: dalzell@gresham.k12.or.us		
(2) Oregon Athletic Coaches Assn.	BILL MASEI, Track & Field Coach, Dallas HS email: bill.masei@dsd2.org		
(1) Oregon School Boards Assn.	SHERRY DUERST-HIGGINS, Cottage Grove SD email: sherry@duerst-higgins.com		
(1) Oregon Athletic Officials Assn.	JACK FOLLIARD, Executive Director, OAOA email: jfolliard@comcast.net		
OSAA Executive Director	PETER WEBER, Executive Director, OSAA email: peterw@osaa.org		

() = Years remaining on OSAA Budget Committee

* = Chairperson

Updated 2.5.19

2019-20 Winter 4A/3A/2A/1A Boys Swimming - PROPOSED 42 teams in 4 special districts

Hidden Valley Klamath Union

St. Mary's, Medford

Lost River Marshfield Mazama North Valley Phoenix Reedsport

42 teams in 4 special districts		
4A/3A/2A/1A-SD1 Special District 1 (9)	4A/3A/2A/1A-SD2 Special District 2 (9)	4A/3A/2A/1A-SD3 Special District 3 (12)
Astoria	Baker / Powder Valley	Blanchet Catholic
Newport	Catlin Gabel	Cascade
Rainier	Corbett	Junction City
Seaside	Gladstone	Kennedy
Taft	La Grande	Kings Valley Char.
Tillamook	Madras	Marist Catholic
Toledo	Molalla	North Marion
Valley Catholic	Nyssa	Philomath
Warrenton	Riverdale	Salem Academy
		Sisters
		Stayton
		Sweet Home
4A/3A/2A/1A-SD4 Special District 4 (12)		
Cascade Christian		
Cottage Grove		
Henley		

2019-20 Winter 4A/3A/2A/1A Girls Swimming - PROPOSED 44 teams in 4 special districts

Hidden Valley Klamath Union

Reedsport / Siuslaw St. Mary's, Medford

Lost River Marshfield Mazama North Valley Phoenix

44 teams in 4 special districts		
4A/3A/2A/1A-SD1 Special District 1 (9)	4A/3A/2A/1A-SD2 Special District 2 (9)	4A/3A/2A/1A-SD3 Special District 3 (14)
Astoria	Baker / Powder Valley	Amity
Newport	Catlin Gabel	Blanchet Catholic
Rainier	Corbett	Cascade
Seaside	Gladstone	Junction City
Taft	La Grande	Kennedy
Tillamook	Life Christian	Kings Valley Char.
Toledo	Madras	Marist Catholic
Valley Catholic	Molalla	North Marion
Warrenton	Riverdale	Philomath
		Salem Academy
		Sisters
		Stayton
		Sweet Home
		Western Christian
4A/3A/2A/1A-SD4 Special District 4 (12)		
Cascade Christian		
Cottage Grove		
Henley		

2A/1A Baseball Playoff Qualifications

6A 5A 4A 3A <u>2A/1A</u>

Rankings Freeze and Play-In Dates Summary

2A/1A Baseball

22-team OSAA bracket

- 1. <u>Automatic Qualifiers</u> **Twenty-one** teams automatically qualify for the OSAA's **22**-team bracket based on regular season and/or Special District tournament play on or before Thursday, May 16. Each Special District determines how they will select their allotted playoff spots.
 - Special District 1 3; Special District 2 3; Special District 3 3; Special District 4 3; Special District 5 3; Special District 6 3; Special District 7 3. (Determined at OSAA Executive Board meeting 2/11/19)

Special District 1 - TBD Special District 2 - TBD Special District 3 - TBD Special District 4 - TBD Special District 5 - TBD Special District 6 - TBD Special District 7 - TBD

- 2. <u>Rankings Freeze Date</u> The rankings will freeze at 10pm on Thursday, May 16 (includes all games played that day).
- At-Large Qualifier One additional team will qualify for the OSAA's 22-team bracket based on the OSAA
 rankings.
 - 1. Once the rankings are frozen, the next highest ranked team not already an automatic Special District qualifier from any Special District will qualify as the At-Large team.

At-Large - TBD

4. <u>Rankings</u> – Once the 22 qualifying teams are determined, they will be placed on the OSAA bracket according to OSAA Executive Board Policy "State Championships – Rankings".

2A/1A Softball Playoff Qualifications

6A 5A 4A 3A <u>2A/1A</u>

Rankings Freeze and Play-In Dates Summary

2A/1A Softball

22-team OSAA bracket

- Automatic Qualifiers Twenty-one teams automatically qualify for the OSAA's 22-team bracket based on regular season and/or Special District tournament play on or before Thursday, May 16. Each Special District determines how they will select their allotted playoff spots.
 - 1. Special District 1 3; Special District 2 4; Special District 3 4; Special District 4 3; Special District 5 4; Special District 6 3. (Determined at OSAA Executive Board meeting 2/11/19)

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Special District 1 - TBD
Special District 2 - TBD
Special District 3 - TBD
Special District 4 - TBD
Special District 5 - TBD
Special District 6 - TBD
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- 2. <u>Rankings Freeze Date</u> The rankings will freeze at 10pm on Thurday, May 16 (includes all games played that day).
- 3. <u>At-Large Qualifier</u> One additional team will qualify for the OSAA's **22**-team bracket based on the OSAA rankings.
 - 1. Once the rankings are frozen, the next highest ranked team not already an automatic Special District qualifier from any Special District will qualify as the At-Large team.

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At-Large - TBD
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4. <u>Rankings</u> – Once the 22 qualifying teams are determined, they will be placed on the OSAA bracket according to OSAA Executive Board Policy "State Championships – Rankings".

Proposal to Amend Participation Limitation—Tennis

(Action Item)

QUESTION: Should the Executive Board allow for a participation limitation wording change for tennis?

RATIONALE: To change the current wording for participation limitations by adding the term "playing dates" instead of matches, and to reflect what has been done for years regarding varsity players playing junior varsity players.

The addition of the term "playing dates" instead of matches, simplifies the difference between tournaments, double duals, and a dual match. The term "playing dates" falls in line with what volleyball does and brings consistency. Tennis and volleyball are alike in the fact that they are considered "tournament sports."

The strikethrough wording under **B. Individual** regarding varsity and J.V. players has been violated by coaches across all levels for years. Coaches simply didn't know about this rule. This rule was discovered by a Metro League Athletic Director who in turn inquired about it to the OSAA. We have always had a varsity player play a J.V player if the varsity player finished their varsity match in 2 sets. (in a dual match between two teams a player can play no more than 3 sets in a day). This is done to assure a match for the J.V. players.

Currently, many JV players are not being able to compete, and programs are not being able to build or promote the sport of tennis. For years across all classifications coaches and teams were under the impression that a varsity player could play a JV player if their match was finished in straight sets. This was to allow programs to build and grow like any sport would like to and provide playing opportunities for JV players who pay their fees to simply play.

Under the current wording many JV teams and players could not compete. Example: a team with more players on their roster would play a team with less players and the team with more players would have many players not play. Therefore, a varsity team member who finished their match in straight sets would get to play a set against a JV player from the other team and provide them with a match. When this was discovered last year, it caused a panic among coaches. We realized it would be very difficult to count each individual player on each team's number of matches played. Under the current wording (the strikethrough) if this proposal in not accepted It would be extremely difficult for the OSAA to monitor and coaches across the state would be confused and wonder why the change happened. If the proposal is accepted there would not have to be any communication between coaches, athletic directors, and leagues.

Another section that should be deleted is the section regarding participating in both a singles and a doubles competition in the same day. This is not an allowable practice in tournament and team formats due to the ability to have your best player play in multiple competitions in a day. In USTA this is not allowable in tournament formats as well.

RULE CHANGE SPONSORED BY: OACA Executive Board

NEXT STEP IF PASSED: Effective immediately unless otherwise stated in the motion.

POSSIBLE RULE CHANGES:

KEY:	Add
	Delete

Participation Limitations – Tennis

A. Team

A school team shall not compete in more than 16 matches *playing dates* at each level of competition, exclusive of the varsity district tournament and state championships. Any time a student participates representing his/her *their* school, it

shall count toward the school's team limitation. Teams with limited players (no more than two) may fill open slots in a match between two other schools' teams. The match shall count as only one match playing date for all teams concerned. The teach match played counts for the individual.

B. Individual.

A student shall not compete in more than 16 matches playing dates, exclusive of the varsity district tournament and state championships. Additionally, a student shall not compete in more than three sets per day in a dual match format. A varsity player may play one set or pro-set against a junior varsity player provided they complete their varsity match in straight sets. A varsity player from one team may play a junior varsity player from another team. The match shall count as a varsity match for the varsity player and a junior varsity match for the junior varsity player. If a player participates in both a singles match and a doubles match on the same day, the match counts as two matches toward the individual's 16 match limit playing dates and one match playing date toward the team's 16 match limit playing dates.

C. **Double Duals and** Tournaments

- 1. A maximum of eight playing dates may be multiple matches in the form of double duals or tournaments.
- 2. A one-day tournament shall count as one *playing date* for the team and one playing date for the individual. A two-day tournament shall count as two *playing dates* for the team. and two playing dates for the individual.
- 3. In a double dual or tournament format, an individual may compete in a maximum of 6 sets per day.
- 4. In double dual play which involves three teams competing in a dual format against each other in one day, a student may participate in multiple levels of play. In addition, a student may compete in both doubles and singles competitions on the same day, but not against the same school. The student may only participate in two matches or a maximum of six sets during a double dual competition. Double duals involve two or three teams competing on one day and each match played counts toward the 16 playing date limitation for teams and individuals.
- 5. In tournament play, a student may participate in only one level of competition.

EXCEPTION

The individual limit of three sets per day does not apply to double duals or tournament play. Double duals involve two or three teams competing on one day and each match played counts toward the 16-match playing dates limitation for teams and individuals. In double dual play, a student may participate in multiple levels of play and compete in a maximum of six sets during that day. In tournament play, a student may participate in only one level of competition during that day.

Proposal to Amend Participation Limitations—Football Quarter Rule (Action Item)

QUESTION: Should the Executive Board allow for a change to the quarter limitations currently set for 4A, 3A, 2A and 1A schools?

RATIONALE: With some schools competing on Saturdays for varsity football, and Mondays for subvarsity football, the requirement of 60 hours between contests was causing teams to not be able to participate in a subvarsity schedule due to lack of available athletes. Upon reviewing the reasons for the required 60 hours, we met with the Sports Medicine Advisory Committee who felt that the 48 hour time allotted between contests would be enough to allow for any concerns to be addressed.

RULE CHANGE SPONSORED BY: OACA Executive Board and Sports Medicine Advisory Committee

NEXT STEP IF PASSED: Effective immediately unless otherwise stated in the motion.

POSSIBLE RULE CHANGES:

KEY:	Add	
	Delete	

Weekly. A student shall not compete in more than five quarters for the 6A, 5A and six quarters for the 4A, 3A, 2A and 1A each week. To be eligible for six quarters (4A, 3A, 2A, 1A) there has to be a minimum of 60 48 hours between contests. All players (6A – 1A) are limited to 45 total quarters per year during the regular season. The week is defined as running from Tuesday through Monday. Participation in any play in a quarter shall constitute participation in that quarter, no exceptions. If a student appears in more than five quarters in one week, the game in which the student exceeds the limit shall be forfeited. If a student appears in more than 45 total quarters during the regular season, the game in which the student exceeds the limit shall be forfeited.

NOTE: 6A and 5A students may be allowed a sixth quarter of participation if the student plays 12 plays or less in any two of the student's first five quarters that week.

Proposal to Amend Executive Board Policy – Certification Athletic Directors and Coaches

(First Reading)

QUESTION: Should the Executive Board revise current policy that requires schools to certify a Player Safety Coach (PSC) annually and complete the Heads Up online courses to instead require bi-annual certification and remove the requirement to complete the online Heads Up courses?

RATIONALE: Redundant course delivery and material – fundamental techniques are not developing at the rate where updates are needed each year so bi-annual requirement is sufficient. With exception to Sudden Cardiac, the required online course requirements repeat the in-person PSC clinic presentations and requiring those who attend in-person workshops to complete them is not necessary.

RULE CHANGE SPONSORED BY: OSAA Executive Board

NEXT STEPS: First reading only.

POSSIBLE RULE CHANGES:

KEY: **Add**

9. CERTIFICATION – ATHLETIC DIRECTORS AND COACHES

(Revised Spring 2016)

Athletic directors and coaches shall achieve certification in the following areas prior to assuming duties as an athletic director or coach. The high school principal shall be held accountable for verifying that athletic directors and coaches have been certified. EXCEPTION: Any emergency exception to an OSAA requirement must be authorized in writing by the OSAA.

A. NFHS Fundamentals of Coaching. http://nfhslearn.com/

The OSAA requires that athletic directors and coaches must achieve a passing score on the test included with the NFHS Fundamentals of Coaching course. This is a one-time requirement.

B. <u>Concussion Recognition and Management Training</u>. <u>http://nfhslearn.com/</u>

The OSAA and Oregon State Law (*ORS 336.485*) requires that athletic directors and coaches receive training to learn how to recognize the symptoms of a concussion and how to seek proper medical treatment for a person suspected of having a concussion. The NFHS's Concussion in Sports free course satisfies this requirement. This training is required annually.

C. NFHS Heat Illness Prevention. http://nfhslearn.com/

The OSAA requires that athletic directors and coaches must achieve a passing score on the test included with the NFHS's Heat Illness Prevention free course. This training is required once every four years.

D. Anabolic Steroids and Performance-Enhancing Substances Training. http://www.osaa.org/steroids

The OSAA and Oregon State Law (*ORS 342.726*) require that athletic directors and coaches receive training on identifying the components of anabolic steroid abuse and use and prevention strategies for the use of performance-enhancing substances. This training is required once every four years.

E. Spirit Safety Clinic (Cheerleading and Dance/Drill Coaches Only). http://www.osaa.org/activities/che

The OSAA requires that any cheerleading or dance/drill coach receive spirit safety training by achieving a passing score on the test included with the OSAA's online Spirit Safety Clinic. This training is required annually.

F. Heads Up Football Certification. http://www.osaa.org/activities/fbl

The OSAA requires that any football coach, *not attending an in-person Player Safety Coach Clinic*, complete the USA Football Heads Up Certification prior to assuming coaching duties and to recertify annually prior to the beginning of each Association year. Additionally, each member school sponsoring football is required to identify a Player Safety Coach. Each Player Safety Coach is required to attend an in-person clinic *bi*-annually prior to the start of the Association year that is conducted by a USA Football Master Trainer in preparation for implementing and overseeing the primary components of Heads Up Football at their school.

OSAA Executive Board February 11, 2019 Violations

SCHOOL	REPORTED	VIOLATION	RELEVANT INFORMATION	FINE	PENALTY
Banks		Rule 1 - Non-Certified Coach	Volunteer wrestling coach not certified prior to coaching	\$250	Fine Only
Bend		BP - Officials - Certified Requirement	Started JV basketball game without certified officials	\$250	Fine Only
Bonanza	2/6/2019	Rule 1 - Non-Certified Coach	Volunteer wrestling coach had certifications lapse during season	\$250	Fine Only
Douglas	1/22/2019	Rule 5 - Violations of Regulations	Wrestlers (2) not eligible per the Oregon Wrestling Weight Monitoring Plan	\$200	Varsity Forfeit
Harrisburg	1/8/2019	BP - Ejection Policies - Ejected Player or Coach	Student ejected from wrestling event and did not sit out subsequent event at that leve	\$250	Varsity Forfeit
Hillsboro*	1/22/2019	Rule 5 - Violations of Regulations	Wrestlers (2) not eligible per the Oregon Wrestling Weight Monitoring Plan	\$200	Varsity Forfeit
Klamath Union	1/18/2019	Article 3.4 - Member Obligation	Participation by girls basketball alumni at practice	\$250	Fine Only
LaGrande	1/30/2019	Rule 1.4 - Athletic Director and Coach Certification	Athletic director and coach had certification expire while continuing to perform duties	\$500	Fine Only
Long Creek	1/14/2019	BP - Cooperative Sponsorship	Did not complete filing of Boys Soccer co-op with Ukiah prior to participation	\$125	JV Forfeits
Milwaukie	2/1/2019	Rule 8.1 - Academic Eligibility	Associate member wrestler was academically ineligible	\$100	Varsity Forfeits
Monroe	2/8/2019	Participation Limitation - Basketball	Boys basketball player exceeded the quarter limitation in a day	\$100	Varsity Forfeit
Mountainside	1/17/2019	Rule 8.5 - School Representation	Swimmer participated who should be representing another school in the district	\$100	Varsity Forfeit
Nixyaawii*	1/14/2019	Participation Limitation - Basketball	Girls basketball player participated in 2 JV quarters and 4 varsity quarters in the same day	\$100	Varsity Forfeit
North Douglas	1/28/2019	BP - Practice Model	Boys basketball program practiced/competed on more than six consecutive days without rest	\$250	Fine Only
Ontario	2/7/2019	Rule 8.1 - Academic Eligibility	Academically ineligible boys basketball play participated in contests	\$100	Frosh Forfeits
Oregon City	2/4/2019	BP - Practice Limitation Rule (6A Pilot)	Volleyball coach attended a club practice during the closed period	\$250	Fine Only
Philomath*	2/4/2019	Rule 5 - Violations of Regulations	Wrestlers (3) not eligible per the Oregon Wrestling Weight Monitoring Plan	\$300	Varsity Forfeit
Reedsport	1/7/2019	BP - Cooperative Sponsorship	Did not complete filing of swimming cooperative sponsorship paperwork with Siuslaw before student participated.	\$125	Varsity Forfeit
Ridgeview*	1/10/2019	BP - Officials - Certified Requirement	Started JV basketball game without certified officials	\$250	Fine Only
South Medford	12/3/2018	BP - Practice Limitation Rule (6A Pilot)	Freshman football players had contact with coach during closed period	\$250	Fine Only
South Medford		Rule 8.1 - Academic Eligibility	Swimmer was not enrolled in the appropriate number of classes the previous grading period	\$100	Varsity Forfeit
Tillamook	1/7/2019	BP - Ejection Policies - Ejected Player or Coach	Wrestling coach was not out of "sight and sound" after ejection	\$250	Varisty Forfeit
Ukiah		BP - Cooperative Sponsorship	Did not complete filing of Volleyball co-op with Long Creek prior to participation	\$125	JV Forfeits
West Albany*	1/17/2019	BP - Practice Limitation Rule	Boys soccer coach present during club practice session that involved more than two student from their school	\$250	Fine Only
Yoncalla	12/6/2018	Rule 8.6.6 - Mid-Year Transfer	Ineligible player participated in four varsity girls basketball games	\$100	Varsity Forfeits

APPEAL*

REQUIRED APPEARANCE**